

52 mountain biking routes - MTB province of Cadiz

























52 mountain biking routes - MTB province of Cadiz





SERVICIO DE DEPORTES 1



PUBLISHED BY Patronato Provincial de Turismo y Servicio de Deportes. Área de Desarrollo Económico. Diputación de Cádiz.

TEXTS:

Presentation: Amparo Ortega.

Routes: MTB Cádiz. www.mtbcadiz.es Alejandro Bernal Peña. Lcdo. en Ciencias de la Actividad Física y del Deporte. Raúl Aragón Ortega. Lcdo. en Ciencias de la Actividad Física y del Deporte.

TECHNICAL TEAM: Servicio de Deportes de la Diputación de Cádiz.

COORDINATION: Mavca Gómez.

TRANSLATION: Agencia Lingüistica AL3.

COLLABORATE: David Ibañez.

PROYECT: Amparo Ortega.

DESIGN: pacoabad.

PHOTOGRAPHS:

PHOTOGRAPHS: Mayca Gómez. Juan Tébar. A Rivero. CIRCE (Conservación, Infor-mación y Estudio sobre Cetáceos). Simon Brown. Esperanza Serra . David Ibáñez. Manuel de la Varga. Curro Casillas. Javier Reina. Ayto. de Jerez. Toñi Flores. Bernardo Guerra. Carlos de la Calle. Santiago Galvín. Fernando Ruso. Ignacio Fando. Ni-Mu Comunicacion Visual. Antonio Alfaro. Jorge Roa. Curro Díez Baleato. Antonio D. Reviriego. Aos Adventure Tarifa. TUGASA. Ayto. San Roque. Miriam Reik . Real Escuela Andaluza del Arte Ecuestre. Paco Abad Fotografías.

Archivo del Patronato provincial de Turismo.

Archivo MTB Cádiz.

SPECIAL THANKS: To MTB-Cadiz for their collaboration on making the publication of this guide possible.

The Provincial Tourism Board does not accept responsibility for any possible changes of dates that the establishments may make, without notification prior to this publication.



Exploring the Province of Cadiz

Inland Cadiz is full of spectacular views, gorges, ravines and canyons that exist in perfect harmony with the rural architecture and great food - the finer things in life - as well as old windmills and Roman roads. And what better way to discover this wealth of beauty and culture than by cycling through this part of southern Europe with its pleasant climate, exciting history and different landscape on every road.

With family or friends, on the toughest climbs or most leisurely of journeys, travelling around the province of Cadiz by bicycle is one of the most refreshing ways to discover the region.

The province of Cadiz is a triangular area in southern Spain where the Mediterranean Sea meets the Atlantic Ocean in a narrow stretch of water measuring only 14 kilometres across. A meeting point with Europe on one side and Africa on the other and a silhouette that has marked both culture and landscape, surprising visitors with six nature reserves.

This province is also known as the Costa de la Luz (Coast of Light) because of the light that illuminates its coastline, where the shore occasionally rises up to become a forest. Many paths have been forged through these woodland areas.

More than 30% of the province of Cadiz is now protected and the value of these areas is exceptional; perhaps none more so than the Grazalema Nature Reserve (also declared a Biosphere Reserve) where the Spanish fir has been preserved - a species of fir tree that has survived since the Tertiary Period.





A wide variety of the famous White Villages of Spain can be found in this nature reserve. Having breakfast at a country inn can be a very delicious decision. Of course, there's no need to turn up early so why not stop off to visit the Grazalema blanket factory, an oil press in Zahara de la Sierra or stop in Ubrique, where craftsmen transform leather into luxury items.

The Alcornocales Nature Reserve is also known as "the last virgin forest" on the Iberian Peninsula. The trails that run through this park provide great views of the vegetation as it grows up the trees to paint a landscape of river valleys and giant ferns. This 160,000 hectare park comprises the largest concentration of cork oak trees in Europe.

The Breña Nature Reserve and Barbate Wetlands, the Doñana Reserve, the Strait of Gibraltar Natural Park and the Bay of Cadiz Natural Park complete the greenest route around the province of Cadiz.

You can explore at your own pace or accept the help of a number of companies offering knowledge of the coast and inland areas with kitesurf lessons, scuba diving and boat trips. Also to be enjoyed are special bird-watching and botanical expeditions, mountain climbing, canyoning, mountaineering, caving, hang gliding and paragliding.

The great thing about Cadiz is there is always somewhere to go. You might arrive with the intention of enjoying a cycling tour but end up strolling along the beach, visiting wineries in Jerez, exploring the White Villages or taking a boat trip to spot dolphins and whales in the Strait of Gibraltar without having planned any of that.





A visit to Cadiz is also a great opportunity to relax and explore a number of historic cities.

Theprovincial capital, Cadiz, is the oldest city in the West and its province was the birthplace of the symbols by which Spain is known around the world: flamenco, bulls and the Andalusian horses that stole the hearts of kings all over Europe.

Cadiz experienced its Golden Age in the 18th Century when it established relations with the people from the overseas territories and forged links with Latin America that still exist today through music, architecture, gastronomy and the hearts of the local people.

It was here, in Cadiz, that the Spanish Parliament met to approve the first Spanish Constitution (the first liberal constitution of Europe) in 1812.

Another essential location is the Real Escuela Andaluza del Arte Ecuestre [Royal Andalusian School of Equestrian Art] in Jerez to see how they make horses dance. The Carthusian Horse Exhibition at the Yeguada La Cartuja is another excellent choice for those who enjoy the world of horses. This institution has been improving the Carthusian horse stock since the Middle Ages.

Seeing how a visit to Cadiz can only be truly appreciated over several days, your hardest decision will be choosing between the many glamorous hotels, the cosy hotels (those where the unique architecture of southern Andalusia shines brightest) or hotels that offer dream-like morning vistas: sunshine pouring through the window amid the tranquillity that can only be found in the countryside.



Sierra de Cádiz

Jerez / La Janda

10

Bahía de Cádiz/Costa Noroeste

Campo de Gibraltar

ROUTES

NAME	TOWNS	length	difficulty
1 Vía Verde de la Sierra	(Puerto Serrano - Olvera)	38,5 km	
2 Las Pedrizas	(El Bosque - Prado del Rey)	22,0 km	
3 El Espino	(El Bosque)	17,5 km	
4 El Republicano	(Grazalema - Villaluenga del Rosario)	22,8 km	
5 El Alberite	(Villamartín - Prado del Rey)	33,2 km	
6 Los Hurones	(Ubrique)	10,4 km	
7 Acinipo	(El Gastor)	39,0 km	
8 Las Żorrillas	(Gibalbín - Espera)	37,5 km	
9 El Tavizna	(Ubrique)	11,5 km	
10 Vuelta a la Sierra 11 Las Presas	(Arcos de la Frontera)	54,2 km 16,9 km	
12 La Escalera	(Arcos de la Frontera)	16,6 km	
		10,0 KIII	
13 Las Pilas	(Medina Sidonia - Alcalá de los Gazules)	46,5 km	
14 Las Motillas	(Parque Natural de Los Alcornocales)	28,3 km	
15 Los Naveros	(Chiclana de la Frontera - Medina Sidonia)	28,5 km	
16 El Acantilado	(Vejer de la Frontera - Barbate)	36,7 km	
17 Gigonza	(San José del Valle)	51,5 km	
18 Corredor Verde 2 Bahías (II)	(Medina Sidonia - Benalup/Casas Viejas)	40,0 km	
19 El Picacho	(P. N. Los Alcornocales-Alcalá de los Gazules)		
20 El Pedroso	(Jerez de la Frontera - Medina Sidonia)	36,5 km	
21 La Muela	(Vejer de la Frontera - Los Naveros)	43,7 km	
22 Doña Blanca	(Jerez de la Frontera)	30,0 km	
23 La Janda	(Benalup/Casas Viejas - Facinas)	24,5 km	
24 Los Tollos	(Guadalcacín - El Cuervo)	46,7 km	
25 Vuelta a Jerez 26 Las Calas	(Jerez de la Frontera) (El Colorado - Conil de la Frontera - Roche)	68,0 km	
20 Las Galas	(El Colorado - Conil de la Floritera - Roche)	21,0 km	
27 Corredor Verde 2 Bahías (I)	(Puerto Real - Medina Sidonia)	51,5 km	
28 Los Toruños-Algaida	(El Puerto de Santa María - Puerto Real)	17,0 km	
29 Los Toruños-Saboneses	(El Puerto de Santa María - Puerto Real)	12,5 km	
30 La Ballena	(El Puerto de Santa María - Rota)	50,6 km	
31 El Taraje	(Puerto Real)	28,3 km	
32 San Cristóbal	(Jerez de la Frontera - El Puerto Santa María)	23,5 km	
33 Las Canteras	(Puerto Real)	26,0 km	
34 El Río San Pedro	(Valdelagrana - Puerto Real)	38,5 km	
35 El Presidiario	(El Puerto de Santa María)	27,5 km	
36 El Saco de la Bahía 37 El Río Arillo	(San Fernando - Cádiz)	17,8 km	
37 El Río Anno 38 El Pinar de Hierro	(San Fernando) (Chiclana de la Frontera - Roche - El Colorado	11,2 km	
	Chiciana de la Frontera - Roche - El Colorado	0) 32,0 KIII	
39 Ojén	(Facinas - Los Barrios)	24,5 km	
40 Las Corzas	(Puerto del Bujeo - Algeciras)	21,8 km	
41 Montecoche	(Los Barrios)	27,3 km	
42 Las Pantallas	(Algeciras - Getares - Pelayo)	11,2 km	
43 El Alto Guadalmesí	(Puerto del Bujeo - Algeciras - Tarifa)	27,6 km	
44 El Bajo Guadalmesí	(Puerto del Bujeo - Tarifa)	26,0 km	
45 La Luz	(Puerto del Bujeo - Santuario de la Luz - Tarifa		
46 El Canal Sur	(Nuevo Castellar - San Roque)	11,7 km	
47 Cala Arena	(Getares - Algeciras)	17,0 km	
48 Los Ángeles	(Jimena de la Frontera)	27,8 km	
49 Vuelta al Charco Redondo	(Los Barrios)	35,0 km	
50 Carril Bici de la Almenara	(Castellar de la Frontera - Sotogrande)	11,3 km	
51 Pinar del Rey 52 La Jara	(San Roque - Nuevo Castellar) (Tarifa)	26,1 km 18,1 km	
JZ-La Jala		10,1 KIII	



Vía Verde de la Sierra (PUERTO SERRANO - OLVERA)

This greenway, dating back to the 1930s, runs along the route of a former railway (which was actually never used for that purpose).It will take you through some breathtaking and remote countryside and it is particularly noted for its 30 tunnels, some of which are really long (with three being nearly one km in length), along with the Peñón de Zaframagón rocky crag, Junta de los Riós when the Guadalporcun and Guadalete rivers meet, and the Chaparro de la Vega, a great holm oak.

This flat route, which is tarmac along the initial stretch, is well signposted and there is no risk of getting lost.

Departure and arrival point:

Vía Verde Station. The station can be reached by making your way to Puerto Serrano and just after you enter the town, take the first turning on the left (it is signposted). Carry on along the road and immediately after the old railway bridge, turn right and you will come to theold station, which has been fitted out as the departure point of this route. The route ends at the **Olvera Station**.

Reference points.

Set off from the departure point (the Via Verde Station, km 0), where you will soon come to one of the few uphill sections along the route (km 1,5),which is about 500 metres long, followed by a steep downwards slope. Take care as you cycle down as there is a dangerous bend at the bottom where there is a risk of meeting a vehicle coming the other way. Continue along the route until you come to the turning to "El Indiano" country estate (km 2,7).

As you continue along this path, you will come to a series of short anda longer (600) tunnels located at km 6.8. This path will take you along a tarmac section (Puerto Serrano – Coripe, km9.3) where you will come to a turning off to the right, that runs down to the bridge over the River Guadalete and the La Toleta Picnic Area (km 9.3) at the Junta de los Rios, where the Guadalete meets the River Guadalporcún.

3 You should now make your way back to the junction and carry on to your right, or straight ahead, depending on where you have come from. After going through a few more tunnels, you will come to the mouth of the Castillo tun-



nel, which is the longest as it is over a kilometre in length. At the exit of the tunnel, just after a viaduct over the Guadalporcún, you can take an optional side trip (1 kilometre) to the **"El Chaparro" Picnic Area (km 17.7),**with a beautiful old tree, whose canopy measures 25 metres in diameter. Then return to the main track and it is only a short ride to Coripe station, where you can stop for a snack or a meal.

You can rejoin the main road at this point, but our route continues along the Green Way and you should continue along the main path to a picnic area with benches (km18,6). After you have gone through several tunnels, you will reach Station (km 23.5).

Zaframagón

Shortly afterwards, you will come to a viaduct where you can see the Peñón de Zaframagón rocky crag, which is a Nature Reserve and home to one of the largest vulture colonies in Spain. After you have cycled past a group of houses, you can cool down with the water from a small spring before cycling on and through the second longest tunnel, around 700 m in length and running under the Zaframagón farmstead. After you have gone through five more tunnels, you will come to **Navalagrulla Station,(km 31.1).** This section is tarmac and after going through another six tunnels, you will arrive at to the Colada de Morón, an old drovers' way (km 34).

6 This is the last part where the access has been improved and takes you to **Olve**ra **Station(km 38,5)**,the end of the route, and where you will find a hotel and a bar. Just over 1 km away, to the rightand at the top of a steep slope, you will find the town of Olvera.

Observations:

Even though it is hardly noticeable, your route has been a steady uphill climb (towards Olvera), but you will find the way back much easier as it is downhill all the way.

As there are so many tunnels along the route, you should take a torch with you in case the tunnel lights are not working(which they do on a timer). The route is passable even during the rainy season, as the surface is magnificent. You will also come across several springs, where you can refill your water bottles, along the route.











This route goes through the outskirts of the Sierra de Grazalema Natural Park. A highlight is crossing the ford through the El Bosque river, both on the way out and back, where if you are feeling brave, you can try to cross it without getting off your bike, though it will also depend on how high the river is at that time. There are stunning views of the Sierra de Grazalema mountain range as you make your way up to and down from Prado del Rey.

Departure and arrival point:

The route starts and ends at the **Venta** "Los **Nogales**" roadside restaurant, on the oldroad from El Boasque to Ubrique, just after the cross-roads with signs to Benamahoma and Grazalema.

From Venta "Los Nogales" (km 0), take the tarmac path, which starts from beside of the bar, and go over the bridg eacross the new road to Ubrique. Take the turning immediately to the left just after the bridge, (if you went right, you would reach a camp site) and go along the Horcajo path. When you reach the next fork, keep to the left along the main path (km 0.6).

As you go along the path, you will come to a stream and then a small slope upwards (km1.9). Turn right and go down the slope for approximately one kilometre to the El Bosque river, which you can cross using the ford, without getting off your bike. though the easiest way is on the left-hand side (km 2.9).

2 Continue along the path on the other side of river until you reach the Algar road (km4).

You will there come to the path that you will take on your return, but first turn right and continue along the road for just over one kilometre, until you reach the crossroads with the Arcos-El Bosque road(C-344), where there is a hotel on your left (km 5).

On the other side of the road, the Camino Bajo starts that will take you up to Prado del Rey. It is almost flat at first. The path turns 90° to the right(km 6.1) and is in a very good state of repair. Please note that the route climbs up a 10% gradient (km 7.2). However, the steepest slope is at the end of this section, when you can already see the town, and is up a 12% gradient. The path ends on the outskirts of the town of **Prado del Rey (km.10)**.

You can make your way to the main square, where you can visit the church and you can even take a break (there is a fountain).Make your way out of the town along the Arcos Roads (from km 11), which runs parallel to the path up to the village, with the road between both paths (see map).

The path is in a fine state of repair and is a gentle downhill stretch. You must take care not to miss your turn to the left (km 12). This path is narrower and you will have to cross a stream until you reach a crossroads (km 13.5). It is the old Villamartin to Ubrique route, which meets the road up to Prado del Rey (km 14.7), which you have to cross and carry straight on to the Arcos-El Bosque road. There are water-logged areas along this section in the rainy season (km15.9).

5 The **Venta** "**LosMolinos**" (**km16.3**) roadside restaurant is on the other side of the road, and you can go down to your right to a saltpetrous zone, which joins the oldArcos road. Other option is to go

along the road for a hundred or so metres and take a path off to your right, which will take you through former salt pans and also ends a little higher up the Arcos road.

Turn left and continue on until you reach the crossroads with the Algarroad km4 (km18). Make your way back along the same path to **Venta "Los Nogales" (km22),** where the route ends



EL BOSQUE

Venta Los Nogales

The climb up to Prado del Rey has two very tough uphill sections, as mentioned above. The descent from Prado del Rey is steep in places. During the rainy season, there are several impassable areas, particularly before and after the Venta "Los Molinos".

Los Nogales

carretera a Algar

15

Venta Los Molinos

PRADO DEL REY Arcos

10,0 k)







El Espino

The route takes in part of the Grazalema Natural Park, along a beautiful path next to the El Bosque river. The way up and down the Cantarito hill is through holm oak trees, and there are beautiful views over the Sierra del Pinar mountains.

Departure and arrival point:

Plaza de la Noria (El Bosque).

Reference points:

The route sets out from the **Plaza de la Noria** square in El Bosque (**km. 0**),at the entrance to the town from the Arcos de la Frontera road. Cross the road and continue up a tarmac path to the Hostal Las Truchas. At the start of this route, you will have to go up a short, but steep climb. You do not turn into the hotel, but continue up the path, which becomes a dirt track. This will take you to a bridge across the river (km 0.5).

2 There is a fish factory and a youth camp on the other side of the river. Just before you reach the bridge, take a path that runs along the river bank. It is a little tricky, but a very beautiful path and runs along beside the river. You will reach an open area, with a bridge across the river (km 1.5).

The path on the other side of the river climbs up to the town of El Bosque. The

path that runs beside the river, is a well known route to Benamahoma. You should take a wide track and in good state of repair, which goes off from bridge to the left from the direction you have come from. It is signposted as "Camino del Espino" (km2.5), and gently climbs up (4% over 4 Km).The track skirts some ruins and continues upwards until it reaches an L-bend to the right.

The track climbs up to the top of the **Collado Cantarito (km.5,5)** a hill that is 444 metres high.

4 You then start on a beautiful descent of 3 km, that ends at the **Zahara de la Sierra-Prado del Rey road (km8.4).** Turn left along that road towards Prado del Rey and continue uphill (7% slope)(km.9,4). After a steep downhill stretch, make sure you do not miss the turn off to the left at a crossroads (km 11.9).

5 It is a wide and easy dirt track. Continue straight ahead until you reach the Villamartín-El Bosque (km14.9) road. Turn left along the road towards El Bosque. After about two kilometres, turn towards El Bosque at the crossroads and you will be back at where you started in the Plaza de la Noria (km.17,5).





Ν

carretera Zahara de la Sierra-Prado del Rey







plaza de La Noria

0.0 k

The path after the fish factory is a little tricky and you must take care as it runs so close to the river. The descent from the Col-lado Cantarito is long and dangerous, even though the surface is very good. The climb up and down along the Zahara de la Sierra road has steep slopes and there is heavy traffic on the stretch of road near to El Bosque.

OBSERVATIONS





Route that goes through the Grazalema Natural Park, and where you can enjoy the beautiful landscape. You will go through the spectacular limestone zone, particularly in the Los Lajares area and you can visit the entrance to the Republicano Chasm.

Departure and arrival point:

Your route starts from the Puerto de Los Alamillos pass, which you can reach along the Grazalema to Ronda road and after about 4 km, you will come to a crossroads, where you can park your vehicle and start your route. As it is a circular route, you arrive back at the same place.

Reference points:

You start from the **Puer**to de Los Alamillos (km 0), and set off along the road to Ronda, and after just about 100 metres, you should turn off when you can see a roadside restaurant on your right, and where a dirt track begins. Make sure that you take the right one, as there is another path just a little further on, but in much better condition.

2 Carry on along this dirt track next to the roadside restaurant, which is a good state of repair, although there are some pot holes and some up and downhill slopes, until you reach a fork (km 1.3), where you should

keep to the right and begin to go downhill until you cross the **Arroyo Gaduares**, where there is a small bridge over the stream (km. 2). Carry on straight ahead and after a downhill section, you will come to the double ford through the Arroyo de los Álamos, which is easy to cross (km 4.1).

After500 metres where the path ends, you then cross a small meadow towards the right downstream. Go along a path, until you reach a small bridge, where you cross the stream. From here onwards, you will be cycling along the Republicano Valley, along more or less defined paths and always keeping close to the Arroyo de Los Alamos streams. You will have Los Lajares to your left (km. 5), rocky walls eaten away by erosion. As you continue along this path, you will come to a fence, where you should take great care as you cross it.

Even if you do the route after a period of heavy rain, the paths are usually passable

and you will only have to go on foot at certain points where seeds have been sown.

As you continue along this path, you will come to a house on your right, and you turn right just before you reach it and go down and across the small bridge over the stream. The path is now clearly marked over the next section. Go through a small gate in the fence to your left, which is not easy with a bicycle and you will come to a signpost, to the right of the stream, with information on the **Republicano Chasm (km9)**. It is to your left, between the rocks where the stream flows. You can see the huge entrance to the chasm.

5 About one kilometre further on, you will need to pay attention as when your reach a wooded

area, you will see the rock wall opens up slightly with a path that leads into a rocky valley and climbs up toward the **Llanos de Líbar** (km.10,5). You will also be able to see a steam that runs gently down the other side of the valley and you should take the track that climbs up to your right.

6 Here, you will have to change direction and go towards Villaluenga del Rosario, towards the right, where the path is not clearly marked, but you should follow the stream downstream From there onwards, you will begin to cycle up a steep slope, with

an average gradient of 10%.

You will reach a crossroads, (km 13.3), but do not take the road to the right, but continue straight ahead up a more gentle slope. Go through a gateway and across an area which is usually used as a car park. You will then begin a steep downhill section (10% average gradient) until you come to the A-374, where you will be able to see the town of **Villaluenga del Rosario (km.14,5)** in front of you.

Turn right down the road. There is not too much traffic, but you should cycle along with care. You will first go up a 1 km climb with a slope of 6%, and then a drop down that will take you past the Covezuelas Picnoc Area (where there is a fountain to fill up your water bottles). The road flattens out, with the Guadares stream always on your right, until you reach the crossroads where you left your vehicle (km 22.8).



DIFFICULTY 22,8 km 36.753500, -5.348689 Llanos del Republicano

Carretera

PJE Puerto de Los Alamillos



The route does go along a specific path across the Llanos del Republicano and you will have to follow the paths along the river, which makes it impossible to lost. This route is practically impossible to do on a bike during the rainy season.



19

5.0 Los Lajares



Sima del Republicano





3

Llanos de Libar





The track from Villamartín to Prado del Rey is easy, although it is rather dry. The area around the Alberite stream has rather lush undergrowth. There are stunning views over the Sierra de Grazalema mountains. After visiting Prado del Rey, you should visit the Alberite dolmens on your way back, which will take you far back in our history.

Departure and arrival point:

You can start the route at the first turn-off to Villamartín along the Jerez - Antequera (A-382) road as you come from Jerez. The turn-off will take you under the road to Villamartín.Before going through the tunnel, take the dirt track to the right. You will then see a building where you can leave your vehicle and set off on your bike (km 0). The route finishes back here.

Reference points:

The turn-off will take you under the road to Villamartín (km 0). The track runs to the south. It has a reasonable surface with areas of tarmac. It is called the Marcegoso drovers' way. You will be able to see the Cándido estate on a rise to your right and just slightly further on, you will come to the first crossroads (km 1.8).

2 Carry straight along an almost flat stretch. At **km.3** you will come to another crossroads and continue straight on.

Syou will come to a tarmac path which joins the track from the left (km.4,2). It is the entrance from the Villamartín road - El Bosque (A-373)



para visitar el dolmen de Alberite. A unos cento visit the Alberite dolmen. About one hundred metres further along you will see the a sign indicating the way to the dolmen, which you should ignore for the moment and carry on straight ahead. Then, cross the Alberite stream (km4.6).

4 The tarmac section ends again, but it is still to cycle along until you come to the CA-5034 (Villamartín - Arcos de la Frontera) (km.6,3).

5 Cross the road and then continue along the track, which gets rougher and starts climbing upwards to Prado del Rey, and it gets quite steep in places. At **km.10,1** you can see a sign for the track to **La Granja**.

6 Carry on straight ahead and shortly afterwards you will see a downhill track to your right (km10.9).

For now carry on straight ahead. The surface improves and the track skirts around the Loma Castillejos and continues towards **Prado del Rey**, which you will be able on a slight rise after you have gone round a curve. Ignore the tracks that go off to the right. The track has a tarmac surface, which will make the last part of the climb easier. You will come to a fountain, with a sign indicating that the water is not fit for drinking, but is ideal to cool down, and to the first houses of the village. Cycle up the straight streets through this unusual town to the Plaza de la Iglesia square (**km.15**).

Make your way back along the same path to the crossroads that you came to previously at km 10.9 (km.19,1). Now, turn off the left down a steep track with a relatively good surface, along with some rough spots, so make sure you cycle carefully. Carry straight on across the crossroads that you come to. In case of doubt, keep right.

9 Anyway, you will soon be able to see Villamartín on your right in the distance and will see that your track gradually turns in that direction until you come to the CA-5034 road again (km24.5).

U Turn right along the tarmac surface of this quiet road, until you come to a **dirt track** on your left that you should take **(km.25,3)**.

① Carry on straight along this track and you keep to the right if the path is not clear until you come to the signposted entrance to the Alberite dolmen on your left (km 27.8).

12 Then continue along the tarmac track, and across the **Alberite stream** and carry along until you reach your outward track (km.29).

(13) On your left, you will come back to where you started from (km 33.2).



This route is not excessively difficult, except for the odd slope, but with a good surface on your way to Prado del Rey and a slightly technical descent on the way back. This route is not recommended in summer as there is very little shade.



21







kn

Los Hurones

(UBRIQUE)

Very short and easy route, although some of the slopes are rather steep. The path along the shore of the reservoir is rather rough.

Departure and arrival point:

The route begins at the **Tavizna Bridgea**, on the road from El Bosque to Ubrique, immediately after crossing the bridge, turn right down a dirt track. You will then to see the remains of the disused Tavinza camping site. You can easily leave your vehicle there **(km.0)**. The route brings you back along the outward route to where you started off from (km 10.4).

Reference points:

You set off along this **track** with a very good surface, that soon starts to climb up a slope with a total gradient of 4% over 2 km You then go through a fence to stop vehicles going further and on until you reach the top **(km.2)**.

2 It is now a steep descent to the Hurones Reservoir. As the route brings you to one of the branches of the end of the reservoir, this area is more beautiful or more barren depending on the water level. The best time to visit is after a period of rain. You then come to an **iron walk**way over a stream (km.4,5).

3 A little further on, follow the paths along the edge of the reservoir. You will come to some **ruins (km5.2)** and after spending some time admiring the views, return back to the start of the route along the same path.

STARTING REFERENCE 36.724126. -5.489491









A very varied route, that takes you near to the dolmen zone of Mount Lagarín, as you go through a pretty forest. You can visit the ruins of the Roman city of Acinipo, with its famous theatre.

Departure and arrival point:

As you climb up to **EI Gastor along the CA-419** which turns off the Jerez-Ronda road, and you can leave your vehicle just at the end of the climb and when the downhill stretches begins to the town. You will see an area on your left where you can park your car, at the start of a path to some sports facilities (**km. 0**). The route ends back at where you started (**km 39**).

Reference points:

Once on your bike, you go along the left-hand shoulder of the road, which is a slabbed path, down to the town. After 500 metres, and when you can already see the first houses of the town, you will see a fountain on your right and then shortly afterwards a path that also goes off to the right, which is tarmac for a few metres and is very steep at the start. Go along this path into a pleasant pine forest with a picnic area. Tracks lead off from here up to Mount Lagarín and to visit the dolmens. Carry on and you will come to a crossroads, which is the **Puerto Fresnadilla crossroads (km1)**.

2Carry on straight ahead and slightly to the left, along the **Donaira track.** You will then come to a crossroads after a climb (km.3,3).

3 You should then take the path to the left with a sharp descent to the **estate known as Las Monjas** [The Nuns], with a fountain on the right (km.4.2).

Continue downhill along the path which is rather steep until you reach the **CA-4406** by a eucalyptus forest. In total, the gradient of the descent is an average of 6% over 3 km (km.6,2).

5 Turn right along the road up a gentle slope to the **Villalones roadside restaurant**, where you turn left leaving a track on the right that you came up (km.8,3).

Continue down the path for 2 km and then up 4 km to a cruce de carreteras (6% average) (km.14,4).

The road opposite would take you to Setenil de las Bodegas. You should turn right along the MA-486 and you will then come to **Venta Leches** (it is the name of a small hamlet which does not have any roadside restaurant, but does have afountain) **(km.15).**

You leave the hamlet along a road that climbs steeply uphill and then flattens out until you reach a **crossroads** (average of 3.2%) **(km.19,1)**.

9 If you take the road up to your right, you can visit the Acinipo Roman ruins (average of 6.5%) (km.20,3).

After visiting the ruins, you should make your way down to the crossroads and take the road down to your right to another **crossroads at the end of the slope**, after around 600 metres (km.22).

11 Then turn to the right. It is a road with hardly any tarmac surface left, but is easy going on a bike, as it is nearly downhill, until you come to a **fork (km 26.5)**.

(12) Continue down to the right, down a dangerous downhill slope (9% in 2 km), as the track has a very poor surface, until you get back to the **Villalones roadside restaurant (km29).**

1 Turn left and go along the tarmac path, past the turnoff along which you came and then along the road. You then go over the **Teja bridge**, where there is a fountain **(km.32,5)**.

14 You will then come to a **crossroads** (km34).

15 Turn left and then go up a gentle slope to **EI Gastor (km.38).**

16 After you have gone through the village, take road up to where you had left the vehicle **(km.39)**.



Quite a few kilometres of the route are along tarmac, but with little traffic. The landscape is rather bare and it is not recommended to do the route when it is hot. The descent from Las Monjas estate is hazardous. The descent to the Villalones roadside restaurant is also dangerous.



25





This is a surprising route through the northern part of the province, along the boundary with the province of Seville. It is surprising, as you would imagine that this would be a dry and arid zone. However, you will going through an area of thicket, where the sun beats down and with a group of very beautiful lakes. You can also visit the town of Espera, with its castle.

Las Zorrillas (GIBALBÍN - ESPERA)

Departure and arrival point:

You set off from Gibalbín, a small town which you can reach from the Jerez Race Circuit, where there is a road that runs for 16 km to Gibalbín. You go through the town, which is scattered along the road, which comes to the **Gibal**bín roadside restaurant, where you can leave the vehicle and set off on your bike (km.0). The route will end back where you started.

Reference points:

26

You almost immediately then come to a crossroads where the road to the right goes to Arcos de la Frontera. You need to carry straight on along the road, which has very little traffic, and climbs gently up and then down. When the road

curves to the left, you will see a nearly straight track to the right, which is clearly going uphill (km1.4).

2 You need to go along it. In fact, it is a steep climb uphill (average 8%) and the surface is in reasonable state-of-repair. When you come to a **fork**, keep left and continue uphill to the top **(km.2,7)**.

You will then come to a remote area of hills and thicker. You then start a rather testing downhill section along a very quiet path, that is overgrown and with a rough surface. You will come to a **fork (km5.2)**.

You keep to the left. You will soon see a beautiful lake to your right. It is the **Dulce de Zor-rilla lake (km6.5).**

5 Continue along the path, that is a fun ride along a variety of surfaces. You will see another lake in front of you. When you come to a crossroads, turn right, along a stretch with a rough surface and leave the lake to your left. When

kn

DIFFICULT

you come to a hide, the path improves and runs alongside a small wooden fence. You will come to a **tarmac track (km7.2).**

6 Turn right along it. On your right, you will see the third lake: Hondilla lake, which is very beautiful and with abundant bird life. Turn left along a **dirt track** with a good surface **(km.7,5)**.

7 Then cross a road, that goes to Espe-

ra, and continue straight through a more dry area (km.9,7).

You then join a track from the left with a better surface than the previous one (km11.9) and you will come to a **crossroads (km 12.4).**

9 Turn right. The surface is very good and is easy to ride along. You will come to a carretera road (km.13,4).

10 Turn right. You now have to go up a gentle slope. You will come to a cross-roads. (km15).

1 You will see Espera Castle looming above you to the left, which is reached through the town and then climbing up to the castle. You will come to another **crossroads** (km16.3).

The road to the

left would take you to the town. You need to continue to the right towards the lakes. There are some tarmac stretches along the path. It is easy to cycle along and you go up a gentle slope. You will come to **Hondilla lake**, which you previously cycled past **(km.22,8)**.

12

(13) ontinue straight ahead and do not take the road to the left that you came along. The track no longer has a tarmac surface. It is lined with vegetations. You will come to a road, which you cross (km 24.6). Continue along the track to visit the other two lakes: (the Cigarrera) on the right and (the Galiana) to the right (km.29).

Youreturn to the **previous crossroads** along the same path. Turn right and continue straight ahead until you come to the crossroads that you left behind you at km 1.4**(km.34,8).**

15 Turn right along the road and that will take you to **Gibalbín (km. 37,5).**



There is a steep climb, with a bad surface, near the start. The downhill section to the lakes is dangerous. The rest of the route is not difficult, except for the kilometres along the roads, which are not particularly busy.







A short, but very pretty and intense route. This route takes you into the Grazalema Natural Park, but to a less well known area. You will be able to visit the Hondón spring and pedal alongside the River Tavizna and under the ruins of the Aznalmara Castle.

El Tavizna

Departure and arrival point:

The route starts from a **turning** along the **EI Bosque** – **Ubrique road** (A-373), just after the Tavizna bridge if you are coming from EI Bosque, on the left-hand

side of the road. As it is easy to miss, you will need to go slowly. Once in this part of the old road, you will soon come to a **road-side restaurant** a on your right, which is where you should leave your vehicle **(km.0)**. Your route ends back here where you started.

Reference points:

A dirt track leads off from opposite the roadside restaurant After 100 metres take a



turning off to the right and then past some houses. This lane begins to climb up and is rather difficult as the surface is rough. At the top you will see a **road** on your right **(km.3,5)**.

2 You will come to the road near to the La Silla pass. You need to carry straight along the lane, without going on the road. The surface of this section is good and it is easy to cycle along, with beautiful views over the mountain. You will come to a broad leafy area, just before a bridge over a stream, which is a delightful place to stop (km.6,2).

You can go on foot from here to the **El Hondón spring**, which flows out of a rocky wall. Even though it is very near by, it is not easy to reach. As you continue along your route, a track leads off from the wooded area to the left, with respect to the direction that you are coming, with a rough surface. The way out is through a gate in a fence. The track is a little hard going. The track ends at a river, at a unusual spot with a **stone bridge**, which is another delightful spot for a break (**km.8,1**).

You then continue down from a bridge, along a path that is some distance from the stream and rather overgrown with thorny bushes. You will sometimes even have to get off your bike to get round them. The path sometimes cannot be seen because of the vegetation, but you just have to follow close to the river. In some places, the path is very narrow and with a sharp drop on the right to the **River Tavizna.** The **path** finally opens out (km.8,5).

5 On the left, you will be able to see the **Aznalmara castle** at the top of the hill. The path is very rough going as it continues alongside the river. It gets more complicated with a sharp drop down to river on the right. It is better to get off your bike here and proceed with care. The path goes down to a flat area next to the river. If you go upstream along the bank, you will come to a small dam. Then return to the flat area and set off downstream, you have to cross the river, then the path comes to a house where there is no way past in front of it (km.9,5).

6 You need to cross it with your bike on your shoulder and the path becomes quite testing as it continues on the other side. It ends at a broad open area next to the river, with the entrance to an estate on your right and a **bridge** that crosses the river again. You then continue along the path that is broader here and is even used by vehicles (km.11,5).



100 0

Between km 8 and 9.5, you have to go along a path that is near to the river, that is difficult going even on foot. The remainder of the route is not particularly difficult. The surface of the first uphill section is in a bad state of repair.

zha

6

CE



puente de piedra

manantial de El Hondon



29



castillo de

Aznalmara



Even the keenest cyclists might be put off by the steepness, but any mountain pass can be tackled surely and steadily. Part of this route has been used for the Vuelta Ciclista a España race.

Departure and arrival point:

You can leave your vehicle at the Venta Mateo roadside restaurant (which is very close to the starts of Routes 5 and 6), situated at the crossroads of the old El Bosque to Ubrique road with the turn off to Grazalema (A-372). It is one kilometre outside El Bosque (km.0). The route finishes back at the starting point (km. 54,2).

Reference points:

 The road begins to climb steadily up right from the start and goes past El Bosque cemetery (km1.1).

2 The El Bosque River valley will always be on your left. This uphill section will bring you to the top of the first pass, with an average gradient of 6% (km.3).

3 You will have time to get your breath back during a short downhill section, when you can enjoy the beautiful countryside with the Sierra del Pinar mountain range in front of you. This section ends at the turn off to Benamahoma (km 4.1).

4 Continue straight on and start the steady climb up to the Puerto del Boyar mountain pass, with an average gradient of 6.5%. You will see the road out of the town on your left, where you will rejoin the route if you have decided to visit it (km 5.8). There is then a very sharp bend. There is a shady car park on your left, where you can stop to cool down at the fountain at the bottom of some steps (km.6,8).

5 The Los Llanos del Camp picnic area is on your left (km.7,5).

6 After a series of sharp bends, you will come to the slopes of the Sierra del Pinar mountains, with the Tavizna Valley on your right and no vegetation, which means this climb is not recommended in summer. It is just a short burst up to the **Puerto del Boyar pass** (1100 m), where you can enjoy the magnificent views (km.14,5).

7 And finally, you come down to a downhill section, between trees and the River Guadalete, still a stream here, on your right. You will come to a crossroads (km.16,5).

8 The road off the left goes to Zahara de la Sierra along the CA-531. You need to take the road to the right and go downhill, across the River Guadalete until you come to an access road to Grazalema to your left,

DIFFICULTY

just after the camping site (km.17,6).

Ontinue straight on, although you can go into the town as either option will bring you to the lower part of the town. You will cross the main square with a magnificent fountain. Leave the village on the road to Ronda. You will come to a crossroads after a kilometre (km.20,1).

10 The road to the left goes to Gaidovar along the CA-5311. You continue straight on downhill and cross the River Guadalete again. It has been II downhill to here from the Puerto del Boyar pass, with an average gradient of 6% (km.20,5).

11 You then start to climb up again to Puerto de los Alamillos pass (start of Route 10), at the crossroads with the road to Ronda, an uphill gradient of 4% (km.22,7).

2 Carry on straight over the crossroads towards Villaluenga (A-374). The road is

then quite flat, with the Sierra del Reloj mountains on your right and the River Guadares valley to your left, until km 28, when there is a 2 km uphill section (3.5%). As you climb up, you go past the Las Cobezuelas Picnic Area, with a fountain (km.29,5).

Once at the start, you go down to Villaluenga del Rosario (km.32).

Continue along the road and through the Manga de Villaluenga, with walls on both sides and then down to Ubrique. After a sharp bend, you go past a **picnic area** with a fountain and the ruins of a hotel on your left. This first downhill section is 4.5% (km.35,4).

(15) After a short climb, you will see the town of Benaocaz, on your right, with a first turning right after the fountain (km.37,5).

10 The route does not go into the town, but continues downhill, with some dangerous bends until you come to a crossroads, with a petrol station. The descent from Benaocaz has an average gradient of 6% (km.42,8).

Ubrique will be on your left. Turn right towards El Bosque along the A-373 and up to the top of Puerto de La Silla pass (km45). You then start the downhill section, with a first kilometre at 8%, until the bridge over the River Tavizna (km.49.3).

18 After another uphill section, you come to the turning to El Bosque along the old road, with a roadside restaurant (km.52,5).

19 Turn right along it, past a Picnic Area with a magnificent spring and you will soon be back at venta Mateo (km.54,2).



The main difficulty is the traffic, as the roads are busy particularly at the weekend. In the summer, the climb up to the Puerto del Boyar mountain pass can be very hard due to the lack of vegetation in the last section. It is worth taking this route slowly, in order to be able to enjoy the magnificent views over the mountains and stop at the beautiful white villages.

GRAZALEMA 727 puerto de descenso Los Alamillos puerto El Boyar 9 area recreativa cruce Las dirección Ronda Cabezuelas entrada 12 VILLALUENGA DEL ROSARIO Cruce Bazor lescenso puerto de El Boyar-31 BENAOCAZ area 15 17,5 k recreativa Llanos del area Campo recreativa 5 UBRIQUE 16 42.8 k fuente BENAMAHOMA Cruce gasolinera rio El Bosque puente cementerio rio Tavizna venta Ma EL BOSQUE antiqua carretera a El·Bosque





Straightforward route. The stretches along the road are the only difficulty.

Departure and arrival point:

As you go along the **A-382** from Jerez to Antequera, past Arcos, you will come to the **cross-roads** to go to **El Bosque.** Pull in and you can leave your vehicle there to set off on your route (**km.0**).

Reference points:

2 Set off along the **A-382**, towards Antequera, taking great care as the traffic is very heavy. Once you have passed the crossroads to Espera, and take the next dirt track to the right **(km.1,3)**.

Continue along this path until you come to another one that crosses it (km 2.7), where you should turn right. You then cross over the old Jerez-Antequera railway line. The track goes down to the Arcos reservoir and then turns to the left (km.3,9). Continue cycling on until you pass some houses, where you will join a tarmac track, which goes to the **Bornos dam (km 6.5).** Turn right and you will come to the fence around the dam buildings, where the track turns to the right and down to a bridge under the dam (km 7.8).

As you follow the path to the right, you go along the tarmac service road of the canal, which will take you to the **EI Santiscal Residential estate (km12.2).** You carry on the same track, which runs through the residential estate alongside the canal to the A-372 (Arcos-EI Bosque) (which is where Route 55) (km14.3).

From here take the road to the right (taking care as the traffic is heavy). Once you have gone past the Arcos reservoir dam, you can go right along the road for a while and then leave it again and return to your departure point **(km.16,9)**.











Even though this is a short route, there is a narrow and steep stretch. There are excellent views over the Arcos reservoir and the Sierra del Barranco mountain.

Departure and arrival point:

As you go along the A-372 road from Arcos to El Bosque, you go along the Arcos reservoir dam and then along the edge of the reservoir. Just at the end of the reservoir, there is a home for the elderly and shortly afterwards, you can see a tarmac path to the right next to the canal. Your route starts from here (km.0). The route will end back at the same point.

Reference points:

2 You set off along the easy path until you come to another road (km 1). You then cross it and continue along the other side until you come to a crossroads, where you should turn to the left and go under the arches of the canal, along a dirt track with a good surface. (km1.5). Continue along this path and cycle past the different paths going off to both sides and past the **Chapel of El Cristo del Romeral**, and you will then come to a fork (km.2,4), where you turn to the right and on to a crossroads (km 3.1).

3 Carry on straight over the crossroads and up a gentle uphill track, until it goes sharply to the left, and do not take the other path that goes in the opposite direction (km 4.1). Carry straight over a crossroads that you will come to soon afterwards and through a group of houses, until you come to the **old road to El Bosque (km 5.1).**

Cross the road and then look for a path a little to the left, that goes under the new road. On the other side, turn right and you will come immediately to the tarmac road to **Los Barrancos (km.5,4)**. Carry on along this path until you come to a stream, where you turn left along a path, just before starting the climb up to Los Barrancos (km 6.5).

As you continue along this path, you will soon come a fork where you should keep to the right. You will come to a dirt track (km7.3). Turn left and at next crossroads100 metres further on, turn off the track to the right. This part is where it is most easy to get lost. The path forks at several points, but you must make sure that you carry on in the same direction. If you do not get lost, you will come to a zone with a tarmac track to your right that goes to an **unused tunnel** and further down to a **crossroads (km.10,3)**.

6 At this crossroads, the right path goes down to the Bornos dam power station. You turn left, along a **tarmac service** road of the canal, which is an easy ride to the **EI Santisca residential estate (km14.5).**

Following the track along the canal, through the residential estate, until you come back to where the vehicle is parked on the other side A-372 (km.16,6).



.6 kn








It is a varied route, that starts from Medina-Sidonia, goes past Las Pilasquarry, where you cycle through an isolated area of thickets and brushwood until you reach the Chapel of Los Santos de Alcalá. On your way back, you skirt the Las Cobatillas country estate, using part of the Corredor Verde Dos Bahías greenway, which will take you to the Chapel of Los Santos de Medina, a place of great historical importance, as it is one of the oldest consecrated churches in Andalusia (6th century).

Departure and arrival point:

Your route starts from the **Plaza Alta de Medina Sidonia**, square, next to the church and the castle, which is where the route also ends.

Puntos de referencia:

You set off (Plaza Alta de Medina Sidonia Km. 0) northwards from the square, and go under the archway in the old walls. Once you are on the road that bypasses the town, turn right. After around 100 metres, take a tarmac track that goes off to your left and which is a steep descent. Cycle on for around200 m and you will come to a fork in the road, with a sign to a camping site to the left. Take the right hand that goes downhill until you come to a sign that says "carretera cortada" (Road Closed) (km0.5).

2 Stay on the tarmac track and turn right and you will immediately come to a roundabout. Go right along the road and continue until you come to a detour to the left of Las Pilas Quarry (km.4,1). Continue along this quiet tarmac path that is a gentle climb up to the Quarry. You will able to see the Torrestrella Castle on your left (km 9.7).

Once in the quarry, take the central path, which continues to the **quarry** itself, with its huge central gaping hole **(km.10,4)**. Skirt around it until you come to a path that goes off to the right. You may have to open a small gate to go through (km 10.4).

This path, which is a poorer state of repair than the previous one, continues downhill with a 5% slope for around 2km, through a rather wild and very difficult area, along the banks of the Saldo stream, until you reach the Porqueras crossroads.

Turn left at the crossroads and continue along a very difficult path scattered with stones and fences on either side, that is very narrow and rarely used. The path gets better further on and brings you to another path, where you should turn right and immediately into a larger one, which is the track to Las Cobatillas, where you turn left.

4 The path is a gentle uphill climb (3%). You should ignore the path that goes off to the right and when you get nearly to the end, turn right at the crossroads and it is just a short way to the Chapel of Los Santos de Alcalá (km 19.9).

• You should now make your way back along the same road to the crossroads, at approximately 2 km, and continue straight on to the Las Cobatillas country estate (km23.5). Skirt the estate on the right to reach Las Porqueras crossroads, which you came to on the outward section (km 26).

6 Continue straight on along a track with a good surface, that is a gentle climb up to the **Vacargado country estate (km 31.3).**

7 The way down is quite steep and you should take care that you do not miss the crossroads with a drovers' way where you have to turn right. If you carried straight on, you would come to the Medina – Benalup Casas-Viejas (km34,8) road. It is the Corredor Verde dos Bahías (Two Bays Green Trail), which has been cleared and now has a good surface. You will be able to see Medina Sidonia rising up in the distance. The path then crosses two Roman bridges and takes you to a car park near to the road (km 39.5). A little further on, you will have to cross to the other side of the road, and continue along a path with a rough surface that runs parallel to the tarmac one, until you turn off to your left down a drovers' way, which is indicated by a "Corredor Verde" signpost (km.40,7). This path will bring you to a road (km 42).

When you reach the road, turn left(watching out for the traffic) although you can continue along a side road nearly all the time. On your right, you will be able to see a small hill with a building with a tower. It is the **Chapel of LosSantos Mártires (km43.5).**

Continue along the road until you reach the roundabout and you will be able to see the Ventorrillo del Carbón roadside restaurant (km44.5) on your right. At the bar, take the path that runs next to the road towards Medina Sidonia and after approximately 250 m, when the road bends to the left, take the tarmac track on your right, which rises up steeply (12%) and has very little traffic. This will bring you to the edge of the town (km 45.5).

Cycle uphill through Medina and you will reach the Plaza Alta, the square where you started out (km 46.5).







This route takes in part of the Los Alcornocales natural park, through a spectacular Mediterranean native forest. It takes you to the Las Motillas caves that have been a sort of place of worship since earliest times. Paintings, stone tools, burial sites, etc. have been found there.

Departure and arrival point:

Las Cañillas Bridge (on the C-3331 Puerto Gáliz – Jimena de la Frontera).

Reference points:

 Set off from the (Las Cañillas) Bridge, km0), and cross the River Hozgarganta, where you can leave your vehicle. Carry on cycling towards Jimena and after around 500 metres, turn off along a dirt track to the left, which rises up sharply.

You will then be facing a 5.5 km uphill climb (6% on average). Once you reach a fork road, take the left-hand path (km 5.5).

2 After around 200 metres, you will come to another fork, where you should keep to the right. After 500 metres, you will come to a flat area, where there are some stone walls to your left and the Las Motillas caves (km6). This area is impassable during the rainy season.

3 Continue cycling uphill until you come to a junction with three paths (km12.5). The path to the left goes to Dehesa de la Fantasía, the one in front of you continues straight ahead to the Peñón del Berrueco rock through a small gap. You need to take the path going off to the right, which will take you up a three-kilometre climb (7% average). The route goes close to the Rancho de las Dueñas estate. Carry along the path until you reach the crossroads at the Puerto de los Peñones pass (km15.4), where several routes meet.

4 You should take the path off to the right and continue up a short climb. It is thendownhill all the way to the end of the stage. The total upward stretch is 16 kilometres

with a 4% average gradient. Two kilometres after the crossroads, you will come to a fork, where you should keep to the right (km.17,4).

5 Continue downhill to the Alpargatero crossroads (km 22.8), which you came to on the outward journey. You then go past some houses beside the road.

Turn left and go down the road that you set out along, and it will take you back to the road you started from (km 28.3).





-154k

puertoide Los Penones

1

-bifurcacion





cruce del Alpargatero

anillas

OBSERVATIONS

The route includes a steady 16 km uphill climb, following by around 12 km down a steep section, but along a track with a good surface.







Route along tarmac paths, ideal when the paths are impassable due to mud or for cycle touring. The road is not very busy, even though it is always a good idea to be careful. You have to go through areas of scrubland that are very isolated. The route goes through the striking Naveros district and ends at the beautiful town od Medina Sidonia.

Departure and arrival point:

The route sets off from Chiclana de la Frontera along the old road to Algeciras, and then you have to turn off to the left along the **Pago del Humo road**, where there is an **Industrial Estate**. This road crosses the bypass and a kilometre further on, you can leave the car by the roadside restaurant on the right, just near the first houses (**km.0**). The way back is along the side of the road that goes around Medina Sidonia, before starting the climb up to the town (km 28.5).

Reference points:

You come to a **crossroads** with a road running off to the right, while you need to take the one to the left **(km.7,8)**.

2 There are some steep uphill and downhill slopes until you come to a row of houses alongside the so-called **Taraje Drov**ers' way or Naveros Shacks (km.13).

3 t the end of the houses, the road turns left, while an interesting drovers' way continues straight ahead (you can also go that way) and then after going up a short but steep uphill and then downhill stretch, you can come to the small hamlet of Naveros, with a magnificent roadside restaurant (km.16,5).

4 Turn left at the crossroads and go northwards up the tarmac path with a goodsurface and where it is easy to pedal up and down the gentle slopes to the **bottom of Medina Sidonia**, to the road that goes round the foot (**km.28,5**).





It is impossible to get lost along the route and the surface is easy as it is tarmac. The traffic is quite heavy at the start of the route, as it is a road lined with buildings, but then you can enjoy a quiet route with gentle slopes. Los Naveros

3.0 k



Canada del Taraje





poligono industrial Pelagatos

Ρ

GHICLANA DE LA FRONTERA

0.0 k





A stunning and very varied route, which begins with a beautiful climb up to Vejer de la Frontera, with beautiful views of the towns of Vejer and Barbate. The route runs along the top of the plateau from which Vejer rises up, with stunning views, and past the wind turbines. You can visit the Chapel of San Ambrosio from the 6th century, cycle through the pine groves of the Breña Natural Park to the cliff top next to the Tajo Tower. This is one of the most beautiful seascapes that you will see, and a path takes you down the cliffs and through the salt marshes along the River Barbate back to the beautiful chapel of Our Lady of La Oliva.

Departure and arrival point:

Leave the vehicle at the **Chapel of Ia Oliva** on the A-393 (km 0). It is a circular route and you arrive back at the point where you started (km 36.7).

Reference points:

You set off on the path to your right towards Vejer. The traffic can be very busy, but only for 300 metres. You will see a dirt track with a good surface, climbing up to your left. After an initial uphill section, it starts to drop down. You will see a road to a farm on your left, but you do not need to take it. The track goes down to a stream and then climbs up to Vejer. There are several steep stretches. It has an average gradient of 8% between kilometres 1 and 3. It is a pretty climb through pine trees. You will come to a **picnic area** on your right **(km.3)**.

2 You will then come to a broad expanse of open land. Just in front of you, the tarmac streets of Vejer begin. On your left, you will go past the football field. Further on to your right, you will come to some old windmills. The street that

43



you need to take turns right and joins the one that enters from the CA-2142. Turn left along it. You will soon see **the signs for the Buenavista Greenway**, which you are going towards. At the first crossroads, turn left and then carry on straight ahead until you come to the greenway (km.4,7).

You make your way south, towards the sea and towards some impressive modern wind mills supplying the wind power station, either along the tarmac or the side dirt track. You will come to a fork, where you leave the tarmac that carries on to the left, and you take the **dirt track** on the right (**km.6**).

4 You will soon come to another fork. You need to keep to the right and go downhill, past the wind power station on your left (km.6,5).

5 You can go fast down this dirt track with a good surface, but you should be careful as you might come across a car coming the other way. You will come to a stream with lush vegetation and the descent becomes a more gentle slope. You will come to a **fork (km.9,5)**.

6 You will come back here, but it is worth going off to the right and after around 400 metres, take a path to your left that goes past a stream to see the ruins of the **Chapel of San Am**-

brosio, dating back to the 6th century. You then return to the fork **(km.10,5)**.

Now turn right. After going down to a stream, the track continues to climb gently between the houses. You will see a roadside restaurant on your right. The track gets wider and you will come to a **fork (km.12,5).**

8 Keep to the left and carry on until you come to a crossroads (km.13,2).

9 Turn left and carry on for a kilometre, when you have to turn right and go **downhill (km. 14,2)**.

1 Afteranotherkilometre, you will cometo another path where you should turn right **(km.15,2)**.

(1) After a break and a steep climb with a 9% gradient over a rough surface, you will come

to a **farm and Chapel of La Porquera**, which has been turned into a hotel **(km.16,8)**.

Continue straight ahead and you will come to a crossroads, where you should turn left (km.17,5).

13You will come to a **fork** where you should keep to the right **(km.18,7**).

You should pay attention as you will need to take a **path** that leads off to the **right** (km.19,8).

15 This through path will take vou La Breña pine forests to the CA-2143. cliff road, which comes from Caños or de Meca (km.21,8).

(i) You need to turn left, towards Barbate, and you will see an entrance to a **car park on your right (km.22,3).**

Take the path from the car park to the cliff top. It is a very sandy path, which makes it heavy going with a bicycle. You are also going uphill. The path takes you through pine trees. If you come to a fork, always keep to the left, except when you come to a track that you should obviously take to the right



GPS STARTING REFERENCE

.222777. -5.947628



to the cliffs and the Tajo Tower (km24.4). After spending some time to enjoy the stunning landscape, you need to return back along the same path and continue straight ahead, downhill along a sandy path where sections are hard to cycle along, but with a marvellous views. This will bring you to the **road along the cliffs (km27.4).**

Cross the road and then continue along a lane to Barbate (km29). Go through the town until you come to the **roundabout on the out**skirts on the way to Vejer (km30.4).

As you leave the town, you go past a petrol station and before you have gone 500 metres, you turn right along a **path between pine trees.** You will immediately come to a warehouse and you should turn left along a narrower path. It is a path that runs along beside the salt marshes of the River Barbate, and is completely flat. As you go along it, you need to keep a look out for a gate on your left, which is hard to see among the overgrown vegetation (km.34,1).

20 After you have gone through and closed the gate, it is very hard-going for 500 metros along a very sandy path, which is almost impossible on bike and which becomes a mud path in the rainy season. You will come to a spot where you can make out the road and there is a path with a good surface to your right, which you should take. This will bring you to the road (km35.5). You go along the road which will take you back to the **Chapel of La Oliva**, where you can go inside to see the statue of Our Lady and freshen up at the fountain (km.36,7).





The climb up to Vejer is rather hard. The path through the pine trees towards the Tajo Tower is very sandy. The way down to Barbate is also sandy and dangerous in some sections. The traffic through Vejer and Barbate is very heavy. The route is also more difficult when a strong Levante (easterly wind), that is so frequent here, is blowing.







This route through a remote and beautiful area, particularly in spring, is an opportunity to discover the Gigonza zone, with its castle and its baths, the Rio Fraja valley and the stunning area around San José del Valle. The Los Llanos road is an easy ride along the footslopes of the Sierra de las Cabras mountains.

Departure and arrival point:

Take the A-393 road fromPaterna. At around 6 Km from this town towards Barca de la Florida, you will see a roadside restaurant on your right. You can leave your car there and set off on your bike behind the roadside restaurant, to the left (km0). The route finishes back at the same point where you started, as it is a circular circuit.

Reference points:

1 You set off along a rather dusty route, which will bring you nearly immediately to a crossroads (km1.1).

You need to turn right along the broad path to Gigonza and has a good surface. It climbs gently upwards to another crossroads (km 4.2).

If you turned left you would go to San José del Valle. There is an entrance to an estate straight ahead. You have to turn right. The surface of the track continues to be good and goes gently up and down until you come to the Gigonza castle and baths (km 7.1).

You then take the path on the left until just before you reach the castle, which will be on your right as your come back (where you should take time out to visit the castle). The surface of the track is harder going, as it is very sandy and uphill. It then continues to go gently up and down, with several crossroads where you have to go straight ahead. Keep a look out so you do not miss a **turning** down hill **ff to the left (km11).**

After one kilometre, you will come to a stream that you can cross over a small bridge. Carry straight on and you will come to a fork, where you should keep to the right. The surface of the path is a little rougher, but is passable. During the rainy season, this stretch is not recommendable. You will come to a **crossroads (km13.8)**.

6 You should turn left, and go up towards a farm. The surface of the path gets even worse. You go past the farm and you will come to a crossroads (km14.5).

Turn right and go down 200 metres to a stream and you will come to a stony climb to the right, which will take you to the **CA-5031** (San José del Valle-Alcalá de los Gazu-

les) (km.16).

You should go to the left, but only for 100 metres, as you have to take a path that goes to the right. It has a good surface and climbs gently and then goes down to a **turning off to the right** (km17.9).

9 The path goes down to a ford through a stream, where it is hard to avoid getting wet. You will then come to a fork where you should keep to the right. You then climb steeply to a road that goes to Alcalá de los Gazules, up to the top of the Puerto Pará and a **roadside restaurant** where you can have something to drink (km.20).

ake the road going off to the left and down 800 metres, where you then turn down a dirt track to the left. It is a broad track and with a good surface, that runs parallel to the River Fraja, along which you will cycle for several kilometres and you can always have a quick dip if it gets hot. You will then come to a **turning off to the right** with a **bridge** over the river, which you should not take (**km.22,1**).

11 The surface of the track soon becomes rougher, after a turning off to a quarry, but with lush and beautiful vegetation. At km24 you cross the River Fraja in a beautiful spot. At km 25.5, you will come to a road off to the left which you should not take, but continue straight on past a small forest and you will come out to another track with a good surface (km.29,4).

12 Turn off to the right and after 300 metres turn right again to come to the **CA-0567 (km.30,6)**.

13 Turn left along this road, which is very quiet, which gently goes up and down, and it is an easy ride to a **crossroads with a road-side restaurant (km42.6).**

¹⁴ Turn right and you will soon see the first houses of San José del Valle (km44.5).Go downhill along the main avenue through the town until you come to the crossroads on its outskirts (km45.8). Then turn left towards Jerez and after 500 metres you need to turn left again by the entrance to the **new cemetery (km.46,1).**

(15) Carry on along this tarmac path and after a short climb you will come to a farm and to a **turning to the right** which you should take **(km.47,5)**.

16 You now leave the tarmac track and carry along this path with a rather rough surface until you come back to the **(km.50,5)** nd one kilometre further on you will be back at the roadside restaurant. **(km.51,5)**.



CA-0567

30 6

The journey is long and very varied, even though it is not very hard. It is not a recommended route for when it is hot or during the rainy season as some sections are impassable.

> Ak pista

> > desvio a la derecha

8 desvio a la derecha

puerto Para

CA-5031 cruce 6

3.8 k

cruce

16.0 k

venta

cruce venta

2 421

CILICO

51,5 k

- IIk

P

SAN JOSE DEL VALLE

1

46,11 cementerio nuevo

desvio a la derecha

16_{50.51}-

3 Castillo y baños de Gigonza

A-393 hacia La Barca de La Florida desvío hacia la izquierda

PATERNA DE RIVERA



This interesting route runs along part of the Two Bays Green Corridor, which plans to link Cadiz and Algeciras. This second part, between Medina Sidonia and Benalup-Casas Viejas is straightforward and with a good surface. It generally runs through an area of thicket, which is quite pretty particularly in spring.

Departure and arrival point:

The route begins along the **A-393** (Medina Sidonia-Benalup-Casas Viejas) at 3.5 kilometres from Medina and 2 km from the crossroads with the CA-2032, past the La Duquesa roadside restaurant. As you are going towards Benalup-Casas Viejas, you will see a car park and the sign for the route (km.0). The route finishes back here at the starting point. (km 40).

Reference points:

The path is well sign-posted, although its surface has been rather damaged by the rain. You go over two Roman bridges, which are in a rather poor state, which cross the Esparraguera and the Cantora streams. You will come to the La Cabrala roadside restaurant which is on your right and is set back from the road (km.3,6).

2 You will come to a where two drovers' ways meet, next to the Arenalejos estate, where there is a well and carry on straight ahead (km.5,1).

3 The route is easy to follow, but you should keep a look out for a path off to the right across the **stream** through a cemented ford **(km.7,8)**.

4 Take this turning to the right and you will come to a **crossroads** after 600 metres **(km.8,2)**.

5 Turn left. After a climb and descent, you will come to a **crossroads (km.11,2)**.

6 You continue along a broad track in front of you and with a good surface. You will be able to see a **path climbing sharply** to your right which you will come back along **(km.13,2)**.

After 200 metres there is a track to your left that you should ignore and carry straight ahead. You will come to the CA-2112 (Alcalá de los Gazules-Benalup Casas Viejas),beside the Parejo roadside restaurant (km15.2).

Without joining the road, and before the roadside restaurant, you take a tarmac road to your right that goes up to Benalup-Casas Viejas. You will see a path to a picnic area on your right and then a fork (km 16.3), where you should keep right and then nearly straight

ahead through the Paternilla district until you come to the **football pitch (km.17).**

9 Turn right along a path that is still lined with houses. The tarmac stops and it become a down-hill path. Do not take any of the turning and continue straight on until you come to a track where you have already been (km.19).

Turn right and carry on for 200 metres and then take a track off to the left. It is the Salinillas drovers' way. You will come to a crossroads in front of the Vinagre estate. Turn right (km 20). Continue along the track that rises and falls and is quite hard going, as it is very muddy during the rainy season. You should go straight past the entrance of the different estates. At the only fork where you might not be sure where to go, keep to the right. Carry on until you come to the Las Porqueras crossroads (km26.7).

urn left along a track with an excellent surface. The track climbs gently upwards to the Vacargado farm, which you can see on your left (km34.9). You then go down a sharp descent, making sure you do not miss where the **drovers' ways** meet (where you were at (km5.1). If you carry on by mistake, you will reach the road (km 35.4).

You need to turn right at the crossroads and return along the same path back to where you started from (km40). You will soon see the La Cabrala roadside restaurant on your left.





The surface of the path is rather rough, even though it is quite new. Whenit has been raining, it becomes very muddy. The area around La Salinera track can be impassable during the rainy season and it is very rough and will really test your shock observers. The climb up to Benalup-Casas Viejas is rather tough going. The descent on the other side is guite demanding.

venta Parejo

8

pista

9 19.0 k

critice

4 8.2 k

campo de futbol

BENALUP CASAS VIEJAS

49





6

fuerte subida

11,2 k cruce

arroyo

vado



cortijo de Arenalejos



venta La Cabrala



venta La Duquesa



This impressive route is one of the most beautiful through the province. It takes you through the Los Alcornocales Natural Park. You go through stunning cork oak forest, along the slopes of the Sierra del Aljibe mountains, with extensive views of the whole of the southern part of the province to the sea and Barbate reservoir.

Departure and arrival point:

The route begins along the **Peguera path**, at the entrance to the Montes Propios de Alcalá in the **Los Alcornocales Natural Park**. You reach the entrance by going along the new Jerez-Los Barrios dual-carriageway and take the exit between km 54 and 55 (around 15 Km from Alcalá de los Gazules). Take the service road (old road) towards Algeciras for just over 2 km. You will see the entrance to a track with a locked gate and the remains of a lookout tower on your left (**km.0**).

The route will end at the bottom of the descent towards the Alcalá-Puerto Gáliz road (an average 4% downhill gradient)(km40). You can back along the same path, if no-one can pick you up at the other end.

Reference points:

The path begins with a gentle climb, along a stream and with beautiful vegetation. Some ramps make it harder. You will come to a bend to the left which is rather sharp (km4). After you go past a house on your left and up a hill (km 5), the zone becomes more barren. After a steep climb, you will come to the crossroads at the **EI Membrillo mountain pass** (average 4.5% from the start) **(km.5,8)**. However, you have to go straight ahead, down hill and through lush vegetation. Nearly all this section is downhill to a beautiful **stream** (2.5% average descent) (km.8,9).

3 You then start to climb up again and after several bends you will come to a crossroads (km.10).

Continue straight on as the road climbs steadily uphill and with stunning views. You will frequently see the Barbate reservoir below. You will come to a **crossroads**

(3.5% gradient uphill from the stream) (km.14,5).

6 At this crossroads, turn right and go downhill to a **fountain** hat you will come to after around 500 metres, an ideal place for a break **(km.15,6)**.

6 The next 2.5 km are nearly flat and then there is a further four up a gentle climb. A gentle downhill section takes you to a **tarmac road (km.21,9)**.

Turn right and climb up to the Pico del Montero, where there is a military facility. There is a house and a fountain nearby. Continue downhill to the left along a delightful tarmac track, with no traffic, little vegetation, but with stunning views. Two km further along, it is worth stopping at the **tajo Sancho**, a sandstone wall with a vulture colony (km.24).

The road continues downhill (4.5% average descent), then flattens out and begins to climb. On your left, you will see below you, the Patrite road (unfinished) and Alcalá in the distance. You will come to a house on your right, with a fountain behind it (km.27,8).

9 Continue uphill. On your right, you will be able to see a waterfall on the Montero stream and after a short climb, some **fire-fighting water** supplies (km.30).

10 Continue upwards until you can see on your right the track that goes up to the **cistern** (the 10 km climb up this road has an average gradient of 2.5%) **(km.36,8)**.

(1) It is now downhill all the way to the Alcalá-Puerto Gáliz road (average descent of 4%) (km.40).



Some of the uphill sections are very steep. Some downhill sections are hazardous, although the surface is very good, even during the rainy season.



carretera Alcala de Los Gazules-Puerto Galiz



balsas de agua



2191 Carretera asfaltada

Cruce

tajo Sancho



ALCALA DE LOS GAZULES



puerto de El Membrillo

Pista de Peguera

Parque Natural de Los Alcornocales

PANTANO DE BARBATE

P





This is an easy and straight forward route along the old Jerez - Algeciras road (A381), which is now the service road for the new dual-carriageway. When you get to Medina Sidonia, you take a track to a quiet road, which will bring you back to the El Pedroso crossroads. You can visit the Berroquejo castle. This is an area of rolling hills, and the countryside is particularly beautiful in spring. Stunning views of the beautiful town of Medina Sidonia.

Departure and arrival point:

You set off along this straight forward route at the start of the Jerez - Los Barrios dual-carriageway (A-381), which is near the Martelilla estate, around 10 km from Jerez. Right at the start of the dual-carriageway, you will see the entrance to an estate on the right. You can park your car there and set off on your bike (km.0). The route ends back at the same point.

Puntos de referencia:

You set off along the good surface of the service road to the dual-carriageway, which starts with a short but steep climb. At the end of the downhill stretch, you will see a tunnel under the dual-carriageway on your left, which is frequently water logged and you go through it to the other side. Turn right and then go along the old road, which is now the service road and is therefore very

quiet and with a good surface. This will take you to the rural district of **El Mojo (km.1,9).**

2 Continue along the road until you come to the rural district of Gallardo (km.4,2).

3 Three kilometres further on, you cross over a bridge to the other side of the dual-carriageway. After cycling or another kilometre, you will go past the small Berroquejo castle. You then cross the dual-carriageway again, but this time under it and you will then come to the EI Pedroso crossroads, with two roadside restaurants (km.9,5).

As you carry on, you will again come back to the old road. You will soon see another road on your right that is joined after going under the dual-carriageway and which you will return along. You continue straight ahead and you will soon see Medina Sidonia rising up on the horizon. You then go under the dual-carriageway and you will soon come to a **roundabout (km16.3).**

Just after taking the exit on the right from the roundabout towards Medina, turn right along a broad track. This climbs up gently and with some paths going off on the left to Medina. Carry on straight ahead until you come to the top of the section, and then there is a sharp downhill to an**industrial estate (km19).**

6 Just before the edge of the estate, take a dirt track to the right that goes round the industrial estate and joins a **road (km20)**.

If you turned left, you would come to the Ventorrillo del Carbón roundabout. You need to turn right. This road is hardly ever used, and it is therefore easy cycling until you come to the crossroads that was part of your outward route (km25.5).

8 Turn left and you retrace your tracks and then come to El Pedroso crossroads and then back to **the Martelilla estate (km 36.5)**.





This route is along an old road that is easy going, with a good surface and barely any traffic. Track in a good state of repair.





5

53







This an ideal route for a winter's day, when the paths are heavy going with mud, as the whole route is along tarmac surfaces, with tracks that have been recently repaired, or roads with little traffic. There are good views over the sea and mountains and it is an ideal way to discover some of the province's lesser-known areas.

Departure and arrival point:

Go by car to La Muela crossroads. It is along the N-340, Cadiz-Algeciras road. Carry on towards Algeciras, past the Conil crossroads at around 8 km and at 6 km the Vejer crossroads, there is a turning off to La Muela to the left. It is very badly situated, as it is on a bend with poor visibility. As soon as you have turned off, leave your vehicle on the side of the road and set off on your bike (km.0).

You arrive back at the same point as where you started (km. 43,7).

Reference points:

You should start off slowly, as you first have to tackle a rather steep slope to get things under way (4%).Right at the top, you have to turn off to the left along another road to Patría, next to a cereal cooperative (km.2,1).

2 This tarmac lane continues to rise gently upwards between buildings. You will come to a **crossroads**, which is the centre of the scattered Patria village, with a road off to the right that goes to La Muela (km.3,7).

Continue straight ahead along the tarmac, then turn right at 90°, down a short 6% descent and you will come to a **crossroads** (km 6.4).

 The road to the right goes to La Muela. You need to turn left and down a, steep and dangerous slope (8% in 1.5 km), as you may come across cars and the tarmac road is very narrow. You go past buildings some that make up the hamlet of El Parralejo. ou then have to climb up a slope of the same gradient, but shorter, and then after going up and down again, you will come with the A-393 Ve-

to the crossroads jer-Medina (km.10,5).

5 You will then come to a **fork** nd the road to the right goes towards Benalup-Casas Viejas **(km.11,9)**.

6 You have to go to the left. You will then come to a crossroads (km.15,2).

You should turn to the left, towards Naveros, along a quiet road (CA-2023) until you reach this small village (km.22,2).

8 Turn around here and go back along the same route until you come to the crossroads which you came to from **El Parralejo** on the right **(km.34)**.

9 You then continue straight ahead, until you reach the **N-340**, at the foot of beautiful town of Vejer, which you will have seen repeatedly along the route (km.36,3).

1 Turn right along the main road, taking great care due to the heavy traffic. You will go past a turning off to a camp site, and you then will turn **right** at the next **crossroads**, where you will come to **a roadside restaurant (km37.7).**

11 It is the other road up to La Muela and will take you to the main **crossroads (km40.2)**.

(12) You then continue down the other slope, which you had come up, until you get back to your vehicle and the end of your route (km.43,7).



There are some steep slopes along the route, particularly when you are going down to El Parralejo, and there is the likelihood of meeting vehicles.

Los Naveros CA-2023

where the

 $2)_{3.7 k}$

¢ .,

cruce La Muela

124371

P)F

N-340

Patria

La Muela

El Paralejo

Cruce 3

La Muela

0

2.1 k

desvio carrtera Patria T

40.21

10 gruce venta

cruce



-<mark>1521</mark>6 cruce

55





VEJER DE LA FRONTERA

9





The highlight of this route is the climb up the Sierra of San Cristóbal hills, which takes you up to the triangulation station, with magnificent views over the surrounding countryside.

Departure and arrival point:

If at the roundabout on the outskirts of Jerez to join the dual-carriageway to El Puerto, you take the road to the Carrefour shopping centre and then carry straight on down (known as the Puerto del Sur avenue), you will come to a wide track to your right at the crossroads following the one with a supermarket. It is **Las Coles hijuela** or shortcut. You can leave your vehicle there and set off on your bike (km.0). The route finishes back here. (km.30).

Reference points:

Carry on straight ahead until the tarmac section ends. You will come to a fork after 600 metres. You can go straight ahead, with the fence of the golf course on your right. Shortly afterwards, you have to take a right and then turn again to the right. This section has a tarmac surface until the turning to the Siloé centre and you then go up the dirt drovers' way. Once you have reached the top at km 2.2, you start the downhill section to the **EI Carrillo drovers' way (km 3.3).**

2 Turn off to the right, and when you come to a **turning off**, ignore the path off to the right, and then you will come to the turning you need to take off to **the left (km 4.6)**.

You then start up the short, but steep climb up the Sierra de San Cristóbal. You will come to the first houses of the village and a type of square (km 5.6).

Carry straight on along a tarmac path that ends at the road up to the tanks of the **Confederación Hidrográfica del Gua-** dalquivir (km 6.1).

Just before you come to this road, you can take time to visit some strange artificial caves to be found here, whose entrances are hidden among the shrubs and rubble to the left of the path. Once back on the path, and unless you want to

climb up to the triangulation station that you can see in front of you, you go down to right until you come to the CA-201, known as the **EI Portal road (km 7.4)**.

6 Turn right along it towards El Puerto (taking care as the traffic is heavy) for around 700 metres, until you can see the entrance on your left to the Poblado de Doña Blanca **archaeological site**, dating back to the Phoeni-

0 kn

DIFFICULT

cian era, which you can visit (km. 8,1).

After crossing the main road, continue on to the pine groves along the road and until you come to a **road that crosses** your tracks (km.8,6).

Turn left down the road that will take you across the railway track and to the **Poblado de Doña Blanca (km.10).**

9 Turn left at the crossroads, along a tarmac track, which will take you almost immediately out of the village and become a dirt track. Carry on for around two kilometres towards the right (going straight on will take you to a dead end). After one kilometre, it comes to a shady track, which runs almost parallel to the course of the River Guadalete, (km.12,9).

Turn left along this track, that meets the river at some of its bends and brings you to the railway line (km15.4).

Do not cross the railway, but take the path to the right before you reach the houses and which runs parallel to the river and will take you to the CA-2011, by one bridge over the Guadalete (km 16). Turn right and cross the river and carry **on to a crossroads (km 17.4).**

12 Take the road to the left, which is an easy section that goes under the **motorway** and then on until you reach a **crossroads (km.21,9)**.

13 You will see the old La Cartuja bridge over the river to your left. You will then come to the Cartuja Venta roadside restaurant. You will need to look for a tunnel on your left and go through it under the motorway. You then go along a dirt track that takes you to the river, leaving it by a group of trees and make your way under the motorway, where you may even have to duck down. Turn to the right and you will come to the Olmedo nurseries. Once you have gone past them, turn

right along a dirt track that goes under the A-381 (Jerez-Algeciras).On the other side of the road, you need to join it and go towards Jerez, taking great care with the heavy traffic, although you only remain on it for around 500 metres. When you reach the entrance to La Cartuja monastery, you will see a tarmac track rising up to your right and which will take you to the **Montealegre zone**. The track goes to the left and down to the east **bypass (km27)**.

When you reach the roundabout, take the road off to your left.At the next roundabout, in front of you, you can cross the railway. Take the road off to your left at the next roundabout and then go on to the next one, where you can see the starting point (km.30).





The main difficulty of this route is the traffic along some of the roads: the El Portal road, with no hard shoulder and heavy traffic; the Jerez-Algeciras road; and even on more secondary roads. The climb up to San Cristóbal is steep, but short.



P)F

1

ヨ**パヨ74**の)

FRONTERA

elicultvalacion

35 1







6



excavaciones



10

Guadalquivir

8

cañada de El Carrillo

3,3 k

6.1 k

7,4 k 🚍







cruce junto autopista

17.4 k







Easy route, that goes around the old La Janda lagoon, and is practically flat. An ideal route for a spring day, where it is not too hot or windy. The old La Janda lagoon sill has abundant bird and animal life. This is a remote and quiet zone. It is an alternative to section III of the Corredor Verde Dos Bahías.

Departure and arrival point:

This route begins along the **Benalup/Casas Viejas - Alcalá de los Gazules road, at the Parejo roadside restaurant**, where you should leave your car (km. 0) and ends at Facinas (km24.5).

Reference points:

58

The Corredor Verde - Dos Bahías route goes through this crossroads where two drovers' ways meet, and your first section is along it - the route is well-signed posted. You go towards the Bay of Algeciras. As you go along the broad dirt track, you will soon come to the first turning off the Corredor Verde that you should ignore and carry straight ahead. You come to Benalup - Los Barrios dual-carriageway road (km 1.8).

2 You will see Benalup on a hill to your left. Cross the road and take a tarmac track that is nearly straight in front of you. Just a little further on, you will come to another turning off the Corredor Verde that you should go past and continue along

your path. You will come to a dirt track on your left that goes up to Benalup. Continue along the tarmac path, with little traffic, until you come to the **bridge** that crosses the **River Barbate (km 4.2)**.

Another bridge crosses the River Celemín. Just before the bridge, there is a tarmac path to the Celmín dam. Youcontinue straight a head (km. 6,7).

4 The tarmac path then goes to the right. Carry on straight ahead along the **dirt track (km 7.1)**.

From here onwards, it is impossible to get lost. You just have to carry straight on along this broad dirt track, that crosses the old La Janda lagoon. Just go past the turnings off to farms and you will come to the road that goes up to the main road to Facinas, which is the end of this section (km. 24,5).

OBSERVATIONS

This route is quite tough-going. Cobblestone surface which is not easy on a bike from Guadalmesí, (Vado del Guadalmesí). It gets quite water logged during the rainy season. Particularly difficult when there is a strong headwind. The route back on the road is much shorter, but dangerous due to the traffic.







471Kpista de tierra

N

BENALUP CASAS VIEJAS



59

FAGINAS

Ø





This route will take you through the Gibalbín mountain area, past the Tollos lagoon and the nearby chapel, and then back along the remote Morabita road.

Departure and arrival point:

Set off from Guadalcacín. Just when you reach the edge of the town on the road that comes off the N-IV highway, there is a **road to Nueva Jarilla (km0).** The route ends back at the point where you started (km 46.7).

Reference points:

• Start off along a dirt track, for just over 1 km, when you will have to return to the road, then across a bridge over another road and then further on, across **another bridge over the motor**way (km 3.2).

2 After you have gone across the bridge, take a dirt track to the left. Then go to the right, and then continue parallel to the mo-torway. When you come to a **fork (km 5)**, take the track to the left. You will see a bridge over the mo-torway to your left, but you do not go across it (km6.9).

The path widens and goes to Nueva Jarilla and once you get to the first **houses** where the surface is again tarmac (**km.8**).

Turn left when you come to the roundabout. There is a tarmac surface for 1 km. Carry straight on and do not take the

path going off to the left (km9.2). The path goes around an abandoned farmstead and carries on towards the Gibalbín mountains. The surface is rough and very sandy in stretches, but it is always cyclable, except in the rainy season. Carry straight on through the crossroads until you come to **a tarmac track (km 16.3).**

5 Turn left until you cross a **bridge** over the motorway (km19).

6 After 300 metres turn right along a wide

dirt track. You will see the Los Tollos lagoon, which is season along your left. You will come to the chapel, at the end of a **Picnic Area** (km20.5).

You then return to the crossroads and turn right along the tarmac path until you come to the first houses of El Cuervo (km24).

At the first roundabout, take the road off to the left to the N-IV. Then turn left along the road to Jerez, but be carefully as the traffic is very heavy. After a quick downhill section, you will



come to the bridge over the railway, at the El Cuervo station, with its huge **silo (km.28,3).**

Scontinue along the road for 500 metres, until you come to a crossroads. Turn to the right, along the so-called Morabita road, with very little traffic. You go past the **Casablanca estate** and you will come to a (km.32,6).

10 There is a dirt track to the Morabita ranch off to your right. You have to take the road to the left towards Jerez. It is a rather tough stretch, as apart from its total lack of shade and vegetation, it goes up and down in a series of short, but sharp slopes. After you have gone past the Cañada Ancha drovers' way, carry on to km 5, and after 100 metres, you will see a dirt track off to your left, whose first section has been turned into an unpleasant rubbish dump (km.42).

(1) Carry on along the path to the N-IV, and you will see the hamlet known as Mesas de Santa Rosa on your right. Before you reach the road, you will have to cross a sandy section that is heavy going and which is almost impassable due to the mud in the rainy season. When you reach the **N-IV**, you will come to a **roundabout (km.45,5)**.

(2) Cross under the N-IV and then carry straight on to Guadalcacín, where you will cross a **bridge** over the railway track (km46.7).



The only hazardous section is the downhill section along the N-IV from El Cuervo, where the traffic is very heavy. The area after Nueva Jarilla is impassable during the rainy season, which is also true of the stretch at the end of the Cañada Ancha.

> cruce cortijo Casablanca



7)24,0 k

28.3 k

silo



19.0 k

61



Casas

puente

vertedero



puente



JEREZ DE PE Guadalcacin LA FRONTERA

46





This route will take you through the outskirts of Jerez and most of it is along country roads with little traffic.

Departure and arrival point:

You should leave your vehicle on the **Morabita** road (CA-6012). This is the name given to the road that starts from the old bypass around the west of Jerez, at the turn off to the Croft wineries on one side and Leroy Merlín on the other. After around 500 metres, you will come to a crossroads, where you can leave the vehicle, next to the building of a security company (km.0).

t is a circular route and therefore ends back at

where you started (km. 68).

Reference points:

• Set off on your bike downhill and after 300 metres you will come to a crossroads, where you should turn left. This is the CA-6013 and the road runs downhill to a **crossroads (km 2.7)**.

2 Go straight across it and then continue straight along the CA-6016, which is very quiet, until you come to another **crossroads (km 5.8).**

Turn right along the CA-6014, which is known as Calvary road, which goes to Sanlúcar. It is not very busy and you should continue along it until your come to a dirt track to your right and the tarmac entrance to the **Cantarranas Estate** to your left (km.7,2).

Turn right along the dirt track which has a reasonable surface. Do not take any of the tracks off to the country estates (just keep to the left if you have any doubts) and you will come back to the CA-6014. It is a very isolated area (km 11.2). Turn right along the tarmac until you come almost immediately to a crossroads (km.11,8).

5 Take the road to the left, which climbs up to Las Tablas hamlet (km .14,5).

6 After you gone through it, there is a downhill section to the Sanlúcar road (A-480) near to Los Naranjos roadside restaurant (km 16).

Do not cross the road, but turn left along an old stretch of the road, that takes you to the **Polila district.** Carry on straight ahead and you will come to a crossroads **(km.17).**

8 Use the bridge to cross over the A-480 and take the CA-613 road to Rota. It is rather busier and you should go along until you reach a crossroads with a **drovers' way. (km 19.3).**

9 Turn off here along the dirt track to a left, where there is a Canisbro vineyard sign. This path runs through the vineyards **until you reach a small crossroads (km 22.3).**

0 Continue straight on uphill and you will

come to the Jerez - El Puerto dual-carriageway. This last section is heavy going during the rainy season (km. 25).

Use the bridge to cross the highway and you will then come to a roundabout. Turn right and then almost immediately to the left. This will bring you back to El Carrillo drovers' way, the same one that you came along. Carry on straight along the drovers' way, past all the turn offs, until you come to the **El Portal road (CA-201) (km 29.2).**

12 Turn left along the road but take great care as the traffic is very heavy. Afterunder 1 kilometre, you will see a **level crossing** on the right, just before you come to El Portal (km. 30).

13 Turn off here and go across the level crossing. You will come to a type of square and turn right and then just a few metres later **turn left.** This

narrow path will take you along the shores of the River Guadalete to the **CA-2011 (km. 31).**

14 Turn right and continue along the road. You then cross the River Guadalete and continue until you come to a **crossroads (km 32.2)**.

15 Turn left and continue along a very quiet road until you come, after going under the motorway, to a **crossroads (km 36.5).**

Turn left over the old bridge over the River Guadalete. You will also go under the Jerez-Algeciras road and come to the Lompopardo district. Cycle through it and continue along this quiet road that rises and falls to **Estel-Ia del Marqués (km. 41,2).**

When you come to the first houses, take the first street on the right and you will then come to the Cortes road. Turn left and after 300 me-







tres, you will come to a crossroads where you should turn right. This will take you to the entrance of the **racing circuit (km 46)**.

(B) Continue straight ahead and the road runs under the one to Arcos. You will immediately come to the Torre Melgarejo district. When you come to a fork, turn left along the Gibalbin road. This will bring you to the small La Inmaculada district (Km 48.7).

Ust after you have gone through it, you turn off to the left along a tarmac track until you come to a crossroads (km 51.4).

Turn right and along a section with a rough surface and you will come to another road (km 52.2). Turn left. After 250 m, just before the bridge across the motorway, turn right along a dirt track, which will bring you immediately to a path parallel to motorway and which you go along to the right. Continue parallel to the motorway until you go across a bridge and leave the path that goes to the **village known as Nueva Jarilla (km 55.5).** 21 On the other side, turn left and carry on along a dirt track to the airport fence (km 57).

22 Follow the fence to the right and it will take you round the airport (km58.5) and end up at the old La Parra way station. On the other side, you will immediately come to a dirt track that takes you to the access road to the airport (km59.8). Turn right along it and cycle on the N-IV. You then go over the highway and cycle along the service road on the other side, which runs parallel to the main road. Go round one **roundabout** and you will then come to another one **(km. 64,6).**

23 You should then take a tarmac lane that is signposted to the Mesas de Santa Rosa that turns off to the right. Continue cycling along past several farms and follow the different twists and turn until you reach the hamlet (km.66,5). After you have gone through it, you will come to an industrial estate. Take the road to the right and you will soon come back to the point where you started (km.68,5).











This beautiful route is mainly through pine groves. There are magnificent views from the different coves along the coastline and, above all, from Roche lighthouse. It is the ideal route for those bright and mild winter days that are typical of this zone.

Departure and arrival point:

You can leave your vehicle next to **El Colorado Church (km.0).**

The route finishes back where you started (km. 21).

Reference points:

Set off on your bike along the tarmac La Pinaleta lane, which starts from then. It can be rather busy, but there are large sections where you ride off the tarmac through the pine groves. You will come to a **crossroads with a dirt track.** You will see one to the right, which you will take on the way back. There is also one to the left, which you will take and leave the tarmac surface (**km.1,5**).

As you cycle along, you will go past houses and through pine groves until you come to another tarmac path (km 2.3). You cross it and there is a **tarmac section**, that becomes a path that weaves between the pine trees. When you reach the next crossroads, continue straight ahead, which will bring you to a road (**km.4**).

Cross the road and nearly opposite you (but a little to the right), go along the Carril de Flor, which is a signposted lane. This will bring you to another road which takes you to **Roche harbour**) (km.4,8).

Now turn right and go along the road for around 100 metres and then take the dirt track off to the left, which is signposted as the Carril del Padre Ramos. This will bring you to a **dirt track** (km. 5,7).

5 Turn right and go past a camping site and continue until you reach a tarmac street, where you should turn right (km5.8). Carry on along the street through a residential estate and turn left at the end and you will come to the path along the coast. You turn right and carry on along the paths that cross the cliff tops. The views are stunning. You will come to several coves: Los Pitones cove and Melchor cove. The best known view is over the Aceite Cove (km.8). This cove goes guite far inland and you will have to cycle around it. Therefore, turn inland (to your right) until you come to a dirt track, where you should turn left. You will

almost immediately come to a crossroads, where you should turn to the left (you will see a camping site on your right).The lane takes you through a rocky area until you reach a road (km.9).

6 Turn left and go downhill and you will almost immediately come to Roche harbour. At its entrance, turn right. It is a tarmac lane with a steep climb up 500 metres to Roche lighthouse (km 9.5). After taking time to enjoy the views from the lighthouse, continue along the coast. Then turn left off the road and continue along the paths above the coves, until you come to the entrance of the **Roche residential estate (km.11)**.

You do not need to enter the estate, but turn back along the road to the lighthouse (km.13).

8 Make you way down to the port and take the same road out of the town, but instead of going along the lane that you used before, continue along the tarmac road for a kilometre, where you will come to a **dirt track forming a crossroads (km.14,5).**

9 Turn left down the track. The surface becomes tarmac and goes past the **Roche camping site** (km.17) and continue until you come to a busier road (km.17,7).

10 Turn left and carry on for a kilometre, when you will come to a crossroads with another **tarmac lane** to the right **(km.18,7)**.

1 Do not take either of the roads, but rather the path between them, which runsthrough the pine groves and will bring you to the crossroads at kilometre 1.5 (km.19,5).

Do not take either of the roads, but rather the path between them, which runs through the pine groves and will bring you to the crossroads at kilometre 1.5 (km. 21,5).



glesia

The only difficulty is the traffic on the lanes and roads, as it is a popular tourist area, particularly in summer.

11

9.5 k

cruce

1.5

10

9)177

COLORADOO

Roche

11,0 k

urbanizacion

entrada

31

carril de tierra

13.0 k

faro de Roche Puerto de Conil

camping Roche

carril

asfaltado

Camping Roche 2

4.8 k

67

CONIL DE LA FRONTERA

pistade tierra

4.0 k

pista asfaltada

puerto de Roche

zona cala de El Aceite

8,0 k





This route takes you along the first part of the Corredor Verde Dos Bahías, which is planned to join the Bay of Cadiz and the Bay of Algeciras. The first section through pine woods is beautiful, with the added benefit of a bicycle lane for cyclists.

From the other side of the ford through the Zurraque stream, the vegetation is thicket, but it does not provide much shade. The views from the top of the Gorrión are splendid and, in general, there are magnificent views of Medina Sidonia in the distance along the route. In the opposite direction, the views will be of the Bay of Cadiz.

Departure and arrival point:

The route begins at the **entrance to Puerto Real Hospital**, which is a couple of kilometres outside the town on the road to San Fernando. There is a roadside restaurant beside the entrance to the hospital and the start of a tarmac road leading to the Accident & Emergency Department. The route is circular and starts and ends from the same point.

Reference points:

Start off along the path towards **Puerto Real** Hospital (km 0), and you can cycle along the tarmac surface or the dirt verge, for around 200 metres, until you reach a crossroads, where the road to the Accident and Emergency Department is to the left and there is a dirt track is almost opposite you. There is a "Junta de Andalucía" signpost indicating that it is the "Corredor Verde Dos Bahías" route. It is the drovers' way that runs from Puerto Real to Medina, through the beautiful countryside of pine trees and thicket. Carry on straight ahead and do not take any of the side roads. You need to be particularly careful when you reach a crossroads where two drovers' ways meet, after about 800 m, where it is easy to take the wrong way, particularly on the way back. There are even several kilometres of cycle

lane on the left-hand side, even though the surface has been badly damaged by the rains. The drovers' way is wide and there are many options, but they all take us to the same place.

2 The track takes you to the **Encrucijada del Flamenco (km3.7)**, which is marked by another "Junta de Andalucía" signpost. Take the track to the right, although you can also use the cycle lane, and peddle on through the trees for just over a kilometre. At the next fork, take the widest path, the one on the left, which will bring you to a tarmac path(km 4.9). Go along it to the left, downhill, for a kilometre, until it turns off sharply to the right, where it joins another road with heavier traffic (km 5,9).

When you reach the bend, leave the road and continue along a tree-lined path, for just under a kilometre and continue along the side of the other road, until you reach a wide path. Turn left along this wide track. It is the **San Fernando to Medina Sidonia Drovers' Way (km 6.8).** Carry on for just over two kilometres through the pine trees, until you reach the ford through the Zurraque stream (km 9.2). Cross it as best you can, and after a short climb and downhill section, you will have to cross the stream again (km 10.1). This zone is hard-going in the rainy season.

Continue up a gentle climb until you come to a crossroads (km 10.5), where you take the path that goes slightly off to the left, but continuing in the same direction as you were going. It is an uphill climb, up short, but steep slopes, with some downhill stretches, and with many muddy areas in the rainy season. After around four kilometres, and without turning off at any junction, you will reach **Cerro Gorrión. (km.14,5).**

From the top of this hill, you can enjoy the magnificent view with Medina Sidonia in the background to your left and the Berrueco quarry lower down to your right. After a well-deserved rest, go down the steep hill for over a kilometre to the **Berrueco crossroads (km 16).**

Take the turning to the left and leave the quarry on your right (take care here on your way back). The route then takes you past some houses and then down over a kilometre to the ford across the Salado stream(which has been restored and is easy to cross)(km17.1). After several short climbs, you will come to the top where the path gets wider and where you can enjoy a magnificent view of Medina in front of you (km 20.4).As you make your way down, you will reach a crossroads with the path to Chiclana de la Frontera, which is very muddy in the rainy season. Carry on straight ahead (km 21).





... Corredor Verde Dos Bahías (I) (PUERTO REAL - MEDINA SIDONIA)





6 After about 2 kilometres, you will come to the carretera Chiclana de la Frontera-Medina Sidonia road (A-390), which you should join to go over a small bridge, to avoid having to go through a stream. This part is impassable in the rainy season (km. 23).

Then continue along the path that runs parallel to the road. After just over a kilometre, you will reach a roundabout and the **Ventorrillo El Carbón (km.24).** Continue along the same path until you reach the intersection at km 10.5. On your way back, make sure you do not go wrong at the Berrueco crossroads, where you have to turn right on your way up (km 37.5).

When you reach the intersection at km 10.5, turn right, following the Junta de Andalucia signposts. You will soon come to the fence of a country estate, but you can continue along it to the left. This path will take you to a track with a better surface (km 41).

Turn right and you will enter the area of the Cortijo de Guerra (km. 41,3), with a

sort of square, where you should turn left to leave the estate (downhill). You will come to a turning off to your left, just after a uphill section. Turnoff to your left and use the electricity pylons as a reference point.

Carry on straight ahead in the same direction as you were going. The surface of the path gets better and continue along it through the pine trees, until you reach the Flamenco crossroads, which you already crossed at km 3.7 (km 47.7). **This same path will take you straight back to Puerto Real Hospital (km 51.5).**

OBSERVATIONS

The surface of some parts of the route is very rough. There are areas you cannot cross in the rainy season, such as the Zurraque and Salado fords, the area near to the Chiclana de la Frontera' - Medina Sidonia road and the climb up to the top of Cerro Gorrión.








This route takes you through the Bahia de Cádiz Natural Park, located between the salt marshes and River San Pedro, and runs through the Algaida pine grove. It is a straightforward and easy route, except for the odd sandy area.

Departure and arrival point:

The route begins from the entrance to Valdelagrana that is nearest to Cadiz, where you go down a tarmac path to "**Venta El Macka**", where you can leave your vehicle. It is a circular route and you end up where you begin.

Reference points:

DIFFICULTY

As has already been mentioned, the route starts from "Venta El Macka" (km.0), crosses the River San Pedro on the pedestrian side of the bridge. After you have crossed it, the path curves downwards(which is rather dangerous for bicycles). You immediately come to an easy path with a good surface through the salt marshes next to the river bank. Continue along the path until you reach some railway sleepers, which have been laid to cross the salt marshes in an area that gets covered at high tide (km 2.1). There is only around 500 metres of sleepers, but they are not easy for cyclists to cross, as the railway sleepers are in a poor state of repair, which means you should cycle carefully. There is then a good path through the Algaida pine grove.

2 You will soon reach a **crossroads (km** 4.4), where you should turnoff to the right and continue along the easy path until you can make out the university buildings, where you should then turn right, between some wooden stilts (km 5.9). You can also continue straight ahead until you reach the entrance to the route next to a university building, and then turn right along a pretty path lined with bushes.

7.0 km

You will soon see a lagoon that is on either side of the path. At the end of the lagoon, turn left. The path from there onwards is rather sandy. You will come to many crossroads and paths as you skirt the **University Campus** (km 7), but they will all take you to the recently built wooden bridge, which crosses the Cortadura channel. You can even go along the beach at low tide.

On the other side of the bridge, you will find a drinking fountain and then continue along the track next to the beach to the end, which is **near** to the shipyards (km 8.6).

Make your way back along the same path or along any of the alternatives, until you reach the lagoon. Instead of taking the path to the right, continue straight ahead. You will immediately come to the channel that flows into the lagoon, which you can cross, even though you might get a little wet. On the other side of the channel, continue along the paths between the pine trees, which are rather sandy, but fun to ride along. You will reach a better path and then the wooden bridge.(km12.5).

Leaving the bridge to your left, carry on along a path that is similar to the previous one, as it is very sandy, but a fun ride and between pine trees, until you reach the same path as on the way out (km 13.9).

As you continue back to the starting point, you can take a detour to your right, which will take you away from the river bank(km15.3). The path will take you through the saltpans, until you reach the ruins of the salt-making plant. You will come to a fork, but both paths take you to the bridge over the River San Pedro, and back to "**Venta El Macka**" (km.17), the end of the route.





traviesas



Rio San Pedro

PUERTO/REAL

73

astilleros







Departure and arrival point:

The route sets off from Valdelagrana, from the entrance on the so-called "beach path", which is easy to find as there is a gate to stop motorised vehicles entering (km.0). The route ends at the same point.

Reference points:

Set off from the aforementioned point in **Valdelagrana (km. 0)**, and cycle along a quiet path, where there is only tarmac along the first stretch (km 1.5).

Continue straight ahead, until you reach the **bridge crossroads (km 2.7)**, and you should then carry on until you reach a hide. Once there, carry on along a section that will take you to a lookout point (km5.2). From there, make your way back to the crossroads at km 2.7.

Once you are back at the bridge crossroads, turn left until you reach thebeach (km 7.6).

4 Turn round at the beach and return to the crossroads and turn left, and continue along a narrower path to thebeach (km9.4).

5 Go back to the **crossroads** again and go back along the path to your left. When you reach the tarmac, you can turn left down to another entrance to the beach, where there is a "chiringuito", beach bar, in summer **(km.11,9).**

Then return to the starting point (km 12.5). You can also return along the beach at low tide.











A practically flat route. The difficult aspect is the many crossroads and detours that you will come to, as the route takes you through built-up areas and therefore with heavy traffic. It is better to do the route on a clear, bright day when you can enjoy the views out to sea. You can visit different areas that are very built-up, but which still enjoy a peaceful beauty: La Jara, Chipiona, Rota, etc.

Departure and arrival point:

The route starts from the ConfederaciónHidrográfica del Guadalquivir buildings (C.H.G.), located on theCA-602 (El Puerto-Sanlúcar road), on the left towards Sanlúcar de Barameda, and just after the crossroads with the Jerez - Rota road and before the water tank. Circular route returning back to the same place.

Reference points:

As you set out on the route (Confederación Hidrográfica del Guadalquivir, km, 0), take a quiet dirt track, with broken tarmac stretches, until you come to a large pond on the left, followed by a small road, with little traffic (km7.3).

² Carry on along this path and after 500 metres you will come to another road on the left, that is difficult to make out, which you should ignore and go straight ahead. You will come to a fork (km8.6). El Bercial is on the right. A la derecha encontramos El Bercial. Keep left, and carry on enjoying the route, until you come to a narrower tarmac road to the right (km 12) and which you should take. There are splendid views along the whole coast on a clear day.

3 As you go down the other side, you will come to a road (CA-6041) (km.14,2), which you should cross carefully and then carry straight on, along a tarmac track that runs between greenhouses until you come to the roundabout with the A-480 road (km 16).

Carry straight on, but take care as you cross the road, as the traffic is heavy. Carry straight over the next crossroads and then turn left along a dirt track (km 17.5).



From here, you can carry on straight ahead to the La Jara beach and enjoy the views over the mouth of the River Guadalqui-

vir, with the Doñana Natural Park opposite. Retrace your tracks and then turn down the dirt track at the crossroads. It is the old railway track, which has been dismantled, and which will take you to Chipiona. Just before the old railway track bends to the left, close to the entrance to Chipiona, where you can turn right towards the sea, to the **fishing harbour km20.6**).

5 You should cross Chipiona keeping as close to the coast as possible. As you go along, you will come to the Castle, the Lighthouse and the **Regla Chapel** (km23.7).

After visiting the chapel, car-

ry on along the coast to Rota. You will have to go along a few streets, as you cannot continue along the coast immediately after the chapel. It is difficult to set a specific route, as this area is expanding and new buildings are appearing, but you will not get lost, as you will always be near to the coast. You come to the edge of the town, you will see a street that goes to the left, where there is a dirt track, behind a small embankment, parallel to the coast (km 25.1).

You will then come to a small road, which turns to the right and then to the left, before you get to the coast, and the route then runs parallel to it. Once you reach a bridge, which crosses a type of canal (km 27) to your right.

6 Carry on straight ahead along a path. This zone is constantly changing due to the new buildings. You can follow the coast along small sandy paths, but it is not an easy route. Once you are nearly at the **Costa Ballena**, residential estate, you have to cross a stream, even though it is not easy, and along a narrow path, until you reach the first entrance to the beach within La Ballena (**km.30**). Continue along the beautiful promenade of the residential estate, parallel to the beach. There are cobblestone paths that will take you to the end of the residential estate (km30.3).

This path does not seem to continue parallel to the beach. You will see a chiringuito (beach bar) on the other side. Take the path that goes off to the left,

and you will then to see one going off to the right with turn-points through which you can pass. Carry along the dirt track, then turn left and you will come to a tarmac path and then turn right. The tarmac section is very short and then you carry







on cycling between houses belonging to Aguadulce. Then go past a camp site and this track will take you to the old Rota-Chipiona road (km 32).

Turn left, without leaving the tarmac along the edge of the road. Further along you do need to turn off and just on the other side, you will see a dirt track, just before a flyover above the new Rota – Chipiona Road (km31.2).

8 This track then leaves the road and comes out on the road towards Rota, oppo-

site the Naval Base fence (km35.5). If you carried on along it, it would bring you to Rota. Your route is along the path to the left on the left hand side of the road, along dirt tracks, past the Venta la Tinaja roadside restaurant, and further on past the cemetery. Carry on straight ahead and you will come to a flyover that you should use to avoid crossing the busy main road (A-491) (km.37).



Once on the other side, you should turn right along a road and you will come almost immediately to another one, where you should also turn right. You then

turn to the left shortly afterwards and carry along paths that run parallel to the road to El Puerto de Santa María (A-491). You will go past a petrol station and then continue until you come to a small road going off to the left, which goes towards El Bercial, and

which you should take (km.39,5).

This road will take you to the crossroads at km 42.3, where you had previously been at km 7.3 and make your way back along the same path to the C.H.G. (km 50.6), which was the point you started out from.





0.6 kn









CHIPIONA

4



Base Naval

carretera Rota-Chipiona



Costa Ballena

Camping



puerto pesquero

castillo

faro

Santuario

23.71



80



Breath-taking route, thanks to the many different plants and particularly the very beautiful pine groves. It is also a pleasure to see how well the drovers' ways that you travel along have been kept up and repaired. As you cycle along, you are likely to come across many rabbits and partridges. You should keep your eyes peeled for small lakes in this area with an abundance of birdlife.

El Taraje PUERTO REAL

Departure and arrival point:

The route starts from the Venta El Algar-robo roadside restaurant, located on the so-called Bolaños road, which runs from Puerto Real to El Portal and Jerez. It is on one of the many bends, around 3 km from Puerto Real. The route ends back at the point where you started as it is circular.

1 Take the dirt track that leaves from the roadside restaurant (km 0), and then immediately turn off to the left and when taking the other path turn right. You will immediately reach the dual-carriageway, where you should take the tunnel under it. Carry on nearly straight ahead along a recently-repaired dirt track. Ignore a path that goes off nearly straight off to the right. Your path continues slightly to the left.

2 When you come to a crossroads, take the route off to the left. It is called the **Hijuela del Cerero**, and runs between pine groves (km.2,1).

You reach the de Las Castellanas Crossroads (km.5). It is a pretty spot where two drovers' ways meet, surrounded by pine trees and plants. It is worth stopping and make sure you do not take the wrong path and get lost. The path running off to the right would take you to the El Pedroso road. You will later go off to the left. You should now carry on straight ahead up a beautiful drovers' way that rises up slightly. You will come to some crossroads, but they are



really just openings in the undergrowth on the sides of the drovers' way, but you should continue straight ahead along the main path. At some of them, you can take the one to the left. Then turn immediately to the right, parallel to the previous path, but on the other side of undergrowth. This will take you up to the top of Cerro Castellanas, with a triangulation station and a splendid view. Make your way back to the previous point and continue along the drovers' way.

4 When you are parallel to Cerro Castellanas, which will be on your left, the drovers' way leaves the pine groves and comes to a fork that you should keep to the left (you will then come back along the right-hand track) (km.7,6).

5 After you have gone past some slides, you will see the Taraje Lagoon to your right (km.9,2). It is worth stopping and using your binoculars to watch the different birds on the lake.

6 Continue along the path and at the end of the lagoon, turn to the right at the crossroads in order to cycle around the lagoon (km.10,3).

The surface of the path gets rough and is even rather difficult further on. You will then come to a crossroads. You will see the Micona farmstead that you have already gone past. You continue straight ahead and you will then reach the El Pedroso road (CA-2012) (km13.2).

Unit of the second state of the second stat beautiful pine grove next to the road where you have to take a path parallel to the road. You will come to a broad dirt track where you have to turn to the right (km.14,3).

9 This section of the route is an uphill climb. to the fork (km. 7,6) which you came to on your way out (km.15,7).

10 Now turn left and go down the drovers' track between pine trees that you came up, to Las Castellanas Crossroads (km18.3).

U Turn right and you will come to the prettiest part, with pine trees and lush vegetation, even though the path has been recently widen and removed vegetation so vehicles can use it. You will come to some small buildings, the path turns to the left and then goes over the dual-carriageway (km 20.8).

2 After crossing over it, turn left and then follow the path that runs alongside the dual-carriageway until you reach the tunnel that you went through at the start of the route and which will bring you back to where you set out (km.24,7).

36.566832. -6.105109











The main feature of the route is the climb up to the village of San Cristóbal, with stunning views over the Bay of Cadiz and the River Guadalete estuary. The Las Lagunas Natural Reserve of El Puerto is an interesting zone to see different wildlife and birds. Part of the route takes you through vineyards.

Departure and arrival point:

You can start the route along the dual-carriageway from Jerez to El Puerto de Santa María (N-IV), as you leave Jerez, at the first bridge over the road. Cross the bridge and then go towards El Puerto. de Santa María along the **dirt track that runs parallel to the dual-carriageway (km0).** The route brings you back to the point where it started.

Reference points:

1 The dirt track takes you to the following bridge over the dual-carriageway (km.1,8).

2 After going past the roundabout, turn left along the **Carrillo drovers' way.** You will come to a fork where you must take the right-hand track (km.2,7).

This will take you up to the top of the Sierra de San Cristóbal heights. Even though it is not very high, the slope is quite steep (10% over 500 metres) and the surface is not in a good state of repair. Once you reach the outskirts of the **village of San Cristóbal** and the surface is tarmac when you reach a sort of square (km.3,7).

Carry on upwards along the tarmac path, to the right. You can also go straight ahead and climb up to the triangulation station. But you have to follow the tarmac path to the right and it takes you out of the village and continue along the path until you reach a section of the old main road. Turn left and you come to another

bridge over the dual-carriageway (km.6).

Go across the bridge and continue along the other side parallel to the dual carriageway. The path turns to the right, but you continue straight ahead along a slightly rough path, until the path runs away from the path (km.7,3).

6 After a short uphill climb, you go along the part above Aquasherry. You then continue on the complex known as Las Beatillas (km.8,2).

After taking some time to enjoy the view over the bay, continue straight on down the path until you reach the Juncal Road. Turn right, leaving the Casino on your left and just after the bend, turn right down a tarmac service road of a **Confederación Hidrográfica del Guadalquivir canal.** Then carry on pedalling taking in the scenery for just over 1 Km until you come to a crossroads with a wide path (km.10,5).

Turn along the path to the right and enter the El Puerto Lagoons **Natural Reserve.** There are three. The first, known as Juncosa and just off to your right, is usually dry and you can pass it by without even noticing it. If you continue along the drovers' way, after passing some buildings on your left, you will come to a crossroads, which is very muddy during the rainy season (km.11,5).

The Salada lagoon, the largest is on your left. As you do along the path, you will come to the Chica lagoon, which is the smallest, but the deepest. The three lagoons have a wealth of bird life, even though they sometimes dry out in the summer.

As you continue straight along the path, you will go up a small slope and when you reach a smallholding, you can see the last two lagoons as you look back along the route. You then carry on to a **crossroads (km13.1).**

To your left, you can see the outline of the Puerto II prison. Carry on straight ahead until you reach the **CA-613 (km.15,1).**

11 Turn right towards Jerez, following a sign saying Viña Canisbro (Canisbro Vineyard). This is a gentle path that will take you past vineyards, such as the **EI Bizarrón**, vineyard, until you come to a crossroads **(km.18,9)**.

Carry on straight ahead from the way you have come. After you have gone up and down a gentle slope, you will reach the **EI Carrillo drovers' way**, which is totally flat to the dual-carriageway. Then either use the bridge or the tunnel to cross the dual-carriageway and then take the same path back to the place where you set off **(km.23,5)**.







This is a straight forward and easy route through the Cañadas de Puerto Real Park, along a series of drovers' ways with relatively good surfaces, and which frequently take you through pine trees. You can end the route by cycling through the beautiful Las Canteras park, which is perfect for cycling.

Las Canteras

(PUERTO REAL)

Departure and arrival point:

The route begins in the beautiful **Las Canteras de Puerto Real park**,at the fountain that is in the central part of the entrance to the park (**km. 0**). The route ends back at where you started.

Reference points:

You set off on your bike eastwards, go straight across the roundabout and then through the residential area to your left, then turn right and then left again. You will come to another pine forest, with an easy path through it and which will take you to the**Barrera road (km1.7).**

2 You then go under the dual-carriageway and carry on straight ahead. There is a short slope, but it is hard going mainly due to the poor surface. You will come to the El Pedroso road, by the Caminero roadside restaurant (km2.7).

Cross over the road and then carry on down a track with a good surface, until you come to a crossroads (km4.4).

Continue straight ahead and along the drovers' way, which has a good surface, zig-zags through really beautiful pine groves. You then come to another crossroads where two drovers' ways meet and surrounded by pine trees. It is the Las Castellanas crossroads (km 7.2).

• Continue through the pine trees along the good path, up a gentle climb to Cerro Castellanas, which takes you up to the top of the hill by going slightly to the left and with magnificent views over the surrounding countryside. Once back on the drovers' way, the pine trees end and you come to a **fork (km 9.8)**.

6 Turn right and go downhill until you come to some more pine groves and the **El Pedroso road (km 11.2).**

Just before you come to the road, turn left along the path running parallel to it, until you come back to the **road (km12.4).**

After you cross the road, carry on straight ahead along the Arcos drovers' way, which also has a good surface. You will come to a large clearing, between the pine trees, which was used for grazing the livestock (km 14.6).

Ocontinue straight ahead back in the direction that you came, but a little to the right, through the pine trees, with some houses on one side, until you come to the EI Flamenco crossroads (km 16.6).

> Turn left and carry straight on. You can even go along a sort of bike-lane on the right. The pine trees end and you come to a fork, where you should keep to the right and go along a tarmac track (km17.8).

> Turn right along it. The tarmac ends and it becomes a dirt track. Right there, turn right down a **narrow path (km 18.7).**

> (12) Carry down this path, which later goes to the left and then to the right, which will bring you to another drovers' way through

pine groves and to the Barrio Jarana (km20.9). Then turn right. The drovers' way is wide with several paths going off it, but they all end up at another **drovers' way (km.21,5).**

13 Then turn left. You need to pay attention, as it is easy to go the wrong way or even carry straight ahead along another path. If you have gone the right way, you will soon come to **Puerto Real Hospital (km.22).**

¹² Carry on towards Puerto Real along the access road. When you come to a roundabout, then take a dirt track off to your right, which runs parallel to the dual-carriageway. This will take you to the **tunnel** nder the main road and which you went through as you set out at km 1.7 (km.24,5).

Make you way back to Las Canteras along the Barrera road. You can go through the beautiful Las Canteras park, the former Roman quarries to get sand to make ceramics and an ideal spot to cycle and visit the statue of Our Lady of Lourdes in a corner of the park (km.26).











This is an easy and straightforward trip that begins along the Los Toruños route (Route 28), before continuing through the salt marshes along San Pedro river, the old estuary of the Guadalete river.

Departure and arrival point:

The route begins at **EI Maka roadside restaurant**, which is the same as for route No.28 It is located at the entrance to Valdelagrana, and you reach it by taking a track off the roundabout, with a signpost with the name of the bar (**km.0**). The route ends back at the same point as where you started (**km 38,5**).

Reference points:

1 You cross the San Pedro river and then carry on between the salt pans until you come to the railway sleepers (km 2.3).

2 The sleepers last for around 500 metres, after which the road surface is good again and skirts the Algaida pine grove. Keep a look out as just one kilometre after the sleepers have ended and just before a small crossing that is also make out of sleepers, there is a small path leading off to your left, which is hard to make out among the undergrowth (km.3,8).

When you reach the fence along the main road, you should turn right and cross an area that is totally waterlogged in the rainy season and becomes impassable. You will there find the path, beside a sort of small brook that is flooded most of the year. When you reach the bridge over the main road, you should look for a way through, where you will need to carry your bike to the start of the fly-over (km 5). Carry on along the tarmac road to your left to cross over the main road. On the other side, carry on across the roundabout until you come to the **cemetery (km.5,6)**.

Skirt around it to the right and you will come to a track where there is a level crossing over the railway. The path continues on the other side and you will soon need to take a road off to the left, which then runs parallel to the railway. Continue parallel to the railway until you come under a **bridge** over the motorway (km.8,4).

5 On the other side, you will come to the San Pedro river, which the track crosses and then continues between the two arms of the river. The track takes you near to the new road and runs parallel to it, until it crosses the main road over a **bridge (km 8.4)**.

DIFFICULTY

6 You then continue along the same track on the other side, which takes you to the Guadalete River and then runs parallel to it, until you reach the Bolaños road (km 17.3).

The path to the left goes to El Portal and Jerez. You need to take the road to the right, towards Puerto Real. There is not usually much traffic. Carry on for around four kilometres. Keep a look out for a **turnoff** along a wide track to your left. It is just after the crocodile farm on the left-hand side of the road, which bends to the right. There is a signpost to a farm (km.21,5).

Carry on along the dirt track for 500 metres until you reach the motorway. Turn right and continue parallel to the motorway for nearly 6 kilometres. You will see a bridge over the motorway (km 23.2) which you do not take and a tunnel under the motorway (km 26), which you should ignore. When you come to another **bridge** over the motorway on your left, you should turn **downhill to your right (km 27.8).**

9 This path changes direction as it winds around several houses until you come back to the Bolaños road (km28.4). Turn left and carry on for 600 metres where you go under a road (km29).

You then turn off along a dirt track to the right. Continue along the main track, which first turns to the left, then to the right, and then to the left again, until you come back to the level crossing and then return along the same path to **EI Maka roadside restaurant (km 38.5).**



OBSERVATIONS

The route is completely flat and with a good surface in general. The main difficulties are the heat in summer, the wrong wind in an open area, the total lack of vegetation and, above all, the many mosquitoes.

> carretera de Bolanos

> > 17.3 k



21.5 k

desvio

desvio puente





5.6

cementerio

87

r.

Rio San Pedro

RioGuadalete

5

TRA

11.8 k

ouente

e venta El Maka

Valdelagrana

A. C. Make

5.13

10

puente autovia <u>84k</u>

traviesas ferrocarril sendero

EL PUERTO DE SANTA MARIA





This quiet route goes along the drovers' ways around El Puerto de Santa María. It goes past the Puerto II jail and then take a break after crossing the Lagoons of El Puerto Nature Reserve. with its abundant bird and animal life.

Departure and arrival point:

Leave El Puerto de Santa María, from the Bodegas Caballero wineries, on the old bypass. Take the road opposite the wineries, which is

known as the **Camino Viejo de Rota.** Carry on until you come to a roundabout which can also be the starting point (km.0).

The route finishes back here (km. 27,5).

Reference points:

6 Turn off here along the path leading off to the left, with a rough surface, that will take you to **Puerto II prison** (km.13,8).

Once you reach it, carry on past it to the right. When you have gone past it, you will come to a track where you turn right and leave the prison behind you. You will soon come to a fork, where you should turn to the right, which will bring you to a crossroads (km.15,2).

Turn right along a path that will take you to the Lagoons of El Puerto Nature Reserve. When you reach the highest point, you will first be able to see the Salada [Salty] lagoon to the right, which is the largest, and the Chica [Small] lagoon, which is the deepest to your left. The path runs between both of them. Carry straight on over a **crossroads** where the other paths lead off to the lagoons. Route 13 also includes this section, but in the other direction. As you continue along, you can see the Juncosa lagoon, which is near overgrown, to your left. You will then come to the canal service road again **(km.17,8)**.

9 Now turn right along the path and continue until you come to the **crossroads** where you were at km 12.8 (km.20,4).

U Turn left along a dirt track with a reasonable surface until you come to a **broad track (km.22,2)**.

1 The path leading off to the right takes you to the CA-602. You need to turn left and then carry on until you reach a complex cross-roads of tarmac paths (km.23,1).

12 There are four possibilities. You need to take the second one to your right, which is dotted with small buildings, until you come to the bypassn (A-491) (km.25,5).

Just before the bridge that crosses it, turn right along a dirt track that will bring you back to the fair ground. One option is to turn down a path to your right and which takes you past the Home for the Elderly. When you reach the fair ground, turn right at its exit to the CA-602. Cross the road with care and take the road in front that will bring you back to the roundabout **(km.27,5).**

Turn left (you will come back from the right) and continue along this very urbanised track, with several roadside restaurants, and where the tarmac stops after 2 Km. You will come to a point where the main path turns to the left and the one going straight ahead gets worse. You have to take the one that goes to the left and then take the first path to the right. You will come to a wide **track** and with a better surface, which is known as **el Verdugo (km.3,6)**.

2 Turn left along it and carry on until you come to a **track** leading off to the **right (km5.4)**.

Carry straight on until you come to the CA-614 (Rota-Jerez), which you should cross with care. Almost opposite you, you can see a narrow path, next to a house, that will take you to the facilities of the **Confederación Hidrográfica del Guadalquivir**, junto a la CA-602 (Puerto-Sanlúcar) (inicio de la ruta 11) (km.9,2).

Cross the road with care and continue along the canal service road just in front of you. You will then come to the **CA-613** (which carries on from the CA-614 that you went past earlier). You can avoid doing this last part by cycling for one kilometre along the main road (**km.9,9**).

5 Cross the road with care and continue along the canal service road, which nowhas a tarmac surface, just in front of you. There is very little traffic and it is an easy ride. You will need to keep an eye out to make sure you do not miss the first **crossroads (km.12,8)**.

.<mark>5 k</mark>m

DIFFICULTY



OBSERVATIONS

Except during the rainy season, when much of the route gets waterlogged, the only difficulty is the traffic when you are crossing some of the roads and the wind.









Pleasant and easy route between San Fernando and Cadiz, round the far end of the Bay of Cadiz. Nearly the whole route runs parallel to the railway line and the dual-carriageway, along a good path between the salt pans.

Departure and arrival point:

Take the bypass around San Fernando, and turn off into **The Bahía Sur shopping centre**, which you can reach from either direction. The access road goes over the railway track and down to the centre. Before you come to aroundabout, you can see the start of this route on the other side, with space to leave your vehicle. **(km.0).**

The route finishes back where you started (km. 17,8).

Departure and arrival point:

1 Nearly the whole route goes towards Cadiz and runs parallel to the railway and to the dual-carriageway. You start off by crossing over the Arillo channel and you will then see a large area with **ruins** to your right **(km.2,6)**. 2 You will be able to see a gateway that is the start of a narrower and prettier path, that runs between the salt pans, along the shore of the Bay. There are bird watching hides along the path, which ends at a **crossroads**, where you rejoin the track that you had previously left to go along the path (km.5,8).

3 Turn right towards Cadiz. You will then come to some houses blocking your way, with a locked gateway. Thetrack crosses the railway to your left and joins the dual-carriageway (km.6,9).

When you reach the houses, you have to go round them to the right, along a small beach, and then continue along a dirt track. This joins a broad track that goes to Cadiz. You go along with the bay on your right until you reach the **industrial estate** on the outskirts of Cadiz (km.9,8).

5 The return route is back along the same path until you reach Bahía Sur (km.17,8). Once you have crossed the Arillo channel, there are different paths through the saltpans on your left. You can go along them, but it is not as easy-going.



OBSERVATIONS

It is a broad dirt track and the going is easy.

FERNANDO 5 Bahia Sur

TILLE

CADIZ

poligono industrial

4

9,81

Bahia de Cádiz

3 6,9 k cruce via del tren

2.6 k edificaciónes derruidas

2 5.8 k cruce 91







This is a pleasant ride through the San Fernando saltpans, part of which is along a bike lane and part along a signposted path, and ending at Camposoto Beach.

Departure and arrival point:

As you enter San Fernando from the Cadiz dual-carriageway, you will come to a large roundabout. The first exit to the right is the **Camposoto road**, which goes **past the Tiro Janer Industrial Estate.** You can leave your vehicle there and begin to cycle along the bike lane (km.0).

You can back along the same path, which will bring you back to the starting point.

Reference points:

The lane goes around a roundabout. You will see a **dirt parking area** opposite the entrance to the reserved area (km.1,5).

2 The signpost path of the Tres Amigos-Arillo River Salt Pan starts here. You can enter through the side of a gateway that is closed to vehicles. The path runs through the saltpans. When you reach a **crossroads**, continue straight ahead until you come to the dual-carriageway to Cadiz, near to the tidal mill. You can also start the route here (km.3,3).

It is easy to cross to the other side of the Arillo River along the side of the main. You can visit the mill and then continue along the other side and cross through a gateway. The path reaches to the end of the channel, near to the beach, with two **bird watching hides (km.5,4)**.

Gross over to the other side and return to the car park, where you set off from (km.7,9).

5 Continue along the bike lane to Camposo to beach, in other words to the right. You could also go along a dirt track that runs parallel and which also starts at the car park. You will come to a **roundabout with a fountain** in the middle. The bike lane continues to the left to San Fernando (km.9,2).

6 You need to turn right and cycle along the dirt trackbesidethetarmac, which will take you to the end of **Camposoto Beach (km.11,2).**

You can even continue along the sand to the signposted path of the Punta del Boqueron headland, even though it is rough going on a bike, before going back along the same path.











Thisbeautifulroutetakesyouthroughpinegroves and its main difficulty is the orientation.

Departure and arrival point:

Once you have gone past Chiclana, along the bypass to Algeciras, you will almost immediately come to a crossroads to the right which goes to La Barrosa. If you continue towards Algeciras, you will soon see a **BP petrol station** n your right. You can leave your vehicle there and set off on your bike **(km. 0).**

The route finishes back where you started.

Reference points:

Take the path just behind the petrol station which will bring you immediately to a track. After going slightly to the left, you then come to a wide track to your right, which you should set off along uphill. This is the Pinar de Hierro pine forest, a beautiful area with numerous tracks and paths, and where it is easy to get lost. But that is exactly what you should do, and discover the paths among the pine trees. The idea this time is to make your way to the **Punto Mágico de La Espartosa.** It is a small hill that overlooks the whole pine forest. It is easy to make out as there are some large tanks nearly at the top. The most direct way up is along a very steep path with a rough surface, where it is difficult to keep your balance. Where you are nearly at the top, you will see a narrower path to your right, which is protected by a wooden fence and which continues upwards. This will bring you to the top of the Punto Mágico (km. 1,7).

2 You will come down the same path, but in-



DIFFICULTY

stead of going down the wider path, turn right and you will come to another one, which is also to the right down the opposite slope towards the sea. If you carry straight down, then after a short rise and fall, you will come to a wide track, known as the **Fuente Amarga cattle track** (km. 3).

3 Turn left along this track. To check whether you are going in the right direction, you should see the opening of a huge stone quarry on your left. You need to carry on straight along this path. You will come to a crossroads (km 3.7); further on with a turning off to the left (km 4.6). Carry on straight ahead along the wide track. You will be able to see the buildings of Campano ahead of you. After an uphill section, keep your eyes out for a turning. You go past some houses, with many paths going off on both sides, and there is a bar on your left. There is another track to a horse-riding centre that you should also go past. Just a short

distance later, **turn off** to the left along a narrower path. You will then come to a golf course and then to the **Novo Santi Petri**, road, which you will return along **(km. 6,8).**

After 100 metres, you will come to a sandy area, where you have to turn to the right. This section is slightly tough going, but you will come to a roundabout by a residential area (km7.5). Turn left at the roundabout along the road that goes to the entrance of an estate. When you come to the entrance, turn right along a very sandy path that runs alongside the boundary fence of the state. This section is hard going and you will have to get off your bike at some points, but at least you are going through a pine grove. And it is not even one kilometre long. You will come to another residential area and you should turn left along the **tarmac.** At the end, you will come to a road **(km. 8,8).**

If you turned right, you would come to Novo Santi Petri along a bicycle lane. But you have to turn left. After around 300 metres, you turn off to the right along a path through pine trees (km9.1). After a 300 metres, you will come to the end of a tarmac track, where you turn right and continue along a dirt one (km9.4). When this track turns right, which would take you to Roche, you should take the path to the left (km9.8). It widens out for around one hundred metres and then continues until it comes to a tarmac track (km 10.6). Turn right along it and you will immediately come to the **Roche road**, by a roadside restaurant (km. 10,8).

6 Cross the road and then continue left along the path running parallel to it, until you come to a tarmac track to the right (km 11.2). Go along this track which runs through beautiful pine trees until you come to a dirt track to the left, just after a house (km11.7). Cycle along









this track until it meets another one (km13), where you should turn left and then immediately right, which will bring you to **El Colorado** (km. 14,5).

Defore you reach the main road, turn right to the Church. You will here see a tarmac track, known as La Pinaleta lane, off to the right, which you should take (start of Route 37). There are sections where you can go through the pine groves parallel to the road and so avoid the traffic.

You will then come to a junction, with a tarmac track off to your left (km16.6). Carry straight ahead and you will come to the entrance of the **Roche residential estate** (km. 19,6).

You go into the residential estate and go along the main avenue until you come to a **crossroads** (km. 21,1).

Turn right along the Calle España, which will bring you to the end of the residential estate (km21.8). Continue along a tarmac track that will take you to a roundabout in Novo Santi Petri (km. 23,4).

Continue straight ahead,

DIFFICULTY

where you can use a cycle lane, to another roundabout (km 24.6). Carry on along the cycle lane until you come to a dirt track on your right with several signs to a horse-riding centre, etc.(km25.1). It is the Fuente Amarga drovers' way. You will then come to the path where you turned off at km6.8 and you retrace the path to the petrol station where you started out, butyou may find other paths through the **Hierro pine forest (km. 32).**









This route goes through the Los Alcornocales Natural Park, through beautiful cork oak and holm oak forests.

Departure and arrival point:

At kilometre 62 along the N-340 (Cadiz-Algeciras), going towards Algeciras, you take the first turning to Facinas, on your left. You leave your vehicle there and begin to cycle along the CA-221 Facinas-Los Barrios road (km.0).

The route ends at the exit to the Jerez-Los Barrios motorway. Even though you could extend your route, but if you return along the same route, you will come back to your starting point.

Reference points:

It starts with a gentle climb up to the turning to Facinas, which is to your right (km.1,4).

2 Continue straight up, past the football field and some military facilities. You will come to a road off to the right that goes from Santuario de la Luz and Tarifa (km.4).

3 Shortly afterwards, you cross the River Almodóvar and the road begins to climb up. There is a group of houses and the Los Tornos picnic area (km.4,5).

4 You will come to a crossroads. The road off to the right goes to the Almodóvar reservoir dam 1 kilometre away. There is a path signposted to Tarifa (km.6,2).

5 Carry on straight ahead. On your right, you will be able to see the strange Torregosa hill that you cycle around. At the end of this first climb (4%), you will see the Almodóvar reservoir on your right. The layout almost completely disappears. At km 9, the track begins to climb up the **puerto de Ojén** (4%), through beautiful landscape (km.13,3).

6 The old Ojén roadside restaurant and then a lookout point are at the pass. You now start the downhill section through cork oak trees, with the Tiradero stream on your right, and then on to the ruins of the San Carlos de Tiradero estate, which is also on your right, after a short but hard climb (km.17,5).

The track continues uphill for one kilometre and then it is nearly downhill all the way to the end of the stage (average of 4%. The track is nearly overgrown with the vegetation on either side of the track. At around Km22, you will see the spurs of the Niño hills, to your left, with the hillock of the Bacinete caves, with pre-historical remains. You will then continue downhill to the former C-440 (Jerez-Algeciras), which is no longer used by traffic since the dual-carriageway was finished (km.24,5). The road to the right goes to the Frenazo roadside restaurant after 2 km. The access road to motorway is immediately on your left.

You go back along the same path.

98



OBSERVATIONS

Straightforward route. The one difficulty is the length and the uphill gradient to the Puerto de Ojén pass. After the first few kilometres, you will barely see any traffic.

> Cuevas de Bacinete

451



San Carlos del Tiradero

5)13.3 k

puerto de Ojen

99

embalse



area regreativa de Los Tornos instalacio militare

campo de sinstalaciones militares









This is a magnificent route through a typical forest of Los Alcornocales, with its lush flora and extraordinary views over the Bay of Algeciras and the Rock of Gibraltar.

The route consists of five kilometres uphill along tracks and twelve in a continuous downhill section, which will test your brakes.

Departure and arrival point:

The **Puerto del Bujeo**. pass is along the N-340 between Tarifa and Algeciras. If you are coming from Algeciras, you will come to a path on your right, just after you have gone over the pass, with space to leave your vehicle **(km.0)**. In this case, you can come back along the route to the starting point.

Reference points:

Almost immediately after you set off, you will see a fork with signposts and you should take the track to the right. The track climbs upwards, and it is almost impossible to get lost, for five kilometres, with an average gradient of 5%. You should cycle carefully as the surface

is not always in a good state of repair. As you continue along this path, you will go through a beautiful laurisilva or laurel forest with cork and Portuguese oak trees, holly and hornbeams. There are beautiful views over the Bay of Algeciras and the Rock of Gibraltar, particularly on a clear day. This uphill section ends at the La Higuera pass (km.5).

The downhill section, with an average gradient of 3%, begins here. You will soon come to a lookout point with stunning views. After approximately one kilometre, you cross the source of the Arroyo de la Miel stream, which never dries up. You go past the two entrances to Las Corzas estate and the surface of the track is very poor here. When you reach the edge of Los Barrios, the surface improves and the path zig-zags down. Right on the last left-hand bend, you can see a path leading off to your right to the **Capitán Gorge waterfalls and pool**, a truly idyllic spot **(km.18)**.

Continue along the track and you go through four iron gates, which you should make sure that you close behind you, until you reach a road, which connects the El Cobre district to the old Los Barrios road (km.21,8).







Montecoche



This beautiful route takes you through an area of Los Alcornocales Park, with its

cork oak forests, marvellous views of the Charco Redondo reservoir and with the Bay of Algeciras in the background.

Departure and arrival point:

1 The route begins along the road to the Las Hermanillas estate, where you can leave your vehicle (km. 0). The way here is from the Jerez-Los Barrios dual-carriageway, from the exit to the Charco Redondo Picnic Area (km 69), and then along the old road towards Jerez. After 2.5 km, you will see a dirt track to your right, just above a tunnel on the dual-carriageway. You will see a Las Hermanillas,sign, where you should

turn immediately to the right, and after a hundred or so metres, you will come to a gate where there is a map of the area. You will finish back at the same point.

Reference points:

2 Go through the gateway (there is a gap beside it if it is not open) and set off along the track, which has a good surface, with a slight climb, along the upper bank of the reservoir and which is quite overgrown. You will go past a path to your left after 500 m, which is part of the return route. You will see a **fountain** fountain (km.1).

You will come to a **fork**, where you should continue along the main road to the right **(km.3)**.

As you continue along this path, you will first come to a turning to the right and then another to the left, which you will come back along, but you need to continue along the main track (km 5.5).

The surface of the track is rougher from here onwards (particularly if it has rained) and there are more uphill and downhill sections (but mainly climbing upwards). You go past some vulture colonies, where it is worth stopping and watch them flying just above you. After a steeper climb, you come to a **forest ranger's house** on the left of the track, where you can stop and rest if you want to **(km.11).**

5 You will immediately come to a crossroads, where you should continue straight ahead.

This track climbs up and runs parallel to the one you have come along, but at a greater height. You will come to a **fork**and you should take the left-hand track **(km.13,6)**.

() The path continues to climb with some steep sections and takes you nearly to the top of these mountains. You will come to another fork (km 16.9) and you need to keep to the left and then **down a steep section** until you come to the track that you went past at km 5.5 (km.19,7).

You return along that track until you come to the crossroads that you past at km 3. You now leave it to your right as you go uphill again, but only for 500 metres, and then turn left at the crossroads (km 22,8).

This track runs parallel to the outward one, but a little higher, and has many paths leading off it. After just over 1 km, you will come to a fork. You can take either path, but the one on the left is easier (km 24.1).

As we have already said, there are many crossroads along this track. Some of them that should be pointed out are the following. After 600 m., take a turning going down to the left.(km 24.7). After around 500 metres, you will come to a fork, where you should keep left (km 25.2). There is another fork 700 m. on where you should keep left (km 25.9). Then 400 m. further on, you will come to the

last fork, where you should take the path on the left (km 26.3).

Go do the main track where you set up and then turn right and you will be back at the place where you set off (km.27,3).









This route goes along a military road, where you will come across hardly any traffic, with magnificent Straits, Africa, Gibraltar and the Bay of Algeciras. The best day for the route is on a clear day with a Poniente (westerly) wind.

Departure and arrival point:

You set off along the **road through the Getares residential estate** (Algeciras) to the Punta Carnero lighthouse. After you cross the bridge over a stream, go on for 200 metres until you reach a military track to your right. As such, entry is forbidden, but in principle and if you take the necessary precautions, you can cross it by bike **(km.0)**.

Reference points:

2 The tarmac path is quite steep (10%)in sections. After a short downhill stretch, you will come to Las Pantallas, tras una pequeña bajada (km.3,3).

3 You carry on uphill until you come to the top

of a hill (km.6,3).

4 The views from here are magnificent, both of the Straits and the Bay. The track continues to the **military facilities**, but you should take the dirt track that starts here. As you cycle along, there are magnificent views and you will come to a path with a better surface (km.10,2).

5 Turn right and there is just one kilometre up a steep uphill section until you come to **El Pelayo district (km.11,2)**.

OBSERVATIONS

You can return along the same route or go down the N-340 main road to Algeciras, or turn left for 1 km to the Puerto del Bujeo pass and join the Las Corzas route (Route 40).







夏



El Pelayo

P



1121 S

2331

3.531

105





This route goes up the River Guadalmesí valley with its lush vegetation. Stunning views from El Tajo de las Escobas or Las Corzas and from the Sierra de la Luna mountains. On a clear day, you will be able to see Africa, the Bay of Algeciras, Gibraltar, the Cadiz coast, the Sierra del Aljibe and the Sierra de las Nieves mountains, and the Malaga coastline...

Departure and arrival point:

This route starts at the **Puerto del Bujeo pass (km 0).**Go along the N-340 from Algeciras to Taria and about 100 metres after going over El Bujeo pass, you will come to After around 100 metres, you will come a **track** on your right leading to a picnic area, where you can leave your vehicle. The route ends back at this point.

Reference points:

FEICULT

Set off along this track and do not take the one that goes off to the right, which is the Las Corzas Route (Route 40). The surface is good and the track takes you to the River Guadalmesí valley, an example of the famous "canutos", as these deep, narrow valleys to be found here are known, with their lush vegetation. The path climbs gently through a cork oak forest and crosses the river.

You carry on uphill until you come to the Viento or Wind Hill (km2.3). The gradient up to this point is an average of 3%. From here onwards, the path is steeper (average of 6%), until it bends to the left where there is a gate.

The path becomes even steeper. There is tarmac on the hardest sections to avoid erosion. The average of the uphill climb is 10%, with stretches that are even 14%, until you come to the **Tajo de las Escobas**, with its aerials (km.7.3).

The view from here is extraordinary on a clear day. You can look out over the Straits to Africa to the south, the Bay of Algeciras, the Rock of Gibraltar and the Malaga coastline to the east, the Montecoche, Las Nieves, El Aljibe and Grazalema mountain ranges to the north, and Tarifa and the Cadiz coast to the west. Go back down the same track until you see a dirt track, with a gate to your left.

Go over the gate and carry along this path that will take you to the **Llanos de ElJuncal**, a spot that is famous for its vegetation and being the source of the River Guadalmesí. The track carries on to the municipal boundary between Algeciras and Tarifa and on to 773 milestone above sea level, with magnificent views over the surrounding countryside. The track becomes a firebreak that continues to the Vacas Triangulation Station, which is lower down but in a key location. You turn round at the milestone and go back along the same route. (km.13,8).








This is the most southern route in Europe. It runs parallel to the most southern section of the Iberian peninsula and there are stunning views of the African coastline. The beauty of the Guadalmesí estuary and tower is striking.

Departure and arrival point:

This route starts near to the **EI Bujeo pass.** There is a dirt track off to the right about 1 km from the pass on the way to Algeciras. It is about a hundred metres before the turning to the Huerta Grande inn. There is a sign to **La Hoya farm** t the start of the track. You can leave your vehicle on the other side of the road (km. 0).

The route finishes back here (km. 26).

Reference points:

DIFFICULTY

The route begins with a steep downhill section. After 800 metres, turn right (making sure that do not follow another track that goes straight ahead), and after 100 metres, carry straight on (ignoring a track that is on your left). You will also see a sign here to the La Hoya farm **(km. 0,9).**

The track has a good surface and continuously rises and falls, with magnificent

views over the Straits. You will come to a hill, with a turning off to the left that goes up to some **wind tur-bines**, with stunning views if you want to make time to do up there (km. 5,2).

The track does down to the **Guadalmesí** stream, over which they is a sturdy bridge, in a very beautiful setting (km. 7,4).

The surface is rougher from here onwards, as there are still cobblestones, which are not easy to ride along on a bike. You then cross the Los Alelíes stream (km. 9,1).

5 The next section is really hard going given

6.0 km



the state of the path, but it gets better when you come to a tarmac track and a house on the right (km12.8). Carry straight on and after an uphill stretch, you will come to a small crossroads (km. 13,7).

On your left, there is a tarmac path that goes down to a bird-watching hide. You will see two tarmac paths in front of you that go to a military zone and where entry is forbidden, which stops you carrying on to Tarifa. You will have to turn right up a very steep slope, but only for 300 metres. You go down the other side to a tarmac track (km 14.3).

6 There is another no-entry to the military zone on your left. Turn right and cycle up the uphill stretch that will take you to the **N-340, at Kilo-**

metre Point 90 (km. 15,5).

If you turn right, it is under 2 km to the Straits lookout point. And if you continued along the main road, you would arrive back to your starting point, but the traffic is very heavy. You need to take the track to the River **Guadalmesí (km. 17,8)**.

Turn right and you will come to the Guadalmesí stream and the bridge that you crossed at km7.4, which will bring you back to the track down to the stream and you just have to make your way back to the starting point (km. 26).

OBSERVATIONS

This route is very tough going. After the River Guadalmesi, the cobblestone surface is not easy to cycle over (Vado del Guadalmesi)The route is do-able even during the rainy season, although there will be puddles. They can be a strong headwind. The way back along the road is much short, but dangerous due to the traffic.





108





110

This a pretty route with magnificent views, cork oak forests, with slopes that are not overly steep.

Departure and arrival point:

This route starts at the Puerto del Bujeo pass. As you drive along the N-340 from Algeciras to Taria and about 100 metres after going over El Bujeo pass, you will come to a track on your right leading to a picnic area, where you can leave your vehicle (km. 0).

The route ends at the picnic area next to the La Luz Shrine (km. 26,5).

Reference points:

Set off on your bike along this track, ignoring one that goes off to the right, which is the Las Corzas Route (Route 41). The surface is relatively good, although there are some areas that are hard-going on a bike and it soon enters the **RiverGuadalmesí** valley. Climb gently up through a cork oak forest and cross the river (km. 3,5).

2 Youcarryonuphilluntilyoucometothe ElViento or wind hill, covered with wind turbines (km. 4,9). Several tracks meet here. On your left, there is a tarmac path that comes up from El Cuartón and continues on up to the left. On your right, there is the track that goes up to Tajo de las Escobas and another to the nearby wind turbines. You need to go along the path that goes downhill straight ahead until you come to a crossroads with a track (km. 6,9).

The path leading off to the left takes you to the N-340 by the Straits Lookout Point. You need to turn right. You will see a beautiful valley in front of you. You have to continue this track along the hillside, through the cork oaks and with magnificent views over the surrounding countryside. The track rises and falls, although there are more uphill sections. The route crosses several streams, some of which have water in them even in summer, such as Los Molinos stream (km. 11,5).

5 You will finally come to a narrow road (km. 20,9) The Rayo Tower is in front of you.

6 Turn left and go quickly downhill. You will come to an unexpected short but steep slope. You will then arrive at the **Chapel of La Luz**, with a picnic area **(km. 26,5)**.



OBSERVATION

Track with a good surface. Part of the route is along a country road.





El Cuarton

4.91





torre de El Rayo





This is a very easy route and is ideal for a family outing or a gentle ride. It is the service road for a canal belonging to the Confederación Hidrográfica del Sur. The surface is tarmac and as is logical it follows the route of the canal except in two sections.

Departure and arrival point:

After you have left Nuevo Castellar along the CA-533, after 800 metres you will see **Castellar Zoo** n your left and a **canal** n your left and a **(km. 0)**.



The route ends at the **dam** in the municipality of San Roque **(km. 11,7).**

Reference points:

The route is a delightful delicious ride along the tarmac service road of the canal, with no uphill sections and through lush vegetation and running alongside the canal, which is a cooling factor. At km. 7,7 the path moves away from the canal.

The path then goes up and down to a stream bed which the canal crosses by means of a bridge. At km. 11,1 you will cross it again.

At the end of the downhill section, you will come to a fork. The track to the right goes to the Estación de San Roque – San Roque road (CA-512). If you carry straight on uphill you will come to the **dam** and to the same road **(km.11,7).**

OBSERVATIONS

This is a very pleasant route as it is through lush vegetation. It runs along the edge of the El Rey pine forest. You can combine the route with taking the train between the San Roque and Castellar de la Frontera stations.













A short route, but with some testing sections, either due to the steep slopes or the surface of the bath, and with magnificent views over the Straits of Gibraltar and the Bay of Algeciras.

Punto de salida y llegada:

You set off from the Getares residential estate, in Algeciras, along the road towards the lighthouse. After going down to the Pícaro stream and crossing over the bridge, you will then see the military road known as Las Pantallas, and the start of Route 42 on your right. Leave your vehicle there and set off on your bike towards the **lighthouse (km. 0)**.

The route finishes back at the starting point (km. 17).

Reference points:

1 It is a narrow route and with a reasonable amount of traffic, but with stunning views over the bay. You then come to the **lighthouse**, which is on your left. Continue along the road and you will have to go up a short but steep section. At the end of this, when the road curves and begins to do downhill, turn right along a dirt track. You may have to open a gate (km. 4).

2 The path climbs and then goes downhill to a crossroads (km. 5,2).

If you carried ahead, you would come to a residential area. Turn right and continue uphill. It is a rather steep and windy road. You go through a gateway and the path goes to the left, with a more overgrown one to the right. After a short downhill section, you have to leave the path when you come to a **large house**, and go through a gate to the left (km. 6,7).

4 The path then climbs until you you come to a **fork (km. 7,7).**

5 The road to the right would take you to Las Pantallas road. You need to go left, which will take you to another **fork (km. 8,3).**

6 The road to the right also takes you to the Las Pantallas road. You need to go left and down a steep section. You go past a ruined house on the left. Go past a path to the right that goes to a house that is almost out of sight. The path then seems to lead to a type of enclosure, which is on the left. The track then becomes a path and you continue straight down with the Straits of Gibraltar in front of you. The downhill section is rather testing, and you even have to go round an overgrown zone, but you come to a headland overlooking the sea, with the **Cala Arena cove** on your right (**km. 10,2**).

You turn left along a path near to the sea that take you down to the cove and up to another headland, with the ruins of Civil Guard barracks. Continue towards the residential estate that you can see opposite you. In order to reach it, you have to go over a **large stone** that is rather challenging **(km. 11,1).**

Once you are in the residential estate, turn towards the sea and take a dirt track that runs parallel to the shore. When you come to a parking area, you take the nearest street to the sea and make your way to the exit. You go back up a steep section along the road to km 4 and then back to the departure point (km. 17).









This route takes you through the Hozgarganta and Guadiaro valleys, on the border with Los Alcornocales natural park.

Departure and arrival point:

You set off from the **Chapel of Los Ángeles,** located in the district of the same name of Jimena de la Frontera, which is also known as the station district **(km. 0).**

The route finishes back at the starting point (km. 27,8).

Reference points:

Just a little before of the entrance to the atrium of the Chapel, take the path going downhill to the right, which will soon take you to the A-369 road. Then turn left until you come to some **nurseries**, where you should turn right down a track. There is a sign that says **MARVI (km. 1,8)**.

2 This track crosses the River Hozgarganta through a ford that is fun on a bike. Shortly afterwards, you will come to another track where you turn left. Your path runs parallel to the railway on the right, and you can make out the river on your left. The track takes you past some houses and through lush vegetation. When the path is going to cross the railway line, you turn off to the left along a **path**. There is a **sign to Castellar (km 4.1)**.

The path runs parallel to the railway line, until it reaches a track with a better surface, where you turn left. You will come to a fork: there are signs to Castellar to the right. You turn left to another ford through the river and then shortly afterwards you come to the A-369 road. The village of Marchenilla is **on the other side**, with a roadside restaurant at the start **(km. 6,5)**. 4 You go through the village and continue along a half-tarmac track and carry straight on past the turnings off to the side. The track starts to climb up until you come to the **top of the Piedra Mola (km. 9,8).**

5 The downhill section takes you quickly to a crossroads section with the **CA-9091 road**, with a roadside restaurant (km. 11,1).

6 Continue straight ahead, across the Barca Moreno bridge, over the River Guadiaro. You then come to a crossroads and turn to the left along a very pleasant **half-tarmac path** that runs parallel to the river. After you have crossed a stream, ignore a path that goes off to the right (**km. 14**).

The path goes up and down and you come to the A-369 road. Turn left, and then cross the River Guadiaro and turn left along a broad promenade that goes to San Pablo de Buceite (km. 19,2).

At the entrance, turn left along a path that bypasses the town and comes to a promenade, that will take you to a small road, the **CA-9021**. Then turn left along the road. It is a quiet road, that goes up and down, running parallel to the river You then come to a **crossroads (km. 24,8)**.

9 Turn right, up a steep slope, until you come to the top of la Retenida. The quick descent takes you back to the Los Ángeles district (km. 27,8).

OBSERVATIONS

This route is not excessively complicated, even though some of it is along the road and some slopes.

GPS STARTING REFERENCE

<u>36.420763, -5.434621</u>









Even though the Montecoche is in very good state of repair, it is rather hard-going, in the same way as the return stretch along the old road to Jerez, with barely any traffic.

The view from the Montecoche track is magnificent over the reservoir and the Rock of Gibraltar in the distance. The old road goes through the stunning landscape of the Los Alcornocales Park.

Departure and arrival point:

To reach the departure point, you should turn off to the Charco Redondo Picnic Area, along the Jerez-Algeciras dual-carriageway (km 70), at around 20 km from Algeciras and 70 Km de Jerez. After turning off, go along the service road towards Jerez, along the old road. Before you get o3 km,

next to a tunnel along the dual-carriageway, you will see a wide track going upwards to your right and with signs to "Las Hermanillas". Go right, at the next fork and then you will come to some railings, that are usually closed. You can leave your vehicle there. You will see an information board about the route (km.0). The route will end back here at the same point.

Reference points:

118

2 You set off along the main track for several kilometres. The surface is very good. You will climb gradually uphill, along the upper bank of the reservoir and which is quite overgrown. You will come to a **fountain (km. 1**) on the left, where you can fill your water-bottles (as there is no other water for several kilometres).

3 Youwillcometoafork(km.3), where you should follow the main path on the right.

You will first see a turning off to the right and then another to the left, but you need to carry straight on along the **main track (km.5,5)**.

5 The surface of the tracks gets rougher from then on (particularly if it has rained), and there are more uphill and downhill sections (but tending to go uphill). You will go past some vulture colonies, where it is worth stopping, as you can see them



flying close by. After a rather steep section, you will come to a **ranger's hut** on the left of the path, where you can pause to enjoy the magnificent views **(km.11).**

6 You will then come to a crossroads with a turning off to the right and a **downhill slope**, which will take you to another track with a very good surface.(km.12).

7 It is an easy ride to **another fork**, after going through two gateways, you turn right.a **(km.13,5).**

After a downhill section, you come to a crossroads where you should follow the main path on your left (km 14.2). After going through two gates, you will come to a tarmac track. There is a closed gate on the right (it leads to the reservoir dam) (km 16.6).

8 You then turn to the left

and go downhill to the old Jerez-Algeciras road (km.19,3). You turn right along it . After 300 metres, you come to the El Frenazo roadside restaurant, where you can get water or something to eat if necessary. You then just have to follow the old A-381. You will go past a turning off to Facinas on your left and then a slip road to the dual-carriageway on your right, but you continue straight ahead (km. 22.3).

9 After a rather steep road, you will come to a crossroads, with a turning to the right sign-posted to the **Montera del Torero picnic area**, where you can take a break (km.26).

10 As you continue along the road, you will see on your right the **Montera del Torero**, a natural monument, the symbol of Los Alcornocales Natural Park **(km.27,2)**.

The uphill section with a bike lane is followed by a stretch down that goes under the dual-carriageway and you then continue on the other side (km 29).

11Go over the reservoir bridge and you will come to the **Charco Redondo picnic area (km32).**

You will then come to a slip road to the dual-carriageway and on the other side, you return along the service road to where you left your vehicle **(km.35)**.





venta El Frenazo



Carril Bici de la Almenara (CASTELLAR DE LA FRONTERA - SOTOGRANDE)



Easy route along a bike lane running parallel to the CA-533 and CA-534, between Nuevo Castellar and Sotogrande.

It is highly laudable that a well-protected bike lane has been built, as you can cycle along without any worries about traffic.

Departure and arrival point:

The route begins or ends (depending on where you start) at **Nuevo Castellar**, at the exit to the **CA-534**, to Sotogrande (km.0).

Reference points:

() It is impossible to get lost along this route. It goes along the canal. It is a steady but not steep climb **up to 190 m. (km.5,7).**

2 It is not really a hill top, but rather a zone where the track gently rises and falls, until you come to a gate to an farm, and then down to a roundabout in the **Sotogrande residential estate (km11.3).** You can retrace your tracks and make your way back to where you started.

.3 km













This route is through the beautiful Pinar del Rey pine forest and with delightful spots, such as those near the canal. Nearly the whole route is through lush vegetation, although some of the stretches of the paths are very sandy, which makes them rather tough going.

Departure and arrival point:

1 The route starts at the entrance to the Pinar del Rey, with a large area where you can leave your vehicle. You can reach Pinar del Rey from San Roque or from the crossroads by the Los Timbales roadside restaurant on the A-369 (km.0).

Reference points:

2 You set off along the **main track through Pinar del Rey**, which starts off with slabs and then becomes a dirt track. You will come to a point where the path where there is a right hand turning off to the right (**km.1,8**).

3 You need to carry on straight ahead. You will come to an entrance, where you

need to go through a narrow gate on the left, which is rather difficult, but not impossible with a bicycle. Almost immediately, the path curves slightly to the left. You then turn off to your right along a sandy track through pine trees, until you come to a better track, located after 400 metres. As you go along this path, you go off to the right and carry on along this section that is easy to follow down to the **Cerro del Águila**, with impressive views over the surrounding countryside (**km.4.5**).

When you get to the hill, you will see a gateway on the right, which you should go through. You carry on between two fences along a very sandy drovers' way, which is very hard-going on a bike, until you come to some houses (km.6,6).

5 Take the way out from these houses, until you come to a crossroads (km 7.7), where you should turn left, until you came to a tarmac track (km8.4). Turn left again and go downhill until you come to the **CA-534 (km.9,5)**.

6 You should then turn left and cycle along the bike lane, until you cross a canal (the start of route 47). If you carry on straight ahead you will come to **Nuevo Castellar (km.10,6).**

K

DIFFICULTY

You cross the road and continue right along the canal service road from the way you have come. Cycle along the quiet road until you leave the canal and reach some houses, where you turn off along a path next to some crops. Turn right and carefully cross the railway and the **A-369 (km.12,1)**.

The path to the cemetery is in front of you. To the right of it, the canal continues with its service road, which you need to look for, as it is not easy to find. Once on the path, it is an easy route until you come to the **CA5131 (km.15,3)**. The road to the right goes to Castillo de Castellar. You need to turn to the right and carry on until you come to the cross-roads with the A-369 (km17.1).

9 You turn to the right at the crossroads, and after 300 metres, you cross to the left, just before the La Almoraima train station (km. 17,4), along the entrance to Nuevo Castellar. Once you have crossed the railway line, and when the road turns to the left towards Nuevo Castellar, continue straight ahead along a dirt track, to the right of a sports field. You cycle carefully along this stretch as you can come across lorries from the quarry.

10 You will come to the **canal (km.20,4)**, which you cross and then continue up the track to the quarry. When you get there, take a narrow sandy path to your right, which you should follow straight ahead. You go along beside a fence, until you come to a place with a **fence**, that you have to go through **(km.22)**. Once on the other side, cross the wide fire break and you will see a path going into the pine forest, which will take you to a clearing with a ruined house (km 22.5).

You will come to a fork, where you have to turn left and then another that you go along to the right, which takes you to the gateway that you went through at km 1.8 (km 23). You have to go through it again and instead of returning straight back, turn left along the main track, until you come to another gateway.

1 Turn right through the pine trees, running parallel to the fence. There is no path, but you can cycle through there. You will immediately come to the La Alhaja stream. Go the right. It is a circular route along paths that run parallel to the stream, through very beautiful countryside. At some points, you will have to move away from the stream as there are houses in the way, but if you go in the direction of the stream, you will easily find your way back to the departure point (km26.1)...















Area of lush vegetation, with splendid views over Tarifa, the Straits and Africa.

Departure and arrival point:

The route starts along the **road to the Chapel of la Luz (CAP-2214).** This road is reached from the N-340 or E-5, through Tarifa towards Cadiz. It is on the rights, with pillars on both sides announcing the Sanctuary. You will then come to a roadside restaurant on the right, where you can leave the vehicle (km.0). The route will also end back here.

Reference points:

DIFFICULTY

2 You set off on the main road towards Cadiz. The traffic is very heavy, even though you can go along the hard shoulder for much of the time. You then turn off to the right when you come to a **tarmac road (km.3)**. You will see a poster indicating the bird hides in the area. You then go up the tarmac track, with a 6% gradient, until the tarmac section ends (km4.3).

This road continues more gently, with a good surface, until you come to a fork (km6). Once there, you keep to the right along a path with a rough surface, which will take you to a zone with houses (km 6.9).

The surface get worse from here onwards, which becomes very muddy in the rainy seasons, until you come to a path off to the left that leads to a **house (km.7,8)**. The path seems to disappear, but you need to carry straight ahead through a meadow. You will come to a **fork (km.8,2)**.

You will see that the path to the left is not very clearly marked, and you should go to the right. After a hundred or so metres, go past a path that goes down off to the right and carry on straight ahead, until you come to a set of houses (km 8.9).

Carry on straight ahead and the path improves as it goes down to the **river Jara (km. 9,9)**, through a rather pretty area. The path climbs up to the CAP-2214 road.

5 Carry on straight ahead back to the starting point past the **Chapel of N^a S^a de la Luz** (km.13,2) and then on to the roadside restaurant where you started (km.18,1).



8.1 km



BICYCLE RENTAL



CÁDIZ

URBAN BIKE CÁDIZ C/ Marqués de Valdeíñigo, 4 www.urbanbikecadiz.es shops@urbanbike.es (+34) 856 170 164 / (+34) 664 081 381 Bicycle rental and organization of routes through the province of Cádiz

CHICLANA DELA FRONTERA

ANDALUCIA ADVENTURE SPORT

C/ Alcalde de Zalamea, 8. Hotel Hipotels La Barrosa Urbanización Novo Sancti Petri www.andalusienrentabike.de (+34) 600 412 225 Bicycle rental and organization of routes.

CONIL DE LA FRONTERA

CAMALEÓN SPORTS Avenida de la Marina - Hotel Costa Conil www.camaleonsports.de info@camaleonsports.de (+34) 956 492 125 / (+34) 639 431 464 Bicycle rental and organization of routes through the province of Cádiz.

EL PUERTO DE SANTA MARÍA

BICIKULTURA P.I. Salinas, C/Pantano nº 38 www.bicikultura.com bicikultura@bicikultura.com (+34) 647 541 453 Bicycle rental and routes organization El Puerto de Santa María.

BICICLETAS BIGOTE

Rodrigo de Bastidas, 6 www.bicicletasbigote.com bicicletasbigote@gmail.com (+34) 956 875 418 Bicycle rental.

RUIZ HERRERA

Camino de los Enamorados 4 www.ruiz-herrera.com jruizherrera@hotmail.com (+34) 956 855 037 Bicycle rental and organization of routes through the province of Cádiz.

GRUPO MOVECO

Plaza del Polvorista, 8 www.grupomoveco.com moveco@grupomoveco.com (+34) 900 866 307 Electric bike rental.

JEREZ DE LA FRONTERA

BIKE & WINE

Santo Domingo 6 www.biwi.es reservas@biwi.es (+34) 677 588 568 Bike rental and routes organization Jerez.

EL MOTORISTA

Av. de Europa, 13 www.elmotorista.es info@elmotorista.es (+34) 956 358 500 Bicycle and motorbike hire.

SANLÚCAR DE BARRAMEDA

BIKE TOUR DOÑANA

Edificio Los Infantes. Planta 1. Local CC. www.biketourdonana.com info@biketourdonana.com (+34) 856 130 532 / (+34) 616 202 217 Bike rental and routes organization Sanlucar de Barrameda.

CICLO SPORT COCA

Carretera de El Puerto de Santa María, Poligono Palmar, nave 12 (Sanlúcar) www.cicloscoca.com info@cicloscoca.com (+34) 956 384 173 Bicycle rental.

TOURIST OFFICES

DELEGACIÓN PROVINCIAL DE

TURISMO Y COMERCIO Plaza Asdrubal s/n. Ático. 11071 CÁDIZ Teléfono: 956 006 380 www.andalucia.org

PATRONATO PROVINCIAL

DE TURISMO Plaza de Madrid s/n. Estadio Ramón de Carranza. Fondo Sur. Planta 4ª. C.P. 11011 Teléfono: 956 807 061 www.cadizturismo.com Info@cadizturismo.com

OFICINA DE INFORMACIÓN TURÍSTICA

(Oficina Virtual de Turismo) Aeropuerto de Jerez. Teléfono: 956 186 808 www.cadizturismo.com oficina.aeropuerto@cadizturismo.com

CÁDIZ

OFICINA DE TURISMO DE

LA JUNTA DE ANDALUCÍA Avda. Ramón de Carranza s/n. otcadiz@andalucia.org www.andalucia.org Teléfono: 956 203 191

CENTRO DE RECEPCÓN DE TURISTAS DEL AYUNTAMIENTO

DE CÁDIZ

Paseo de Canalejas s/n. info.turismo@cadiz.es www.cadiz.es Teléfono: 956 241 001 OFICINA DE INFORMACION

TURÍSTICA DEL

AYUNTAMIENTO DE CÁDIZ Avda. José León de Carranza s/n. www.cadiz.es Teléfono: 956 285 601

ALGECIRAS

DELEGACIÓN MUNICIPAL

DE TURISMO Centro de Cooperación y Congresos Avda. Villanueva s/n. C.P. 11207. turismoalgeciras@gmail.com ww.ayto-algeciras.es Teléfono: 956 581 413

ARCOS DE LA FRONTERA

OFICINA MUNICIPAL DE TURISMO Cuesta de Belén, 5 C.P. 11630. turismo@arcosdelafrontera.es www.turismoarcos.es Teléfono: 956 702 264

BARBATE

OFICINA MUNICIPAL DE TURISMO Paseo Marítimo, 5. C.P. 11160. turismo@barbate.es www.barbate.es Teléfono: 956 063 613

BENALUP -CASAS VIEJAS

OFICINA MUNICIPAL DE TURISMO Paterna, 4. C.P. 11190 oficinaturismo@benalupcasasviejas.es Teléfono: 956 417 733

BORNOS

OFICINA MUNICIPAL DE TURISMO Palacio de los Ribera Plza. Alcalde José González, 2. C.P. 11640. turismobornos@hotmail.com www.bornos.es Teléfono: 956 728 264

CONIL DE LA FRONTERA

PATRONATO MUNICIPAL DE TURISMO Carretera, 1. C.P. 11140. turismo@conil.org www.turismo.conil.org Teléfono: 956 440 501 / 956 440 222

CHICLANA DELA FRONTERA

OFICINA MUNICIPAL DE TURISMO C/ La Plaza, 3 C.P. 11130. turismo@chiclana.es www.turismochiclana.com Teléfono: 956 535 969

OFICINA MUNICIPAL DE TURISMO Playa La Barrosa 1ª Pista (Cerrada invierno). Teléfono: 956 496 082

CHIPIONA

OFICINA MUNICIPAL DE TURISMO Castillo de Chipiona. Castillo 5. C.P. 11550 www.turismochipiona.es turismochipiona@gmail.com Teléfono: 956 929 065

TOURIST OFFICES



EL BOSQUE

OFICINA DE INFORMACIÓN TURÍSTICA Bajos Plaza de toros , 11 C.P.1167

Bajos Plaza de toros , 11 C.P.11670. elbosqueturismo@andaluciajunta.es www.elbosquekilometrocero.es Teléfono: 956 727 019

EL PUERTO DE SANTA MARÍA

OFICINA MUNICIPAL DE TURISMO Palacio de Aranibar. Plz. Alfonso X El Sabio, 9 (junto al Castillo S. Marcos) C.P. 11500. turismo@elpuertodesantamaria.es www.turismoelpuerto.com Q- calidad turística Teléfono: 956 483 714 / 956 483 715

ESPERA

OFICINA MUNICIPAL DE TURISMO Los Toros, s/n. www.webespera.es turismoespera@gmail.com Teléfono: 956 720 432

GRAZALEMA

CENTRO DE INFORMACIÓN

TURÍSTICA Plaza Asomadero, 3. C.P. 11610. www.centrodeinformaciongrazalema.info clive@grazalemaguide.com Teléfono: 956 132 052

JEREZ DE LA FRONTERA

DELEGACIÓN DE TURISMO CULTURA Y FIESTAS Paul s/n. Edifício Seritium. C.P. 11403, turismo2@aytojerez.es www.turismojerez.com Teléfono: 956 149 863 / 956 149 865

OFICINA DE INFORMACIÓN

TURÍSTICA Plaza del Arenal s/n C.P. 11403. turismoinfo@aytojerez.es www.turismojerez.com Teléfono: 956 341 711 / 956 338 874

JEREVISIÓN

Recepción e Información Turística C/ Armas, 17 (Frente al torreón del Alcazar) C.P. 11401. www.jerevision.com info@jerevision.com Teléfono: 956 169 920 / 609 579 294

LA LÍNEA DE LA CONCEPCIÓN

OFICINA DE TURISMO

DE LA JUNTA DE ANDALUCÍA Avenida del Ejercito, esquina con Avda. 20 de Abril s/n. CP.11300. otlinea@andalucia.org www.andalucia.org Teléfono: 956 784 137 / 956 784 135

OFICINA MUNICIPAL DE TURISMO

Avda. Príncipe de Asturias s/n C. P.: 11300. turismo.@lalinea.es www.turismocg.com Teléfono: 956 171 998

LOS BARRIOS

OFICINA MUNICIPAL DE TURISMO Paseo de la Constitución, 15. C.P. 11370. informacionturistica@ayto-losbarrios.es www.losbarrios.es Teléfono: 956 582 504

MEDINA SIDONIA

OFICINA MUNICIPAL DE TURISMO C/ San Juan s/n. C.P.:11170. oficinadeturismodemedinasidonia@hotmail.es www.medinasidonia.com teléfono: 956 412 404

OLVERA

OFICINA MUNICIPAL DE TURISMO Plaza de la Iglesia s/n. C.P. 11690. info@turismolvera.es www.turismolvera.es Teléfono: 956 120 816

PRADO DEL REY

OFICINA MUNICIPAL DE TURISMO

Fuente s/n. C.P. 11690. turismo.pradodelrey@dipucadiz.es www.pradodelrey.org Teléfono: 956 724 436

PUERTO REAL

OFICINA MUNICIPAL DE TURISMO Plaza Rafael Alberti, 4. C.P. 11510. oficina.turismo@puertoreal.es www.turismo.puertoreal.es Teléfono: 856 213 362

ROTA

FUNDACIÓN MUNICIPAL

DE TURISMO Y COMERCIO Castillo de Luna. Cuna, 2. C.P. 11520. turismo@aytorota.es www.turismorota.com Teléfono: 956 841 352 / 956 846 345

SAN FERNANDO

OFICINA MUNICIPAL DE TURISMO Real, 26. C.P.11100. www.turismosanfernando.org turismo@aytosanfernando.org Teléfono: 956 944 226 / 956 944 227

SANLÚCAR DE BARRAMEDA

PATRONATO MUNICIPAL

DE TURISMO Calzada Duquesa Isabel s/n. C.P.11540. sanlucarturismo@gmail.com www.sanlucardebarrameda.es Teléfono: 956 366 110

SAN ROQUE

OFICINA MUNICIPAL DE TURISMO Plaza de Armas, s/n. C.P. 11360. turismo@sanroque.es www.sanroque.es/turismo Teléfonos:956 780 106 / Ext.: 2340 / 956 694005

SETENIL DE LAS BODEGAS

OFICINA MUNICIPAL DE TURISMO Villa, 2. C.P. 11692. turismo@setenil.com www.setenil.com Teléfono: 956 134 261 / 659 546 626

TARIFA

OFICINA MUNICIPAL DE TURISMO Paseo de la Alameda s/n. C.P. 11380. turismo@aytotarifa.com www.aytotarifa.com Teléfono: 956 680 993 / 956 680 676

UBRIQUE

OFICINA MUNICIPAL DE TURISMO Moreno de Mora, 19 A. C.P. 11600. www.ayuntamientoubrique.es turismodeubrique@hotmail.com Teléfono: 956 464 900

VEJER DE LA FRONTERA

OFICINA MUNICIPAL DE TURISMO Avda. de los Remedios, 2. C.P. 11150. oficinaturismovejer@hotmail.com www.turismovejer.es info@turismovejer.es Teléfono: 956 451 736 Fax: 956 451 620

VILLAMARTÍN

OFICINA MUNICIPAL DE TURISMO Pz. Del Ayuntamiento, 10. www.villamartín.es culturavillamartin@gmail.com Teléfono: 956 733 555







Atlanti



ZONE ICON AND COLOUR

Characteristics

Via Verde de la Sierra

Eater via versia, disentata err ins artise 32.0 descurse por vir artiguo tratado de tas visa detino, a travalas de la cual publinas destinaria en un mounted de las sendo sino de los mayones estadema a 20 tainese, algunos de gran longitad d'us tes de Perión de Jahrenagon, su Junta de los face y al chegaran de la Vega

Cabe serialar que esta nati de perté prácticamente ten y matafiada en los primeros a ternetros, está perfectament señadicada y los bere perdida

Punto de salida y Begada: Estaclón de la Via Verde. Para Regir a este lugar, debe-

da a Puerto Serrario y turnar el prover denvio a la lagunetta (sella servalla guiendo por ella y naña más pasar por de antinuo ocuerne de ferruzant, debaren

antiguo puerre del terrucarri, deberence, gra a la denocha y fegerenne a la antigue estación fabilitada para el inclu de esta nua. El punto fegada esta situado en la Estacián de Olvera Puntos de referencia:

Or Maclancki chaste in satisfie (Estateside de la poter Verde, are, 30, encoursemento a una de las posas audotes de tabe al reconsto liem. Uso contant temptet de unes 500 meters, seguida de una taqués sertigences, en la que debumos temer preactivite con presentante de la construction de la sectión con una presentante de la construction de sectión contraren. Tras este tempteta la fuetante el deservo da la Frace de la teladario (ser. 2.7).

Exponents investmit caretree por enable via an contracteriza una estra turnites (de escasas longcontracteriza una estra turnites (de escasas longtrate) una mayor (dob m) status estatus adhates fuels caretree o contracteriza a una pasta adhates por denoto secuentracteria un denvio, con particelo descondente. Natas de pasteria pasteriza d'una datasen on el Avea Teorenzia y Canado Condito estatus en el Avea Teorenzia y Canado Conde 3.3 estatus en el Avea Teorenzia y Canado Contor el Arte a de contra el estatus en el Avea d'una descondente en el Avea Teorenzia y Canado Contor el Arte a de contra el estatus el contra el estatutor el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el arte el arte el arte el arte el arte el el arte el el arte el el arte el el arte el

Distances al cruca ambeitor y seguines hacia a denethe, estis seguin la directión que trasnos. Despuis de siguines lumites mas, Reganos a servitada de Silvel nel Caedilo, el más argo con más de un kilometro. A la salada, parte impués de un visitante sobre el Caediloportolo.



Area Recruitive "El Chaparter" (sen.17.7), for an procementer of the stress of the second comrule 25 metros de character. Velocarizos de character de composito en especial a la estadore de Cargo, donde encontrarerero una cora de realizonation.

via principal por la sual circulatamos archeriornente y condo lageneracia a un disestinadoro con bancos (km. 15.6). Tras visitas toneses mas leganos a la Estacion de Zaframador (km. 23.8).

Enseguida Regense a readucta donde a puede a senser el perión de Zahanago Reservo Natural y una de la reayorie fuderada de Españo

In interaction, podermin attimizarina con el aguar la na propuede manantar a pagala por el camino, norde atravenarios el segundo lanee rata tanno, de unto 100 m y el labola de camino de utravenago. Cesques de cinco tureses más teanicos a lo Estación de Navarlagurilla, (en 31, 1). Una sez cuel timo el cabatado y tras ses timo. 5. Regeneros a la Cobata de Mario (en 31, 1).

due nos feverals las alteras parte que han haberedos y que nos feverals las alteratos al Betación de Olveras dem.34.61. En de ataque, y donde hay un hotal con un bar. A poco inde de 1 km. fincia la la derecha y tims una dura pendente accendente, politereras llegar al município de Olvera.

terms do uno 1

la, el camoro recorrido ha este todo al terrico ascenderite sen dirección Olveros, lo cal rotamenos al hacer la valta y comprotar que al recorrido se mucho más cómodo

gain ten prospecies obtaines tan e service a batterio presentrar algorista dificultaria en el enconvent las luaras (las taxaes con un temportaador). Puede aen convencitatis desegui una pecadra las terras por a autoso. El recontrido se parede reactura partecelmento desputar las duposa del travial, pora el finme en magnifico. Se pueden escontrar vantas luenes, dimote respontar algori, durante el recontribi



LENGTH OF THE ROUTE

STARTING REFERENCE

KILOMETRE POINT







































www.cadizturismo.com



www.facebook.com/CadizTurismo @Cadiz_Turismo