

SLO DOWN NEWS

NAVSTA ROTA - APRIL 1, 2020

The School Liaison Office will work hard to provide daily updates from schools, educational supplemental resources, games, activities and virtual field trips that you can do from your home. Please feel free to email me at SLORota@eu.navy.mil for any specific requests.

History of April Fools' Day

"Although April Fools' Day, also called All Fools' Day, has been celebrated for several centuries by different cultures, its exact origins remain a mystery. Some historians speculate that April Fools' Day dates back to 1582, when France switched from the Julian calendar to the Gregorian calendar, as called for by the Council of Trent in 1563. People who were slow to get the news or failed to recognize that the start of the new year had moved to January 1 and continued to celebrate it during the last week of March through April 1 became the butt of jokes and hoaxes. These pranks included having paper fish placed on their backs and being referred to as "poisson d'avril" (April fish), said to symbolize a young, easily caught fish and a gullible person." Regardless of its origins, keep your eyes and ears open so you won't become the brunt of an April 1st prank.

April is Month of the Military Child

In 1986, Defense Secretary Caspar Weingberger designated April as Month of the Military Child. Since that time, military installations, cities and school districts around the world have honored these young American heroes with special events just for them.

As part of this month-long celebration, Naval Submarine Base Kings Bay and the entire Camden County community are invited to honor our military children by wearing purple on Friday, April 3, 2020. Purple symbolizes all branches of the armed services combining Navy, Coast Guard and Air Force blue, Army green, and Marine Corps red.

Even in the midst of 'social distancing' protocols, Purple Up! Day is a great way to show our support for the military children who also "serve." Won't you join the celebration? Let's show our military children just how much we appreciate the sacrifices and contributions they have made to the mission. Purple Up!

National Child Abuse Prevention Month

During the month of April and throughout the year, communities are encouraged to increase awareness and provide education and support to families through resources and strategies to prevent child abuse and neglect. National Child Abuse Prevention Month recognizes the importance of families and communities working together to prevent child abuse and neglect and promotes the social and emotional well-being of children and families. The color blue has become an iconic symbol of child abuse prevention. Wear Blue for Child Abuse Prevention - April 9th.

Autism Awareness Month is Recognized in April

Autism is a complex brain disorder that often inhibits a person's ability to communicate, respond to surroundings, and form relationships with others. Autism affects people of all racial, ethnic, and socioeconomic backgrounds. World Autism Awareness Day (WAAD), celebrated each year on April 2, was adopted by the United Nations in 2007 to shine a bright light on autism as a growing global health crisis. On World Autism Awareness Day, Autism Speaks celebrates its inter-national Light It Up Blue Campaign. Thousands of iconic landmarks, communities, businesses, and homes across the globe unite by shining bright blue lights in honor of the millions of individuals and families around the world affected by autism. To learn more about Autism Speaks, please visit www.autismspeaks.org.

Download the Autism Puzzle to color and snap a selfie and email to SLORota@eu.navy.mil



Autism Awareness Puzzle.pdf

Download
223.3 KB

AP Testing Online - Information for AP Students and Educators Affected by COVID-19

COVID-19 has presented unique academic challenges for high school enrolled in AP courses. The CollegeBoard, responsible for administering these exams, has provided the following information, "... it's clear that the usual way AP Ex-ams are given at schools won't be possible. Some students may want to take the exam sooner rather than later, while the content is still fresh. Other students may want more time to practice. For each AP subject, there will be two different testing dates. The full exam schedule, specific free-response question types that will be on each AP Exam, and additional testing information will be available by April 3. Free resources will be available through exam day to help you get ready. While we encourage you to wait until closer to the test to decide, any student registered for an exam can cancel at no charge. Beginning on Wednesday, March 25, you can attend free, live AP review courses, delivered by AP teachers from across the country. For up-to-date information, be sure to visit <https://apstudents.collegeboard.org/coronavirus-updates>.

Rota City Hall Illuminated in Green

Green is the color of hope, the one we want these days.

That is the reason which the City Hall and until the confinement ends and this status of health alert due to [#Coronavirus](#) finishes, some of our main monuments and corners will remain illuminated in green.

For all of you who are at home, for all who work to get us out of this. [#discoverRota](#)



Digital Learning Plans - Rota M...

sites.google.com



Rota ES - Digital Learning Portal

sites.google.com



PAVE: Resources for you and y...web-

extract.constantcontact.com

Upcoming Events

April 2 - Autism Awareness (Color the Attached Autism Awareness Puzzle and snap a Selfie and send to SLORota@eu.navy.mil)

April 6 - Haiku Poems Due to

April 9 - Wear Blue for Child Abuse Prevention

April 15 - Purple Up Day (Wear Purple)


April 22 - Earth Day

Sure Start Application for SY 20-21

Do you have a child that will be 4 years old by September 1, 2020? Sure Start might be the educational program for your child. Please feel free to download the Sure Start Application fill it out and send it back to SLORota@eu.navy.mil. There is no need to drop it off to DGF Elementary during the state of alarm. I will ensure staff at DGF Elementary gets it when school reopens. Selections will not take place until late August.



Sure Start Application March 2019 Fillable.pdf

 [Download](#)
202.5 KB



Calendar of Virtual Field Trips fo...

docs.google.com



Teaching Remotely for Gr... classroommagazines.scholastic.com

Keep students academically active with 20 days of meaningful learning journeys

TOILET PAPER ROLL CRAFTS FOR KIDS



60+ Educational Websites for Hi... www.boredteachers.com

An extensive list of websites covering all subjects your high schoolers can use at home. You probably want to add this list to your bookmarks NOW!

1 COVID-19 PARENTING One-on-One Time

Can't go to work? Schools closed? Worried about money? It is normal to feel stressed and overwhelmed.

School shutdown is also a chance to make better relationships with our children and teenagers. One-on-One time is free and fun. It makes children feel loved and secure, and shows them that they are important.

Set aside time to spend with each child

It can be for just 20 minutes, or longer – it's up to us. It can be at the same time each day so children or teenagers can look forward to it.

Ask your child what they would like to do

Choosing builds their self confidence. If they want to do something that isn't OK with physical distancing, then this is a chance to talk with them about this. (see next leaflet)

Ideas with your baby/toddler

- 1 Copy their facial expression and sounds
- 2 Sing songs, make music with pots and spoons
- 3 Stack cups or blocks
- 4 Tell a story, read a book, or share pictures

Ideas with your teenager

- 1 Talk about something they like: sports, music, celebrities, friends
- 2 Go for a walk – outdoors or around the home
- 3 Exercise together to their favorite music

Ideas with your young child

- 1 Read a book or look at pictures
- 2 Go for a walk – outdoors or around the home
- 3 Dance to music or sing songs!
- 4 Do a chore together – make cleaning and cooking a game!
- 5 Help with school work

Switch off the TV and phone. This is virus-free time

Listen to them, look at them. Give them your full attention. Have fun!

For more information click below links:

- Parenting tips from WHO
- Parenting tips from UNICEF
- In worldwide languages
- EVIDENCE-BASE

World Health Organization | unicef | End Violence Against Children | INTERNET 4IMP | USAID | CDC

Parenting for Lifelong Health is supported by the UKRI GCRF Accelerating Achievement for Africa's Adolescents Hub, the European Research Council (ERC) under the European Union's Horizon 2020 Research and Innovation Programme, Oxford University Innovation (OUI) Sustainable Impact Fund, UNICEF, the Leverhulme Trust, the Economic and Social Research Council, WHO, USAID, the National Research Foundation of South Africa, the Wellcome Trust, the John Foy Fund, the Evaluation Fund, the UKRI Synthetic Foundation, Global PHARM, the Wellcome Trust, David Charities Canada and Wellbeing Advisors.



DoDEA Online Registration for St...

www.dodea.edu



DoDEA Online Registration Instructions.pdf



Download
560.9 KB

Need Assistance?

We can help.

Reach out to our support staff.



Janice Bradford Counselor (2-5) janice.bradford@dodea.edu Available to answer any questions you may have, provide assistance with technology issues and scheduling, and address any emotional/social concerns. https://meet.google.com/tev-dsvx-qff Available at Google Meet Monday - Friday 9:10 - 10:00 a.m. Upon Request	Stacie Keil Counselor SS, K-1 stacie.keil@dodea.edu Available to answer any questions you may have, provide assistance with technology issues and scheduling, and address any emotional/social concerns. https://meet.google.com/cil-qwat-sau Available at Google Meet Monday - Friday 10:00 - 10:50 a.m. Upon Request
Zach Zilinski School Psychologist zachary.zilinski@dodea.edu Available to provide consultation on student academic, behavior, and mental health issues. https://meet.google.com/vme-dsqg-usd Available at Google Meet Monday - Friday 9:10 - 10:00 a.m. Upon Request	Russell Sparks Education Technology russell.sparks@dodea.edu Available to help with the navigation of digital tools and platforms and password recovery. https://meet.google.com/vta-obfy-kxm Available at Google Meet Monday - Friday 10:00 - 10:50 a.m. Upon Request
Susan Bosler Math Support susan.bosler@dodea.edu Available to meet with students in grades K-5, individually, or in small groups, to support the students' needs in mastering the math content of their classroom teacher's lessons. https://meet.google.com/ari-mimy-hnw Available at Google Meet Upon Request	Kathryn Thomas School Nurse kathryn.thomas@dodea.edu Available to help educate and empower students, families, and staff with information and health services. https://meet.google.com/bxo-atpm-jsk Available at Google Meet Monday - Friday 9:10 - 10:00 a.m. Upon Request
Amy Richards Information Center Support amy.richards@dodea.edu Available to assist students and parents with digital media resources. https://meet.google.com/yqp-keqp-zkx Available at Google Meet Monday - Friday 8:45-9:30 a.m. Monday - Friday 1:00-1:45 p.m.	Lauren Popadines APPS Support lauren.popadines@dodea.edu Available to provide assistance to advanced learners. https://meet.google.com/xqg-hbdx-qfs Available at Google Meet Upon Request
Tim Redden ESOL Support tim.redden@dodea.edu Available to answer questions and help students with second languages. https://meet.google.com/upa-hbdk-qfs Available at Google Meet Monday - Friday 9:10 - 10:00 a.m. Upon Request	Kim Ramirez Spanish-Speaking Support kim.ramirez@dodea.edu Available to provide assistance to Spanish speaking parents and connections to school supports. https://meet.google.com/akz-pcaw-bbh Available at Google Meet Monday - Friday 9:10 - 10:00 a.m. Upon Request

The CCRS Summative Assessment and Alternate Assessment have been canceled for spring 2020.

- The [May 2020 International Baccalaureate](#) (IB) exams are canceled.
- Traditional face-to-face Advanced Placement (AP) exams will not take place. On April 3, the full online exam schedule including the specific free-response question types that will comprise each AP exam will be [published by the College Board](#).
- We will implement a [remote testing administration model](#) for this year's AAPPL and Turkish assessments AAPPL World Language assessments.
- Students will receive refunds if registered for canceled tests.

Non-Medical Counseling for Youth Now Available by Video

March 20, 2020 @ 11:13 PM | 2 Min Read | 217 Views

Current as of March 20, 2020

School closures and the general uncertainty surrounding **coronavirus disease 2019** have affected families everywhere. Children and teenagers who feel isolated from friends and activities may experience a particularly hard time.

Children show stress in different ways. Your child may act out, be sad or fearful, or show signs of low self-esteem. To help your child cope with changes due to the COVID-19 pandemic, beginning March 24, 2020, Military OneSource will offer video non-medical counseling sessions for children and teenagers.

What is non-medical counseling?

- Non-medical counseling is confidential, short-term, solution-focused counseling provided by counselors with a master's degree or higher.
- Self-esteem issues
- Communication and relationships
- Problem-solving and adjustment
- Behavioral issues, such as bullying and anger management
- Changes at home, such as deployment, reunion, divorce and grief

Children and youth services

Children and youth ages 6-17 of active-duty, National Guard or reserve service members, and recently retired or separated service members are eligible for confidential video non-medical counseling through Military OneSource.

A parent must attend each video session for children age 12 and younger, but only be available at the start of each video session for youth ages 13 to 17 to give parental consent.

Conversations in these sessions stay between your child and the counselor. The only exceptions are cases of domestic violence, abuse, and suicidal or homicidal threats. If your child is in immediate crisis, call the **Military Crisis Line** at 800-273-8255, and press 1, **chat online**, or send a text message to 838255.



School Liaison Office

 Facebook

 NAVSTA Rota, Building 41

 +34-956-82-2425

 SLORota@eu.navy.mil

 navymwrrota.com/programs/a...