

▶ wHat's iNside?

Special Events

+ Trunk or Treat 2025

Fitness Center

+ Tutus for Coconuts 5K

Liberty

+ Halloween Party

Golf Course

+ Navy Birthday Golf Tournament

Pinz

+ Monster Ball Halloween Party



iSsue#160





OURMISSION

OURVISION

OURGUIDING **PRINCIPLES**



we are

MWR Admin/Support Services, 727-1517 Monday-Friday, 7:30 a.m.-4 p.m.

CYP

CDC, 727-1100

Monday-Friday, 6 a.m.-6:30 p.m. Saturday, Sunday and U.S. Holidays, Closed

SAC, 727-2839

Monday-Friday, 6 a.m.-6:30 p.m. Saturday, Sunday and U.S. Holidays, Closed

Youth Center: Jams and Gravity, 727-4625

Monday, Tuesday, Thursday and Friday, 2:35-6:30 p.m. Wednesday, 1:35-6:30 p.m. Saturday, Sunday and U.S. Holidays, Closed

Youth Sports, 727-4721

Monday-Friday, 9:30 a.m.-6:30 p.m. Saturday, Sunday and U.S. Holidays, Closed

RECREATION

Aquatics Center, 727-2129

Monday-Friday, 6 a.m.-7 p.m. Saturday and Sunday, Closed U.S. Holidays, 9 a.m.-5 p.m.

Community Classes, 727-2354

Fitness Center, 727-2565

Monday-Thursday, 5 a.m.-9 p.m. Friday, 5 a.m.-8 p.m. Saturday, Sunday and U.S. Holidays, 8 a.m. - 8 p.m. 24 hours unmanned fitness access available for registered patrons.

Golf, 727-2260 Daily, 9 a.m.-8 p.m.

Housing Pool, 727-4882

Now-Oct. 13: Saturday, Sunday and U.S. Holidays, Noon-7 p.m.

Monday-Friday, Closed Liberty, 727-2527

Daily, 1-10 p.m.

Library, 727-2418

Monday, Wednesday and Friday, 9 a.m.-6 p.m. Tuesday and Thursday, 9 a.m.-7 p.m. Saturday, Closed Sunday and U.S. Holidays, 9 a.m.-2 p.m.

Outdoor Recreation and Tickets & Travel, 727-3101

Monday-Friday and U.S. Holidays, 10 a.m.-6 p.m. Saturday and Sunday, Closed

FOOD AND BEVERAGE

Gourmet Bean

Fleet Landing Monday-Friday, 7:30 a.m.-2 p.m. Saturday and Sunday, Closed

Library Cafe

Monday-Friday, 7:30 a.m.-2 p.m. Saturday and Sunday, Closed

El Patio

Bombers Fresh Mex, 727-3712 Monday-Friday, 10 a.m.-7 p.m. Saturday, Sunday, Closed

The Tower Pub. 727-3712 Monday-Friday, 4-11 p.m. (last order 10:30 p.m.) Saturday-Sunday, Noon-7 p.m. (last food order 6:30 p.m.)

Flix, 727-3709

El Patio Indoor Theaters Wednesday-Sunday.

Check **navymwrrota.com** for movie times and schedule

Check **navymwrrota.com** for movie times and schedule.

Pinz, 727-2112

Sunday-Thursday, 11 a.m.-10 p.m. Friday and Saturday, 11 a.m.-11 p.m.

Pinz American Cafe Sunday-Thursday, 11 a.m.-9 p.m. Friday and Saturday, 11 a.m.-10 p.m.

La Plaza, 727-6323

Champion's Bar Wednesday-Sunday, 4-11 p.m. Monday and Tuesday, Closed

Pizza Villa, 727-3212 Daily, 11 a.m.-10 p.m.

Hours of operation are subject to change. Check our website for the most up to date hours of operation. navymwrrota.com





mwr navsta rota, spain PSC 819 BOX 14 / FPO, AE 09645 Tel: 011 (34) 956-82-1517 Tel (On Base): 727-1517

Thomas A. Kubalewski, Fleet Readiness Director

727-2326

Julie Dinh, Support Service Director 727-1505

CSC (SW/AW) Ruiz, Kenya, LCPO Galley 727-1407

Christina Rodriguez, CYP Director 727-2458

Doug Hasselbring, Community **Recreation Director** 727-1410

Cody Butler, Fitness Director 727-3264

Sara Fine, Business Operations Director 727-1429

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Commercial, 956-82-XXXX DSN. 727-XXXX



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Information subject to change.

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vaMos is published monthly, with a circulation of 1,800 by MWR Rota, Spain.

STUALLY WACAS

Coffee, Almonds, Chocolate Protein











BOARD GAME SATURDAY



For more information, call the Liberty Center at 727-2527.

WHERE IS CANDELITA?

Candelita is hiding somewhere in our VAMOS Magazine! Look closely and

explore every nook and cranny of the pages. THINK YOU'VE FOUND HER?

Be the first person to tell us the correct location and win a prize!

Email: Rota_MWRSpecialEvents@us.navy.mil to participate before the 5th.

Open to U.S. DoD I.D. cardholders only - All ages





SATURDAY • TRUNK REGISTRATION

5-9:30 p.m. **MWR DRIVE-IN** MOVIE THEATER

ALL AGES

100% ID CHECK

KIDS REGISTRATION

Parents must sign up their kids ON LINE on our website (navymwrrota.com) for a designated Trunk or Treat session and

MWR provides the candy and you hand it out! For a reserved space in this year's event, you must register your themed vehicle at the Liberty Center by Oct. 15 or until full.

Only cars that are preregistered as "trunks" will be allowed to park inside the Drive-in Movie Theater. Everyone else will need to park in designated areas or take one of our free shuttles.

• SHUTTLE SERVICE

Free shuttle buses will be available from the NEX and Youth Center every 15 minutes from 4:45-9:45 p.m.

MOVIE VIEWING

Bleachers will be available for movie viewing. Blankets and lawn chairs are permitted. Cars that are not "trunks" will be allowed to enter the Drive-In Theater at 8 p.m.

FLIN

Food Booths, Crafts, Pumpkin Patch, Carnival Games and Train Rides

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Trunk or Treat SESSION 1

6:15-7 p.m.

Trunk or Treat SESSION 2

7-7:15 p.m.

Best Trunk Awards Announced

Trunk or Treat SESSION 3

8:15-9:45 p.m.

Halloween Themed Movie "Hocus Pocus"

TRICK OR TREATING | TRUNK DECORATION CONTEST | PUMPKIN PATCH





RONDA HISTORICAL TOUR

Saturday, Oct. 4, 7:30 a.m.-6:30 p.m. \$90 per adult / \$55 per child 2-14 years old / No cost for child under 2 years old. Must register by Oct. 1.

Join us to explore Ronda, one of Spain's most scenic towns. Its history dates back to prehistoric times, with artifacts from 28,000 BC. Ronda was captured by Catholic Spain in 1485. Notable landmarks include three iconic bridges—Puente Romano (Roman Bridge), Puente Viejo (Old Bridge), and Puente Nuevo (New Bridge), completed in 1793. Visit the Plaza de Toros de Ronda, Spain's oldest bullfighting arena still in use, and the 13th-14th century Arab baths. Ernest Hemingway and Orson Welles were among the famous residents captivated by its beauty. Trip includes roundtrip transportation, local guide, entrance to monuments and

FOODIE TOUR - WORLD OF SPANISH TAPAS

Saturday, Oct. 18, 11:30 a.m.-3:30 p.m. \$100 per person. Ages 18 years and older. Must register by Oct. 15.

Immerse yourself to the Spanish gastronomic culture of tapas. Learn what, why, how, and when the locals eat, reflecting history, traditions, social structures, and values. Try some of these specialties: Gambas al ajillo (garlic shrimp), tortilla de patata (spanish potato omelet), gazpacho (cold tomato soup), cocido madrileño (Madrid stew), paella valenciana (rice with meat, seafood, and vegetables). Trip includes roundtrip transportation, all the tapas, drinks, and a complimentary recipe book.

ARCOS DE LA FRONTERA HISTORICAL

Sunday, Oct. 19, 8:30 a.m.-4 p.m. \$65 per adult / \$45 per child 2-14 years old / No cost for child under 2 years old. Must register by Oct. 15.

Lets travel to Arcos de la Frontera, a jaw-dropping white village perched on a towering cliff above the Guadalete River. Lose yourself in its maze of cobbled streets, and climb to the Castillo de los Arcos for sweeping views across the Andalusian countryside. It's a photo-worthy escape into old-world charm and dramatic landscapes. The trip includes roundtrip transportation, a guided visit of Arcos and lots of free time. Note: Shops are



SPANISH HORSE SHOW AND TAPAS IN CLUB HIPICO LAS LAGUNETAS IN ROTA

Saturday, Oct. 25, 11:30 a.m.-3 p.m. \$50 per person. All ages. Must register by Oct. 22. Watch the Spanish Andalucian pure bred horses perform on a beautiful afternoon and enjoy stunning, unique equestrian displays. Spanish typical tapas will be served. Trip includes roundtrip transportation, horse show,

MARBELLA AND PUERTO BANUS SELF-GUIDED

Saturday, Nov. 1, 7:30 a.m.-9 p.m. \$60 per person / No cost for child under 14 years old. Must register by Oct. 29. Marbellla and Puerto Banus are two great locations for a self-guided tour. Remnants of Marbella's history can be seen in the well-preserved architecture and streets of the Casco Antiguo. Puerto Banus is a cosmopolitan area, attracting the rich and famous and is full of restaurants and shops. The trip includes roundtrip transportation only.

DIFFICULTY LEVEL

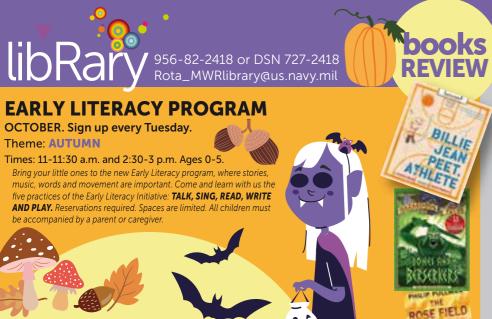
1:Low

3: Moderate -4 4: Moderate/High

5-6 6: Very High

1-2 2: Low/Moderate





BILLIE JEAN PEET. ATHLETE by Andrea Beaty

Billie Jean Peet is the middle kid in a house full of music. Her older sister sings, her younger sister drums, and even her mouse Pop knows how to bust a move. But when Billie Jean tries to join in, her notes come out sharp and flat.

BONES AND BERSERKERS

bv Nathan Hale

In this chilling collection, learn about the devil baby who terrorized New Jersey; a haunted well full of restless Confederate soldiers; a demon cat whose appearance has been an omen for some of the darkest days in American history; and a massacre by a murderous butler whose motives remain unknown to this day.

YOUNG ADULT

THE ROSE FIELD

by Philip Pullman

This story finds Lyra alone in a city haunted by daemons, searching for her beloved Pan. Malcolm Polstead isn't far behind, searching for Lyra. And they are both racing toward the desert of Karamakan, following the trail of roses said to hold the secret of Dust.

BEFORE

956-82-2112 or DSN 727-2112

WHAT WE CAN KNOW

by lan Mcewan

2014: At a dinner for close friends and colleagues, renowned poet Francis Blundy honors his wife's birthday by reading aloud a new poem dedicated to her, 'A Corona for Vivien'. Little does anyone gathered around the candlelit table know that for generations to come people will speculate about the message of this poem, a copy of which has never been found, and which remains an

BOWLING CENTER

ONGOING

30TH HALLOWEEN

Come and participate in the

Ages 5-12 years old.

BOOKMARK CHALLENGE

"NIGHTMARE BEFORE CHRISTMAS"

Do your wonderful Halloween themed bookmarks creations

at the library, black and white or color, no embellishments.

But if you wish to take home, ask library staff for the blank

Library will provide the coloring materials and bookmarks.

bookmarks and a registration form. Only to TEI card holders.

No preregistration required, just come by and do your magic.

Now-Thursday, Oct. 16, 4-6 p.m.

30th Halloween Bookmark Challenge.

Active Duty Members in Uniform Lunch Bowling

Mondays-Sundays, 11 a.m.-1 p.m. Free game of bowling, including shoe rental, for Military personnel in uniform with the purchase of a complete meal and drink.

Family Night

Mondays, 4-8 p.m.

Families up to 5 people per lane can bowl for one hour including shoes rental for \$15.

Couples Night

Tuesdays, 5-10 p.m.

Groups of up to four people can bowl for one hour including shoe rental and one pitcher for only \$35.

Barracks Bash and Fall League Night

Wednesdays, 6 p.m.

Barracks Bash - Challenge anyone to an hour of bowling for Ultimate Bragging rights. \$10 for 1 Hour. Head to Head. Shoe rental Included. Win 10x Head-to-Head Challenges and become the Pinz Barracks Challenge Champion.

Liberty's Bowling Night

Thursday, Oct. 9, 7-9 p.m.

Enjoy a free night of bowling and pizza with Liberty (free for single unaccompanied AD E-6 and below) On the second Thursday of each month sign in on the Liberty sign-up sheet at the front counter at Pinz.

Cosmic Bowling

Fridays and Saturdays, 7-11 p.m. Groups up to five people can bowl for \$23 per lane for one hour, including shoe rental.



child & youth

CYP CLOSURE

Monday, Oct. 13, due to Federal Holiday Columbus Day

Re-registration for CYP programs is due by Wednesday, Oct. 15

Sac (k-6th grade),

Blda. #41.

School Out

SAC full day:

Mondays, Oct. 6 and 13; Fridays, Oct. 24 and 31.

School Early Out

SAC half day:

Thursday, Oct. 30, 10:55 a.m.-6:30 p.m.

World Pasta Day

Friday, Oct. 17, 3:30 p.m.

Join us for a full program pasta celebration! Festivities start at 3:30 p.m. (after snack). Art | Cooking | Stem | Fitness.



• CdC (6 weeks -5 years) Bldg. #1963. Open: 6 a.m.-6:30 p.m.

Costume Workshop

Wednesdays, Oct. 22 and 29, 2:30-3:30 p.m. Need last minute ideas and possibly a DIY costumer for the harvest parade or any themed events during this season? Come to our workshop for fun and easy ideas of costumes for your kids!

Fall Harvest Parade

Friday, Oct. 31, 3:30 p.m.

Join us as we celebrate the season and show off our costumes at our fall harvest parade



from 6 a.m. to 6:30 p.m., Monday-Friday at the CDC for ages 6 weeks to 5 years, before and after care for Universal Pre-Kindergarten, and PSCD enrolled children. Come to the CDC for more information! At the SAC we provide before and after school care during the school year for Kindergarteners through 12 years of age and provide summer camps.

Please call us for more information.

CDC, SAC, YSF, TEEN AND SL **REGISTRATION AND SIGN-UP INFORMATION:**

- CYP Registration All documents are accessible via the QR code or via the MWR webpage (www.navymwrrota.com). Submit the forms for SAC/Youth/YSF registration to SAC, Bldg 41 or for the CDC at Bldg. 1963
- Use MCC.com for: Reserving a CDC/SAC FULL TIME and SAC CAMP for your child:
- Use CYPOnline.com for:
- Sign-ups for Teen/YSF programs (after registering for CYP)
- Reserving a CDC/SAC- Camp and Hourly Childcare space
- After registering for CYP, Sign-ups for Teen/YSF Programs You must already have a registration form on file with
- CYP to use the online system. Contact the CDC/SAC Program for help with your
- Family ID.

REMINDER: ANNUAL DOCUMENTATION OF INFLUENZA VACCINATION IS DUE NOV. 30



SCAN ME! ONLINE PORTAL



SCAN ME!

CHILD CARE

SATURDAY, OCT. 25 **REMEMBER TO** JOIN US AT THE TRUNK OR TREAT **ENCHANTED FOREST** TRAIN RIDE







child & youth

youth sports

956-82-4721 or DSN 727-4721

Rota_CYPYouthSports@us.navy.mil



Activity Sport	Sign Up Period	Registration Closes	Assessment Day	Session Dates	Ages	Cost
FLAG FOOTBALL	Now-Oct. 28	Oct. 28	Oct. 28	Oct. 28-Dec. 18	6-14 years old	\$60
START SMART FOOTBALL	Now-Oct. 28	Oct. 28	N/A	Nov. 4-Dec.9	3-5 years old	\$25

Are you a new Sports parent in the Rota community? Not a PAYS member yet?

If so, take advantage and enroll now for this year's Youth Sports season. Those not enrolled will not be allowed to assess in the Mandatory Assessment for team selection in the sports season. Anyone can be one, just go to http://www.nays.org/payonline or contact us to learn how.





school liaison office,

956-82-2425 or DSN 727-2425 SLPRota@us.navy.mil

Just Arrived to Rota and need to Register Your Child in DoDEA?

If you have a school age (K-12) student and need to register for school, please visit https://www.smore.com/vgemr for local

Homeschool Field Trip to Castillo de San Marcos

Friday, Oct. 3, 11 a.m. 5 euros per child / 12 euros per adult. Musts register by Oct. 1.

Homeschool families are invited to visit the Castillo de San Marcos in El Puerto de Santa Maria for a guided English speaking tour. Families are responsible for entrance fees and information will be posted on the Rota Area Homeschool Facebook page.

Unity Day. Bully Prevention Awareness

Wednesday, Oct. 22.

Wear and share orange on this day. Unity Day is an annual event occurring during National Bullying Prevention Month in October that promotes joining to create healthier communities through kindness, acceptance, and inclusion. Unity Day was started by PACER's National Bullying Prevention Center in 2011 and is now celebrated around the world!

College and Career Fair at DGF MHS

Thursday, Nov. 20, 1-3 p.m. in the DGF MHS gym. The School Liaison is seeking volunteers to represent their college or university or showcase a career field. For more information or to support, please contact School Liaison Office.

Interested in Spanish Schools?

Please contact the School Liaison to set up an appointment to learn about the registration process for Spanish Public School. SLP Scholarship Link: https://www.smore.com/36j0z

Tutor.Com for Military Families

Tutor.com for U.S. Military Families (Tutor.com/military), funded by the U.S. Department of Defense (DoD) and Coast Guard Mutual Assistance (CGMA), is a program that allows eligible students in Kindergarten through college to connect to a live tutor online at any time (24/7/361) for one-to-one help with homework, studying, test prep and more, at no cost.

Call the School Liaison **Before You Go**

If you are planning to PCS or change your duty station in the future, contact the School Liaison to help you with your transitions. Your School Liaison can also put you in contact with your gaining installation's SL.



Each month the Youth Center Staff

will recognize a Teen, "Youth of the

Month" and a Pre-Teen, "Amazing Kid of the Month. Youth Center staff members are on the lookout for youth who demonstrate positive participation,

character as Well as leadership in

Various Youth Center clubs or

day-to-day activities.

youth programs,

JAMS (ages 10-12) and GRAVITY (ages 13-18) 956-82-4625 or DSN 727-4625



Volunteerism, good sportsmanship and POWER HOUR HOMEWORK ASSISTANCE AND FREE CHOICE OF RECREATIONAL GAMES AND **ACTIVITIES**

Mondays

THE ARTS CLUBS: DIGITAL, FINE, **APPLIED AND PERFORMANCE ARTS**

Tuesdays

LIFE SKILLS CLUBS: MONEY MATTERS, STEM, 4H GARDENING

Wednesdays

LEADERSHIP AND SERVICES CLUBS: KEYSTONE, TORCH AND YOUTH OF THE YEAR

Thursdays

HEALTH AND WELLNESS CLUBS: WALKING, COOKING, HIIT AND HEALTHY HABITS

Fridays

FUN FRIDAYS-SPORTS AND RECREATION ACTIVITIES



Join the Torch and Keystone Clubs to PREPARE AND PRESENT A TRUNK

AT "TRUNK OR TREAT"

Decoration and preparation of a trunk will occur during the month of October and displayed to the community on Saturday, Oct. 25 at "Trunk or Treat" event.

STOP BY THE YOUTH CENT TO ENJOY THE ROTATION O VARIOUS CLUB ACTIVITIES EACH WEEK!





FFSC ROTA

2025 **OCTOBER**

DATES PROGRAMS

01-06

08

EFMP FAMILY TRAINING

VA DISABILITY COMPENSATION

COMMAND SPONSORSHIP

10-11:30 a.m.

FAP-SAPR CDO ACDO WATCHBILL тни 16

INTER-CULTURAL RELATIONS (ICR)

LINKED IN PROFILE AND JOB SEARCH 9 a m -1 n m

EFMP BOO BASH

MANAGING MY EDUCATION

TRANSITION WORKSHOP

07-28

Tuesdays, Oct 7, 14, 21 & 28, 9-10:30 a.m. INTERMEDIAL SPANISH CLASSES









The USO: EFMP Exceptional Frankly Member Program

Sexual Assault Helpline 646-407-871 24/7 NAVSTA Rota





INTER-CULTURAL RELATIONS (ICR)

EFMP TRAINING

CULTURALL FIELD TRIP HUELVA 7 a.m.-11 p.m.

11 a.m.-12:30 p.m.

11-14 ONE LOVE WORKSHOP

PRIVATE SECTOR RESUME WRITING WORKSHOP

10 STEPS TO A FEDERAL JOB VIRTUAL

FLEX PROGRAM MEETING

Oct. 20-22, 8:30 a.m.-3 p.m.

Oct. 23-24, 9 a.m.-4 p.m.

17/18/19

Oct. 27-31, 8 a.m.-4:30 p.m.

DOL EMPLOYMENT TRACK

BASIC SPANISH CLASSES

Tuesdays, Oct 7, 14, 21 & 28, 11 a.m.-12:30 p.m.





For any other class availability, please call us.

USE THIS CODE





ONGOING

PROGRAMS

FAMILY FUN DAYS Every Sunday, 1-8 p.m.

FREE USAA* RANGE BALLS

Seven days a week. 4:30-8 p.m.

\$17 unlimited golf. Carts are \$13 double

Present your hotel key at the golf shop and save \$2 off your green fees (green fees are

based on rank) and save \$2 off your cart fees. Note: Not valid with other programs.

*No U.S. Navy endorsement is implied

FOR US ACTIVE DUTY

Tuesdays and Thursdays,

TWILIGHT SPECIAL

rider or \$15 single rider.

KEY GOLF SPECIAL

LIBERTY GOLF DAY Sunday, Oct. 26, 1-8 p.m..

Are you PCSing or TDY to Rota?

4:30-6 p.m.

MWR

CHAMPIONSHIP

Tournament

SATURDAY AND SUNDAY,

OCT. 4 & 5

9 a.m. tee times each day. \$30 plus green fees.

(100% of the entry fee is returned to the prize fund as gift certificates). FORMAT: Individual Net Stroke Play (USGA HDCP required)

FOR MORE INFORMATION

PLEASE CALL 956-82-2260 OR DSN 727-2260



FUN 4 PERSON SCRAMBLE GOLF TOURNAMENT FRIDAY,

OCT. 10

Noon shotgun start. \$20 plus green fees. (100% of the entry fee is returned to the prize fund as gift certificates).



4 PERSON SCRAMBLE TOURNAMENT

SATURDAY,

OCT. 25

9 a.m. shotgun start. \$20 plus green fees. (100% of the entry fee is returned to the prize fund as gift certificates).

On Sixth Hole players will draw a poker chip out of a small bag. 3 Poker chips have tricks and 3 poker chips have treats that the team





Hours: Monday-Friday, 8 a.m. - 4 p.m.



727-3232 (on base) and 956-82-3232 (off base)

Email: usn.rota.navstarotasp.mbx.ffsc@us.navy.mil

Located on the first floor of the Community Support Building #3293











BOO BASH

WHERE: FFSC COURTYARD

22 OCTOBER

EFMP FAMILIES

14:30 - 15:30

OPEN TO NAVSTA COMMUNITY

NO REGISTRATION REQUIRED

15:30 - 1730

ENJOY FOOD, TRICK-OR-

TREATING, GAMES, ACTIVITIES

AND MORE. COSTUMES

WELCOME, NOT REQUIRED.



















comMunity classes

956 82-2354 or DSN 727-2354

Rota_MWRcommunityclasses@us.navy.mil

Pre-Tumbling Lessons for Children

Ages 1-3 years old: Thursdays, 9:30-10:15 a.m.

\$45 per month.

Ages 4-5 years old: Wednesdays, 3:15-4:15 p.m.

Ages 6-7 years old:

Thursdays, 3:15-4:15 p.m.

Ages 8-9 years old:

Thursdays, 4:15-5:15 p.m.

Ages 10 years & older:

Thursdays, 5:15-6:15 p.m. \$50 per month.

Children will learn the basics of tumbling in a warm supportive environment. Classes will encourage age appropriate creativity, musicality and physicality. They will have fun with an emphasis on the foundations of tumbling.

Dance Lessons REN BALLET LESSONS

Time slots available

Mondays or Wednesdays, 4:30-5:30 p.m.

Wednesdays, 5:30-6:30 p.m.

joy of learning to dance to music.

Once per week: \$45/month

Dancers will have fun learning basic ballet positions, age appropriate stretching exercises and correct posture in a positive and creative environment. They will also have the opportunity to express themselves through the physical

Mondays, 5:30-6:30 p.m. Ages 4-9 years old. \$45 per month.

Wednesdays, 9:30-10:30 a.m.

\$50 per month. Adults 18 years and older.Classes located at Fitness Center.

Step into the shoes of a flamenco dancer with a lesson tailor-made for beginners. Master the basic body positions with your instructor and let the rhythm whisk you through the studio.

Thursdays, 7:15-8:15 p.m.

\$80 per month (one class per week)

Classes located at Fitness Center.

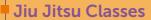
East Coast Swing is a popular dance that's very beginner friendly. Swing dancing has its roots in Lindy Hop but you might be familiar with terms like Jitterbug, Charleston, West Coast Swing, Shag and of course East Coast Swing.

Thursdays, 6:15-7:15 p.m.

\$80 per month (one class per week)

Classes located at Fitness Center. Learn the basic steps and techniques of Latin Ballroom dance styles. The classes are great fun and taught in a friendly and supportive atmosphere. These classes are perfect for those with little or no Latin dance experience

and also for those who



Ages 5-7 years old: Mondays, 4-5 p.m. or Wednesdays, 4:30-5:30 p.m.

Ages 8-14 years old: Mondays, 5-6 p.m. or Wednesdays, 5:30-6:30 p.m.

Once per week: \$45/month Twice per week: \$70/month

Ages 18 years and older: Mondays, 6-7 p.m. or **Wednesdays**, 6:30-7:30 p.m.

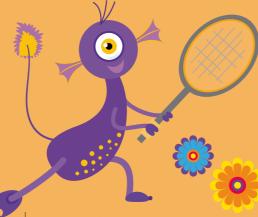
Once per week: \$50/month Twice per week: \$80/month

Brazilian Jiu Jitsu is a predominantly ground-based martial art, using the principals of leverage, angles, pressure and timing, as well as knowledge of the human anatomy, in order to achieve a non-violent submission of one's opponent.

Aikido Classes for Children Ages 5-7 years old:

Tuesdays, 4:30-5:15 p.m. \$45/month.

Aikido is a modern, non-aggressive Japanese martial art. The study of Aikido does not involve only techniques based purely in self-defense, but includes positive character development and ideals that people can incorporate into their daily lives!



Tennis Group Lessons Ages 4-6 years old:

Wednesdays, 3:30-4 p.m. Once per week: \$60/month Ages 7-11 years old:

Wednesdays and/or Fridays, 4-5 p.m. Ages 12-18 years old:

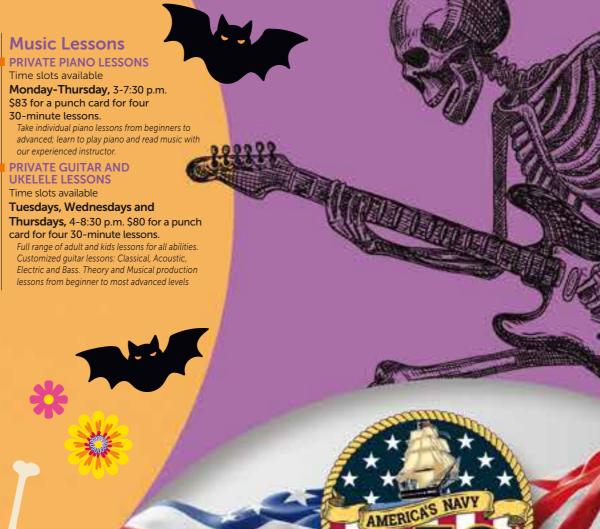
Wednesdays and/or Fridays, 5-6 p.m.

Once per week: \$80/month

Twice per week: \$125/month Also private lessons available:

\$160 per punch card (4 lessons).

Tennis is a fantastic sport to take up and a great way of getting outside. It's ideal for improving cardiovascular fitness and strength. Our coach is highly qualified and passionate about what he does. If you prefer private lessons, we can organize! Classes located at the



CELEBRATE NAVY'S BIRTHDAY WITH MWR

LIBERTY PROGRAM **NAVY'S 250th BIRTHDAY! DESIGN YOUR OWN CHALLENGE COIN DISPLAY**

Monday, Oct. 13, 1 p.m.

Wishing the happiest of birthdays to the navy on their special day! We will have cake and ice cream to celebrate. Also come and design a custom challenge coin display case.

Call MWR Liberty Program at 956 82-2527 or DSN 727-2527.

FITNESS CENTER NAVY 250th **BIRTHDAY PLANK**

Thursday, Oct. 9, 7 a.m.

At the Turf Field.

Are you ready for our 2:50 plank challenge in honor of the Navy's 250th birthday? Join us on the turf field to video and represent NAVSTA Rota holding strong for 2 minutes and 50 seconds to celebrate two and a half centuries of service.

Call MWR Fitness Center at 956 82-2565 or DSN 727-2565.

GOLF COURSE NAVY BIRTHDAY FUN 4 PERSON SCRAMBLE GOLF TOURNAMENT

Friday, Oct. 10, Noon shotgun start. \$20 plus green fees.

Call MWR Golf Course at 956 82-2260 or DSN 727-2260 to sign up.









✓ Seville Ghost Tour ?

Saturday, Oct. 18, 8 a.m.-8 p.m. ட

Fee: Cost of train ticket.

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Join the Liberty staff on a haunted tour of Seville all while learning how to get to the train station, how to book your ticket, and how to move around a new city! We will have a planning meeting **Friday**, **Oct. 11** to book our tickets and plan our day in Seville.

Horse Show With Tapas Δ WITH T&T

Saturday, Oct. 25, 8:30-11 p.m.

\$40 for single/unaccompanied E6 & below. Watch the Spanish Andalucian pure bred horses perform on a beautiful afternoon and enjoy stunning, unique equestrian displays. Spanish typical tapas will be served. Trip includes roundtrip transportation, horse show and some tapas.

SAILOR **ADVENTURE** QUFST



GUITAR LESSONS

Wednesdays, Oct. 15 and 29,

6 p.m. Free for single/unaccompanied E6 and below.

Have you ever thought about trying your hand at guitar? Come to start or continue your musical journey! Guitars are provided.

experience thrilling battles against fellow enthusiasts. It's the perfect opportunity to make new friends, share your love for the game, and create unforgettable memories.

DESIGN YOUR OWN CHALLENGE

special day! We will have cake and ice cream to celebrate. Also come and design a custom challenge coin display case.

Join us for a night of evil fun as you take on the role of a

SPOOKY MOVIE MARATHON

Monday, Oct. 20, 1-10 p.m.

Beetlejuice? Scream? Hocus Pocus? Whichever Halloween movie is your favorite, we have got you covered with an all dav movie marathon!

FALL PAINTBALL FRENZY

Friday, Oct. 24, 5:30-9:30 p.m. At La Plaza softball fields. Free. Must register your six-player team at the Liberty Center by Tuesday, Oct. 22. Whether you're experienced or excited to try something new, get ready to run, duck, roll, and slide for our spring Paintball Tournament! Comfortable gym attire is recommended. No experience required. All equipment and supplies will be provided. Space is limited to 10 teams.

GOLF DAY

Sunday, Oct. 26, 1-4 p.m. Free for single/unaccompanied E6 and below. Spend your Sunday afternoon relaxing in the sun. Liberty Golf Day includes green fees and club rentals. Liberty patrons need to check in with the front desk at the Pro Shop before 1 p.m.

DOGGIE DATE RAWL NIGHT

Monday, Oct. 27, 5:30 p.m.

Pamper a RAWL pup and uplift your spirits at Doggie Date Night, a tail-wagging event for mental health awareness! Join us for a night of furry companionship, laughter, and love – because sometimes, a canine cuddle is the best therapy.

PUMPKIN CARVING

Thursday, Oct. 30, 7 p.m.

Let's see your skills with this fun and festive event happening today at the Liberty Center. Pumpkins and carving tools are provided.









AUTO INSURANCE

USAA knows these roads too.

USAA Auto Insurance can help protect you while driving abroad with policies and coverage you can trust. It even goes with you on leave to insurable locations.

And with offices across Europe, we're always here to help.

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