



**what's iNside?**

**Fitness Center**

Kids Color Run

**Special Events**

Eggsplosion 2024

Imagination Movers

**Youth Programs**

Operation Megaphone Lock-In

**Pinz Bowling Center**

Month of the Military Child Tournament

**CYP**

Purple UP Power Orbs

Teen Employment program



# vaMOS!

MWRROTA MONTHLY MAGAZINE

iSsue#142

aPril2024



**MWRROTASPAIN**

U.S. Naval Station Rota, Spain

[www.navymwrrota.com/](http://www.navymwrrota.com/)

[www.facebook.com/RotaMWR](https://www.facebook.com/RotaMWR)







**Roberto Halpin**  
Purchasing Agent.

# we are

## MWR Admin/Support Services, 727-1517

Monday-Friday, 7:30 a.m.-4 p.m.

## CYP

### CDC, 727-1100

Monday-Friday, 6 a.m.-6:30 p.m.  
Saturday, Sunday and U.S. Holidays, Closed

### SAC, 727-2839

Monday-Friday, 6 a.m.-6:30 p.m.  
Saturday, Sunday and U.S. Holidays, Closed

### Youth Center: Jams and Gravity, 727-4625

Monday-Wednesday and Friday, 2:45-6:30 p.m.  
Thursday, 1:45-6:30 p.m.  
Non school day, Noon-6:30 p.m.  
Saturday, Sunday and U.S. Holidays, Closed

### Youth Sports, 727-4721

Monday-Friday, 9:30 a.m.-6:30 p.m.  
Saturday, Sunday and U.S. Holidays, Closed

## RECREATION

### Aquatics Center, 727-2129

Monday-Friday, 6 a.m.-7 p.m.  
U.S. Holidays, 9 a.m.-5 p.m.  
Saturday and Sunday, Closed

### Housing Pool, 727-4882

Closed for the season.

### Fitness Center, 727-2565

Monday-Thursday, 5 a.m.-9 p.m.  
Friday, 5 a.m.-8 p.m.  
Saturday, Sunday and U.S. Holidays, 8 a.m.-8 p.m.  
24 hours unmanned fitness access available for registered patrons.

### Community Classes, 727-2354

#### Liberty, 727-2527

Daily, 1-10 p.m.

#### Library, 727-2418

Monday, 9 a.m.-7 p.m.

Tuesday-Friday, 9 a.m.-6 p.m.

Saturday, Closed

Sunday and U.S. Holidays, 9 a.m.-2 p.m.

#### Outdoor Recreation, 727-3101

Monday-Friday and U.S. Holidays, 10 a.m.-6 p.m.

Saturday and Sunday, Closed

#### Tickets & Travel, 727-3101

Monday-Friday and U.S. Holidays, 10 a.m.-6 p.m.

Saturday and Sunday, Closed



## BUSINESS ACTIVITIES

### Gourmet Bean

### Fleet Landing

Monday-Friday, 7:30 a.m.-2 p.m.  
Saturday and Sunday, Closed

### Library

Monday-Friday, 7:30 a.m.-2 p.m.  
Saturday and Sunday, Closed

### El Patio

### Bombers Fresh Mex, 727-3712

Monday-Friday, 10 a.m.-7 p.m.  
Saturday, Sunday, Closed

### The Tower Pub, 727-3712

Monday-Friday, 4-11 p.m. (last order 10:30 p.m.)  
Saturday-Sunday, Noon-7 p.m. (last food order 6:30 p.m.)

### Flix, 727-3709

### El Patio Indoor Theaters

Wednesday-Sunday.  
Check [navymwrrota.com](http://navymwrrota.com) for movie times and schedule.

### Drive-in

Check [navymwrrota.com](http://navymwrrota.com) for movie times and schedule.

### Golf, 727-2260

Daily, 9 a.m.-5 p.m.  
Summer hours start on March 31:  
Daily, 9 a.m.-8 p.m.

### Pinz, 727-2112

Sunday-Thursday, 11 a.m.-10 p.m.  
Friday and Saturday, 11 a.m.-11 p.m.

### Pinz American Cafe

Sunday-Thursday, 11 a.m.-9 p.m.  
Friday and Saturday, 11 a.m.-10 p.m.

### La Plaza, 727-6323

### Champion's Bar

Wednesday-Sunday, 4-11 p.m.  
Monday and Tuesday, Closed

### Pizza Villa, 727-3212

Daily, 11 a.m.-10 p.m.

Hours of operation are subject to change. Check our website for the most up to date hours of operation.  
[navymwrrota.com](http://navymwrrota.com)



**mwr navsta rota, spain**  
PSC 819 BOX 14 / FPO, AE 09645  
Tel: 011 (34) 956-82-1517  
Tel (On Base): 727-1517

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727-1505

### Nolly Dizon, Food Service Officer

727-1407

### Christina Rodriguez, CYP Director

727-2458

### Doug Hasselbring, Community Recreation Director

727-1410

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727-3264

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727-1515

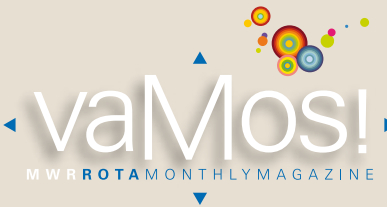
## social contact

Website [www.navymwrrota.com](http://www.navymwrrota.com)

Facebook [www.facebook.com/RotaMWR](http://www.facebook.com/RotaMWR)

## Phone code

Commercial, 956-82-XXXX  
DSN, 727-XXXX



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# comMunity classes

956 82-2354 or DSN 727-2354

MWR Community Classes offer a range of different options to learn something new!

## ★ SEVILLANAS DANCE FOR FERIA SEASON

Wednesdays, 9:30-10:30 a.m.

\$45 per month. Adults 18 years and older.

Classes at the Fitness Center.

In these classes you will learn or improve your skills with the popular folkloric dance of southern Spain, las Sevillanas! Whether you are visiting or living in Andalucia you will be able to learn a simplified version of Sevillanas to join the celebration of Feria's season! Join us for this wonderful cultural experience that helps you enjoy Feria and live the local culture!

## ★ Dance Lessons

### CHILDREN BALLET LESSONS (AGES 3-10 YEARS OLD)

Time slots available

**Ages 3-5 years old:**

**Mondays or Wednesdays, 4-5 p.m.**

**Ages 6-10 years old: Wednesdays, 5-6 p.m.**  
\$40 per month for once per week.

Dancers will have fun learning basic ballet positions, age appropriate stretching exercises and correct posture in a positive and creative environment. They will also have the opportunity to express themselves through the physical joy of learning to dance to music.

### FLAMENCO KIDS

**Mondays, 5-6 p.m.** Ages 4-9 years old. \$40 per month. Classes located at the Fitness Center.

Flamenco dance is a highly-expressive Spanish dance form. The Flamenco is a solo dance characterized by hand clapping, percussive footwork, and intricate hand, arm, and body movements. Learn this unique art of dance in the hands of an experienced teacher.

### LATIN DANCE LESSONS

**Thursdays, 6:30-7:30 p.m.**

\$45 per month. Adults 18 years and older.

Classes located at Fitness Center.

Learn the basic steps and techniques of Latin Ballroom dance styles. The classes are great fun and taught in a friendly and supportive atmosphere. These classes are perfect for those with little or no Latin dance experience and also for those who know some more!

### KIDS AND TEENS LYRICAL JAZZ DANCE

**Thursdays, 5:30-6:30 p.m.**

\$40 per month. Ages 6-13 years old.

Classes located at Fitness Center.

A combination of ballet and jazz dance that often uses music with lyrics to inspire the movements of the dancer. Lots of different types of music are used for lyrical dance. These include pop, rock and blues as well as hip-hop and music from around the world.

## ★ Music Lessons

### PRIVATE PIANO LESSONS

Time slots available **Mondays, Tuesdays, Thursdays and Fridays, 3-7:30 p.m.**

\$79 for a punch card for four 30-minute lessons.

Take individual piano lessons from beginners to advanced; learn to play piano and read music with our experienced instructor.

### PRIVATE GUITAR AND UKELELE LESSONS

Time slots available

**Wednesdays and Thursdays, 4-8:30 p.m.**

\$72 for a punch card for four 30-minute lessons.

Full range of adult and kids lessons for all abilities. Customized guitar lessons: Classical, Acoustic, Electric and Bass. Theory and Musical production lessons from beginner to most advanced levels.

## ★ Jiu Jitsu Classes

**Ages 5-7 years old: Thursdays, 4:30-5:30 p.m.**

**Ages 8-14 years old: Tuesdays, 5-6 p.m. or Thursdays, 5:30-6:30 p.m.**

\$45 per month.

**Ages 18 years and older: Tuesdays, 6-7 p.m.**

\$50 per month.

Classes at the Fitness Center

The word "jiu jitsu" derives from the Japanese "Jū" meaning "gentle" and "Jitsu" meaning "art"; essentially, jiu jitsu is the "gentle art". Brazilian Jiu Jitsu is a predominantly ground-based martial art, using the principals of leverage, angles, pressure and timing, as well as knowledge of the human anatomy, in order to achieve a non-violent submission of one's opponent.

## ★ Aikido Classes

**Ages 5-7 years old:**

**Tuesdays or Thursdays, 4-4:45 p.m.** \$45 per month

**Ages 8-13 years old:**

**Tuesdays or Thursdays, 4:50-5:50 p.m.**

\$45 per month.

Children option: Twice a week for \$70 per month.

Adults ages 18 and older:

**Tuesdays, 6-7 p.m.** \$50 per month.

Aikido is a modern, non-aggressive Japanese martial art; the study of Aikido involves not only techniques based purely in self-defense, but includes positive character development and ideals that people can incorporate into their daily lives!

## ★ PAINT & SIP NIGHT AT "PINZ"

**Friday, April 19, 7 p.m.** at Pinz Bowling Center.

\$15. All materials included. Food and beverage available for purchase.

We love painting! Come and join us for this fun event to create your own masterpiece. Spend a creative and fun evening with your friends while you enjoying a relaxing time.

[rota\\_communityclasses@eu.navy.mil](mailto:rota_communityclasses@eu.navy.mil)

## OUR MISSION

To provide the Fleet, Fighter and Family with world-class program excellence that will enhance both mission readiness and well-being aboard Naval Station, Rota, Spain.

## OUR VISION

Pro-actively aligning our organization, strategies and processes in support of the Mission. To be recognized as the MWR Department within the entire enterprise that provides the highest quality of support to our customers.

## OUR GUIDING PRINCIPLES

Our professional workforce is committed to continual improvement, understanding our customers' needs, and the requirements of the organization. We will deliver services that meet the mission and vision, operating in the most effective and efficient way.



# MWR ROTASPAIN



Trips are open to U.S. DoD I.D. cardholders only.  
Registration is required.  
956-82-3101 or DSN 727-3101



3

**Hiking El Pinsapar in Grazalema**

**Saturday, April 13, 7:30 a.m.-5:30 p.m.**  
\$60 per person. Must register by April 10.  
Visit one of the few native Andalusian forests of Abies Pinsapo in one of the most beautiful landscapes of Cadiz, which is located in the Natural Park of Sierra de Grazalema. The hike begins along the route that connects Grazalema and Benamahona by ascending the eastern side of the Sierra del Pinar. The major attraction is the Spanish fir trees. They are at first scattered and then in the shaded area become a dense forest that are thick and magical. Enjoy majestic views of Grazalema, Ronda, Sierra de las Nieves and Sierra Nevada. Trip includes roundtrip transportation and expert guide. 12-kilometer hike (medium difficulty).

4

**Canyon Descending**

**Saturday, April 20, 6:45 a.m.-9 p.m.**  
\$85 per person. Must register by April 17.  
Canyoneering (also called canyon descending) consists of descending rivers by combining the techniques of climbing, caving and swimming. This activity is experiencing a spectacular popularity because of the beauty of its routes and the ideas of true adventure. Trip includes roundtrip transportation, insurance, wet suit, harness, helmet and professional guide. Note: you need to be able to swim.

1

**Rock Climbing in Grazalema**

**Saturday, April 27, 9 a.m.-5 p.m.**  
\$75 per person. Must register by April 24.  
It's time to get out and test your skills climbing in Sierra de Grazalema, with MWR Navy Outdoor Recreation. It is important to say that this kind of sport is not for everyone and those who are "meeting" a wall for the first time should be extra careful. Climbing rock walls in a secure way can be a great way to enjoy the scenery from a unique and surprising perspective. Wear appropriate clothing, good walking shoes and bring water, snacks and sun protection. Trip includes roundtrip transportation, guides and climbing equipment.

5

**Memorial Day Weekend Multi-Adventure Trip in Almuñecar (Granada)**

**Friday-Monday, May 24-27.**  
Departure: 4 p.m. Return: 6 p.m.  
\$385 per person in a double room. Must register by May 17.  
Join us for this great Multi-Adventure trip in Granada! Amazing canyon descending and spectacular ocean kayaking. Canyon descending "Rio Verde", the most attractive canyon descending of Andalusia. You will have to rappel (under waterfalls), jump (one with a height of 12 meter), slide slip, swim, walk... Ocean kayak tour in the beautiful bay of La Herradura at the beginning of the Maro cliffs. It is full of orange coral and has an interesting history. Trip includes roundtrip transportation by van, lodging four-star hotel in a double occupancy with breakfast, activities (canyon descending and ocean kayak) equipment for activities, local guides and free time. The activity is designed for an active person. It requires some skills and endurance. You need to be able to swim. Meals other than breakfast in the hotel are not included.



PINSAPAR, GRAZALEMA

TICKETS AND TRAVEL

**Sanlucar de Barrameda Historical Tour**

**Saturday, April 6, 9 a.m.-4 p.m.**  
\$60 per person / \$40 per child 2-14 years old / No cost for child under 2 years old. Must register by April 3.  
The town stands on the left bank of the mouth of the River Guadalquivir, on land whose interior is rich in fruit trees and vineyards, where the famous Manzanilla wine is produced; near the coast and the river there are beaches and pine forests, such as La Algaida, and mud flats such as those at Bonanza, which is part of the Doñana Natural Park. There are a multitude of factors of interest to tourists, such as the climate, the beaches of Bajo de Guía, La Calzada, Las Piletas and La Jara, and a number of monuments: Saint James Castle, Our Lady's Church, the Duke of Medina Sidonia's Palace and Saint Domingo's Convent. In the 15th and 16th centuries it has acquired great importance as a point of contact with America, with many expeditions setting sail from its harbour, such a Columbus' 1498 expedition and the one undertaken by Magellan and Elcano in 1519. In 1583 it was declared a permanent starting point for such journeys. The trip includes roundtrip transportation, guided visit of the town and some free time for shopping and enjoy the town's local gastronomy and wine.

**Military Child Month Reduced Price Trip to Castellar Zoo**

**Saturday, April 13, 9 a.m.-5 p.m.**  
\$40 per person / \$30 per child 2-14 years old / No cost for child under 2 years old. Must register by April 10.  
MWR CYP and Tickets and Travel in celebration of the Military Child Month have teamed up to offer the community a discounted family trip to Castellar de la Frontera Zoo located a few miles outside Sotogrande in the province of Cadiz. This is a unique zoo whereby all the animals have been rescued and had been mistreated or neglected. You will have the opportunity to get up really close and personal (touching and stroking) with some of the large cats including a black panther, lion, ocelot, and other exotic animals. A really exciting interactive experience! There are also parrot shows and you will get the opportunity to handle birds of prey or you may buy small bags of seed and walk around feeding the animals. The trip includes roundtrip transportation, entrance and guided visit of the zoo, and a school menu lunch consisting of breaded chicken fillet and french fries. Please bring your favorite snacks as there is no place to purchase food/drinks/snacks inside the zoo.

**Sevilla Spring Feria**

**Saturday, April 20, 10 a.m.-10 p.m.**  
\$35 per person / No cost for child under 14 years old. Must register by April 17.  
Feria season is here. Experience this great culture of Spain. This is a week of serious dancing, drinking, eating and socializing, with late nights - or all-nighters - the norm. The sheer size of the April Fair's spectacle is extraordinary. From around midday until early evening - especially on Tuesday, the first official day - Sevilla society parades around the fairground in carriages or on horseback. Don't miss the fun! Trip includes roundtrip transportation only.

**Essence and Flavor of Tuna**

**Saturday, April 27, 10 a.m.-6 p.m.**  
\$110 per person. 18 years and older only. Must register by April 24.  
Tuna Lovers! Try some of the best tunas caught in the local area. We will take you through the gastronomic and culinary tradition of Barbate, which was influenced by the different cultures and peoples who lived there. Tuna are caught along this coast utilizing a two-thousand-year-old fishing method called "almadraba". Tuna fish caught at this time of the year is at its peak in taste and flavor as they come along the coast on their way to the Mediterranean Sea to spawn. We will visit the Tuna fish Factory HERPAC and observe the "Ronqueo" (cutting up and de-boning of the fish). After that, we will enjoy a tasting of Tuna products. We will finish with lunch in a nice local restaurant. The trip includes roundtrip transportation, tuna factory visit with tasting, and lunch.

**Marbella and Puerto Banus Self-Guided**

**Saturday, May 4, 7:30 a.m.-8:30 p.m.**  
\$35 per person / No cost for child under 14 years old. Must register by May 1.  
Marbella and Puerto Banus are two great locations for a self-guided tour. Remnants of Marbella's history can be seen in the well-preserved architecture and streets of the Casco Antiguo. Puerto Banus is a cosmopolitan area, attracting the rich and famous and is full of restaurants and shops. The trip includes roundtrip transportation only.

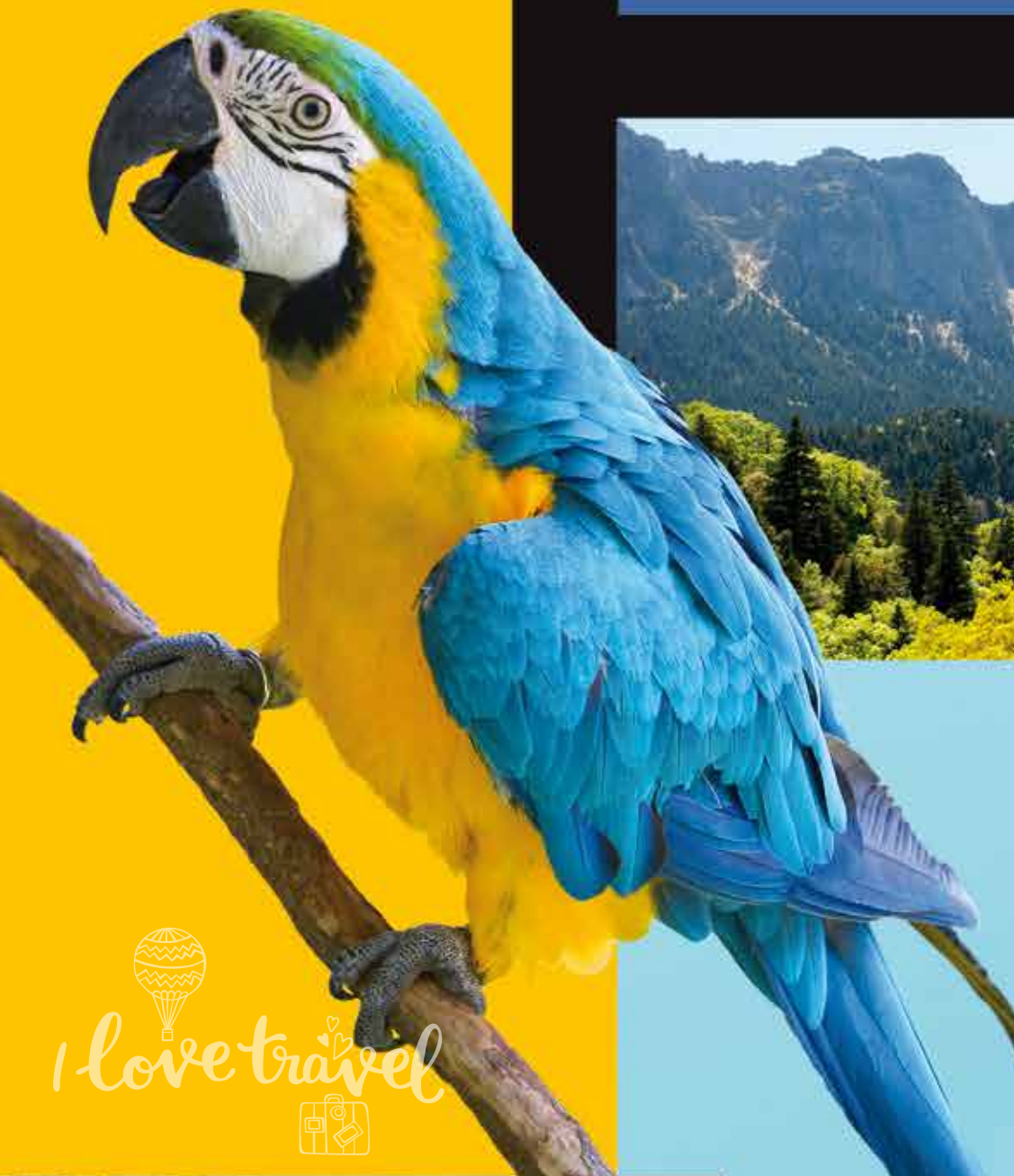
OUTDOOR REC

Outdoor Recreation trips are open to adults 18 years and older only.

1

**Paintball**

**Saturday, April 6, 8 a.m.-4 p.m.**  
\$75 per person. Must register by April 3.  
Paintball is one of Europe's fastest-growing sports and is becoming increasingly more popular in Spain. Paintball is played in over 40 countries by millions of men and women of all ages and lifestyles. There are many people who play paintball on a regular basis, just like any other sport or hobby. Paintball combines teamwork, strategy and skill into an exciting action-packed day. Trip includes roundtrip transportation, semi-automatic paintball gun, clip with 500 paintballs, protective masks and camouflage gear.



I love travel



TUNA LOVERS!

**DIFFICULTY LEVEL**

- ▲ 1: Low
- ▲ 1-2 2: Low/Moderate
- ▲ 3: Moderate
- ▲ 3-4 4: Moderate/High
- ▲ 5: High
- ▲ 5-6 6: Very High







## MASTER'S 2 PERSON 4 BALL GOLF TOURNAMENT

SATURDAY, APRIL 13

Shotgun start at 9 a.m.  
\$20 per person plus green fees.  
(100% of entry fee to prize fund).

Two Person teams get to replay each shot one time.  
Second Tournament: Individual players will pick a PGA Pro's name from Saturday's round as their partner. We will combine each player's net score with the PGA Player's tournament score.

## 4 PERSON SPRING FUN SCRAMBLE GOLF TOURNAMENT

SATURDAY, APRIL 20

Shotgun start at 9 a.m.  
\$20 per person plus green fees.  
(100% of entry fee to prize fund).



### ONGOING PROGRAMS

**FAMILY FUN DAYS**  
Every Sunday, after 1 p.m.

**FREE USAA\* RANGE BALLS FOR ACTIVE DUTY MILITARY**

Tuesdays and Thursdays, 4-6 p.m.

With PGA tips by appointment only on Thursdays.

**TWILIGHT SPECIAL**

Seven days a week, 4:30-8 p.m.

\$17 unlimited golf. Carts are \$13 double rider or \$15 single rider.

**KEY GOLF SPECIAL**

Are you PCSing or TDY to Rota? Present your hotel key at the golf shop to be eligible for the following:

Standard Club Rental: \$5 (9 holes); \$8 (18 holes)  
Green Fee: \$2 off (9 holes or 18 holes)

Note: Discount will be taken from standard green fees.

**LIBERTY GOLF DAY**

Sunday, April 28, starts at 1 p.m.

\*No U.S. Navy endorsement is implied



FOR MORE INFORMATION OR TO REGISTER FOR ANY OF THESE EVENTS PLEASE CALL 956-82-2260 OR DSN 727-2260

## child & youth

### SAC, CDC, YSF, SL AND TEEN REGISTRATION AND SIGN-UP INFORMATION:

- CYP Registration- All documents are accessible via the QR code or via the MWR webpage (www.navymwrrota.com), submit the forms for SAC/Youth/YSF registration to SAC, Bldg 41 or for the CDC at Bldg. 1963
- Use MCC.com for: Reserving a CDC/SAC FULL TIME and SAC CAMP for your child:
- Use CYPOnline.com for:
  - Paying for CDC/SAC FULL TIME and Hourly and SAC Camps
  - Reserving a CDC/SAC-Camp HOURLY care spot
  - Sign-ups for Teen/YSF programs (after registering for CYP)
- You must already have a registration form on file with CYP to use the online system.
- Get your Family ID from us if you don't remember it.



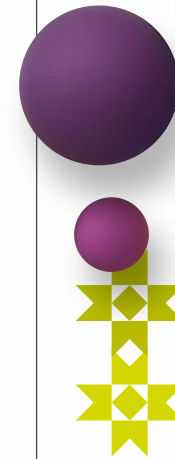
SCAN ME! FOR REGISTRATION FORMS



SCAN ME! ONLINE PORTAL



SCAN ME! FOR MILITARY CHILD CARE



### CHILD CARE AVAILABILITY

Childcare is available for all eligible personnel from 6 a.m. to 6:30 p.m., Monday-Friday at the CDC for ages 6 weeks to 5 years, before and after care for Sure-Start, and PSCD enrolled children. Come to the CDC for more information! At the SAC we provide care during the school year for Kindergarteners through 12 years of age. Please call us for more information.

### CYP WIDE EVENT

- Child Abuse Prevention, Education and Reporting Thursday, April 11, 4-5 p.m. School Age Care, Bldg. 41.
- Age Appropriate Guidance Techniques Friday, April 19, Noon-1 p.m. CDC, Bldg. 1963.



school liaison office, 956-82-2425 or DSN 727-2425 SLORot@eu.navy.mil

### Just Arrived to Rota and need to Register Your Child in DoDEA?

If you have a school age (K-12) student and need to register for school, please visit <https://www.smores.com/vgemr> for local education information.

### Annual Spanish Schools Re-Registration

Don't forget to re-register your children for SY 24-25 if your children are attending Spanish schools. March is the annual re-registration month.

### Teen Resume & Interview Workshop

May 14, 12:30 p.m. at the Youth Center. Ages 14 years and older.

Calling on high school students that want to prepare for Teen Summer Hire or summer employment stateside. Learn about resume writing, interview skills and dressing for success. Teens have two dates to choose from, and lunch will be offered.

SLP Scholarship Link: <https://www.smores.com/36j0z>

### Tutor.Com for Military Families

Tutor.com for is a program that allows eligible students in Kindergarten through college to connect to a live tutor online at any time (24/7/361) for one-to-one help with homework, studying, test prep and more, at no cost.

### Call the School Liaison Before You Go

If you are planning to PCS or change your duty station in the future, contact the School Liaison to help you with your transitions. Your School Liaison can also put you in contact with your gaining installation's SL.

## ORDER YOUR NEW US SPEC VOLVO TODAY!



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5 years of shipping

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The 6-months rule to purchase a US spec vehicle on base does not apply to Volvo Military Sales

You can purchase a tax-free Volvo at anytime during your stay in Spain.

Even if you imported your own vehicle (another brand) from the U.S. when you moved to Spain,

you are still entitled to purchase and register a new US spec Volvo tax free

(one vehicle for a single person or two vehicles for a marriage couple)

For further information regarding registration, please contact the security office on base.

Contractors welcome for direct US shipment only.



[www.volvomilitarysales.com](http://www.volvomilitarysales.com), Phone: Sergio Becerra (+34) 684 20 88 78, or email: [sergio@volvomilitarysales.com](mailto:sergio@volvomilitarysales.com)

### Month of April

Throughout the Month of the Military Child (April) CYP will be releasing Purple Up Power Balls on the base, and who knows where they will land! Each Purple Up Power Ball will contain an encouraging message meant to empower the Military Child that finds it and instructions on how to collect their prize.

One Purple Up Orb will be released each Monday throughout the month, (four in all), and the prizes will be awarded to the child finder (any child of a TEI card-holding parent through age 18 who is eligible to use MWR facilities.) Watch for weekly clues on the Rota MWR Facebook page!

## PURPLE UP POWER ORBS!

### Purple Up Orbs

It has been told by those who know, Twenty-and-twenty-four the year, In the month that follows spring equinox, four crystal orbs will appear.

Orbs of wisdom, purple in hue, each containing a prize

For the US military Child who finds it, regardless of their size.

The orbs will be sent, one each week to rest hidden in a special place

Awaiting the time when the child-finder discovers its hiding space.

Each week special, a different locale; each week a unique verse

So read the poem, discover the clues and arrive at the treasure first.





## YOUTH DAILY ACTIVITIES FOR APRIL

- Monday, April 1**  
 - Power Hour, 3-4 p.m.  
 - The Arts Club, 4-5 p.m.  
 - Giant Jenga.
- Tuesday, April 2**  
 - Power Hour, 3-4 p.m.  
 - Gardening Club, 4-5 p.m.  
 - Brain Teasers.
- Wednesday, April 3**  
 - Power Hour, 3-4 p.m.  
 - Dominoes.
- Thursday, April 4**  
 - Keystone Meeting, 2-3 p.m.  
 - Power Hour, 3-4 p.m.  
 - Drawing with charcoals.
- Friday, April 5**  
 - Power Hour, 3-4 p.m.  
 - Triple Play, 4-5 p.m.  
 - Create your own Mandala's sun-catcher.
- Monday, April 8**  
 - Power Hour, 3-4 p.m.  
 - Torch Club, 4-5 p.m.  
 - "Yahtzee" game.
- Tuesday, April 9**  
 - Power Hour, 3-4 p.m.  
 - "Chinese Checkers" game.
- Wednesday, April 10**  
 - Power Hour, 3-4 p.m.  
 - STEM, 4-5 p.m.  
 - "Mancala" game.
- Thursday, April 11**  
 - Keystone Meeting, 2-3 p.m.  
 - Power Hour, 3-4 p.m.  
 - Smart Girls, 4-5 p.m.  
 - Drawing with pastels.

- Friday, April 12**  
 - Triple Play, 4-5 p.m.  
 - "Scrabble" board game.  
 - "Pizza with Parents" MMC event, 4:30-6 pm. Parents stop by the Youth Center and enjoy a slice of pizza with your Youth Center member.
- Saturday, April 13**  
 - Month of the Military Child (MMC) family trip to Benalmádena-Butterfly Park. Sign up at Tickets & Travel.
- Monday, April 15**  
 - Power Hour, 3-4 p.m.  
 - The Arts Club, 4-5 p.m.  
 - "Game of Life" board game.
- Tuesday, April 16**  
 - Power Hour, 3-4 p.m.
- Wednesday, April 17**  
 - Power Hour, 3-4 p.m.  
 - Healthy Habits Club, 4-5 p.m.  
 - Making friendship bracelets.
- Thursday, April 18**  
 - Keystone Meeting, 2-3 p.m.  
 - Power Hour, 3-4 p.m.  
 - Wise Guys Club, 4-5 p.m.  
 - "Sorry" board game.
- Friday, April 19**  
 - Power Hour, 3-4 p.m.  
 - Triple Play, 4-5 p.m.  
 - Mario Kart tournament.
- Monday, April 22**  
 - Teen Employment Hiring Fair, 9:30 a.m.-12:30 p.m. at SAC Building 41. This event is mandatory for youth who wish to apply to work during the June 10 to July 12 Teen Employment Program. (Participants must sign into the fair by 11:30 a.m.)  
 - No School Day, opening at noon.  
 - Create with polymer clay.

- Tuesday, April 23**  
 - Power Hour, 3-4 p.m.  
 - "Guess Who" board game.
- Wednesday, April 24**  
 - Power Hour, 3-4 p.m.  
 - STEM, 4-5 p.m.  
 - Cards game.
- Thursday, April 25**  
 - Keystone Meeting, 2-3 p.m.  
 - Power Hour, 3-4 p.m.  
 - Recognition Ceremony.  
 - "Charades" game.
- Friday, April 26**  
 - Late Night at the Youth Center for Teens (13+). Operation Megaphone, 7-10 p.m. The event is free but spaces are limited and pre-registration and a permission slip are required to be returned to the Youth Center by April 24.  
 - Power Hour, 3-4 p.m.  
 - Triple Play, 4-5 p.m.
- Monday, April 29**  
 - Power Hour, 3-4 p.m.  
 - Torch Club, 4-5 p.m.  
 - Washi Tape Arts projects.
- Tuesday, April 30**  
 - Power Hour, 3-4 p.m.  
 - Origami.

Note: Activities with no time listed are available throughout the day. All field trips require pre-registration on CYP online and a signed parent permission slip.



## • youth programs,

JAMS (ages 10-12) and GRAVITY (ages 13-18)  
 956-82-4625 or DSN 727-4625  
 Rota\_youthcenter@eu.navy.mil

Open Monday-Wednesday and Fridays: 2:45-6:30 p.m.  
 Thursdays: 1:45-6:30 p.m.  
 Non school days: Noon-6:30 p.m.

## Come Try Out Our Various Clubs:

Power Hour is a daily homework club.  
 Smart Girls and Wise Guys are life skills clubs for girls and boys.  
 The Arts Club lets children create various type of art.  
 Triple Play allows children to try various sports.  
 Torch Club and Keystone Club are leadership clubs for pre-teens and teens.  
 Gardening Club allows children to learning about plants and gardening.

## Monthly Recognition

Each month the Youth Center Staff will recognize a Teen, "Youth of the Month" and a Pre-Teen, "Amazing Kid of the Month". Youth Center staff members are on the lookout for youth who demonstrate positive participation, volunteerism, good sportsmanship and character as well as leadership in various Youth Center clubs or day to day activities.

## OPERATION MEGAPHONE (OMP)

Friday, April 26, 7-10 p.m.  
 For registered Teen Gravity members, ages 13-18.

During the Month of the Military Child, military youth programs will come together and offer OMP, an annual event that connects military teens from around the world. To celebrate the event Rota Youth Center will host a late night. Pre-registration and a permission slip must be returned by April 24.

• SAC (k-6th grade),  
 956-82-2839 or DSN 727-2839  
 Rota\_SAC@eu.navy.mil

## Month of the Military Child Mural In April.

Parents come write or draw on our special MoMC mural to remind your child and tell the world why your military child is so special.

## Month of the Military Child Cardboard Carnival Friday, April 26, 2 p.m.

School Days Adjustments  
 Monday, April 22.  
 Full SAC hours: 6 a.m.-6:30 p.m.



• CDC (6 weeks -5 years)  
 956-82-1100 or DSN 727-1100  
 Rota\_CDC@eu.navy.mil  
 Bldg. #1963

## Tie Dye and Chill Friday, April 5, 3:30 p.m.

Join us for a colorful family event celebrating the Month of the Military Child, where you and your child can create tie-dye masterpieces together. Dive into the fun with popsicles to cool off and enjoy the creative vibes!

## National Purple Up Day Fiesta Monday, April 15, 3:30 p.m.

Join us for a festive celebration where families come together to honor and celebrate children! Enjoy making cookies, crafting, and sharing in the joy of Purple Up Day. Let's show our appreciation for military children in style—don't miss out on this fun-filled fiesta!

## Carnival/Feria Friday, April 26, 3:30 p.m.

Step Right Up to the Ultimate Month of the Military Child Celebration! Join us for a spectacular Fair/Carnival extravaganza dedicated to supporting military families and having a blast! Enjoy popcorn, crafts, games, and more as we honor and celebrate our military children in style. Don't forget to dress in your best feria attire for an unforgettable day of fun and festivities! Save the date and let's make unforgettable memories together!

## • youth sports

956-82-4721 or DSN 727-4721  
 Rota\_youthsports@eu.navy.mil

## Run Like Me

Fridays, April 5 and 26, 4 p.m. Fitness Center Track. Free.

## Youth Baseball and Softball Assessment

Tuesday, April 23, 5 p.m.  
 Ages 6-14 years old. Youth Sports Complex. \$60.  
 Open until filled. Don't delay spots fill quickly!

## We Need Coaches And Volunteers To Be Ready!!!

Be A Community Leader. Become A YSF Volunteer.  
 Please email or call to attend trainings.

Coaches Training Class  
 Sunday, April 7, 5 p.m. Bldg. 41.

Coaches CPR Class  
 Monday, April 8, 9 a.m. at CDC.

## Are you a member of the Parents Association for Youth Sports (PAYS)? Not a PAYS member yet?

If so, take advantage and enroll now for this year's Youth Sports season. Those not enrolled will not be allowed to assess in the Mandatory Assessment for team selection in the sports season. Anyone can be one, just go to <http://www.nays.org/parents> or contact us to learn how.

## FIVE-WEEK EMPLOYMENT SESSIONS

(for teens ages 14-18 years old)



CYP will host the Teen Employment Program (TEP) that provides work-based learning opportunities to teens seeking work experience and skill development. The TEP is a stepping stone for career development and is designed to encourage exploration of interests or careers, skill development and completion of training modules.

Look out for the vacancy announcements to be posted in April 2024. Next resume writing and interview workshop will be conducted at the Youth Center Bldg.#3053 on Tuesday, May 14 to educate youth on applying for employment

Two five-week employment sessions will be offered this year:

**SESSION 1**  
**Employment dates: June 10-July 12.**  
 Teens must return all required application documents and be available for interviews during the **SESSION 1 Hiring Fair on April 22, 9:30 a.m.-12:30 p.m. at the School Age Bldg. 41.** Applicants must arrive to the Hiring Fair by 11:30 a.m.

**SESSION 2**  
**Employment dates: July 8-Aug. 9.**  
 Teens must return all required application documents and be available for interviews during the **SESSION 2 Hiring Fair on June 7, 9:30 a.m.-12:30 p.m. at the School Age Bldg. 41.** Applicants must arrive to the Hiring Fair by 11:30 a.m.

Sessions are mandatory.

Join your team



## FREE MOVIES AT FLIX AND DRIVE-IN

In April Join us at Flix, El Patio, for a FREE movie in honor of Month of the Military Child. Open to everyone. Free Admission only. Snack bar available for food and beverage purchases.  
**Wednesday and Thursdays at 3:30 p.m.**  
 All movies will be family friendly.

Tickets are available online and at Flix Theater, while supplies last.



el PATIO  
 ROTA, SPAIN





# OUR YOUNGEST PATRIOTS

APRIL IS MONTH OF THE MILITARY CHILD. THIS MONTH, TAKE SOME TIME TO SUPPORT AND RECOGNIZE THE SACRIFICES MADE BY MILITARY CHILDREN ALL ACROSS THE GLOBE

## MONTH OF THE MILITARY CHILD

▶ **NMCRS EDUCATION ASSISTANCE PROGRAM.**  
Friday March 1 to Wednesday May 15.  
Applications are currently open.

*NMCRS offers needs-based scholarships and interest-free loans to the children and spouses of Sailors and Marines to help offset the cost of post-secondary education. Additionally, NMCRS offers interest-free education loans to MECEP/MECP students.*

This program is open to:

- Children of active duty, retired or Sailors and Marines who are under age 23 by September 30, 2024.
- Spouses of active duty and retired Sailors and Marines earning their first Associates, Bachelors or Masters degree.

For more information please visit:  
[www.nmcrcs.org/our-services/scholarships](http://www.nmcrcs.org/our-services/scholarships)

▶ **USO Month of the Military Child**

**TEDDY BEAR CLUB**  
Tuesday, April 2, 10-11 a.m. at the USO located in the PAX Terminal. Ages 0-4.  
Registration required, <https://bit.ly/3wOKcJx>

**FREE BINGO** at DGF with the PTA.  
Friday, April 12, 5-6:30 p.m.  
No Registration required. All ages.

**ROBOT MAKING TECHNOLOGY**  
Thursday, April 25, 2:30-3:30 p.m., at the USO located in the PAX Terminal. Ages 5 and up.  
Registration encouraged, <https://bit.ly/3VdBWNA>

▶ **DODEA/Rota School Community SOCIAL EMOTIONAL WELLNESS (SEW).**  
Wednesday, April 17 beginning at 4:45 p.m. in the Multipurpose building (MPB) of DGF/Rota E/MH School.  
*Family Night with a focus celebrating the Month of the Military Child. The process of establishing and maintaining positive relationships as well as understanding and managing our emotions. Free Diner, Kids Fun Zone, PTSA Scholastic Book Fair. Stay after for the Circus of Enchantment.*



▶ **NEX CAKE CUTTING**  
Monday April 1

*Join us at the Main Entrance of the NEX for a cake cutting at Noon to celebrate NEXCOM's 78th Birthday! Free cake for all in attendance, while supplies last.*

▶ **MILITARY KIDS DAY NEX VISIT**  
Monday April 15

*In honor of "Purple-Up! For Military Kids Day," all military kids are invited to come into the NEX and visit the customer service desk to receive a special giveaway to celebrate! The giveaway is on a first-come, first-served basis, while supplies last.*

▶ **Health Promotions/Naval Hospital MONTH OF THE MILITARY CHILD LUNCH VENDOR FAIR.**  
Thursday April 18, 11:30 a.m.-1 p.m. Housing Pavilion

*Support diversified food opportunities for service members and our base Home Based Businesses. Health Promotions will provide healthy snack demonstration and tip sheets that can be used for the whole family!*

▶ **...UPCOMING**

▶ **STUDENT ATHLETE SPORTS PHYSICAL RODEO AND HEALTH FAIR**  
Thursday May 30, 10 a.m.-5 p.m. Rota M/HS Gym.  
For all students interested in playing any sport including swimming.

*We are bringing health care to you! Opportunity for all students interested in playing sports during the 2024-2025 academic year to complete their sports physical while at school! Community groups will also be on site to provide health education.*



**EARLY LITERACY PROGRAM**

Tuesdays in April. MWR Community Recreation Classroom Bldg. #48

Times: 11-11:30 a.m. and 2:30-3 p.m. Ages 0-5.

Bring your little ones to the new Early Literacy program, where stories, music, words and movement are important. Come and learn with us the five practices of Early Literacy Initiative: **TALK, SING, READ, WRITE AND PLAY.** Reservations required. Spaces are limited. All children must be accompanied by a parent or caregiver.

Theme for April: **MINDFULNESS**  
(feat. Month of the Military Child).



**National Library Week Steam Activities For Kids**

Monday-Friday, April 8-12,  
4:30-5:30 p.m. Ages 6-12 years old.  
Sign-ups start April 1.

Fun activities where kids can explore thru different activities areas of science, technology and more.

**Upcoming Closure.**  
Due to library renovations we will be closed April 15-May 31.  
Thank your understanding.

**books REVIEW**



FOR KIDS:  
**FINDING THINGS**  
by Kevin Henkes

Finding Things is a child-centered, cozy, and conceptually rich picture book that explores storytelling, connections, luck, nature, and responsibility.

FOR JUVENILE:  
**WINDY NIGHT WITH WILD HORSES**  
by Mary Pope Osborne

The number 1 bestselling Magic Tree House series for chapter book readers is ready to whisk you away across the world with Jack and Annie. Perfect for readers ages 6-9! Magic tree house series series.

YOUNG ADULT BOOK:  
**DRAW DOWN THE MOON**  
by P.C. Cast

P.C. Cast and Kristin Cast return with Draw Down the Moon, the first book in a new duology set in a dark and magical world filled with incredible danger and irresistible romance. Moonstruck duology series

ADULT READING:  
**DARLING GIRLS**  
by Sally Hepworth.

For as long as they can remember, Jessica, Norah, and Alicia have been told how lucky they are. As young girls they were rescued from family tragedies and raised by a loving foster mother, Miss Fairchild, on an idyllic farming estate and given an elusive second chance at a happy family life. A thrilling page-turner of sisterhood, secrets, love, and murder by New York Times bestselling author Sally Hepworth.

**ONGOING**  
Active Duty Members  
in Uniform Lunch Bowling

Mondays-Sundays, 11 a.m.-1 p.m.  
Free game of bowling, including shoe rental, for Military personnel in uniform with the purchase of a complete meal and drink.

**Family Night**  
Mondays, 4-8 p.m.  
Families up to 5 people per lane can bowl for one hour including shoes rental for \$15.

**Couples Night**  
Tuesdays, 5-10 p.m.  
Groups of up to four people can bowl one hour including shoes rental for \$35 with a purchase of any pitcher.

**League Bowling and Command Night**  
Wednesdays, 6-10 p.m.  
Our Bowling League has started, come out and support your favorite teams. Team build and relax with your command or your barracks in groups' minimum of 5 people and get half off an hr of bowling per lane when lanes are available.

**Liberty's Bowling Night**  
Thursday, April 11.  
Enjoy a free night of bowling and pizza with Liberty (free for single unaccompanied AD E-6 and below). On the second Thursday of each month sign in on the Liberty sign-up sheet at the front counter at Pinz.

**Cosmic Bowling and Karaoke Jam**  
Fridays and Saturdays, 7-11 p.m. \$23.  
Groups up to five people can bowl per lane for one hour, including shoe rental.

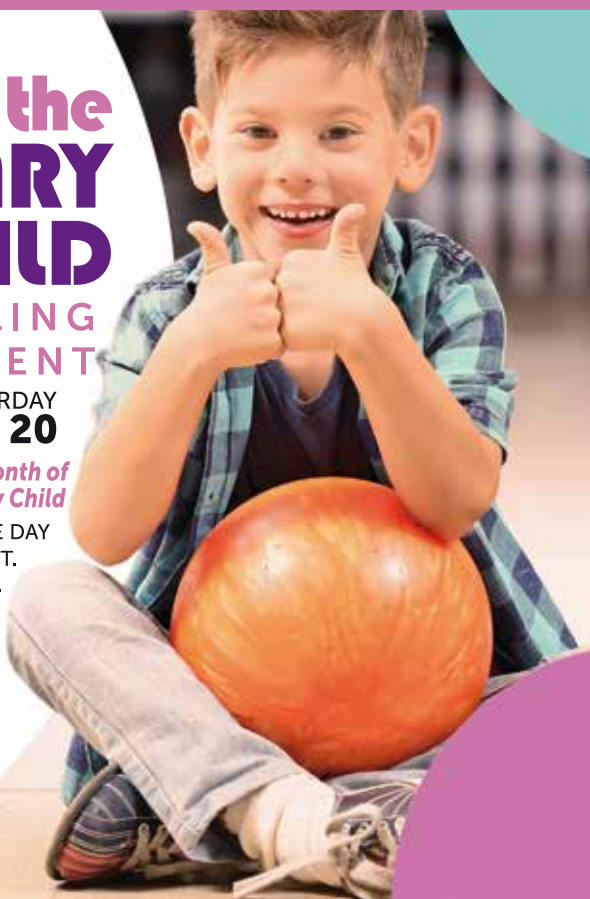
**Month of the MILITARY CHILD BOWLING TOURNAMENT**

SATURDAY  
**APRIL 20**

Celebrate Month of the Military Child

PARENT AND CHILD ONE DAY BOWLING TOURNAMENT.  
Register at the Bowling Center.  
While space is available.

**free!**



House Specialty  
**Fresh & Crispy**



- POTATO WEDGES (PERSONAL AND FAMILY SIZE)
- HAND BATTERED CHICKEN TENDERS
- MOZZARELLA STICKS
- FRIED CHICKEN WINGS 8 PIECES W/SAUCE (BBQ, BUFFALO AND CAJUN)
- CHICKEN TENDER COMBO PACK

MADE TO ORDER

**NEW!!**

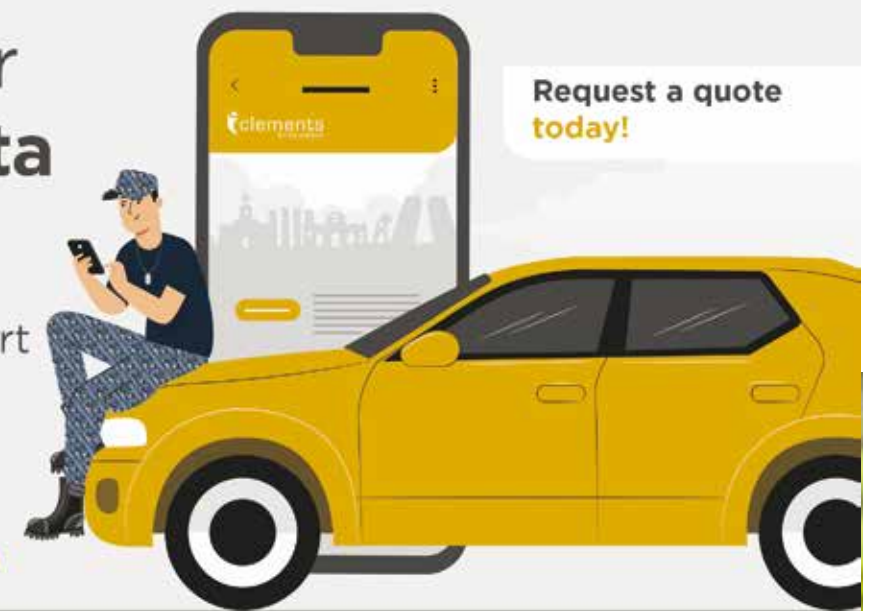
Now Available at Bombers, 11 a.m.-7 p.m. Mon.-Fri.

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# STRONG COMMUNITIES

**April's awareness month focuses on our military children** by recognizing the Month of the Military Child and Child Abuse Prevention Month. The Navy has a legacy of promoting healthy and resilient military families through a commitment to creating safe and nurturing environments for our children. Adults who are informed, attentive, and supportive make a nurturing environment possible, and as Navy community members, we all play a role.

Informed adults are aware of the developmental stages of children in general. They know what a toddler is physically capable of doing versus a pre-teen and then can modify their expectations. Informed adults also use resources to educate themselves and receive support in challenging times. Attentive adults provide adequate supervision to children dependent on the child's maturity. They also notice and lovingly respond when the child is not feeling well, is hungry, or needs quality time. Supportive adults are not only supportive to children's needs and growth, but also to other adults. They understand that raising children can be demanding and all parents need respite and assistance. They also know the community resources available to service members and their families.

As a Navy community, we are strongest when working as a team and using our core values in everyday decisions that we make.

The Fleet and Family Support Centers provide several professional services, free of cost, as a resource to our Navy community, including financial management, employment assistance, general counseling and parenting programs. All of these services help to create the enriching family life and community our military children deserve.



# STRENGTHEN FAMILIES

For more information:  
Fleet & Family Support Program at [www.ffsp.navy.mil](http://www.ffsp.navy.mil)  
Military OneSource [www.militaryonesource.mil/parenting](http://www.militaryonesource.mil/parenting)  
Military Kids Connect <http://militarykidsconnect.dcoe.mil>  
**Amazing Brain:** What Every Parent/Caregiver Needs to Know  
<http://www.instituteforsafefamilies.org/materials/amazing-brain>  
The National Parent Helpline 1-855-4A-PARENT (1-855-427-2736)

| DATES           | PROGRAMS   |
|-----------------|--|
| MON 01<br>02-07 | <b>POSITIVE PARENTING</b><br>April 1, 8, 15, 22, 10-11:30 a.m.<br><b>INTER-CULTURAL RELATIONS (ICR)</b><br>April 1-4, 8 a.m.-3:00 p.m.                                   |
| MON 08          | <b>INTER-CULTURAL RELATIONS (ICR)</b><br>April 8-11, 8 a.m.-3:00 p.m.  |
| TUE 9           | <b>PRIVATE SECTOR RESUME WRITING WORKSHOP</b><br>April 9, 10 a.m.-12:30 p.m.   |
| WED 10          | <b>COMMUNICATION SKILLS</b><br>April 10, 10-11:30 a.m.   |
| THU 11          | <b>FAMILY FINANCIAL PLANNING</b><br>10-11 a.m.<br><b>CAP AT SAC</b><br>4-5 p.m.  |
| FRI 12          | <b>CFS REFRESHER</b><br>9 a.m.-4 p.m.<br><b>PIZZA WITH PARENTS</b><br>4:30-6 p.m.  |
| 13-16           | <b>CAREER &amp; CREDENTIAL EXPLORATION (C2E)-PREVIOUSLY CEPT</b><br>April 17-18, 8 a.m.-4 p.m.<br><b>SEE YOU AT SEW!</b><br>4:45 p.m.                                    |
| WED 17<br>18    | <b>LUIS PEREZ WINERY TOUR</b><br>8:30 am-3:30 pm<br><b>COMMAND FINANCIAL SPECIALIST (CFS) FORUM</b><br>11:00 am-12:30 pm<br><b>DGF M/HS WELLNESS FAIR</b><br>Noon-3 p.m. |
| FRI 19<br>20    | <b>EFMP TRAINING</b><br>1 p.m.-2 p.m.  |
| TUE 23          | <b>COMMAND SPONSORSHIP TRAINING</b><br>10-11:30 a.m.   |
| WED 24          | <b>SUICIDE PREVENTION</b><br>10-11:30 a.m.   |
| THU 25<br>26-28 | <b>TRANSITION WORKSHOP</b><br>April 29-30 8 a.m.-4:30 p.m.   |
| MON 29          | <b>BASIC SPANISH CLASSES</b><br>April 2, 9, 16, 23, and 30 Noon-1:30 p.m.<br><b>INTERMEDIAL SPANISH CLASSES</b><br>April 2, 9, 16, 23 and 30, 10-11:30 a.m.              |



## APRIL eVents

**LIBERTY CRAFT & CHILL**  
Tuesdays in April, 6 p.m.  
Let us all enjoy each other's company, listen to music and create various craft projects in recognition of stress awareness month. Music and craft supplies are provided.

**OPEN MIC NIGHT**  
Wednesday, April 3, 6 p.m.  
Liberty is hosting an open mic night! Come share your live music, slam poetry, or stand-up comedy. Fresh popcorn and lemonade provided. Provided: Instruments, microphone, popcorn and lemonade.

**LIBERTY NIGHT AT THE MOVIES**  
Thursday, April 4, 7 p.m. Flix Movie Theater at El Patio. Free for single/unaccompanied E6 and below.  
Come join the Liberty staff at the Flix Movie Theater for a free movie. Enjoy hot buttered popcorn and an ice cold soft drink on us! On the day of, sign in on the Liberty Sheet at the front counter of Flix.

**WORLD HEALTH DAY**  
Sunday, April 7, 5:30 p.m.  
Today is a day to recognize healthy living! We will be offering healthy snacks & smoothies!

**LIBERTY BOWLING AT PINZ**  
Thursday, April 11, 7-9 p.m. Free for single/unaccompanied E6 and below.  
Enjoy a free night of bowling and pizza with Liberty. On the day of, sign in on the Liberty sheet at the front counter in Pinz. Provided: bowling lanes, shoe rental and pizza.

**BOTANICAL BUDDIES**  
Friday, April 12, 6 p.m.  
In honor of National Gardening Month, bring a little green to your room by selecting a succulent and decorating a terracotta pot! Provided: craft supplies, terracotta pot and succulents.

**LIBERTY FOODIE NIGHT**  
Monday, April 15, 6 p.m.  
Want to try something different for dinner tonight? Come to Liberty and we will provide a ride to Shamrock's Bar & Eatery in El Puerto! Roundtrip transportation only.

**DOGGIE DATE NIGHT**  
Thursday, April 18, 6:15 p.m.  
Join us at Liberty for a paw-some evening at Doggie Date Night—where patrons can cuddle, play, and bond with our lovable furry friends!

**LIBERTY NIGHT WITH HEALTH PROMOTIONS**  
Friday, April 19, 5:30 p.m.  
Come out this evening to learn how to cook a simple but healthy meal with Health Promotions. This is sure to be a crowd favorite... come on by... learn something new and enjoy some great cooking! All ingredients and instructions provided.

**EARTH DAY**  
Monday, April 22, 1 p.m.  
Happy Earth Day! Our planet is a wonderful place, but it needs our help to thrive. Come help Liberty clean up by weeding the flowerbeds, picking up trash, and any other debris. Provided: gloves, trash bags, snacks and lemonade.

**LIBERTY GOLF DAY**  
Sunday, April 28, Noon-3 p.m.  
Free for single/unaccompanied E6 and below.  
Spend your Sunday afternoon, relaxing in the sun. Liberty Golf Day includes green fees and club rentals. Liberty patrons need to check in with the front desk at the Pro Shop before Noon.

**MARVEL MONDAY**  
Monday, April 29, 1-10 p.m.  
Come binge all your marvel favorites during our movie marathon. Test your superhero genius with some Superhero Trivia. Prizes for the winners!

**LIBERTY SPRING PAINTBALL SHOWDOWN**

**FRIDAY, APRIL 26**  
5:30-9:30 p.m.  
La Plaza Softball Fields  
Must register your six-player team at the Liberty Center by Tuesday, April 24. Free for single/unaccompanied E6 and below.

Whether you're experienced or excited to try something new, get ready to run, duck, roll, and slide for our spring Paintball Tournament!  
Comfortable gym attire is recommended. No experience required. All equipment and supplies will be provided. Space is limited to 10 teams.

**DISCOUNTED LIBERTY TRIPS**  
**Hiking El Pinsapar in Grazalema with ODR**  
Saturday, April 13, 7:30 a.m.-5:30 p.m.  
Must register by April 10. Ages 18 years and older. \$48 per person for single/unaccompanied E6 & below.  
Visit one of the few native Andalusian forests of Abies Pinsapo in one of the most beautiful landscapes of Cadiz, which is located in the Natural Park of Sierra de Grazalema. The hike begins along the route that connects Grazalema and Benamahona by ascending the eastern side of the Sierra del Pinar. The major attraction is the Spanish fir trees. They are at first scattered and then in the shaded area become a dense forest that are thick and magical. Enjoy majestic views of Grazalema. Ronda, Sierra de las Nieves and Sierra Nevada. Trip includes roundtrip transportation and expert guide. 12-kilometer hike (medium difficulty).

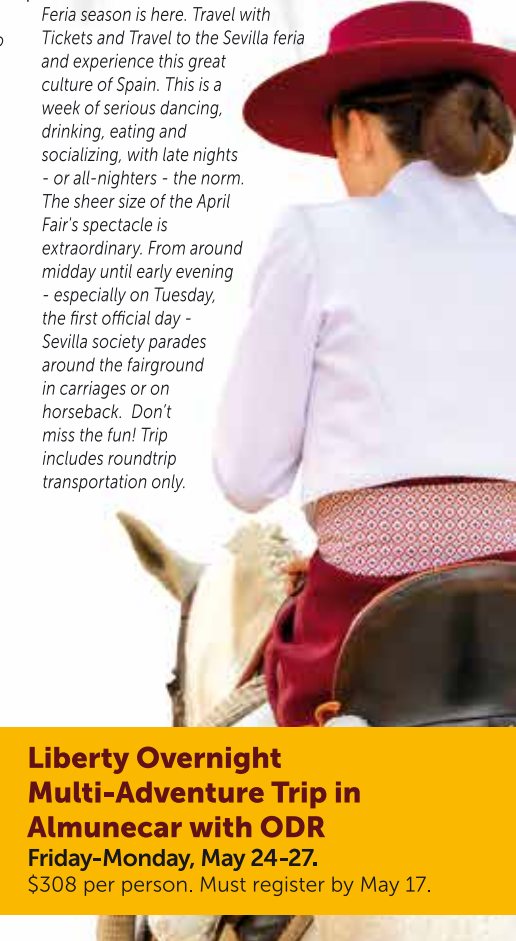
**Sevilla Spring Fair with Tickets and Travel.**  
Saturday, April 20, 10 a.m.-10 p.m.  
\$28 per person. Must register by April 17. Single active duty & geographically single personnel (LIBERTY ONLY)  
Feria season is here. Travel with Tickets and Travel to the Sevilla feria and experience this great culture of Spain. This is a week of serious dancing, drinking, eating and socializing, with late nights - or all-nighters - the norm. The sheer size of the April Fair's spectacle is extraordinary. From around midday until early evening - especially on Tuesday, the first official day - Sevilla society parades around the fairground in carriages or on horseback. Don't miss the fun! Trip includes roundtrip transportation only.

**SAILOR ADVENTURE QUEST**

**PAINTING & MIXED MEDIA 101**  
Tuesdays, April 9 and 23, 6 p.m.  
Do you have enough décor in your room? No worries, we'll get you set up with an art instructor so you can create your own work of art to display. Art supplies are provided.

**GUITAR LESSONS**  
Wednesdays, April 10 and 24, 6 p.m.  
Have you ever thought about trying your hand at guitar? Come to start or continue your musical journey! Guitars are provided.

**YOGA & MINDFULNESS CLASS**  
Thursday, April 25, 6:15 p.m.  
Come take your mind off any stressors you are facing with a relaxing yoga/meditation class.



**Liberty Overnight Multi-Adventure Trip in Almunecar with ODR**  
Friday-Monday, May 24-27.  
\$308 per person. Must register by May 17.



COME JOIN US FOR OUR ANNUAL EASTER EVENT!



# EGG'S PLOSION! 2024

SATURDAY,  
APRIL **06**  
AT LA PLAZA  
BALL FIELDS

- EGG HUNTS
- AIR TOYS
- GAMES AND PRIZES
- CRAFTS
- PHOTO WITH THE EASTER BUNNY
- FOOD AND BEVERAGES AVAILABLE FOR PURCHASE



SPONSORED BY



No Navy endorsement implied.

**REGISTRATION IS REQUIRED**  
REGISTER FROM MARCH 1-APRIL 2  
Parents must come to the MWR Liberty Center to register their kids for assigned egg hunts. Families will be assigned a specific 1-hour and 45-minute time slot to participate in their egg hunts and all of the other fun activities.

Open to U.S. I.D. cardholders only.

For more information, please call the Liberty Center at 956-82-2527 or DSN 727-2527, daily, 1-10 p.m.

Happy Easter

Navy Entertainment presents

## IMAGINATION MOVERS

as seen on Disney+

SUNDAY, **APRIL 14**, 6 P.M.

DGF Elementary School, Multipurpose room.  
Open to U.S. DoD ID cardholders only.





# Circus of Enchantment:




## Marvels in Magic and Juggling

Wednesday, **April 17**, 7 p.m.

DGF Multipurpose Room. Doors open at 6p.m. All Ages  
US DoD Cardholders Only  
For more information, call MWR Special Events at 956-82-2527.

**No Hocus Pocus Here**

Learn more at [ArmedForcesEntertainment.com](https://ArmedForcesEntertainment.com)

# SUCCEED AGAIN

Learn on base, online, & hybrid



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Bldg. 3293 or in  
our virtual office



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# KIDS COLOR RUN

READY TO GET DOUSED IN DIFERENT COLOR POWDER!

GET YOUR WHITE AND GET

SATURDAY  
**APRIL 13**

10 a.m. | FREE

Register at the Fitness Center

This annual Color Run is a one (1) mile untimed event. Volunteers will throw an assortment of color powders at runners as they pass by! Show up in all white attire—end the race covered in an oasis of color! **COME JOIN US AND HAVE THE TIME OF YOUR LIFE!** Open to all ages. TEI carholders only.



## Pull Up Challenge

Friday, April 19, 4:30 p.m.

Must register at the Fitness Center.

Ready for two pull up challenges in one day? Train your pull ups and bring a second t-shirt the day of the event. Be ready! Medals for first second and third place male and female.

## CFL Meeting

Wednesday, April 17, 11:30 a.m.

CFL Meeting for Command Fitness Leaders and Assistant Command Fitness Leaders. MWR will be starting practical training and updated information for continuing education of the CFL's in Rota.

## Youth Fitness Certification

Thursday, April 25, 5 p.m.

Must register by April 24, Noon. Fitness Center.

The Youth Certification teaches the fundamentals of fitness, proper use of equipment in our facility and DoD policy that pertains to physical fitness in MWR facilities. Youth are given a facility orientation, one-on-one weight and cardio training orientation and a written test. After completing this certification youth ages 10-17 will be able to use the Fitness Center facility.

## 1000/500 lb Club

Thursday, April 26, 4:30 p.m.

Sign up at the Fitness Center. Ages 18 years and older.

Join the elite and see if you can muscle up 1000 pounds total weight. Events will include bench press, squat and deadlift.



No Navy endorsement implied.

## •aquatics center,

956-82-2129 or DSN 727-2129  
rota\_aquatics@eu.navy.mil

Open for Lap Swim, PRT, Unit Level Training or Command PT

## LEARN-TO-SWIM PROGRAM

Wednesday-Friday, April 3-5 and 10-12.

### Parent and Child Swim Lessons

Wednesday-Friday, 10-10:30 a.m. Ages 8 months-3 years old.

The parent & child swim class introduces infants and toddlers into the joys of an aquatics environment for the first time under the care of their parents. Swim Instructors provide the parents with the necessary swim skills so they can practice with their children between classes. Parent or caregiver must accompany the child into the water and participate in the class.

### Learn to Swim Levels 1-2

Wednesday-Friday, Level 1-2 class, 4-4:45 p.m. Level 3-5 class, 5-5:45 p.m. Ages 4 years and older.

This program focuses on building skills one step at a time and giving them the opportunity to master one element before moving on to the next. Our swim classes make it easy for kids to build confidence in the water. Taught by Water Safety Instructors.

**Navy Second Class Swim Testing**  
available by appointment only.

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TEAM SIGN-UPS



FREE AGENT SIGN-UPS

## INTRAMURAL SPORTS CALENDAR

| EVENT                                | DATES                     | PICK UP GAMES | DEADLINE | COACH MEETING |
|--------------------------------------|---------------------------|---------------|----------|---------------|
| <b>APRIL</b>                         |                           |               |          |               |
| Outdoor Soccer Tournament            | 16-18 (Tuesday-Thursday)  | 9             | 10       | --            |
| CC Outdoor Soccer League             | 29 (Mondays & Wednesdays) | --            | 23       | 25            |
| <b>MAY</b>                           |                           |               |          |               |
| Disc Golf Clinic & Competition       | 17 (Friday)               | --            | 13       | --            |
| Memorial Basketball Tournament       | 24-25 (Friday-Saturday)   | 20            | 21       | 22            |
| Frisbee Tournament                   | 31 (Friday)               | 28            | 29       | --            |
| <b>JUNE</b>                          |                           |               |          |               |
| Beach Volleyball Conditioning Clinic | 21 (Friday)               | --            | 20       | --            |
| Beach Volley Summer Tournament I     | 25-27 (Tuesday-Thursday)  | 18            | 20       | --            |

CC Leagues Races Clinics Tournaments

1. You can sign up your team/command using the Teams QR code, or you can sign up individually using the Free Agents QR code.
2. Sign ups will be over at NOON of the deadline date.
3. Regulations and schedules will be sent at least 24 hours prior the event and/or coach meeting.
4. Any questions and/or suggestions to Rota\_Sports@eu.navy.mil

## Horse Riding Lessons

FOR KIDS & ADULTS  
1 Lesson Per Week

75 € Per Month

**LA PAÑOLETA**  
El Puerto de Santa María

60-Minute Group Lessons  
Groups by age and experience

For safety reasons, all beginners must start with 30 minute private lessons

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