

# INTRAMURAL SPORTS 2017

	Category	Roster due by	Coaches Meeting	Starts	Days of the Week
<b>January</b>					
Basketball	Captain's Cup League	3-Jan	9-Jan	11-Jan	Mon/Wed (5:30-8:30pm)
Indoor Soccer	Captain's Cup League	3-Jan	10-Jan	12-Jan	Tue/Thu (6-9 pm)
<b>February</b>					
Super Bowl Tournament	Flag Football	30-Jan	30-Jan	5-Feb	Sunday (12pm)
Racquetball Tournament	Tournament	31-Jan	31-Jan	6-Feb	Mon-Fri (5-9pm)
<b>March</b>					
9 on 9 Soccer	Captain's Cup League	28-Feb	28-Feb	7-Mar	Tue/Thur (5:30-8:30pm)
Golf	Captain's Cup League	20-Mar	20-Mar	27-Mar	Mondays (4:30-9pm)
<b>April</b>					
Spring Softball Tournament	Tournament	27-Mar	31-Mar	31-Mar	Fri, Sat, & Sun
Softball	Captain's Cup League	27-Mar	31-Mar	5-Apr	Wed/Fri (5:30-9pm)
Duathlon	Sports/Fitness Event	5-Apr	N/A	8-Apr	Sat (10-12)
<b>May</b>					
Tennis Tournament	Tournament	1-May	1-May	8-May	Mon-Fri (5-9pm)
<b>June</b>					
30+ Basketball Tournament	Tournament	5-Jun	5-Jun	12-Jun	Mon/Wed/Fri (11-1pm)
Ultimate Frisbee Tournament	Tournament	12-Jun	12-Jun	19-Jun	Tue/Thu (6-9pm)
Triathlon	Fitness/Sports Event	21-Jun	N/A	24-Jun	Saturday (9am-12pm)
<b>July</b>					
Basketball Conditioning	Fitness/Sports Event	5-Jul	N/A	5-Jul	Wed-Fri (0700-0800)
Summer Basketball Tournament	Tournament	5-Jul	5-Jul	10-Jul	Mon-Fri (5:30-9pm)
<b>August</b>					
Flag Football Conditioning	Fitness/Sports Event	7-Aug	N/A	9-Aug	Wed-Fri (0700-0800)
7 on 7 Flag Football	Captain's Cup League	7-Aug	7-Aug	15-Aug	Tue/Thu (5:30-8pm)
<b>September</b>					
Tennis Tournament	Double Elimination	5-May	5-May	11-May	Mon-Fri (5-8)
<b>October</b>					
Volleyball	Captain's Cup League	25-Sep	25-Sep	2-Oct	Mon/Wed (5:30-8:30pm)
<b>November</b>					
Racquetball Tournament	Double Elimination	30-Oct	30-Oct	6-Nov	Mon-Fri (5-9)
Turkey bowl	Flag Football	20-Nov	20-Nov	24-Nov	Mon-Fri (5-9)
<b>December</b>					
Holiday Hoopla	Double Elimination	4-Dec	4 Dec	11-Dec	Mon-Fri (5-9pm)



For more information, please call **727-1916**  
 or email [sports@rotamwr.com](mailto:sports@rotamwr.com)  
 BLDG #44 - Fitness Center

[www.navymwrrota.com](http://www.navymwrrota.com)