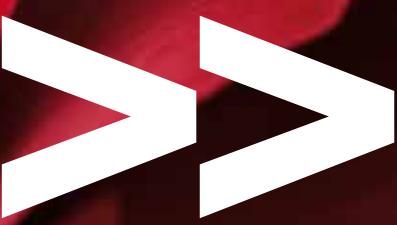


ROTA MWR



MWR ROTA MONTHLY MAGAZINE
MORALE, WELFARE AND RECREATION
Fleet And Family Readiness
U.S. Naval Station Rota, Spain
www.navymwrrota.com/
www.facebook.com/RotaMWR

FEBRUARY 2026. NO.164

- Youth Tennis Fridays
- Sweethearts 5k Run
- Valentine's Day Bowling Special
- Special Valentine's Day Arabian Bath and Dinner

EMPLOYEES OF THE MONTH



**DAVID CABEZA
DE VACA,**
Deployed Forces Support
(DFS) Electronics Technician

Mr. David Cabeza de Vaca demonstrated exceptional technical expertise and mission focus throughout November 2025. He restored eight (8) inoperable pieces of afloat fitness equipment to full operational status and successfully installed twelve (12) new pieces of equipment, directly improving fitness readiness across FDNF-E commands. David also delivered specialized afloat recreation and fitness technical support to four visiting (4) ships, supporting approximately 1,300 visiting Sailors, in addition to providing regular pier-side support to homeported FDNF-E ships and crews. His consistent reliability, technical proficiency, and direct impact on Sailor quality of life and quality of service make him highly deserving of Rota MWR's November 2025 Employee of the Month recognition.

CHRISTINA BREWER
Liberty Recreation Assistant

Ms. Christina Brewer delivered outstanding performance and visible leadership throughout December 2025 in direct support of Liberty-eligible Sailors. She assisted with the programming and execution of 23 Liberty programs, positively impacting nearly 400 single and geographical bachelor Sailors. Christina also served as the installation event MC for Winter Wonderland, supporting an audience of over 4,000 attendees, and represented Rota MWR during two live radio broadcasts and multiple galley outreach events. By volunteering to work all federal holidays in December, she ensured uninterrupted Liberty support and demonstrated exceptional dedication to Sailor morale and quality of life to over 410 Liberty Center patrons during the month of December. Her consistent reliability, technical proficiency, and direct impact on Sailor quality of life and quality of service make her highly deserving of Rota MWR's December 2025 Employee of the Month recognition.



NOVEMBER 2025

MWR NAVSTA ROTA, SPAIN
PSC 819 BOX 14 / FPO, AE 09645
Tel: 011 (34) 956-82-1517
Tel (On Base): 727-1517

Thomas A. Kubalewski,
Fleet Readiness Director
727-2326

Fabiola Mundo,
Support Service Director
727-1505

Manny Manlogon,
Food Service Officer
727-1407

Christina Rodriguez,
CYP Director
727-2458

Doug Hasselbring,
Community Recreation Director
727-1410

Cody Butler,
Fitness Director
727-3264

Sara Fine,
Business Operations Director
727-1505

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Information subject to change.

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vamos>> is published monthly, with a circulation of 1,800 by MWR Rota, Spain.

MWR

CYP

CDC, 727-1100

Monday-Friday, 6 a.m.-6:30 p.m.
Saturday, Sunday and
U.S. Holidays, Closed

SAC, 727-2839

Monday-Friday, 6 a.m.-6:30 p.m.
Saturday, Sunday and
U.S. Holidays, Closed

Youth Center: Jams and Gravity, 727-4625

Monday, Tuesday, Thursday
and Friday, 2:35-6:30 p.m.
Wednesday, 1:35-6:30 p.m.
Saturday, Sunday and
U.S. Holidays, Closed

Youth Sports, 727-4721

Monday-Friday, 9:30 a.m.-6:30 p.m.
Saturday, Sunday and
U.S. Holidays, Closed

RECREATION

Aquatics Center, 727-2129

Monday-Friday, 6 a.m.-7 p.m.
Saturday and Sunday, Closed
U.S. Holidays, 9 a.m.-5 p.m.

Community Classes, 727-2354

Fitness Center, 727-2565
Monday-Thursday, 5 a.m.-9 p.m.
Friday, 5 a.m.-8 p.m.
Saturday, Sunday and
U.S. Holidays, 8 a.m.-8 p.m.
24 hours unmanned fitness access
available for registered patrons.

Golf, 727-2260

Daily, 9 a.m.-5 p.m.

Housing Pool, 727-4882

Closed for the season

Liberty, 727-2527

Daily, 1-10 p.m.

Library, 727-2418

Monday, Wednesday and Friday,
9 a.m.-6 p.m.
Tuesday and Thursday, 9 a.m.-7 p.m.
Saturday, Closed

Sunday and U.S. Holidays, 9 a.m.-2 p.m.

Outdoor Recreation and Tickets & Travel, 727-3101

Monday-Friday and
U.S. Holidays, 10 a.m.-6 p.m.
Saturday and Sunday, Closed

DINING AND ENTERTAINMENT

Gourmet Bean

Fleet Landing
Monday-Friday, 7:30 a.m.-2 p.m.
Saturday and Sunday, Closed

Library Cafe

Monday-Friday, 7:30 a.m.-2 p.m.
Saturday and Sunday, Closed

EL PATIO

Bombers Fresh Mex, 727-3712

Monday-Friday, 10 a.m.-7 p.m.
Saturday, Sunday, Closed

The Tower Pub, 727-3712

Monday-Friday, 4-11 p.m.
(last order 10:30 p.m.)
Saturday-Sunday, Noon-7 p.m.
(last food order 6:30 p.m.)

FLIX, 727-3709

Indoor Theaters

Wednesday-Sunday.
Check navymwrrota.com for
movie times and schedule.

Drive-in

Check navymwrrota.com for
movie times and schedule.

Pinz, 727-2112

Sunday-Thursday, 11 a.m.-10 p.m.
Friday and Saturday, 11 a.m.-11 p.m.

Pinz American Cafe

Sunday-Thursday, 11 a.m.-9 p.m.
Friday and Saturday, 11 a.m.-10 p.m.

LA PLAZA, 727-6323

Champion's Bar
Wednesday-Sunday, 4-11 p.m.
Monday and Tuesday, Closed

Pizza Villa, 727-3212

Daily, 11 a.m.-10 p.m.

MWR Admin/Support Services, 727-1517

Monday-Friday, 7:30 a.m.-4 p.m.

MARKETING OFFICE

Amber Courtney-Duncan,
Marketing Director
727-1515

SOCIAL CONTACT

www.navymwrrota.com
www.facebook.com/RotaMWR

PHONE CODE

Commercial, 956-82-XXXX
DSN, 727-XXXX



SPECIAL EVENTS

956 82-2527 or DSN 727-2527
Rota_MWRSpecialEvents@us.navy.mil



TRIVIA NIGHT

Thursday, Feb. 19, 5 p.m. at la Plaza.
Free admission. No registration required.
All ages.

Test your knowledge, challenge your friends, and enjoy a fun-filled Trivia night where every round brings new chances to shine! Fun vibes, great company... and yes, prizes await! Food and beverages available for purchase. Open to DoD ID cardholders only.

BOARD GAME SATURDAY

Saturday, Feb. 21, 4-10 p.m. at la Plaza.
All ages.

Bring your favorite board games to share and dive into friendly competition with fellow game lovers. It's the perfect chance to play, connect, and unwind—plus, you could win exciting prizes! Food and beverages available for purchase. Free admission. Open to DoD ID cardholders only.

WHERE IS CANDELITA?

Candelita is hiding somewhere in our VAMOS Magazine! Look closely and explore every nook and cranny of the pages. THINK YOU'VE FOUND HER? Be the first person to tell us the correct location and win a prize! Email Rota_MWRSpecialEvents@us.navy.mil to participate before the 5th. Open to U.S. DoD I.D. cardholders only – All ages.

Why I love living in Spain

FACEBOOK COMMUNITY CONTEST!

February is all about love... so tell us in ONE short sentence:
"I love living in Spain because..."

Feel free to add a photo to your comment:
Food, tradition, places, and moments, anything you love!

One lucky winner will win a cultural trip to a beautiful Spanish city of their choice (courtesy of MWR Tickets and Travel).

HOW TO PARTICIPATE

- Comment completing the sentence
- Optional: Include a photo
- One entry per person

Open to DoD ID cardholders only. All ages.

**WINNER
SELECTED BY
REACTIONS**



TICKETS AND TRAVEL

vamos>> MWR ROTAMONTHLY MAGAZINE, FEBRUARY 2026
956-82-3101 or DSN 727-3101
Rota_MWRTicketsonline@us.navy.mil
Rota_MWRTicketstravel@us.navy.mil
Trips are open to U.S. DoD I.D. cardholders only.
Registration is required.

BODEGA TOUR AND FLAMENCO SHOW WITH TAPAS

Saturday, Feb. 7, 6-11 p.m.

\$120 per person. Ages 18 years and older.

Must register by Feb. 4.

Discover the soul of Andalusia through an immersive evening of sherry wine, flamenco, and cuisine. Enjoy a guided bodega tour and tasting, followed by an authentic flamenco performance paired with tapas-style dining. A rich cultural experience blending music, movement, and local flavor. **Trip includes roundtrip transportation, wine tour and tasting, flamenco show and dinner tapas style.**

CARNIVAL PARADE IN CADIZ

Sunday, Feb. 15, 1-9:45 p.m.

\$35 per person / No cost for child under 14 years old.

Must register by Feb. 11.

You don't want to miss this! Experience one of Spain's most iconic celebrations as Cádiz comes alive with colorful floats, vibrant music, and thousands of costumed locals filling the historic streets. This high-energy parade showcases the humor, creativity, and festive spirit that make Cádiz Carnival unforgettable. **Trip includes roundtrip transportation only.**

MALAGA HISTORICAL TOUR

Saturday, Feb. 21, 7 a.m.-9 p.m.

\$90 per adult / \$55 per child 2-14 years old / No cost for child under 2 years old. Must register by Feb. 18.

The city of Malaga is the second-largest city of Andalucía and lies along the Costa Del Sol. Famous for the "pasas" (raisins), Malaga is also well known for its superb wines. This historical tour will take you to the cathedral, Castle of Alcazaba, the harbor area, the local market and the location where Picasso was born. **Trip includes roundtrip transportation, local guide, entrance to a monument and free time to shop and enjoy the local food and wine.**

CORDOBA SELF-GUIDED

Saturday, Feb. 28, 7 a.m.-8:30 p.m.

\$45 per person / No cost for child under 14 years old. Must register by Feb. 25.

Join Tickets and Travel to see La Mezquita, a formerly mosque consisting of several arches, over a hundred columns and is said to be the third largest place of worship in the world. Cordoba has many other historical and cultural sites that one can see and enjoy. In this city, you can also taste some excellent tapas and spend time for personal shopping. **The trip includes roundtrip transportation only.**

SEVILLA SELF-GUIDED

Saturday, Mar. 7, 7:30 a.m.-6:30 p.m.

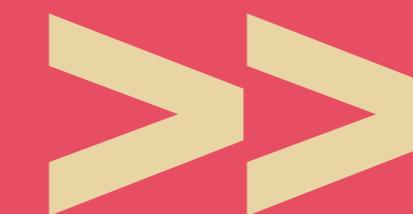
\$60 per person / No cost for child under 14 years old. Must register by Mar. 4.

Let's explore Sevilla! This city is the capital of Andalucía where one can visit the 3rd largest Gothic Cathedral in the world and enjoy views of the city from the top of the famous La Giralda Minaret. Right across from the Cathedral is the Alcázar, a 14th century palace built in a Moorish style which some say is comparable to the Alhambra in Granada. The city is known for its many tapas bars, so even without the sites, you are sure to have a pleasant day just walking and shopping your way through the winding streets of the Triana Quarter in the old part of the city. **The price includes roundtrip transportation only.**

SOCcer GAME BETIS VS. REAL MADRID

April 18 or 19. Price: \$335. Official date and time to be announced closer to the match. All sales are final.

Trip includes game ticket, roundtrip transportation, complimentary snack box at halftime.



SPECIAL VALENTINE'S DAY ARABIAN BATH AND DINNER

Saturday, Feb. 14, 5:30-11 p.m.

\$165 per person. Ages 18 years and older. Must register by Feb. 11.

Escape into an evening of relaxation and romance at the Hammam Andalusí Arab Baths. Unwind with a traditional hammam experience and aromatherapy massage, then enjoy an elegant full-course dinner with beverages in a serene setting. A refined Valentine's experience designed to indulge the senses. Spots are limited. **Trip includes roundtrip transportation, full-course dinner and complete hammam bath with massage.**

HIKING AT GRAZALEMA NATURAL PARK

Saturday, Feb. 7, 7 a.m.-6 p.m.

\$45 per person. Must register by Feb. 4.

The Grazalema Park is situated in the north east corner of Cadiz province and spills into the north west of Malaga province. The parklands northern border is the Zahara and El Gastor reservoir which through the summer is a remarkable shade of blue. The area is captivating as so much of it is accessible and can easily be explored with new wonders on every turn. There are many footpaths where one can view the diverse habitats such as a shaded riverside, high exposed mountain peak or vertical cliffs that are home to nesting raptors. **Trip includes roundtrip transportation and expert guide. No experience required.**

GRANADA SKI AND SNOWBOARD TRIPS

4 DAYS

Friday-Monday, Feb. 13-16.

Departure: 3 p.m. Return: 8 p.m.

Price: \$450. Must register by Feb. 6.

3 DAYS

Friday-Sunday, Mar. 6-8.

Departure: 3 p.m. Return: 8 p.m.

Price: \$325. Must register by Feb. 27.

The Sierra Nevada Ski and Mountain Resort is Europe's southernmost ski resort! With sunshine most of the winter and views at an altitude of over 10,000 ft., you'll find 105 km of runs with varying difficulties to satisfy all levels. "Sierra Nevada" translates to "Snowy Mountain Range" and is set in the Penibetic range - roughly 32 km from Granada. Enjoy the cross-country skiing circuit, snow-park or even additional recreational areas for non-skiers. Night skiing is available on Saturdays, weather permitting. **Trip includes roundtrip transportation by van, lodging in shared apartments and snowboard or ski equipment (board/skis, boots and helmet).** Information on Lodging: Apartments are rustic hostel accommodation for 5-7 people to share and one bathroom. The apartment might be equipped with a kitchen stovetop, microwave, refrigerator, plates, utensils, silverware, etc. Wi-Fi is available.

VIA FERRATA IN GRAZALEMA NATURAL PARK

Saturday, Feb. 21, 7 a.m.-7 p.m.

\$85 per person. Must register by Feb. 18.

Check this off your bucket list! The Via Ferrata (Italian for "iron way") is a mountain route equipped with steel cables, ladders, and other fixed anchors i.e. wooden walkways and suspended bridges. The artificial equipment makes the route feasible- even to an inexperienced climber. It will allow you to hike on ledges, climb vertical walls, and reach the peaks of mountains! Running along ledges, up vertical rock walls and across exposed mountainsides, the artificial equipment makes the peaks accessible to everyone with a good level of fitness. **Trip includes roundtrip transportation, expert guide and gear.**

MOUNTAIN BIKE RIDE IN TARIFA

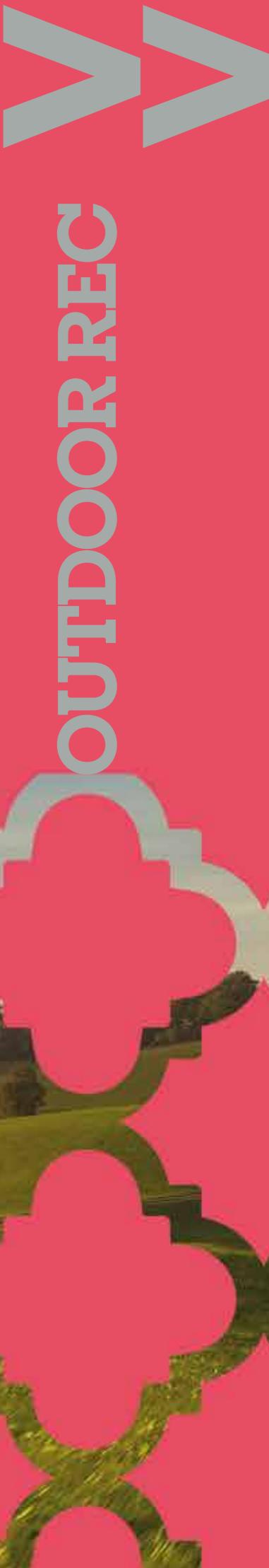
Saturday, Feb. 28, 7 a.m.-5 p.m.

\$50 per person. Must register by Feb. 25.

Join MWR Outdoor Recreation for this epic mountain bike adventure! Ride along a forested path that connects Puerto del Cabrito to Puerto del Bueyo with spectacular views across the Strait of Gibraltar to North Africa. The first section ascends at a six percent slope for three kilometers to a height of almost 500 meters above sea level and continues to El Bueyo, where the journey is mostly downhill. Distance: 20 km. **Trip includes roundtrip transportation, expert guide, bike and gear.**



LOVE TRAVELING



LIBRARY

vamos>> MWRROTA MONTHLY MAGAZINE, FEBRUARY 2026
956-82-2418 or DSN 727-2418
Rota_MWRlibrary@us.navy.mil

EARLY LITERACY PROGRAM
FEBRUARY. Sign up every Tuesday.
Theme: **EMOTIONS**
Times: 11-11:30 a.m. and 2:45-3:15 p.m.
Ages 0-5.
Bring your little ones to the new Early Literacy program, where stories, music, words and movement are important. Come and learn with us the five practices of the Early Literacy Initiative: **TALK, SING, READ, WRITE AND PLAY.** Reservations required. Spaces are limited. All children must be accompanied by a parent or caregiver.

TECH WEDNESDAYS
Wednesdays in February,
11 a.m.-1 p.m. By appointment only.
One on one classes for patrons that need assistance with computers, cellphones, tablets, etc. Open to U.S. DoD ID card holders only.



DON'T TAKE RISKS WITH YOUR TAXES



Tax Office at Navy Exchange
US & Spanish Tax Services
e-Filing - ITIN Applications
Authorized IRS POA for Deployments
Free Tax Consultation

Phone: +34 676 175 622 · rota@ustaxconsultants.es
www.ustaxconsultants.es

No official U.S. Navy endorsement is implied

STEAM: L.E.A.P INTO BOOKS! LITERACY, EXPLORATION, ART & PLAY

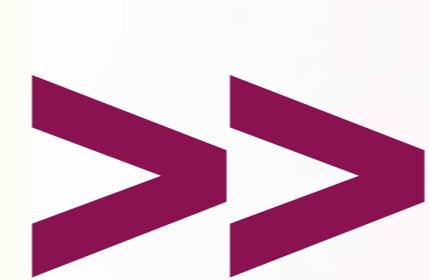
L.E.A.P into Books! Is an innovative educational program that bridges the love of the reading with the excitement of hands-on learning. Designed for children aged 6 to 12, this initiative offers monthly STEAM workshops inspired by books selected by Rota MWR Library. Each Workshop becomes an immersive experience where literature meets science, technology, engineering, art, and mathematics- all through play, creativity and exploration.

SCIENCE & EXPERIMENTS

CHEMICAL REACTIONS, CIRCUITS WITH FRUITS, SIMPLE BIOLOGY EXPERIMENTS.

Ages 6-9 years and older:
Tuesday, Feb. 17, 4-6 p.m.

Ages 10-12 years and older:
Thursday, Feb. 19, 4-6 p.m.
Sign up is required.
Open to U.S. DoD ID card holders only.



CROSS COUNTRY 4 PERSON SCRAMBLE TOURNAMENT

Course is 100% set up fun and different

SATURDAY **FEB. 7**

9 a.m. shotgun start.
\$20 plus green fees.

ONGOING PROGRAMS

FAMILY FUN DAYS

Every Sunday, Noon-5 p.m.

FREE USAA* RANGE BALLS FOR US ACTIVE DUTY MILITARY

Tuesdays and Thursdays,
3:30-5 p.m.
PGA golf tips by appointment only on Thursdays.



TWILIGHT SPECIAL

Seven days a week. 2:30-5 p.m.
\$17 unlimited golf. Carts are \$13 double rider or \$15 single rider.

KEY GOLF SPECIAL

Are you PCSing or TDY to Rota?
Present your hotel key at the golf shop and save \$2 off your green fees (green fees are based on rank) and save \$2 off your cart fees. Note: Not valid with other programs.

LIBERTY GOLF DAY

Sunday, Feb. 22, Noon-5 p.m.

*No U.S. Navy endorsement is implied



USE THIS CODE
TO REGISTER
FOR THE NEXT
TOURNAMENT



GOLF

vamos>> MWRROTA MONTHLY MAGAZINE, FEBRUARY 2026
956-82-2260 or DSN 727-2260

PGA JUNIOR GOLF CLINICS

Coming March 3.

\$155 per student.
These lessons are part of a new year-round program taught by a certified PGA instructor! Divided into monthly sessions, the objective is creating and improving junior golfers to a level where they can compete in a fun and friendly manner. Registration is on a first-come basis and can be completed by calling or visiting the Rota Golf Pro Shop.

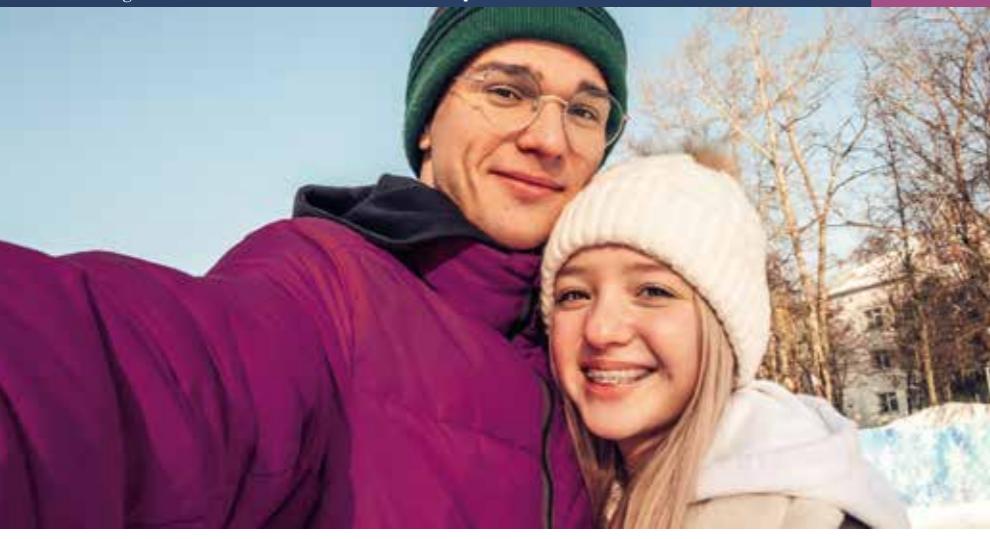


2 PERSON 4 BALL SCRAMBLE TOURNAMENT

Team takes the best shot
of the 4 balls hit on every shot

SATURDAY **FEB. 21**

9 a.m. shotgun start.
\$20 plus green fees.



FEBRUARY IS TEEN DATING VIOLENCE AWARENESS & PREVENTION MONTH

Preventing violence is key to promoting teen and adult health.

Violence can affect teens' health and increase the chance of developing cancer, heart disease, or other health problems in adulthood. Collaboration among multiple sectors can ensure the effective implementation of strategies to help youth and communities be safe and thrive.

SPREAD THE WORD!

The Way Forward

Parents and Families can:

- Learn about links between teens' experiences with violence and their health.
- Talk with teens about violence and ask how you can support them.
- Reach out to local programs to learn effective parenting practices.

Communities can:

- Make teen mentoring, apprenticeship and leadership programs more available.
- Collaborate with health departments and other partners to promote healthy and safe neighborhoods.
- Make use of effective social and economic policies that reduce violence.

FINANCIAL WELL-BEING ASSESSMENT

You go to the doctor to check on your physical health, but when is the last time you checked on your financial health?

The Personal Finance Management program is designed to increase personal, family and operational readiness by focusing on preventative measures to avoid financial hardships, support financial stability and build wealth.

The Financial Well-Being Assessment can help you conduct a "checkup" on your financial health with the help of our Financial Counselors. No matter where you are in your military career, taking time to assess your financial well-being can provide insights into whether you're on the right path or have some areas to improve. All of your answers are anonymous and the assessment does not track any data.



DATES PROGRAMS

01/02/03

04

FEDERAL RESUME WRITING
9-11:30 a.m.
EFMP FAMILY TRAINING
10-11 a.m.
COMMAND SPONSORSHIP
Noon-1:30 p.m.
EFMP POC TRAINING
2-3 p.m.

05

MBMF LIVING CORE VALUES
11 a.m.-12:30 p.m.

06

VA HOME LOAN
11 a.m.-12:30 p.m.

07/08

INTER-CULTURAL RELATIONS (ICR)
Feb. 9-11, 8:30 a.m.-3 p.m.
TRANSITION WORKSHOP
Feb. 9-13, 8:30 a.m.-4:30 p.m.

09

ONE LOVE WORKSHOP
9-11 a.m.
PRIVATE SECTOR RESUME
10 a.m.-Noon

10

ONE DAY ICR BRIEF
7:45 a.m.-4 p.m.

13/14/15

FIELD TRIP "CULTURAL TOUR
SANLUCAR DE BARRAMEDA"
8:30 a.m.-3:30 p.m.

16

INTER-CULTURAL RELATIONS (ICR)
Feb. 17-19, 8:30 a.m.-3 p.m.

17

MBMF FLEXIBILITY
11 a.m.-12:30 p.m.

18

CAREER & CREDENTIAL EXPLORATION
(C2E)-PREVIOUSLY CEPT
Feb. 19-20, 8:30 a.m.-4:30 p.m.

19

RETIREMENT TRANSITION WORKSHOP
Feb. 23-27, 8:30 a.m.-4:30 p.m.

21/22

23

24-28

CYP CLOSURE

Friday, Feb. 13,
for In Service Training Day
Monday, Feb. 16,
due to Presidents' Day

CHILD CARE AVAILABILITY

Childcare is available for all eligible personnel from 6 a.m. to 6:30 p.m., Monday-Friday at the CDC for ages 6 weeks to 5 years, before and after care for Universal Pre-Kindergarten, and PSCD enrolled children. Come to the CDC for more information! At the SAC we provide before and after school care during the school year for Kindergarteners through 12 years of age and provide summer camps. Please call us for more information.

CDC

FRIENDSHIP CARD DAY

Wednesday, Feb. 11, 3:30 p.m.
Please join us to create friendship cards with your child
This activity supports social-emotional learning and
celebrates kindness and connection among our children.

PARENTING SKILLS: AGE APPROPRIATE EXPECTATIONS AND ROUTINES

Wednesday, March 18,

7-8 a.m. at CDC.
Have questions about what is age appropriate? We can answer that!
Come explore what you can expect with children from birth to five years of age and what routines are supportive to their development.

(k-6th grade)

956-82-2839 or DSN 727-2839
Bldg. #41
Rota_CYPSAC@us.navy.mil

SCHOOL DAYS OFF

Full SAC Days Hours (Non Holiday), 6 a.m.-6:30 p.m.

Monday, Feb. 9: Teacher Training Day
Friday, Feb. 13: School Holiday

Family Participation Activities:

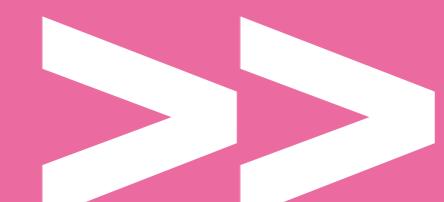
SCIENCE DAY

Wednesday, Feb. 11.
Trivia and STEM activity.

I LOVE MY KID" PHOTO BOOTH AND INTERNATIONAL BOOK GIVING DAY

Friday, Feb. 13.
All day "I love my Kid" Photo Booth and
International Book Giving Day! Come take a picture
and take a book!

Be sure to check the SAC
Newsletter for info on these Special
in-program events.



(6 weeks -5 years)
956-82-1100 or DSN 727-1100
Rota_CYPCDC@us.navy.mil
Bldg. #1963. Open: 6 a.m.-6:30 p.m.

SAC

SCIENCE DAY

Friday, Feb. 13.

Trivia and STEM activity.

I LOVE MY KID"

PHOTO BOOTH AND

INTERNATIONAL BOOK

GIVING DAY

Friday, Feb. 13.

All day "I love my Kid" Photo Booth and

International Book Giving Day! Come take a picture

and take a book!

Be sure to check the SAC

Newsletter for info on these Special

in-program events.

>>>

JAMS (ages 10-12)
and GRAVITY (ages 13-18)
956-82-4625 or DSN 727-4625
Rota_CYPYouth@us.navy.mil

CHILD & YOUTH

Weekly Clubs meet on
Mondays, Tuesdays, Thursdays
and Fridays at 3:30 p.m.
and Wednesdays at 2:15 p.m.

**POWER HOUR HOMEWORK
ASSISTANCE AND FREE
CHOICE OF RECREATIONAL
GAMES AND ACTIVITIES**

DAILY ACTIVITIES

Mondays

**THE ARTS CLUBS: DIGITAL,
FINE, APPLIED AND
PERFORMANCE ARTS**

Tuesdays

**LIFE SKILLS CLUBS: MONEY
MATTERS, STEM, 4H GARDENING**

Wednesdays

**LEADERSHIP AND SERVICES
CLUBS: KEYSTONE, TORCH AND
YOUTH OF THE YEAR**

Thursdays

**HEALTH AND WELLNESS CLUBS:
WALKING, COOKING, HIIT AND
HEALTHY HABITS**

Fridays

**FUN FRIDAYS-SPORTS AND
RECREATION ACTIVITIES**

**STOP BY THE YOUTH CENTER TO ENJOY
THE ROTATION OF VARIOUS CLUB ACTIVITIES
EACH WEEK!**

YOUTH OF THE MONTH

Each month the Youth Center Staff will recognize a Teen, "Youth of the Month" and a Pre-Teen, "Amazing Kid of the Month". Youth Center staff members are on the lookout for youth who demonstrate positive participation, volunteerism, good sportsmanship and character as well as leadership in various Youth Center clubs or day-to-day activities.

JAMS LATE NIGHT AT THE YOUTH CENTER!

Friday, Feb. 27, 7-9 p.m.
Ages 10-12 years old.

Youth, ages 10 to 12, come enjoy a variety of games and snacks with your friends. The event is free but spaces are limited and a permission slip is required to be turned in by Wednesday, Feb. 25 to participate.

ARTISTS NEEDED!

Mondays in February.

The Youth Center will be conducting art activities. Select pieces will be used as submissions to the Boys and Girls Clubs of America National Fine Arts Contest.

TEEN DATING VIOLENCE AWAWARENESS PRESENTATION

Wednesday, Feb. 11, 2-3:30 p.m.

An expert from FFSC will educate youth and teens on the aspects of healthy and unhealthy relationships. An MFCL will also be available to answer parent questions.

CHILD & YOUTH

CDC, SAC, YSF AND TEEN REGISTRATION AND SIGN-UP INFORMATION:

CYP Registration: All documents are accessible via QR code or online (navymwrrota.com). Submit the forms for SAC/Youth/YSF registration to SAC, Bldg 41 or the CDC at Bldg. 1963

Use MCC.com for:

Reserving a CDC/SAC FULL TIME and SAC CAMP for your child:

Use CYP Online for:

- Sign-ups for Teen/ YSF programs (after registering for CYP)
- Reserving a CDC/SAC-Camp and Hourly Childcare space
- After registering for CYP, Sign-ups for Teen/YSF Programs
- You must already have a registration form on file with CYP to use the online system.
- Contact the CDC/SAC Program for help with your Family ID.



SCAN ME!
FOR REGISTRATION
FORMS



SCAN ME!
FOR MILITARY
CHILD CARE



SCAN ME!
ONLINE PORTAL

YOUTH BASKETBALL SEASON

CYP-online account needed. Contact CYP for assistance.

MANDATORY ASSESSMENT

Tuesday, Feb. 17, 5 p.m.
Ages 6-14 years old. DGF High School Gym.
Please wear athletic attire with tennis shoes

COACHES TRAINING

Thursdays, Feb. 5, 5 p.m. Bldg 41.
Please email or call to register to attend trainings for locations.

COACHES CPR TRAINING

Thursday, Feb. 12, 9 a.m. Bldg 41.

TENNIS FRIDAYS ARE BACK

Friday, Feb. 20-March 20, 4 p.m.
Ages 6-14 years old. \$50. Base tennis courts behind the SAC building.

Tennis is back! If you wanted your child to learn tennis, now is the time! Sign-ups are limited and once filled limited waitlist.

RUN LIKE ME

Friday, Feb. 20, 4 p.m. All ages.
Fitness Center field.

Special day of running fundamentals and fitness events.

YOUTH BASEBALL SEASON

Registration opens in March.

YOUTH SPORTS

956-82-4721 or DSN 727-4721

Rota_CYPYouthSports@us.navy.mil

VOLUNTEER BASKETBALL AND BASEBALL COACHES AND OFFICIALS NEEDED FOR YOUTH SEASONS

Are you a new Sports parent in the Rota community? Not a PAYS member yet?

If so, take advantage and enroll now for this year's Youth Sports season. Those not enrolled will not be allowed to assess in the Mandatory Assessment for team selection in the sports season. Anyone can be one, just go to <http://www.nays.org/payonline> or contact us to learn how.

956-82-2425 or DSN 727-2425
SLPRota@us.navy.mil

SCHOOL LIAISON OFFICE

JUST ARRIVED TO ROTA AND NEED TO REGISTER YOUR CHILD IN DODEA?

If you have a school age (K-12) student and need to register for school, please visit <https://www.smore.com/vgemr> for local education information.

HOMESCHOOL CASTILLO DE LUNA TOUR

Friday, Feb. 6, 11 a.m. Free.
For homeschool families. Please RSVP by noon on Feb. 4. Contact SLP for information.

F.E.E.T. (FRIENDS EXPLORING ESPAÑA TOGETHER) YOUTH SPONSORSHIP

Monday, Feb. 9, 9:30 a.m.-4 p.m. Free.
Must register by Feb. 5. For registered new youth grades 6-12.

An Orientation for new students to make sure the teens are informed about the many programs Rota has to offer. This will also include a trip to Cadiz. Space is limited.

HOMESCHOOL FINANCIAL EDUCATION WORKSHOPS

**Wednesdays, Feb. 11 (grades K-5) and
18 (grades 6-12), 10 a.m. At SAC building #41.**
For homeschool families. Free.

RSVP with the School Liaison one day prior to each event! Partnership with Navy Federal Credit Union.

HOMESCHOOL BOWLING

Friday, Feb. 20, 11 a.m.-1 p.m. Free.
For homeschool families.

RSVP with the School Liaison by Feb. 19. Space is limited.

SPANISH SCHOOLS WORKSHOP

Tuesday, Feb. 24, 11 a.m.
School Age Care building #41.

The School Liaison will host a Spanish Schools Workshop to help with annual registration for school year 2024-25. March is the registration month for the next SY. Contact SLORota@eu.navy.mil or call 727-2425 for more information.

HOMESCHOOL MEET & GREET

Friday, March 6, 11 a.m. at SAC.
See the Rota Area Homeschool Facebook page for more information.

SLP SCHOLARSHIP RESOURCE LINK

<https://www.smore.com/36j0z>

TUTOR.COM FOR MILITARY FAMILIES

Tutor.com for U.S. Military Families (Tutor.com/military), funded by the U.S. Department of Defense (DoD) and Coast Guard Mutual Assistance (CGMA), is a program that allows eligible students in Kindergarten through college to connect to a live tutor online at any time (24/7/361) for one-to-one help with homework, studying, test prep and more, at no cost.

CALL THE SCHOOL LIAISON BEFORE YOU GO

If you are planning to PCS or change your duty station in the future, contact the School Liaison to help you with your transitions. Your School Liaison can also put you in contact with your gaining installation's SL.

IMPORTANT: Students must sign up prior to the month start. Once the month begins, they must enroll in the following one.

COMMUNITY CLASSES

PRE-TUMBLING LESSONS FOR CHILDREN

Ages 1-3 years old:
Thursdays, 9:30-10:15 a.m.
\$45 per month.

Ages 4-5 years old:
Wednesdays, 3:15-4:15 p.m.

Ages 6-7 years old:
Tuesdays, 3:30-4:30 p.m.

Ages 8-9 years old:
Thursdays, 5-6 p.m.

Ages 10 years & older:
Thursdays, 4-5 p.m.
\$50 per month.

Children will learn the basics of tumbling in a warm supportive environment. Classes will encourage age appropriate creativity, musicality and physicality. They will have fun with an emphasis on the foundations of tumbling.

JIU JITSU CLASSES

Ages 5-7 years old: Mondays, 4-5 p.m. or
Wednesdays, 4:30-5:30 p.m.

Ages 8-14 years old: Mondays, 5-6 p.m. or
Wednesdays, 5:30-6:30 p.m.
Once per week: \$45/month
Twice per week: \$70/month

Ages 18 years and older: Mondays, 6-7 p.m.
or Wednesdays, 6:30-7:30 p.m.
Once per week: \$50/month
Twice per week: \$80/month

Brazilian Jiu Jitsu is a predominantly ground-based martial art, using the principals of leverage, angles, pressure and timing, as well as knowledge of the human anatomy, in order to achieve a non-violent submission of one's opponent.

MUSIC LESSONS

PRIVATE PIANO LESSONS

Time slots available
Monday-Friday, 3-7:30 p.m.
\$83 for a punch card for four 30-minute lessons.
Take individual piano lessons from beginners to advanced; learn to play piano and read music with our experienced instructor.

PRIVATE GUITAR AND UKULELE LESSONS

Time slots available
Tuesdays, Wednesdays and Thursdays, 4-8:30 p.m. \$80 for a punch card for four 30-minute lessons.
Full range of adult and kids lessons for all abilities. Customized guitar lessons: Classical, Acoustic, Electric and Bass. Theory and Musical production lessons from beginner to most advanced levels

COMMUNITY CLASSES



DANCE LESSONS

CHILDREN BALLET LESSONS

Time slots available

Ages 3-5 years old:
Mondays or Wednesdays, 4:30-5:30 p.m.

Ages 6-10 years old:
Wednesdays, 5:30-6:30 p.m.

Once per week: \$45/month
Dancers will have fun learning basic ballet positions, age appropriate stretching exercises and correct posture in a positive and creative environment. They will also have the opportunity to express themselves through the physical joy of learning to dance to music.

FLAMENCO KIDS

Mondays, 5:30-6:30 p.m.
Ages 4-9 years old. \$45 per month.

FLAMENCO LESSONS

Wednesdays, 9:30-10:30 a.m.
\$50 per month. Adults 18 years and older. Classes located at Fitness Center.

Step into the shoes of a flamenco dancer with a lesson tailor-made for beginners. Master the basic body positions with your instructor and let the rhythm whisk you through the studio.

SWING DANCE CLASSES ADULTS (EAST COAST SWING/ JIVE/ LINDY HOP)

Thursdays, 7:15-8:15 p.m.
\$80 per month (one class per week). Classes located at Fitness Center.

East Coast Swing is a popular dance that's very beginner friendly. Swing dancing has its roots in Lindy Hop but you might be familiar with terms like Jitterbug, Charleston, West Coast Swing, Shag and of course East Coast Swing.

LATIN DANCE LESSONS ADULTS (SALSA, BACHATA, MERENGUE...)

Thursdays, 6:15-7:15 p.m.
\$80 per month (one class per week). Classes located at Fitness Center.
Learn the basic steps and techniques of Latin Ballroom dance styles. The classes are great fun and taught in a friendly and supportive atmosphere. These classes are perfect for those with little or no Latin dance experience and also for those who know some more!

TENNIS GROUP LESSONS

Ages 4-6 years old:
Wednesdays, 3:30-4 p.m.
Once per week: \$60/month

Ages 7-11 years old:
Wednesdays and/or Fridays, 4-5 p.m.
Ages 12-18 years old:

Wednesdays and/or Fridays, 5-6 p.m.
Once per week: \$80/month
Twice per week: \$125/month

Also **private lessons** available:
\$160 per punch card (4 lessons).
Tennis is ideal for improving cardiovascular fitness and strength. Our coach is highly qualified and passionate about what he does. If you prefer private lessons, we can organize! Classes located at the Fitness Center.



MWR Community Classes offer a range of different options to learn something new! To register, stop by Liberty front desk from 1-6 p.m. every day including weekends and decide on what you will learn next!

PINZ

BOWLING CENTER

956-82-2112 or DSN 727-2112

Valentine's day

BOWLING SPECIAL

SATURDAY
FEB. 14 | 3-10 p.m.

► WEAR RED AND BOWL
TWO PEOPLE FOR TWO HOURS

only **\$20**
(shoes included)

► GROUPS UP TO FIVE PEOPLE
BOWL FOR TWO HOURS

only **\$30**
(shoes included)

SANGRIA
PITCHER
INCLUDED

ACTIVE DUTY MEMBERS IN UNIFORM LUNCH BOWLING

Mondays-Sundays, 11 a.m.-1 p.m.

Free game of bowling, including shoe rental, for
Military personnel in uniform with the purchase of a
complete meal and drink.

FAMILY NIGHT

Mondays, 4-8 p.m.

Families up to 5 people per lane can bowl for
one hour including shoes rental for \$15.

COUPLES NIGHT

Tuesdays, 5-10 p.m.

Groups of up to four people can bowl for one hour
including shoe rental and one pitcher for only \$35.

BARRACKS CHALLENGE

Wednesdays, 6 p.m.

Barracks Bash - Challenge anyone to an hour of Bowling
for Ultimate Bragging rights. \$10 for 1 Hour. Head to Head
Shoe rental Included. Win 10x Head-to-Head Challenges
and become the Pinz Barracks Challenge Champion.

LIBERTY'S BOWLING NIGHT

Thursday, Feb. 12, 7-9 p.m.

Enjoy a free night of bowling and pizza with Liberty (free for
single unaccompanied AD E-6 and below). On the second
Thursday of each month sign in on the Liberty sign-up sheet
at the front counter at Pinz.

COSMIC BOWLING

Fridays and Saturdays, 7-11 p.m.

Groups up to five people can bowl for \$23 per lane
for one hour, including shoe rental.

Saturday, Feb. 14, 7 p.m.

Open to everyone. Free admission.
Snack bar available for
food and beverage purchases.
All movies will be family friendly.

Drive-In will OPEN the second Saturday of
each month for a free showing!

flix
ROTA, SPAIN

Drive-In
THEATER
FREE
SHOWING

PV
PIZZA VILLA
ROTA, SPAIN

LIMITED TIME OFFER MEDITERRANEAN PIZZA

PIZZA



**White Sauce, Mozzarella Cheese, Feta Cheese, Spinach,
Roasted Red Peppers, Red Onions, and Olives**

LIBERTY



single or unaccompanied
servicemembers

SAILOR ADVENTURE QUEST:

AIKIDO/SELF DEFENSE

Tuesdays in February, Feb. 3, 6:15 p.m.

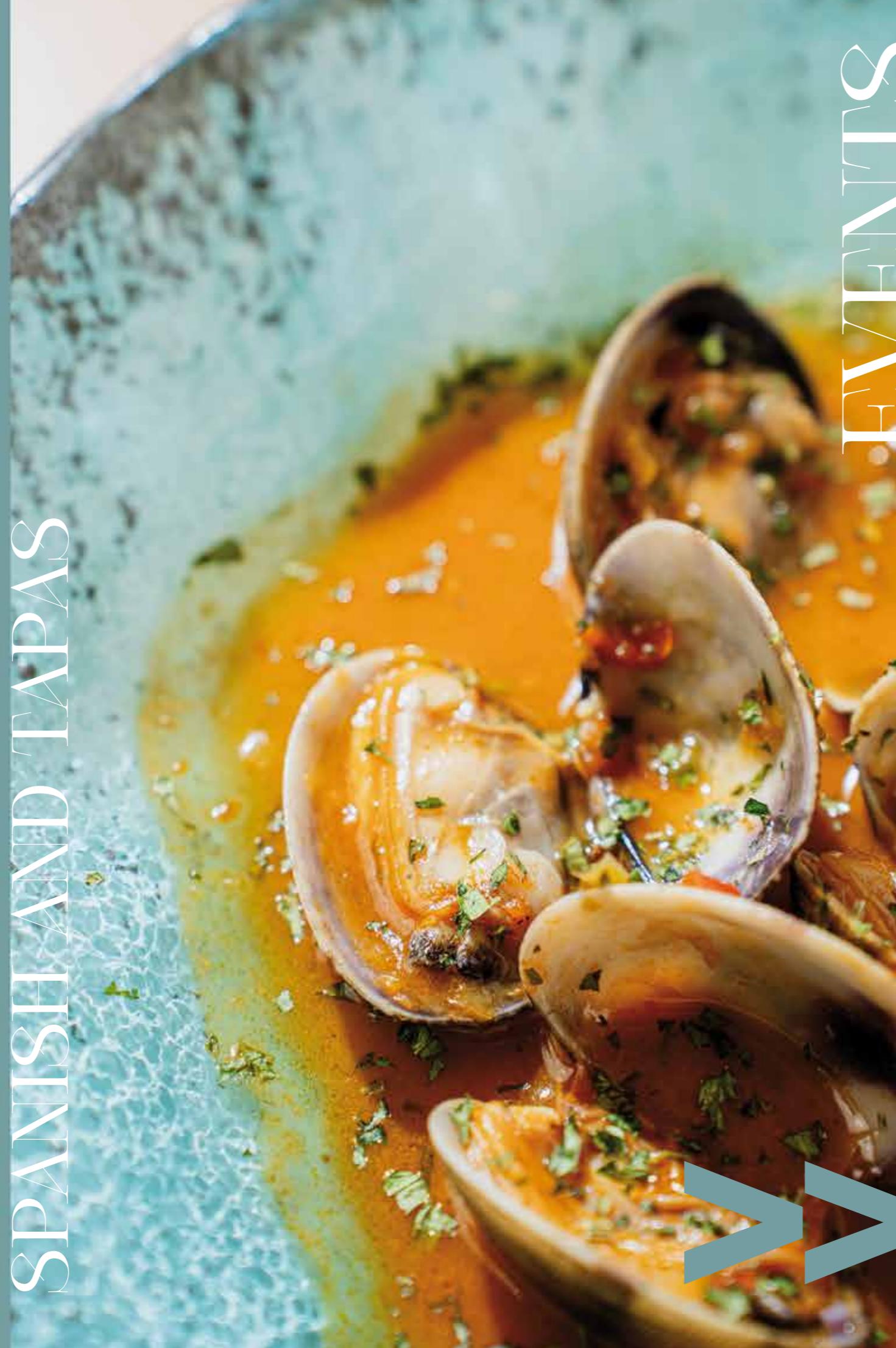
Join the Liberty Center for an Aikido-Based Self-Defense Course! Learn practical techniques rooted in the art of Aikido to help you stay balanced, confident, and prepared in any situation.

GUITAR LESSONS

Wednesdays, Feb. 11 and 25, 6 p.m.

Have you ever thought about trying your hand at guitar? Come to start or continue your musical journey! Provided: Guitars.

SPANISH AND TAPAS



vamos>> MWR ROTAMONTHLYMAGAZINE, JANUARY 2026
956-82-2527 or DSN 727-2527
Rota_MWRLiberty@us.navy.mil

LIBERTY EVENTS

LIBRARY DAY

Mondays in February, 7 p.m.

It's Library Day at the Liberty Center! Dive into a world of library-inspired crafts and activities. Grab your copy of the Liberty Book Club selection and find a cozy spot, perfect for unwinding with a good read.

LIBERTY MOVIE NIGHT

Thursday, Feb. 5, 7 p.m. Flix Movie Theater.

Free for single/unaccompanied E6 and below. All single and unaccompanied active duty members (E-6 & below) are invited to join the Liberty staff at the Flix Movie Theater for a free showing. Enjoy hot buttered popcorn and an ice cold soft drink while you enjoy your movie! On the day of, sign in on the Liberty Sheet at the front counter at Flix.

BUBBLE GUM DAY

Friday, Feb. 6. All day.

Pop into fun at the Liberty Center for Bubble Gum Day! Enjoy sweet treats and bubble-blowing contests as we celebrate all things chewy and cheerful!

SEND A CARD TO A FRIEND DAY

Saturday, Feb. 7. All day.

Celebrate Send a Card to a Friend Day at the Liberty Center! Stop by to create and decorate a heartfelt card — we'll provide the supplies, you bring the good vibes! Provided: craft material.

PIZZA DAY

Monday, Feb. 9, 7 p.m.

Celebrate National Pizza Day at the Liberty Center! Swing by for free slices and a cheesy good time with friends!

LIBERTY'S BOWLING NIGHT AT PINZ

Thursday, Feb. 12, 7-9 p.m. Free for single/unaccompanied E6 & below.

Enjoy a free night of bowling and pizza with Liberty. On the day of, sign in on the Liberty sheet at the front counter in Pinz.

ROMCOM DAY

Saturday, Feb. 14. All day.

Fall in love with RomCom Day at the Liberty Center! Enjoy a cozy movie marathon, buttery popcorn, and laughs with your favorite romantic comedies all day long!

PRESIDENT'S DAY

Monday, Feb. 16, 7 p.m.

Celebrate President's Day at the Liberty Center! Enjoy a slice of cake in honor of America's leaders.

SPANISH AND TAPAS

Wednesday, Feb. 18, 7 p.m.

Celebrate Spanish & Tapas with the Liberty Center! Join us on a trip to a local restaurant for delicious tapas while learning the local lingo along the way! Roundtrip transportation and lesson provided only.

COMFY DAY

Friday, Feb. 20. All day.

Get cozy for Comfy Day at the Liberty Center! Snuggle into our massage chairs and recliners with a warm cup of coffee or hot chocolate and treat yourself to total relaxation.

LIBERTY GOLF DAY

Sunday, Feb. 22, Noon-3 p.m.

Spending your Sunday afternoon relaxing in the sun with a round of golf on us. Liberty Golf Day includes green fees and basic club rentals. Liberty patrons need to check in with the front desk at the Pro Shop before Noon.

DOGGIE DATE NIGHT WITH RAWL

Monday, Feb. 23, 5:30 p.m. Free for Liberty eligible E6 and below.

Join us at Liberty for a paw-some evening at Doggie Date Night—where patrons can cuddle, play, and bond with our lovable furry friends!

POKEMON DAY

Friday, Feb. 27, 7 p.m.

Celebrate PokéMon Day at the Liberty Center! Battle it out with your buddies on Nintendo Switch, join online showdowns, or trade and duel with classic PokéMon cards — it's a full day of catching 'em all!

GRANADA SKI AND SNOWBOARD TRIP (4 DAYS)

Friday-Monday, Feb. 13-16.

Departure: 3 p.m. Return: 8 p.m.

Price: \$312. Must register by Feb. 6.

The Sierra Nevada Ski and Mountain Resort is Europe's southernmost ski resort! With sunshine most of the winter and views at an altitude of over 10,000 ft., you'll find 105 km of runs with varying difficulties to satisfy all levels. "Sierra Nevada" translates to "Snowy Mountain Range" and is set in the Penibetico range - roughly 32 km from Granada. Enjoy the cross-country skiing circuit, snow-park or even additional recreational areas for non-skiers. Night skiing is available on Saturdays, weather permitting. Information on Lodging: Apartments are rustic hostel accommodation for 5-7 people to share and one bathroom. The apartment might be equipped with a kitchen stovetop, microwave, refrigerator, plates, utensils, silverware, etc. Wi-Fi is available. Trip includes roundtrip transportation by van, lodging in shared apartments and snowboard or ski equipment (board/skis, boots and helmet).

*What is not included: Clothing or any other ski or snowboard accessories (goggles, gloves, scarfs, etc.), lift tickets (price is usually 54 euros per day, tickets can be bought online), meals.

MALAGA HISTORICAL TOUR

Saturday, Feb. 21, 7 a.m.-9 p.m.

\$45 refundable deposit upon attendance.

Must register by Feb. 18.

The city of Malaga, the capital city of the province of Malaga, is the second-largest city of Andalucia and lies along the Costa Del Sol. Famous for the "pasas" (raisins), Malaga is also well known for its superb wines. This historical tour will take you to the cathedral, Castle of Alcazaba, the harbor area, the local market and the location where Picasso was born. The trip includes transportation, local guide, entrance to a monument and free time to shop and enjoy the local food and wine.

VIA FERRATA IN GRAZALEMA NATURAL PARK

Saturday, Feb. 21, 7 a.m.-7 p.m.

\$43 refundable deposit upon attendance.

Must register by Feb. 18.

TRIPS



FITNESS > SPORTS > AQUATICS

VAMOS>> MWR ROTAMONTHLYMAGAZINE, FEBRUARY 2026

NOFFS PT CLASS
(ACTIVE DUTY / COMMANDS ONLY)
Mondays, Wednesdays, and Fridays
in February, 7-8 a.m.

NOFFS Active Duty PT class will check all the boxes for the new daily PT requirements and will be lead by a certified MWR fitness specialist. Incorporating Strength, Cardio, Neuro, and Mobility, this class is open to all Active Duty / Commands. Max Capacity is 75 per class. Contact Fitness Center to sign up individually or your entire command. Space is limited so registration is required.

CHALLENGE OF THE MONTH
SWEATHEARTS CHALLENGE
Thursdays in February, 11 a.m.-1 p.m.
Stronger together for the season of love!
Bond sweat and battle side by side through fun, fiery couple challenges. Just show up!

CFL MEETING
Wednesday, Feb. 11, 11:30 a.m.

CFL Meeting for Command Fitness Leaders and Assistant Command Fitness Leaders. MWR will be starting practical training and updated information for continuing education of the CFL's in Rota.

YOUTH FITNESS CERTIFICATION

Thursday, Feb. 19, 5 p.m.

Ages 10-17 years old.

Must register by Feb. 18, at noon.

Youth certification teaches the fundamentals of fitness, proper use of equipment in the facility and DOD policy that pertains to physical fitness in MWR facilities. Youth are given a facility orientation, one-on-one weight, cardio training orientation, and a written test. After completing this certification, youth ages 10-17 years old will be able to use the fitness center facility.

1000/500 LB CLUB

Thursday, Feb. 12, 4:30 p.m.

Must register at the Fitness Center.

Ages 18 years and older.

Join the elite and see if you can muscle up 500/1000 pounds total weight. Events will include bench press, squat and deadlift. Please train safely and start now to prepare for this event in February. Important notice: Check-in, safety brief and warm up time will be from 4-4:30 p.m.

WHAT A GREAT DAY TO START SPREADING PEACE, LOVE, AND JOY FOR 2026

FRIDAY
FEB. 13

4:30 p.m.
All ages welcome

Come join the Fitness Center and share the love of running with others. You can run as a couple, group of friends, or solo. Find your favorite shade of red and let's celebrate Valentine's Day.

Sweethearts
5kRun

956-82-2565 or DSN 727-2565
Rota_MWRfitness@us.navy.mil

LEARN-TO-SWIM LESSONS:

PARENT & CHILD SWIM CLASS

Feb. 11-13 and 18-20, Wednesday-Friday, 10-10:30 a.m. Two week session.

Ages 8 months-3 years old.

The parent & child swim class introduces infants and toddlers into the joys of an aquatics environment for the first time under the care of their parents. Our Swim Instructors provide instruction to the parents.

LEVELS 1-3

Feb. 11-13 and 18-20, Wednesday-Friday, 3:15-4 p.m. | 4-4:45 p.m. | 5-5:45 p.m.

Two week session. Ages 4 years and older.

Taught by American Red Cross Water Safety Instructors. Each of the swimming lesson levels is designed to build upon the next, taking your child on a journey toward becoming a safe and confident swimmer for life.

HOURS OF OPERATIONS

Monday-Friday, 6 a.m.-7 p.m.

Saturday and Sunday, Closed

U.S. Holidays, 9 a.m.-5 p.m.

INDOOR POOL LAP SWIM, PRT, UNIT LEVEL TRAINING or COMMAND PT.

Navy Second Class Swim Testing available by appointment only.

956-82-2129 or DSN 727-2129

Rota_MWRAquatics@us.navy.mil

SIGN UP HERE
CREATE YOUR PROFILE
WITH IMLEAGUES

956-82-1916 or DSN 727-1916
Rota_MWRFitness@us.navy.mil

2026

INTRAMURAL SPORTS CALENDAR

EVENT	DATES	REGISTER BY
FEBRUARY		
CC Basketball League	starting on 11 (Wednesdays)	6
CC Indoor Soccer League	starting on 17 (Tuesdays & Thursdays)	13
Superbowl Flag Football Tournament	6-7 (Friday-Saturday)	4
MARCH		
Ombudsman' Kickball Tournament	7 (Saturday)	6
Softball Spring Tournament	17-19 (Tuesday-Thursday)	17
Softball Scrimmage Day & Clinic	25 (Wednesday)	23
APRIL		
Outdoor Soccer Tournament	14-18 (Tuesday-Saturday)	10
CC Outdoor Soccer League	starting on 23 (Tuesdays & Thursdays)	21
Individual Tennis Tournament	25 (Saturday)	23
MAY		
Outdoor Soccer Scrimmage Day & Clinic	6 (Wednesday)	4
Softball Tournament	16 (Saturday)	14
Memorial Basketball Tournament	19-21 (Tuesday-Thursday)	15
JUNE		
CC Softball League	starting on 4 (Tuesdays & Thursdays)	2
Beach Volleyball Clinic	10 (Wednesday)	8
Beach Volley Summer Tournament I	27 (Saturday)	25
JULY		
Pickleball Tournament I	11 (Saturday)	9
Waterpolo Tournament	15 (Wednesday)	13
Flag Football Tournament	29 (Wednesday)	27
AUGUST		
Injury Prevention Clinic	19 (Wednesday)	17
Beach Volley Summer Tournament II	22 (Saturday)	20
CC Flag Football League	starting on 27 (Thursdays)	24
SEPTEMBER		
Dodgeball King of the Court	Every Thursday	-
Pickleball Tournament II	12 (Saturday)	10
Outdoor Soccer Fall Tournament	22-26 (Tuesday-Saturday)	21
OCTOBER		
Volleyball Clinic	14 (Wednesday)	12
Volleyball Tournament	21-22 (Wednesday-Thursday)	19
CC Volleyball League	starting on 28 (Wednesdays)	26
NOVEMBER		
Pickleball Tournament III	14 (Saturday)	13
30+ Basketball Tournament	17-19 (Tuesday-Thursday)	15
Flag Football Turkey Bowl	21 (Saturday)	19
DECEMBER		
Kickball Tournament	12 (Saturday)	10
Softball Christmas Tournament	15-17 (Tuesday-Thursday)	12

Captain's Cup Leagues

Clinics

Tournaments

1. You can sign up your team/command using the Teams QR code, or you can sign up individually using the Free Agents QR code.

2. Sign ups will be over at NOON of the deadline date.

3. Regulations and schedules will be sent at least 24 hours prior the event and/or coach meeting.

4. Any questions and/or suggestions to rota_mwrfitness@us.navy.mil



AUTO
INSURANCE

USAA knows these roads too.

USAA Auto Insurance can help protect you while driving abroad with policies and coverage you can trust. It even goes with you on leave to insurable locations.

And with offices across Europe, we're always here to help.

If you know you know.
If you don't, we do.



**Get Started
900-813-479**

Membership eligibility and product restrictions apply and are subject to change. Property and casualty insurance provided by United Services Automobile Association (USAA), USAA Casualty Insurance Company and USAA General Indemnity Company which are domiciled in Texas and are licensed in all 50 United States and D.C.; Guam, Puerto Rico, and/or the Virgin Islands; USAA S.A. UK Branch, authorized by the Prudential Regulation Authority, and regulated by the Financial Conduct Authority and the Prudential Regulation Authority to write coverage in the United Kingdom. USAA S.A. UK Branch Registration Number: England BRO23811, also registered with the Registre du Commerce et des Societes of Luxembourg; or USAA S.A., authorized by the Luxembourg Minister of Finance and supervised by Commissariat aux Assurances to write insurance under the Freedom of Services Directive in Azores, Belgium, France, Germany, Greece, Italy, Netherlands, Portugal and Spain. USAA S.A. Trade and Companies Registration Number: B-224622. Not all products are available to all applicants in all locations. Product availability may vary in some foreign locations due to local laws and restrictions. USAA means United Services Automobile Association and its affiliates. The Department of the Navy does not endorse any company, sponsor or their products or services. © 2025 USAA. 6530182.0424