



HOW TO ACCESS EQUIPMENT

To obtain key access to the fitness equipment, you must be a U.S. DoD card holder, or an additional approved user, and have completed the Waterfront Fitness Key Access Certification.

Ages 10-17 are permitted to use equipment under the supervision of a legal guardian and **must have a valid Youth Fitness Certification.**

Please reference the MWR Fitness Youth Authorization Chart below.

The Key Access Certification takes only 10 minutes and will be held onsite at Waterfront Fitness.

Please Call the Fitness center at 956-822-565 to schedule a time for a fitness specialist to conduct the certification with you.

MWR YOUTH AUTHORIZATION CHART	
Ages 15-17	Permitted to use free weights and basketball court area while parent or legal guardian is present
Ages 12 -14	Permitted to use free weights and basketball court with parent or legal guardian within eye sight
Ages 10-11	Permitted to use free weights with parent or legal guardian within touch distance, and basketball court with parent or legal guardian within eye sight
Ages 2-9	Only authorized within the basketball court area and must remain within touch distance of parent or legal guardian

Ages 2 and under are not permitted in this area.

*Denotes ages that must obtain a youth certification with the MWR Fitness Center prior to utilizing any equipmen.

