

# Navy Youth Swim Test

## Consent Form

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Parent/Guardian name: \_\_\_\_\_

Phone: \_\_\_\_\_

Wristband eligibility : Youth, 17 and below, who have demonstrated the necessary skills to have FULL access to the Aquatic facility, including slides, diving boards, swimmer's zone/deep end, and other recreational amenities, as determined by local MWR Aquatics program.

To receive a wristband, swimmer must demonstrate the following minimum standards:

- **SWIM ONE POOL LENGTH (MIN. 25YDS) UNASSISTED AND WITHOUT REST**  
**\*SWIMMER MUST USE A RECOGNIZABLE SWIM STROKE\***
- **TREAD WATER FOR A MINIMUM OF 60 SECONDS**
- **JUMP INTO DEEP END AND RETURN TO SURFACE**
- **EXIT POOL UNASSISTED**

Individual is permitted to test once per day.

Swim license is valid for ONE (1) year/Season. All swimmers must be reassessed every year/season. Lifeguards may require additional testing, if and when needed. The lifeguard has the authority to request reassessment of any child, at any time.

License is only valid at the aquatic facility in which the test was conducted.

**\*\*TO BE FILLED OUT BY MWR NAVY FITNESS AQUATICS PERSONNEL ONLY \*\***

Staff Name \_\_\_\_\_

Title \_\_\_\_\_

Testing Date: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Aquatic Facility: \_\_\_\_\_

**PASS** \_\_\_\_\_

**FAIL** \_\_\_\_\_