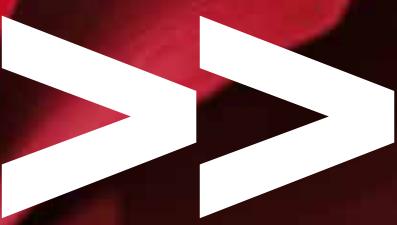


# ROTA MWR



MWR ROTA MONTHLY MAGAZINE  
MORALE, WELFARE AND RECREATION  
Fleet And Family Readiness  
U.S. Naval Station Rota, Spain  
[www.navymwrrota.com/](http://www.navymwrrota.com/)  
[www.facebook.com/RotaMWR](http://www.facebook.com/RotaMWR)

FEBRUARY 2026. NO.164

- Youth Tennis Fridays
- Sweethearts 5k Run
- Valentine's Day Bowling Special
- Special Valentine's Day Arabian Bath and Dinner

# EMPLOYEES OF THE MONTH



**DAVID CABEZA  
DE VACA,**  
Deployed Forces Support  
(DFS) Electronics Technician

Mr. David Cabeza de Vaca demonstrated exceptional technical expertise and mission focus throughout November 2025. He restored eight (8) inoperable pieces of afloat fitness equipment to full operational status and successfully installed twelve (12) new pieces of equipment, directly improving fitness readiness across FDNF-E commands. David also delivered specialized afloat recreation and fitness technical support to four visiting (4) ships, supporting approximately 1,300 visiting Sailors, in addition to providing regular pier-side support to homeported FDNF-E ships and crews. His consistent reliability, technical proficiency, and direct impact on Sailor quality of life and quality of service make him highly deserving of Rota MWR's November 2025 Employee of the Month recognition.

**CHRISTINA BREWER**  
Liberty Recreation Assistant

Ms. Christina Brewer delivered outstanding performance and visible leadership throughout December 2025 in direct support of Liberty-eligible Sailors. She assisted with the programming and execution of 23 Liberty programs, positively impacting nearly 400 single and geographical bachelor Sailors. Christina also served as the installation event MC for Winter Wonderland, supporting an audience of over 4,000 attendees, and represented Rota MWR during two live radio broadcasts and multiple galley outreach events. By volunteering to work all federal holidays in December, she ensured uninterrupted Liberty support and demonstrated exceptional dedication to Sailor morale and quality of life to over 410 Liberty Center patrons during the month of December. Her consistent reliability, technical proficiency, and direct impact on Sailor quality of life and quality of service make her highly deserving of Rota MWR's December 2025 Employee of the Month recognition.



NOVEMBER 2025

**MWR NAVSTA ROTA, SPAIN**  
PSC 819 BOX 14 / FPO, AE 09645  
Tel: 011 (34) 956-82-1517  
Tel (On Base): 727-1517

Thomas A. Kubalewski,  
Fleet Readiness Director  
727-2326

Fabiola Mundo,  
Support Service Director  
727-1505

Manny Manlogon,  
Food Service Officer  
727-1407

Christina Rodriguez,  
CYP Director  
727-2458

Doug Hasselbring,  
Community Recreation Director  
727-1410

Cody Butler,  
Fitness Director  
727-3264

Sara Fine,  
Business Operations Director  
727-1505

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Information subject to change.

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**vamos>>** is published monthly, with a circulation of 1,800 by MWR Rota, Spain.

# MWR

## CYP

### CDC, 727-1100

Monday-Friday, 6 a.m.-6:30 p.m.  
Saturday, Sunday and  
U.S. Holidays, Closed

### SAC, 727-2839

Monday-Friday, 6 a.m.-6:30 p.m.  
Saturday, Sunday and  
U.S. Holidays, Closed

### Youth Center: Jams and Gravity, 727-4625

Monday, Tuesday, Thursday  
and Friday, 2:35-6:30 p.m.  
Wednesday, 1:35-6:30 p.m.  
Saturday, Sunday and  
U.S. Holidays, Closed

### Youth Sports, 727-4721

Monday-Friday, 9:30 a.m.-6:30 p.m.  
Saturday, Sunday and  
U.S. Holidays, Closed

## RECREATION

### Aquatics Center, 727-2129

Monday-Friday, 6 a.m.-7 p.m.  
Saturday and Sunday, Closed  
U.S. Holidays, 9 a.m.-5 p.m.

### Community Classes, 727-2354

**Fitness Center, 727-2565**  
Monday-Thursday, 5 a.m.-9 p.m.  
Friday, 5 a.m.-8 p.m.  
Saturday, Sunday and  
U.S. Holidays, 8 a.m.-8 p.m.  
24 hours unmanned fitness access  
available for registered patrons.

### Golf, 727-2260

Daily, 9 a.m.-5 p.m.

### Housing Pool, 727-4882

Closed for the season

### Liberty, 727-2527

Daily, 1-10 p.m.

### Library, 727-2418

Monday, Wednesday and Friday,  
9 a.m.-6 p.m.  
Tuesday and Thursday, 9 a.m.-7 p.m.  
Saturday, Closed

### Sunday and U.S. Holidays, 9 a.m.-2 p.m.

### Outdoor Recreation and Tickets & Travel, 727-3101

Monday-Friday and  
U.S. Holidays, 10 a.m.-6 p.m.  
Saturday and Sunday, Closed

## DINING AND ENTERTAINMENT

### Gourmet Bean

Fleet Landing  
Monday-Friday, 7:30 a.m.-2 p.m.  
Saturday and Sunday, Closed

### Library Cafe

Monday-Friday, 7:30 a.m.-2 p.m.  
Saturday and Sunday, Closed

### EL PATIO

**Bombers Fresh Mex,**  
**727-3712**  
Monday-Friday, 10 a.m.-7 p.m.  
Saturday, Sunday, Closed

### The Tower Pub, 727-3712

Monday-Friday, 4-11 p.m.  
(last order 10:30 p.m.)  
Saturday-Sunday, Noon-7 p.m.  
(last food order 6:30 p.m.)

### FLIX, 727-3709

### Indoor Theaters

Wednesday-Sunday.  
Check [navymwrrota.com](http://navymwrrota.com) for  
movie times and schedule.

### Drive-in

Check [navymwrrota.com](http://navymwrrota.com) for  
movie times and schedule.

### Pinz, 727-2112

Sunday-Thursday, 11 a.m.-10 p.m.  
Friday and Saturday, 11 a.m.-11 p.m.

### Pinz American Cafe

Sunday-Thursday, 11 a.m.-9 p.m.  
Friday and Saturday, 11 a.m.-10 p.m.

### LA PLAZA, 727-6323

**Champion's Bar**  
Wednesday-Sunday, 4-11 p.m.  
Monday and Tuesday, Closed

### Pizza Villa, 727-3212

Daily, 11 a.m.-10 p.m.

### MWR Admin/Support Services, 727-1517

Monday-Friday, 7:30 a.m.-4 p.m.

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### MARKETING OFFICE

Amber Courtney-Duncan,  
Marketing Director  
727-1515

### SOCIAL CONTACT

[www.navymwrrota.com](http://www.navymwrrota.com)  
[www.facebook.com/RotaMWR](http://www.facebook.com/RotaMWR)

### PHONE CODE

Commercial, 956-82-XXXX  
DSN, 727-XXXX



# SPECIAL EVENTS

956 82-2527 or DSN 727-2527  
Rota\_MWRSpecialEvents@us.navy.mil

### TRIVIA NIGHT

Thursday, Feb. 19, 5 p.m. at la Plaza.

Free admission. No registration required.

All ages.

Test your knowledge, challenge your friends, and enjoy a fun-filled Trivia night where every round brings new chances to shine! Fun vibes, great company... and yes, prizes await! Food and beverages available for purchase. Open to DoD ID cardholders only.

### BOARD GAME SATURDAY

Saturday, Feb. 21, 4-10 p.m. at la Plaza.

All ages.

Bring your favorite board games to share and dive into friendly competition with fellow game lovers. It's the perfect chance to play, connect, and unwind—plus, you could win exciting prizes! Food and beverages available for purchase. Free admission. Open to DoD ID cardholders only.

### WHERE IS CANDELITA?

**Candelita is hiding somewhere in our VAMOS Magazine!** Look closely and explore every nook and cranny of the pages. THINK YOU'VE FOUND HER? Be the first person to tell us the correct location and win a prize!

Email [Rota\\_MWRSpecialEvents@us.navy.mil](mailto:Rota_MWRSpecialEvents@us.navy.mil) to participate before the 5th. Open to U.S. DoD I.D. cardholders only – All ages.



Why I love living in Spain

WINNER  
SELECTED BY REACTIONS

### FACEBOOK COMMUNITY CONTEST!

February is all about love... so tell us in ONE short sentence:  
*"I love living in Spain because..."*

Feel free to add a photo to your comment:  
Food, tradition, places, and moments, anything you love!

One lucky winner will win a cultural trip to a beautiful Spanish city of their choice (courtesy of MWR Tickets and Travel).

### HOW TO PARTICIPATE

- Comment completing the sentence
- Optional: Include a photo
- One entry per person

Open to DoD ID cardholders only. All ages.



# TICKETS AND TRAVEL

vamos>> MWR ROTAMONTHLY MAGAZINE, FEBRUARY 2026  
956-82-3101 or DSN 727-3101  
Rota\_MWRTicketsonline@us.navy.mil  
Rota\_MWRTicketstravel@us.navy.mil  
Trips are open to U.S. DoD I.D. cardholders only.  
Registration is required.

## BODEGA TOUR AND FLAMENCO SHOW WITH TAPAS

**Saturday, Feb. 7, 6-11 p.m.**

\$120 per person. Ages 18 years and older.

Must register by Feb. 4.

Discover the soul of Andalusia through an immersive evening of sherry wine, flamenco, and cuisine. Enjoy a guided bodega tour and tasting, followed by an authentic flamenco performance paired with tapas-style dining. A rich cultural experience blending music, movement, and local flavor. **Trip includes roundtrip transportation, wine tour and tasting, flamenco show and dinner tapas style.**

## CARNIVAL PARADE IN CADIZ

**Sunday, Feb. 15, 1-9:45 p.m.**

\$35 per person / No cost for child under 14 years old.

Must register by Feb. 11.

You don't want to miss this! Experience one of Spain's most iconic celebrations as Cádiz comes alive with colorful floats, vibrant music, and thousands of costumed locals filling the historic streets. This high-energy parade showcases the humor, creativity, and festive spirit that make Cádiz Carnival unforgettable. **Trip includes roundtrip transportation only.**

## MALAGA HISTORICAL TOUR

**Saturday, Feb. 21, 7 a.m.-9 p.m.**

\$90 per adult / \$55 per child 2-14 years old / No cost for child under 2 years old. Must register by Feb. 18.

The city of Malaga is the second-largest city of Andalucía and lies along the Costa Del Sol. Famous for the "pasas" (raisins), Malaga is also well known for its superb wines. This historical tour will take you to the cathedral, Castle of Alcazaba, the harbor area, the local market and the location where Picasso was born. **Trip includes roundtrip transportation, local guide, entrance to a monument and free time to shop and enjoy the local food and wine.**

## CORDOBA SELF-GUIDED

**Saturday, Feb. 28, 7 a.m.-8:30 p.m.**

\$45 per person / No cost for child under 14 years old. Must register by Feb. 25.

Join Tickets and Travel to see La Mezquita, a formerly mosque consisting of several arches, over a hundred columns and is said to be the third largest place of worship in the world. Cordoba has many other historical and cultural sites that one can see and enjoy. In this city, you can also taste some excellent tapas and spend time for personal shopping. **The trip includes roundtrip transportation only.**

## SEVILLA SELF-GUIDED

**Saturday, Mar. 7, 7:30 a.m.-6:30 p.m.**

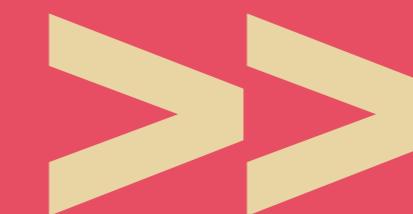
\$60 per person / No cost for child under 14 years old. Must register by Mar. 4.

Let's explore Sevilla! This city is the capital of Andalucía where one can visit the 3rd largest Gothic Cathedral in the world and enjoy views of the city from the top of the famous La Giralda Minaret. Right across from the Cathedral is the Alcázar, a 14th century palace built in a Moorish style which some say is comparable to the Alhambra in Granada. The city is known for its many tapas bars, so even without the sites, you are sure to have a pleasant day just walking and shopping your way through the winding streets of the Triana Quarter in the old part of the city. **The price includes roundtrip transportation only.**

## SOCcer GAME BETIS VS. REAL MADRID

**April 18 or 19.** Price: \$335. Official date and time to be announced closer to the match. All sales are final.

**Trip includes game ticket, roundtrip transportation, complimentary snack box at halftime.**



## SPECIAL VALENTINE'S DAY ARABIAN BATH AND DINNER

**Saturday, Feb. 14, 5:30-11 p.m.**

\$165 per person. Ages 18 years and older. Must register by Feb. 11.

Escape into an evening of relaxation and romance at the Hammam Andalusí Arab Baths. Unwind with a traditional hammam experience and aromatherapy massage, then enjoy an elegant full-course dinner with beverages in a serene setting. A refined Valentine's experience designed to indulge the senses. Spots are limited. **Trip includes roundtrip transportation, full-course dinner and complete hammam bath with massage.**

## HIKING AT GRAZALEMA NATURAL PARK

**Saturday, Feb. 7, 7 a.m.-6 p.m.**

\$45 per person. Must register by Feb. 4.

The Grazalema Park is situated in the north east corner of Cadiz province and spills into the north west of Malaga province. The parklands northern border is the Zahara and El Gastor reservoir which through the summer is a remarkable shade of blue. The area is captivating as so much of it is accessible and can easily be explored with new wonders on every turn. There are many footpaths where one can view the diverse habitats such as a shaded riverside, high exposed mountain peak or vertical cliffs that are home to nesting raptors. **Trip includes roundtrip transportation and expert guide. No experience required.**

## GRANADA SKI AND SNOWBOARD TRIPS

**4 DAYS**

**Friday-Monday, Feb. 13-16.**

Departure: 3 p.m. Return: 8 p.m.

Price: \$450. Must register by Feb. 6.

**3 DAYS**

**Friday-Sunday, Mar. 6-8.**

Departure: 3 p.m. Return: 8 p.m.

Price: \$325. Must register by Feb. 27.

The Sierra Nevada Ski and Mountain Resort is Europe's southernmost ski resort! With sunshine most of the winter and views at an altitude of over 10,000 ft., you'll find 105 km of runs with varying difficulties to satisfy all levels. "Sierra Nevada" translates to "Snowy Mountain Range" and is set in the Penibetic range - roughly 32 km from Granada. Enjoy the cross-country skiing circuit, snow-park or even additional recreational areas for non-skiers. Night skiing is available on Saturdays, weather permitting. **Trip includes roundtrip transportation by van, lodging in shared apartments and snowboard or ski equipment (board/skis, boots and helmet).** Information on Lodging: Apartments are rustic hostel accommodation for 5-7 people to share and one bathroom. The apartment might be equipped with a kitchen stovetop, microwave, refrigerator, plates, utensils, silverware, etc. Wi-Fi is available.

## VIA FERRATA IN GRAZALEMA NATURAL PARK

**Saturday, Feb. 21, 7 a.m.-7 p.m.**

\$85 per person. Must register by Feb. 18.

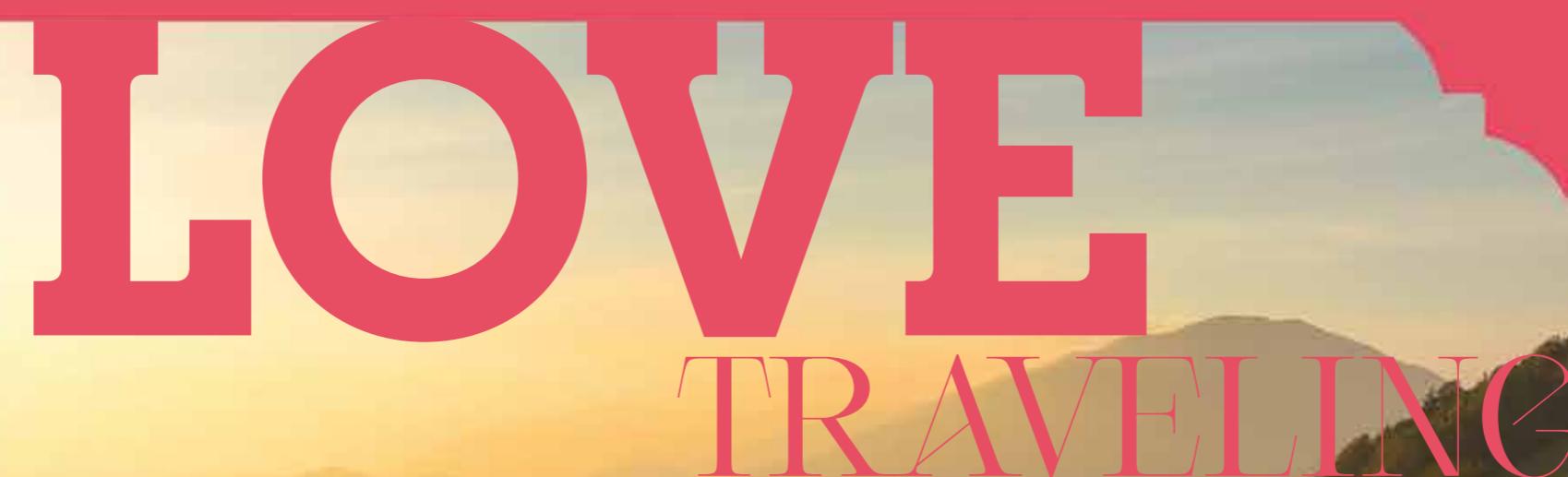
Check this off your bucket list! The Via Ferrata (Italian for "iron way") is a mountain route equipped with steel cables, ladders, and other fixed anchors i.e. wooden walkways and suspended bridges. The artificial equipment makes the route feasible- even to an inexperienced climber. It will allow you to hike on ledges, climb vertical walls, and reach the peaks of mountains! Running along ledges, up vertical rock walls and across exposed mountainsides, the artificial equipment makes the peaks accessible to everyone with a good level of fitness. **Trip includes roundtrip transportation, expert guide and gear.**

## MOUNTAIN BIKE RIDE IN TARIFA

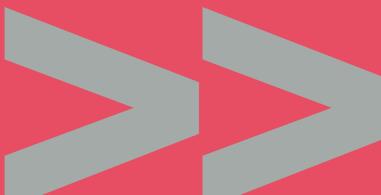
**Saturday, Feb. 28, 7 a.m.-5 p.m.**

\$50 per person. Must register by Feb. 25.

Join MWR Outdoor Recreation for this epic mountain bike adventure! Ride along a forested path that connects Puerto del Cabrito to Puerto del Bueyo with spectacular views across the Strait of Gibraltar to North Africa. The first section ascends at a six percent slope for three kilometers to a height of almost 500 meters above sea level and continues to El Bueyo, where the journey is mostly downhill. Distance: 20 km. **Trip includes roundtrip transportation, expert guide, bike and gear.**



LOVE TRAVELING



OUTDOOR REC

# LIBRARY



## DON'T TAKE RISKS WITH YOUR TAXES



Tax Office at Navy Exchange  
US & Spanish Tax Services  
e-Filing - ITIN Applications  
Authorized IRS POA for Deployments  
Free Tax Consultation

Phone: +34 676 175 622 · rota@ustaxconsultants.es  
www.ustaxconsultants.es

No official U.S. Navy endorsement is implied

## STEAM: L.E.A.P INTO BOOKS! LITERACY, EXPLORATION, ART & PLAY

L.E.A.P into Books! Is an innovative educational program that bridges the love of the reading with the excitement of hands-on learning. Designed for children aged 6 to 12, this initiative offers monthly STEAM workshops inspired by books selected by Rota MWR Library. Each Workshop becomes an immersive experience where literature meets science, technology, engineering, art, and mathematics- all through play, creativity and exploration.

### SCIENCE & EXPERIMENTS

CHEMICAL REACTIONS, CIRCUITS WITH FRUITS, SIMPLE BIOLOGY EXPERIMENTS.

*Ages 6-9 years and older:*  
Tuesday, Feb. 17, 4-6 p.m.

*Ages 10-12 years and older:*  
Thursday, Feb. 19, 4-6 p.m.  
Sign up is required.  
Open to U.S. DoD ID card holders only.



## CROSS COUNTRY 4 PERSON SCRAMBLE TOURNAMENT

Course is 100% set up fun and different

SATURDAY **FEB. 7**

9 a.m. shotgun start.  
\$20 plus green fees.

## ONGOING PROGRAMS

### FAMILY FUN DAYS

Every Sunday, Noon-5 p.m.

### FREE USAA\* RANGE BALLS FOR US ACTIVE DUTY MILITARY

Tuesdays and Thursdays,  
3:30-5 p.m.  
PGA golf tips by appointment only on Thursdays.



### TWILIGHT SPECIAL

Seven days a week. 2:30-5 p.m.  
\$17 unlimited golf. Carts are \$13 double rider or \$15 single rider.

### KEY GOLF SPECIAL

Are you PCSing or TDY to Rota?  
Present your hotel key at the golf shop and save \$2 off your green fees (green fees are based on rank) and save \$2 off your cart fees. Note: Not valid with other programs.

### LIBERTY GOLF DAY

Sunday, Feb. 22, Noon-5 p.m.

\*No U.S. Navy endorsement is implied

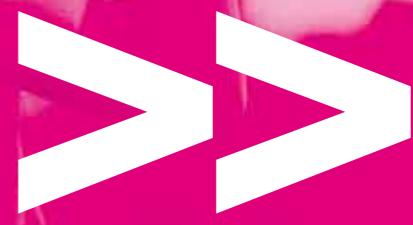


USE THIS CODE  
TO REGISTER  
FOR THE NEXT  
TOURNAMENT



# GOLF

VAMOS>> MWR ROTA MONTHLY MAGAZINE, FEBRUARY 2026  
956-82-2260 or DSN 727-2260



## 2 PERSON 4 BALL SCRAMBLE TOURNAMENT

Team takes the best shot  
of the 4 balls hit on every shot

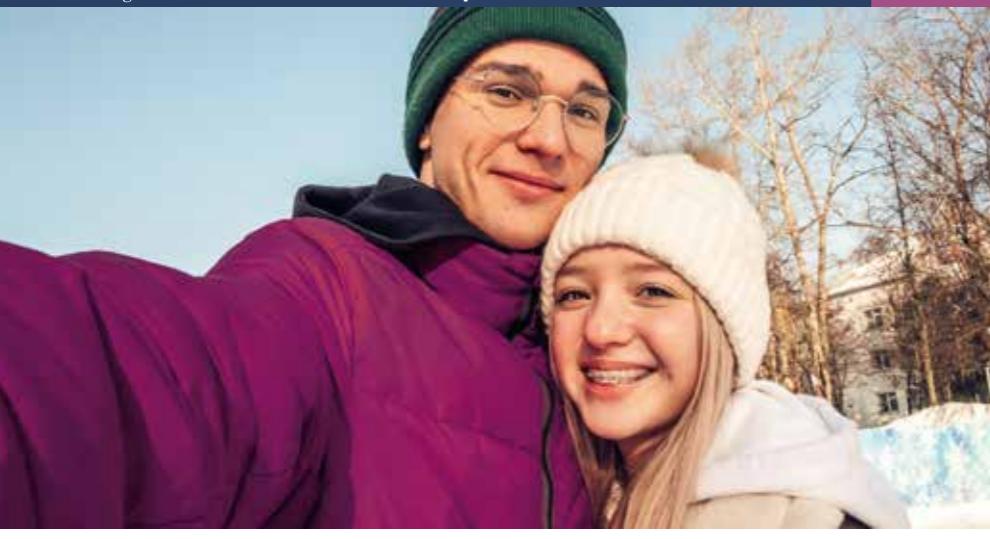
SATURDAY **FEB. 21**

9 a.m. shotgun start.  
\$20 plus green fees.

## PGA JUNIOR GOLF CLINICS

Coming March 3.

\$155 per student.  
These lessons are part of a new year-round program taught by a certified PGA instructor! Divided into monthly sessions, the objective is creating and improving junior golfers to a level where they can compete in a fun and friendly manner. Registration is on a first-come basis and can be completed by calling or visiting the Rota Golf Pro Shop.



## FEBRUARY IS TEEN DATING VIOLENCE AWARENESS & PREVENTION MONTH

### Preventing violence is key to promoting teen and adult health.

Violence can affect teens' health and increase the chance of developing cancer, heart disease, or other health problems in adulthood. Collaboration among multiple sectors can ensure the effective implementation of strategies to help youth and communities be safe and thrive.

### SPREAD THE WORD!

#### The Way Forward

##### Parents and Families can:

- Learn about links between teens' experiences with violence and their health.
- Talk with teens about violence and ask how you can support them.
- Reach out to local programs to learn effective parenting practices.

##### Communities can:

- Make teen mentoring, apprenticeship and leadership programs more available.
- Collaborate with health departments and other partners to promote healthy and safe neighborhoods.
- Make use of effective social and economic policies that reduce violence.

## FINANCIAL WELL-BEING ASSESSMENT

You go to the doctor to check on your physical health, but when is the last time you checked on your financial health?

The Personal Finance Management program is designed to increase personal, family and operational readiness by focusing on preventative measures to avoid financial hardships, support financial stability and build wealth.

The Financial Well-Being Assessment can help you conduct a "checkup" on your financial health with the help of our Financial Counselors. No matter where you are in your military career, taking time to assess your financial well-being can provide insights into whether you're on the right path or have some areas to improve. All of your answers are anonymous and the assessment does not track any data.



## DATES PROGRAMS

01/02/03

04

FEDERAL RESUME WRITING  
9-11:30 a.m.  
EFMP FAMILY TRAINING  
10-11 a.m.  
COMMAND SPONSORSHIP  
Noon-1:30 p.m.  
EFMP POC TRAINING  
2-3 p.m.

05

MBMF LIVING CORE VALUES  
11 a.m.-12:30 p.m.

06

VA HOME LOAN  
11 a.m.-12:30 p.m.

07/08

INTER-CULTURAL RELATIONS (ICR)  
Feb. 9-11, 8:30 a.m.-3 p.m.

09

TRANSITION WORKSHOP  
Feb. 9-13, 8:30 a.m.-4:30 p.m.

10

ONE LOVE WORKSHOP  
9-11 a.m.  
PRIVATE SECTOR RESUME  
10 a.m.-Noon

11

ONE DAY ICR BRIEF  
7:45 a.m.-4 p.m.

13/14/15

FIELD TRIP "CULTURAL TOUR  
SANLUCAR DE BARRAMEDA"  
8:30 a.m.-3:30 p.m.

16

INTER-CULTURAL RELATIONS (ICR)  
Feb. 17-19, 8:30 a.m.-3 p.m.

17

MBMF FLEXIBILITY  
11 a.m.-12:30 p.m.

18

CAREER & CREDENTIAL EXPLORATION  
(C2E)-PREVIOUSLY CEPT  
Feb. 19-20, 8:30 a.m.-4:30 p.m.

19

RETIREMENT TRANSITION WORKSHOP  
Feb. 23-27, 8:30 a.m.-4:30 p.m.

21/22

23

24-28

2026  
FEBRUARY

vamos>> MWR ROTA MONTHLY MAGAZINE, FEBRUARY 2026

## CYP CLOSURE

Friday, Feb. 13,  
for In Service Training Day  
Monday, Feb. 16,  
due to Presidents' Day

## CHILD CARE AVAILABILITY

Childcare is available for all eligible personnel from 6 a.m. to 6:30 p.m., Monday-Friday at the CDC for ages 6 weeks to 5 years, before and after care for Universal Pre-Kindergarten, and PSCD enrolled children. Come to the CDC for more information! At the SAC we provide before and after school care during the school year for Kindergarteners through 12 years of age and provide summer camps. Please call us for more information.

**CDC**

## FRIENDSHIP CARD DAY

Wednesday, Feb. 11, 3:30 p.m.  
Please join us to create friendship cards with your child  
This activity supports social-emotional learning and  
celebrates kindness and connection among our children.

## PARENTING SKILLS: AGE APPROPRIATE EXPECTATIONS AND ROUTINES

Wednesday, March 18,

7-8 a.m. at CDC.  
Have questions about what is age appropriate? We can answer that!  
Come explore what you can expect with children from birth to five years of age and what routines are supportive to their development.

(k-6th grade)  
956-82-2839 or DSN 727-2839  
Bldg. #41  
Rota\_CYPSAC@us.navy.mil

## SCHOOL DAYS OFF

Full SAC Days Hours (Non Holiday), 6 a.m.-6:30 p.m.  
Monday, Feb. 9: Teacher Training Day  
Friday, Feb. 13: School Holiday

Family Participation Activities:

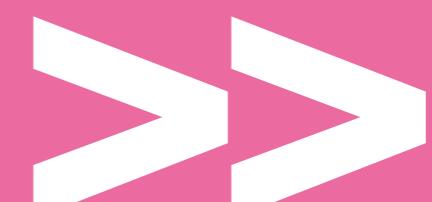
## SCIENCE DAY

Wednesday, Feb. 11.  
Trivia and STEM activity.

## I LOVE MY KID" PHOTO BOOTH AND INTERNATIONAL BOOK GIVING DAY

Friday, Feb. 13.  
All day "I love my Kid" Photo Booth and  
International Book Giving Day! Come take a picture  
and take a book!

Be sure to check the SAC  
Newsletter for info on these Special  
in-program events.



(6 weeks -5 years)  
956-82-1100 or DSN 727-1100  
Rota\_CYPCDC@us.navy.mil  
Bldg. #1963. Open: 6 a.m.-6:30 p.m.

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JAMS (ages 10-12)  
and GRAVITY (ages 13-18)  
956-82-4625 or DSN 727-4625  
Rota\_CYPYouth@us.navy.mil

# CHILD & YOUTH

Weekly Clubs meet on  
Mondays, Tuesdays, Thursdays  
and Fridays at 3:30 p.m.  
and Wednesdays at 2:15 p.m.

**POWER HOUR HOMEWORK  
ASSISTANCE AND FREE  
CHOICE OF RECREATIONAL  
GAMES AND ACTIVITIES**

## DAILY ACTIVITIES

**Mondays**

**THE ARTS CLUBS: DIGITAL,  
FINE, APPLIED AND  
PERFORMANCE ARTS**

**Tuesdays**

**LIFE SKILLS CLUBS: MONEY  
MATTERS, STEM, 4H GARDENING**

**Wednesdays**

**LEADERSHIP AND SERVICES  
CLUBS: KEYSTONE, TORCH AND  
YOUTH OF THE YEAR**

**Thursdays**

**HEALTH AND WELLNESS CLUBS:  
WALKING, COOKING, HIIT AND  
HEALTHY HABITS**

**Fridays**

**FUN FRIDAYS-SPORTS AND  
RECREATION ACTIVITIES**

**STOP BY THE YOUTH CENTER TO ENJOY  
THE ROTATION OF VARIOUS CLUB ACTIVITIES  
EACH WEEK!**

### **YOUTH OF THE MONTH**

Each month the Youth Center Staff will recognize a Teen, "Youth of the Month" and a Pre-Teen, "Amazing Kid of the Month". Youth Center staff members are on the lookout for youth who demonstrate positive participation, volunteerism, good sportsmanship and character as well as leadership in various Youth Center clubs or day-to-day activities.

### **JAMS LATE NIGHT AT THE YOUTH CENTER!**

**Friday, Feb. 27, 7-9 p.m.**  
Ages 10-12 years old.

Youth, ages 10 to 12, come enjoy a variety of games and snacks with your friends. The event is free but spaces are limited and a permission slip is required to be turned in by Wednesday, Feb. 25 to participate.

### **ARTISTS NEEDED!**

**Mondays in February.**

The Youth Center will be conducting art activities. Select pieces will be used as submissions to the Boys and Girls Clubs of America National Fine Arts Contest.

### **TEEN DATING VIOLENCE AWAWARENESS PRESENTATION**

**Wednesday, Feb. 11, 2-3:30 p.m.**

An expert from FFSC will educate youth and teens on the aspects of healthy and unhealthy relationships. An MFCL will also be available to answer parent questions.

# CHILD & YOUTH

## **YOUTH BASKETBALL SEASON**

CYP-online account needed. Contact CYP for assistance.

### **MANDATORY ASSESSMENT**

**Tuesday, Feb. 17, 5 p.m.**  
Ages 6-14 years old. DGF High School Gym.  
Please wear athletic attire with tennis shoes

### **COACHES TRAINING**

**Thursdays, Feb. 5, 5 p.m. Bldg 41.**  
Please email or call to register to attend trainings for locations.

### **COACHES CPR TRAINING**

**Thursday, Feb. 12, 9 a.m. Bldg 41.**

## **TENNIS FRIDAYS ARE BACK**

**Friday, Feb. 20-March 20, 4 p.m.**  
Ages 6-14 years old. \$50. Base tennis courts behind the SAC building.

Tennis is back! If you wanted your child to learn tennis, now is the time! Sign-ups are limited and once filled limited waitlist.

### **RUN LIKE ME**

**Friday, Feb. 20, 4 p.m. All ages.**  
Fitness Center field.

Special day of running fundamentals and fitness events.

### **YOUTH BASEBALL SEASON**

**Registration opens in March.**

# YOUTH SPORTS

956-82-4721 or DSN 727-4721

Rota\_CYPYouthSports@us.navy.mil

### **VOLUNTEER BASKETBALL AND BASEBALL COACHES AND OFFICIALS NEEDED FOR YOUTH SEASONS**

#### **Are you a new Sports parent in the Rota community? Not a PAYS member yet?**

If so, take advantage and enroll now for this year's Youth Sports season. Those not enrolled will not be allowed to assess in the Mandatory Assessment for team selection in the sports season. Anyone can be one, just go to <http://www.nays.org/payonline> or contact us to learn how.



**SCAN ME!**  
FOR REGISTRATION  
FORMS



**SCAN ME!**  
FOR MILITARY  
CHILD CARE



**SCAN ME!**  
ONLINE PORTAL



## **JUST ARRIVED TO ROTA AND NEED TO REGISTER YOUR CHILD IN DODEA?**

If you have a school age (K-12) student and need to register for school, please visit <https://www.smore.com/vgemr> for local education information.

## **HOMESCHOOL CASTILLO DE LUNA TOUR**

**Friday, Feb. 6, 11 a.m. Free.**  
For homeschool families. Please RSVP by noon on Feb. 4. Contact SLP for information.

## **F.E.E.T. (FRIENDS EXPLORING ESPAÑA TOGETHER) YOUTH SPONSORSHIP**

**Monday, Feb. 9, 9:30 a.m.-4 p.m. Free.**  
Must register by Feb. 5. For registered new youth grades 6-12.

An Orientation for new students to make sure the teens are informed about the many programs Rota has to offer. This will also include a trip to Cadiz. Space is limited.

## **HOMESCHOOL FINANCIAL EDUCATION WORKSHOPS**

**Wednesdays, Feb. 11 (grades K-5) and  
18 (grades 6-12), 10 a.m. At SAC building #41.**  
For homeschool families. Free.

RSVP with the School Liaison one day prior to each event! Partnership with Navy Federal Credit Union.

## **HOMESCHOOL BOWLING**

**Friday, Feb. 20, 11 a.m.-1 p.m. Free.**  
For homeschool families.

RSVP with the School Liaison by Feb. 19. Space is limited.

## **SPANISH SCHOOLS WORKSHOP**

**Tuesday, Feb. 24, 11 a.m.**  
School Age Care building #41.  
The School Liaison will host a Spanish Schools Workshop to help with annual registration for school year 2024-25. March is the registration month for the next SY. Contact SLORota@eu.navy.mil or call 727-2425 for more information.

## **HOMESCHOOL MEET & GREET**

**Friday, March 6, 11 a.m. at SAC.**  
See the Rota Area Homeschool Facebook page for more information.

## **SLP SCHOLARSHIP RESOURCE LINK**

<https://www.smore.com/36j0z>

# SCHOOL LIAISON OFFICE

956-82-2425 or DSN 727-2425  
SLPRota@us.navy.mil

## **CALL THE SCHOOL LIAISON BEFORE YOU GO**

If you are planning to PCS or change your duty station in the future, contact the School Liaison to help you with your transitions. Your School Liaison can also put you in contact with your gaining installation's SL.

IMPORTANT: Students must sign up prior to the month start. Once the month begins, they must enroll in the following one.

# COMMUNITY CLASSES

## PRE-TUMBLING LESSONS FOR CHILDREN

**Ages 1-3 years old:**  
Thursdays, 9:30-10:15 a.m.  
\$45 per month.

**Ages 4-5 years old:**  
Wednesdays, 3:15-4:15 p.m.

**Ages 6-7 years old:**  
Tuesdays, 3:30-4:30 p.m.

**Ages 8-9 years old:**  
Thursdays, 5-6 p.m.

**Ages 10 years & older:**  
Thursdays, 4-5 p.m.  
\$50 per month.

Children will learn the basics of tumbling in a warm supportive environment. Classes will encourage age appropriate creativity, musicality and physicality. They will have fun with an emphasis on the foundations of tumbling.

## JIU JITSU CLASSES

**Ages 5-7 years old:** Mondays, 4-5 p.m. or  
Wednesdays, 4:30-5:30 p.m.

**Ages 8-14 years old:** Mondays, 5-6 p.m. or  
Wednesdays, 5:30-6:30 p.m.  
Once per week: \$45/month  
Twice per week: \$70/month

**Ages 18 years and older:** Mondays, 6-7 p.m.  
or Wednesdays, 6:30-7:30 p.m.  
Once per week: \$50/month  
Twice per week: \$80/month

Brazilian Jiu Jitsu is a predominantly ground-based martial art, using the principals of leverage, angles, pressure and timing, as well as knowledge of the human anatomy, in order to achieve a non-violent submission of one's opponent.

## MUSIC LESSONS

### PRIVATE PIANO LESSONS

Time slots available  
**Monday-Friday, 3-7:30 p.m.**  
\$83 for a punch card for four 30-minute lessons.  
Take individual piano lessons from beginners to advanced; learn to play piano and read music with our experienced instructor.

### PRIVATE GUITAR AND UKULELE LESSONS

Time slots available  
**Tuesdays, Wednesdays and Thursdays, 4-8:30 p.m.** \$80 for a punch card for four 30-minute lessons.  
Full range of adult and kids lessons for all abilities. Customized guitar lessons: Classical, Acoustic, Electric and Bass. Theory and Musical production lessons from beginner to most advanced levels

# COMMUNITY CLASSES



## DANCE LESSONS

### CHILDREN BALLET LESSONS

Time slots available  
**Ages 3-5 years old:**  
Mondays or Wednesdays, 4:30-5:30 p.m.  
**Ages 6-10 years old:**  
Wednesdays, 5:30-6:30 p.m.  
Once per week: \$45/month  
Dancers will have fun learning basic ballet positions, age appropriate stretching exercises and correct posture in a positive and creative environment. They will also have the opportunity to express themselves through the physical joy of learning to dance to music.

### FLAMENCO KIDS

**Mondays, 5:30-6:30 p.m.**  
Ages 4-9 years old. \$45 per month.

### FLAMENCO LESSONS

**Wednesdays, 9:30-10:30 a.m.**  
\$50 per month. Adults 18 years and older. Classes located at Fitness Center.  
Step into the shoes of a flamenco dancer with a lesson tailor-made for beginners. Master the basic body positions with your instructor and let the rhythm whisk you through the studio.

### SWING DANCE CLASSES ADULTS (EAST COAST SWING/ JIVE/ LINDY HOP)

**Thursdays, 7:15-8:15 p.m.**  
\$80 per month (one class per week). Classes located at Fitness Center.

East Coast Swing is a popular dance that's very beginner friendly. Swing dancing has its roots in Lindy Hop but you might be familiar with terms like Jitterbug, Charleston, West Coast Swing, Shag and of course East Coast Swing.

### LATIN DANCE LESSONS ADULTS (SALSA, BACHATA, MERENGUE...)

**Thursdays, 6:15-7:15 p.m.**  
\$80 per month (one class per week). Classes located at Fitness Center.  
Learn the basic steps and techniques of Latin Ballroom dance styles. The classes are great fun and taught in a friendly and supportive atmosphere. These classes are perfect for those with little or no Latin dance experience and also for those who know some more!

## TENNIS GROUP LESSONS

**Ages 4-6 years old:**  
**Wednesdays, 3:30-4 p.m.**  
Once per week: \$60/month  
**Ages 7-11 years old:**  
**Wednesdays and/or Fridays, 4-5 p.m.**  
**Ages 12-18 years old:**  
**Wednesdays and/or Fridays, 5-6 p.m.**  
Once per week: \$80/month  
Twice per week: \$125/month  
Also **private lessons** available:  
\$160 per punch card (4 lessons).

Tennis is ideal for improving cardiovascular fitness and strength. Our coach is highly qualified and passionate about what he does. If you prefer private lessons, we can organize! Classes located at the Fitness Center.



**MWR Community Classes offer a range of different options to learn something new!**  
**To register, stop by Liberty front desk from 1-6 p.m. every day including weekends and decide on what you will learn next!**

# PINZ

## BOWLING CENTER



# Valentine's day

### BOWLING SPECIAL

SATURDAY  
**FEB. 14** | 3-10 p.m.

▶ WEAR RED AND BOWL  
TWO PEOPLE FOR TWO HOURS  
only **\$20**  
(shoes included)

▶ GROUPS UP TO FIVE PEOPLE  
BOWL FOR TWO HOURS  
only **\$30**  
(shoes included)

**SANGRIA  
PITCHER  
INCLUDED**

**ACTIVE DUTY MEMBERS IN UNIFORM  
LUNCH BOWLING**

**Mondays-Sundays, 11 a.m.-1 p.m.**  
Free game of bowling, including shoe rental, for  
Military personnel in uniform with the purchase of a  
complete meal and drink.

**FAMILY NIGHT**  
**Mondays, 4-8 p.m.**  
Families up to 5 people per lane can bowl for  
one hour including shoes rental for \$15.

**COUPLES NIGHT**  
**Tuesdays, 5-10 p.m.**  
Groups of up to four people can bowl for one hour  
including shoe rental and one pitcher for only \$35.

**BARRACKS CHALLENGE**  
**Wednesdays, 6 p.m.**  
Barracks Bash - Challenge anyone to an hour of Bowling  
for Ultimate Bragging rights. \$10 for 1 Hour. Head to Head  
Shoe rental Included. Win 10x Head-to-Head Challenges  
and become the Pinz Barracks Challenge Champion.

**LIBERTY'S BOWLING NIGHT**  
**Thursday, Feb. 12, 7-9 p.m.**  
Enjoy a free night of bowling and pizza with Liberty (free for  
single unaccompanied AD E-6 and below). On the second  
Thursday of each month sign in on the Liberty sign-up sheet  
at the front counter at Pinz.

**COSMIC BOWLING**  
**Fridays and Saturdays, 7-11 p.m.**  
Groups up to five people can bowl for \$23 per lane  
for one hour, including shoe rental.



**Saturday, Feb. 14, 7 p.m.**  
Open to everyone. Free admission.  
Snack bar available for  
food and beverage purchases.  
All movies will be family friendly.

Drive-In will OPEN the second Saturday of  
each month for a free showing!



**PV**  
PIZZA VILLA  
ROTA, SPAIN

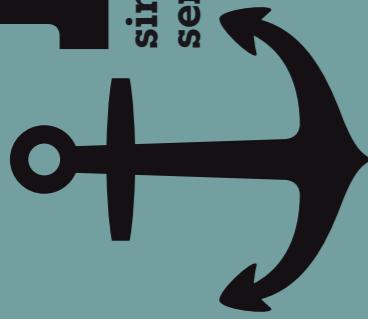
LIMITED TIME OFFER

# MEDITERRANEAN PIZZA

**White Sauce, Mozzarella Cheese, Feta Cheese, Spinach,  
Roasted Red Peppers, Red Onions, and Olives**

LA PLAZA | PIZZA VILLA | CHAMPIONS BAR | GOURMET BEAN CAFE | PINZ AMERICAN CAFE | BOMBERS FRESH MEX | TOWER PUB

# LIBERTY



single or unaccompanied  
servicemembers

## SAILOR ADVENTURE QUEST:

### AIKIDO/SELF DEFENSE

Tuesdays in February, Feb. 3, 6:15 p.m.

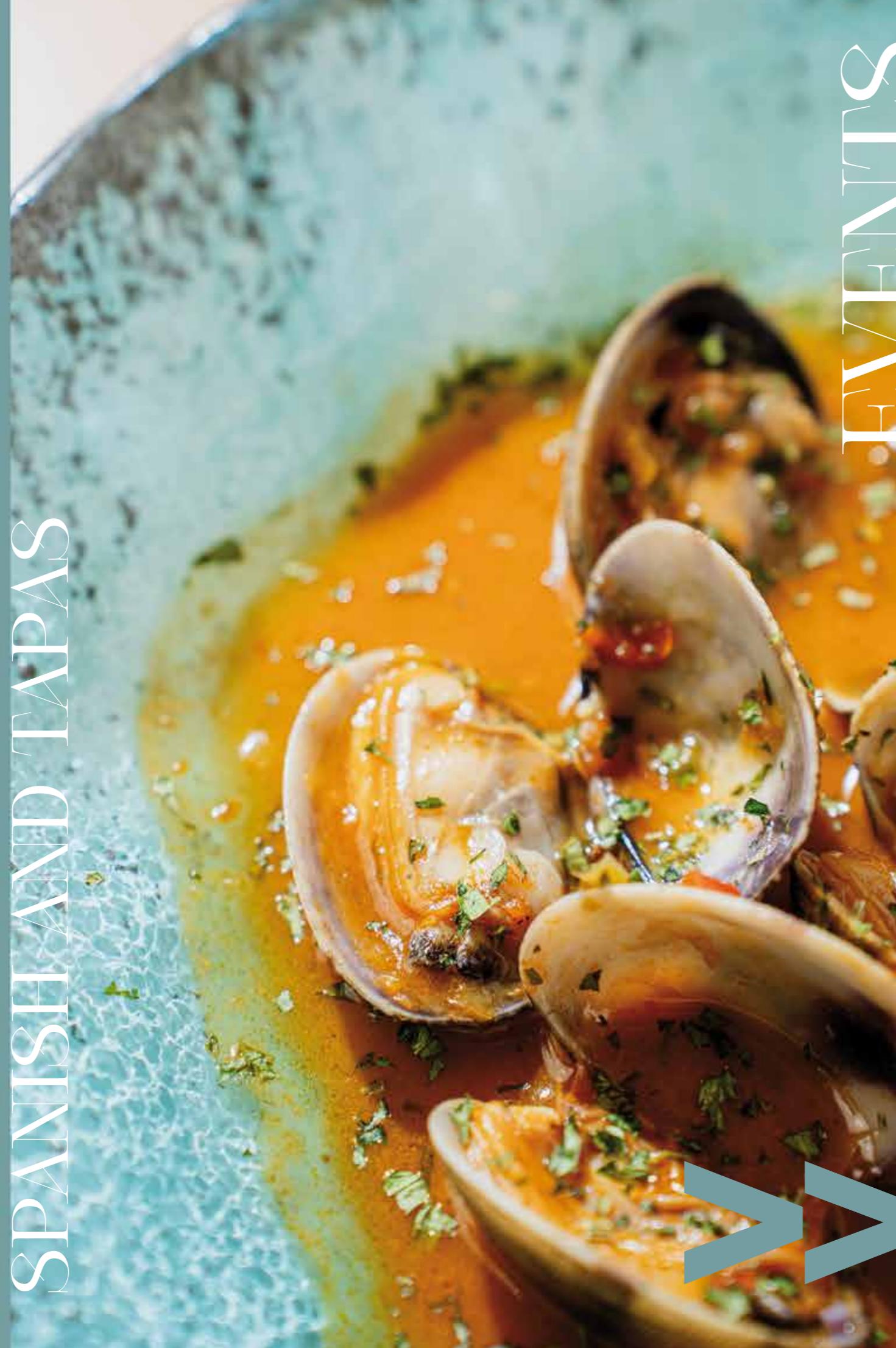
Join the Liberty Center for an Aikido-Based Self-Defense Course! Learn practical techniques rooted in the art of Aikido to help you stay balanced, confident, and prepared in any situation.

### GUITAR LESSONS

Wednesdays, Feb. 11 and 25, 6 p.m.

Have you ever thought about trying your hand at guitar? Come to start or continue your musical journey! Provided: Guitars.

## SPANISH AND TAPAS



vamos>> MWR ROTAMONTHLYMAGAZINE, JANUARY 2026  
956-82-2527 or DSN 727-2527  
Rota\_MWRLiberty@us.navy.mil

## LIBERTY EVENTS

### LIBRARY DAY

**Mondays in February, 7 p.m.**

It's Library Day at the Liberty Center! Dive into a world of library-inspired crafts and activities. Grab your copy of the Liberty Book Club selection and find a cozy spot, perfect for unwinding with a good read.

### LIBERTY MOVIE NIGHT

**Thursday, Feb. 5, 7 p.m. Flix Movie Theater.**

Free for single/unaccompanied E6 and below. All single and unaccompanied active duty members (E-6 & below) are invited to join the Liberty staff at the Flix Movie Theater for a free showing. Enjoy hot buttered popcorn and an ice cold soft drink while you enjoy your movie! On the day of, sign in on the Liberty Sheet at the front counter at Flix.

### BUBBLE GUM DAY

**Friday, Feb. 6. All day.**

Pop into fun at the Liberty Center for Bubble Gum Day! Enjoy sweet treats and bubble-blowing contests as we celebrate all things chewy and cheerful!

### SEND A CARD TO A FRIEND DAY

**Saturday, Feb. 7. All day.**

Celebrate Send a Card to a Friend Day at the Liberty Center! Stop by to create and decorate a heartfelt card — we'll provide the supplies, you bring the good vibes! Provided: craft material.

### PIZZA DAY

**Monday, Feb. 9, 7 p.m.**

Celebrate National Pizza Day at the Liberty Center! Swing by for free slices and a cheesy good time with friends!

### LIBERTY'S BOWLING NIGHT AT PINZ

**Thursday, Feb. 12, 7-9 p.m. Free for single/unaccompanied E6 & below.**

Enjoy a free night of bowling and pizza with Liberty. On the day of, sign in on the Liberty sheet at the front counter in Pinz.

### ROMCOM DAY

**Saturday, Feb. 14. All day.**

Fall in love with RomCom Day at the Liberty Center! Enjoy a cozy movie marathon, buttery popcorn, and laughs with your favorite romantic comedies all day long!

### PRESIDENT'S DAY

**Monday, Feb. 16, 7 p.m.**

Celebrate President's Day at the Liberty Center! Enjoy a slice of cake in honor of America's leaders.

### SPANISH AND TAPAS

**Wednesday, Feb. 18, 7 p.m.**

Celebrate Spanish & Tapas with the Liberty Center! Join us on a trip to a local restaurant for delicious tapas while learning the local lingo along the way! Roundtrip transportation and lesson provided only.

### COMFY DAY

**Friday, Feb. 20. All day.**

Get cozy for Comfy Day at the Liberty Center! Snuggle into our massage chairs and recliners with a warm cup of coffee or hot chocolate and treat yourself to total relaxation.

### LIBERTY GOLF DAY

**Sunday, Feb. 22, Noon-3 p.m.**

Spending your Sunday afternoon relaxing in the sun with a round of golf on us. Liberty Golf Day includes green fees and basic club rentals. Liberty patrons need to check in with the front desk at the Pro Shop before Noon.

### DOGGIE DATE NIGHT WITH RAWL

**Monday, Feb. 23, 5:30 p.m. Free for Liberty eligible E6 and below.**

Join us at Liberty for a paw-some evening at Doggie Date Night—where patrons can cuddle, play, and bond with our lovable furry friends!

### POKEMON DAY

**Friday, Feb. 27, 7 p.m.**

Celebrate PokéMon Day at the Liberty Center! Battle it out with your buddies on Nintendo Switch, join online showdowns, or trade and duel with classic PokéMon cards — it's a full day of catching 'em all!

## GRANADA SKI AND SNOWBOARD TRIP (4 DAYS)

**Friday-Monday, Feb. 13-16.**

Departure: 3 p.m. Return: 8 p.m.

Price: \$312. Must register by Feb. 6.

The Sierra Nevada Ski and Mountain Resort is Europe's southernmost ski resort! With sunshine most of the winter and views at an altitude of over 10,000 ft., you'll find 105 km of runs with varying difficulties to satisfy all levels. "Sierra Nevada" translates to "Snowy Mountain Range" and is set in the Penibetico range - roughly 32 km from Granada. Enjoy the cross-country skiing circuit, snow-park or even additional recreational areas for non-skiers. Night skiing is available on Saturdays, weather permitting. Information on Lodging: Apartments are rustic hostel accommodation for 5-7 people to share and one bathroom. The apartment might be equipped with a kitchen stovetop, microwave, refrigerator, plates, utensils, silverware, etc. Wi-Fi is available. Trip includes roundtrip transportation by van, lodging in shared apartments and snowboard or ski equipment (board/skis, boots and helmet).

\*What is not included: Clothing or any other ski or snowboard accessories (goggles, gloves, scarfs, etc.), lift tickets (price is usually 54 euros per day, tickets can be bought online), meals.

## MALAGA HISTORICAL TOUR

**Saturday, Feb. 21, 7 a.m.-9 p.m.**

\$45 refundable deposit upon attendance. Must register by Feb. 18.

The city of Malaga, the capital city of the province of Malaga, is the second-largest city of Andalucia and lies along the Costa Del Sol. Famous for the "pasas" (raisins), Malaga is also well known for its superb wines. This historical tour will take you to the cathedral, Castle of Alcazaba, the harbor area, the local market and the location where Picasso was born. The trip includes transportation, local guide, entrance to a monument and free time to shop and enjoy the local food and wine.

## TRIPS



# FITNESS > SPORTS > AQUATICS

VAMOS>> MWR ROTAMONTHLYMAGAZINE, FEBRUARY 2026

**NOFFS PT CLASS**  
(ACTIVE DUTY / COMMANDS ONLY)  
Mondays, Wednesdays, and Fridays  
in February, 7-8 a.m.

NOFFS Active Duty PT class will check all the boxes for the new daily PT requirements and will be lead by a certified MWR fitness specialist. Incorporating Strength, Cardio, Neuro, and Mobility, this class is open to all Active Duty / Commands. Max Capacity is 75 per class. Contact Fitness Center to sign up individually or your entire command. Space is limited so registration is required.

**CHALLENGE OF THE MONTH**  
**SWEATHEARTS CHALLENGE**  
Thursdays in February, 11 a.m.-1 p.m.  
Stronger together for the season of love!  
Bond sweat and battle side by side through fun, fiery couple challenges. Just show up!

**CFL MEETING**  
Wednesday, Feb. 11, 11:30 a.m.

CFL Meeting for Command Fitness Leaders and Assistant Command Fitness Leaders. MWR will be starting practical training and updated information for continuing education of the CFL's in Rota.

**YOUTH FITNESS CERTIFICATION**

Thursday, Feb. 19, 5 p.m.

Ages 10-17 years old.

Must register by Feb. 18, at noon.

Youth certification teaches the fundamentals of fitness, proper use of equipment in the facility and DOD policy that pertains to physical fitness in MWR facilities. Youth are given a facility orientation, one-on-one weight, cardio training orientation, and a written test. After completing this certification, youth ages 10-17 years old will be able to use the fitness center facility.

**1000/500 LB CLUB**

Thursday, Feb. 12, 4:30 p.m.

Must register at the Fitness Center.

Ages 18 years and older.

Join the elite and see if you can muscle up 500/1000 pounds total weight. Events will include bench press, squat and deadlift. Please train safely and start now to prepare for this event in February. Important notice: Check-in, safety brief and warm up time will be from 4-4:30 p.m.

WHAT A GREAT DAY TO START SPREADING PEACE, LOVE, AND JOY FOR 2026

**FRIDAY**  
**FEB. 13**

4:30 p.m.  
All ages welcome

Come join the Fitness Center and share the love of running with others. You can run as a couple, group of friends, or solo. Find your favorite shade of red and let's celebrate Valentine's Day.

Sweethearts  
5kRun

956-82-2565 or DSN 727-2565  
Rota\_MWRfitness@us.navy.mil

LEARN-TO-SWIM LESSONS:

**PARENT & CHILD SWIM CLASS**

Feb. 11-13 and 18-20, Wednesday-Friday, 10-10:30 a.m. Two week session.

Ages 8 months-3 years old.

The parent & child swim class introduces infants and toddlers into the joys of an aquatics environment for the first time under the care of their parents. Our Swim Instructors provide instruction to the parents.

**LEVELS 1-3**

Feb. 11-13 and 18-20, Wednesday-Friday, 3:15-4 p.m. | 4-4:45 p.m. | 5-5:45 p.m.

Two week session. Ages 4 years and older.

Taught by American Red Cross Water Safety Instructors. Each of the swimming lesson levels is designed to build upon the next, taking your child on a journey toward becoming a safe and confident swimmer for life.

**HOURS OF OPERATIONS**

Monday-Friday, 6 a.m.-7 p.m.

Saturday and Sunday, Closed

**U.S. Holidays**, 9 a.m.-5 p.m.

INDOOR POOL LAP SWIM, PRT, UNIT LEVEL TRAINING or COMMAND PT.

*Navy Second Class Swim Testing available by appointment only.*

956-82-2129 or DSN 727-2129

Rota\_MWRAquatics@us.navy.mil

SIGN UP HERE  
CREATE YOUR PROFILE  
WITH IMLEAGUES

956-82-1916 or DSN 727-1916  
Rota\_MWRFitness@us.navy.mil

**2026**

**INTRAMURAL SPORTS CALENDAR**

EVENT	DATES	REGISTER BY
<b>FEBRUARY</b>		
CC Basketball League	starting on 11 (Wednesdays)	6
CC Indoor Soccer League	starting on 17 (Tuesdays & Thursdays)	13
Superbowl Flag Football Tournament	6-7 (Friday-Saturday)	4
<b>MARCH</b>		
Ombudsman' Kickball Tournament	7 (Saturday)	6
Softball Spring Tournament	17-19 (Tuesday-Thursday)	17
Softball Scrimmage Day & Clinic	25 (Wednesday)	23
<b>APRIL</b>		
Outdoor Soccer Tournament	14-18 (Tuesday-Saturday)	10
CC Outdoor Soccer League	starting on 23 (Tuesdays & Thursdays)	21
Individual Tennis Tournament	25 (Saturday)	23
<b>MAY</b>		
Outdoor Soccer Scrimmage Day & Clinic	6 (Wednesday)	4
Softball Tournament	16 (Saturday)	14
Memorial Basketball Tournament	19-21 (Tuesday-Thursday)	15
<b>JUNE</b>		
CC Softball League	starting on 4 (Tuesdays & Thursdays)	2
Beach Volleyball Clinic	10 (Wednesday)	8
Beach Volley Summer Tournament I	27 (Saturday)	25
<b>JULY</b>		
Pickleball Tournament I	11 (Saturday)	9
Waterpolo Tournament	15 (Wednesday)	13
Flag Football Tournament	29 (Wednesday)	27
<b>AUGUST</b>		
Injury Prevention Clinic	19 (Wednesday)	17
Beach Volley Summer Tournament II	22 (Saturday)	20
CC Flag Football League	starting on 27 (Thursdays)	24
<b>SEPTEMBER</b>		
Dodgeball King of the Court	Every Thursday	-
Pickleball Tournament II	12 (Saturday)	10
Outdoor Soccer Fall Tournament	22-26 (Tuesday-Saturday)	21
<b>OCTOBER</b>		
Volleyball Clinic	14 (Wednesday)	12
Volleyball Tournament	21-22 (Wednesday-Thursday)	19
CC Volleyball League	starting on 28 (Wednesdays)	26
<b>NOVEMBER</b>		
Pickleball Tournament III	14 (Saturday)	13
30+ Basketball Tournament	17-19 (Tuesday-Thursday)	15
Flag Football Turkey Bowl	21 (Saturday)	19
<b>DECEMBER</b>		
Kickball Tournament	12 (Saturday)	10
Softball Christmas Tournament	15-17 (Tuesday-Thursday)	12

Captain's Cup Leagues

Clinics

Tournaments

1. You can sign up your team/command using the Teams QR code, or you can sign up individually using the Free Agents QR code.

2. Sign ups will be over at NOON of the deadline date.

3. Regulations and schedules will be sent at least 24 hours prior the event and/or coach meeting.

4. Any questions and/or suggestions to [rota\\_mwrfitness@us.navy.mil](mailto:rota_mwrfitness@us.navy.mil)



AUTO  
INSURANCE

# USAA knows these roads too.

USAA Auto Insurance can help protect you while driving abroad with policies and coverage you can trust. It even goes with you on leave to insurable locations.

And with offices across Europe, we're always here to help.

---

If you know you know.  
If you don't, we do.



**Get Started  
900-813-479**

Membership eligibility and product restrictions apply and are subject to change. Property and casualty insurance provided by United Services Automobile Association (USAA), USAA Casualty Insurance Company and USAA General Indemnity Company which are domiciled in Texas and are licensed in all 50 United States and D.C.; Guam, Puerto Rico, and/or the Virgin Islands; USAA S.A. UK Branch, authorized by the Prudential Regulation Authority, and regulated by the Financial Conduct Authority and the Prudential Regulation Authority to write coverage in the United Kingdom. USAA S.A. UK Branch Registration Number: England BRO23811, also registered with the Registre du Commerce et des Societes of Luxembourg; or USAA S.A., authorized by the Luxembourg Minister of Finance and supervised by Commissariat aux Assurances to write insurance under the Freedom of Services Directive in Azores, Belgium, France, Germany, Greece, Italy, Netherlands, Portugal and Spain. USAA S.A. Trade and Companies Registration Number: B-224622. Not all products are available to all applicants in all locations. Product availability may vary in some foreign locations due to local laws and restrictions. USAA means United Services Automobile Association and its affiliates. The Department of the Navy does not endorse any company, sponsor or their products or services. © 2025 USAA. 6530182.0424