What’s Inside?
Special Events
Independence Fest 2024
Fitness Center
Independence Day 5K Run
Youth Activities
Summer Specialty Camps
Liberty
Beach Picnic Patio Party
CYP
Missoula Children’s Theatre

July 2024
PRINCIPLES

OUR MISSION

To provide our customers with a variety of services that meet the mission of the U.S. Navy, and do not imply endorsement thereof.

OUR VISION

To be recognized as the MWR Department within the entire enterprise that provides the highest quality of support to our customers.

OUR GUIDING PRINCIPLES

We are committed to continual improvement, understanding our customers’ needs, and meeting the requirements of the organization. We deliver services that meet the mission and vision, operating in the most effective and efficient way.

BUSINESS ACTIVITIES

Gourmet Bean

Fleet Landing

Monday-Friday, 7:30 a.m.-2 p.m.
Saturday and Sunday, Closed.

Library

Monday-Friday, 7:30 a.m.-2 p.m.
Saturday and Sunday, Closed.

El Patio

Bombers Fresh Mex, 727-3712

Monday-Friday, 10 a.m.-7 p.m.
Saturday, Sunday, Closed.

The Tower Pub, 727-3712

Monday-Friday, 4-11 p.m. (last order 10:30 p.m.)
Saturday-Sunday, Noon-7 p.m. (last food order 6:30 p.m.)

Flix, 727-3709

El Patio Indoor Theaters

Wednesday-Sunday.

Check navymwrrota.com for movie times and schedule.

Drive-in

Check navymwrrota.com for movie times and schedule.

Golf, 727-2260

Daily, 9 a.m.-8 p.m.

Pinz, 727-2112

Sunday-Thurday, 11 a.m.-10 p.m.
Friday and Saturday, 11 a.m.-12 p.m.

Pinz American Cafe

Sunday-Thursday, 11 a.m.-9 p.m.
Friday and Saturday, 11 a.m.-10 p.m.

La Plaza, 727-6323

Champion’s Bar

Wednesday-Sunday, 4-11 p.m.

Monday and Tuesday, Closed

Pizza Villa, 727-3212

Daily, 11 a.m.-10 p.m.

SPECIAL OFFER

Now available at Bombers and Tower Pub

SPECIAL OFFER

Now available at Bombers, Monday-Friday, 10 a.m.-7 p.m.

Copyright © 2022 Bombers Fresh Mex - All Rights Reserved
THURSDAY, JULY 4, 5-11 P.M. AT LA PLAZA

ARMED FORCES ENTERTAINMENT PRESENTS:
LIVE MUSIC BY "RED JUMPSUIT APPARATUS"

TIMELINE:
- 5-11 p.m.: Food & Beverage Booths, Carnival Rides & Games Open
- 5-10 p.m.: Family Fun Zones Open
- 5-6:30 p.m.: The Troublemakers (Rock Cover Band)
- 6:45 p.m.: CO's Opening Remarks & National Anthem
- 7-8:30 p.m.: LeRoy OneStone & Wisehouse Crew (Bob Marley Tribute Band)
- 8:40-8:50 p.m.: USO Pie Eating Contest
- 9-10:30 p.m.: "Red Jumpsuit Apparatus" (Armed Forces Entertainment Headliner)
- 10:45-11 p.m.: Fireworks Show

NO OUTSIDE FOOD OR BEVERAGES OR PETS are permitted.
100% bag inspections will be conducted by NAVSTA Security.
Families and individuals are encouraged to bring blankets, lawn chairs, towels, and swim suits.

Please call for more information 956-82-2527 or DSN 727-2527 from 1-10 p.m. daily.

No Navy endorsement implied.
**TICKETS AND TRAVEL**

**Huelva Self-Guided**

Saturday, July 6, 7:30 a.m. - 9:30 p.m.

Get to know this ancient city, located in one of Costa de la Luz, a touristic paradise with a wide range of attractions, including archaeological sites, old arabian town (Aljarafe) and the Roman Bridge of Huelva. The city also boasts a lively cultural life. Transportation and insurance are included. Must register by July 3.

**Malaga Self-Guided**

Saturday, August 3, 7:45 a.m. - 9:00 p.m.

A tour of the city of Malaga. It's the third-largest city of Andalucía and lies along the Costa Del Sol. Famous for the “pasas” (raisins), Malaga is also well known for its superb wines. Following places are worth a visit: the cathedral, Castle of Gibralfaro, the harbor area, the local market and the location where the Moors used to live. You will also be able to visit the city center with beautiful plazas and bars. Transportation and insurance are included. Must register by July 23.

**Columbus Day Weekend in Northern Morocco**

October 12-14. Departure: 6:00 p.m. Return: 11:00 p.m.

Spending two weeks in the cousine of northeastern Morocco, you will visit cities of Tetouan, Tetouan, Tangier and Béchar. Transportation and insurance are included.

**Night Kayak and Sancti Petri Castle Tour in Chiclana**

Tuesday, July 18, and Wednesday. Must register by July 15.

Night kayaking. This activity is suitable for adults 18 years and older only. Transportation and insurance are included. Must register by July 12.

**Sailing and Windsurfing**

Saturday, July 20 and August 13, 7:00 p.m. - 11:00 p.m.

Join us for Discover Sailing and Windsurfing! Your Discover Sailing journey starts here as you learn the sailing experience needed. You will be provided the sailing experience needed. No prior experience is necessary, although you must be able to swim. Transportation and all equipment is included. Must register by July 10.

**Night out and paintball**

Saturday, July 21, 10:00 p.m. - 2:00 a.m.

Join us for an evening of fun and adventure as you test your shooting skills and make memories to last a lifetime. Transportation and insurance are included. Must register by July 17.

**TICKETS AND TRAVEL**

**Mijas Water Park in Malaga**

Saturday, July 13, 10:00 a.m. - 2:00 p.m.

Must register by July 30. All ages.

In collaboration with Rota CYP, Tickets and Travel will take you to the best water park in Malaga! AquaMijas has attractions for everyone. Slide to fun at the best water park in Malaga! Transportation and insurance are included. Must register by July 10.

**Canyon Descending**

Tuesday, September 11, 6:45 a.m. - 9:00 p.m.

Join us for this great Multi-Adventure trip in Granada! Amazing sights and ideas of true adventure. Must be able to swim. Trip includes roundtrip transportation, insurance, gear and professional guide. For Single Sailors E6 and below, please check with the Liberty Center for sign-ups and discounted price. Transportation and insurance are included. Must register by July 30.

**Registration is required.**

**DIFFICULTY LEVEL**

1: Low
2: Medium/Low
3: Medium
4: Medium/High
5: High
6: Very High
ONGOING PROGRAMS

FAMILY FUN DAYS
Every Sunday, 1-8 p.m.
FREE USA® RANGE BALLS FOR ACTIVE DUTY MILITARY
Tuesdays and Thursdays, 4:30-6:30 p.m.
With PGA tips or appearance (by appointment
with PGA shop) for all ages.

TWILIGHT SPECIAL
Seven days a week, 4:30-8 p.m.
18 unlimitted golf, cart is $31 double, $35 single ride.

KEY GOLF SPECIAL
Are you PCI® or TDP to Rota?
Present your hotel key at the golf shop to be eligible for the following:

Sunday: 2 for 1 (9 holes)
18 (all hours)
Discount Tee (2 0f 9 holes or 18 holes)
Note: Discount will be taken from standard green fees.

LIBERTY GOLF DAY
Sunday, July 28, starts at 1 p.m.
*U.S. Navy endorsement is implied.

• Cdc (6 weeks - 5 years), 956-82-1100 or DSN 727-1100
Rota_CDC@eu.navy.mil
Bidg. #1963. Open: 6 a.m.-6:30 p.m.

Parent and Child Olympics
Friday, July 26, 3:30 p.m.
Parents and children will team up to compete for the gold,
striving to win the ultimate trophy for their class through a
series of exciting games and activities. After the competition,
enjoy a delicious spread of fabrics, including croissants,
meats and more. Don’t miss out on this fun and memorable
event, showcasing your class spirit and aiming for victory
together! Let the games begin!

Preschool Summer Camp
Monday-Friday, July 22-Aug. 2.
This exciting six-week camp will follow the AAC themes,
bringing fun games and exciting adventures to our preschoolers.
Each day promises new and engaging activities designed to
stimulate your child’s mind and ensure an enjoyable summer experience.
Don’t miss out on this fantastic opportunity for your child to make new friends,
explore new concepts, and enjoy a summer filled with laughter and learning.
Register now to secure your spot and get ready for an
amazing summer camp experience!

JumpStart
Monday-Friday, Aug. 5-16.
Come one, come all! If your child has attended the GCC this
year for full-time care, they can join our camp!
Join us for a fun celebration as we watch them walk across
the big stage at the GCC for Preschool Graduation.
Let’s honor their achievements in this milestone together.

CYP CLOSURE
Thursday, July 4, in honor of Independence Day

• SAC (K-6th grade), 956-82-2839 or DSN 727-2839
Rota_SAC@eu.navy.mil
Bidg. #41.

CYP REGISTRATION:
- Paying for CDC/SAC FULL TIME and Hourly care
- Reserving a CDC/SAC CAMPS;
- Signs up for Teen/YF programs (after registering for CYP)

You must already have a registration form on file with
CYP to use the online system.

GET THE KIDS OUT THE HOUSE THIS SUMMER
AND TAKE THEM TO PINZ BOWLING CENTER!

KIDS BOWL FREE IS BACK!
Monday-Friday
Noon-5 p.m. Ages 6 and younger.
RECEIVE DAILY COUPONS EACH WEEK
Shoe rentals not included.
Register now at: KidsBowlFree.com

Note: Family Pass registration is optional.
All participants must be U.S. DoD cardholders.

ONLINE PORTAL
SCAN ME!
FOR REGISTRATION FORMS

CHILD CARE AVAILABILITY

CDC: Chidcare is available for all eligible personnel from 6 a.m.-6:30 p.m., Monday-Friday
for ages 6 weeks to 5 years. Universal Pre-Kindergarten before/after care, as well as
Pre-School Children with Disabilities (PSCD) enrolled children.

SAC: All the school age center, we provide before and after school care during the school year
for all school age children in Kindergarten through 12 years of age.
SAC also provides care through our summer camps!

Please contact us for more information.

CHILD CARE AVAILABILITY

• CDC (6-15 years), 956-82-2839 or DSN 727-2839
Rota_CDC@eu.navy.mil
Bidg. #41.

• SAC (K-6th grade), 956-82-2839 or DSN 727-2839
Rota_SAC@eu.navy.mil
Bidg. #41.

CYP REGISTRATION:
- Paying for CDC/SAC FULL TIME and Hourly care
- Reserving a CDC/SAC CAMPS;
- Signs up for Teen/YF programs (after registering for CYP)

You must already have a registration form on file with
CYP to use the online system.

Get your Family ID from us if you don’t remember it.

CHILD CARE AVAILABILITY

• CDC (6-15 years), 956-82-2839 or DSN 727-2839
Rota_CDC@eu.navy.mil
Bidg. #41.

• SAC (K-6th grade), 956-82-2839 or DSN 727-2839
Rota_SAC@eu.navy.mil
Bidg. #41.

CYP REGISTRATION:
- Paying for CDC/SAC FULL TIME and Hourly care
- Reserving a CDC/SAC CAMPS;
- Signs up for Teen/YF programs (after registering for CYP)

You must already have a registration form on file with
CYP to use the online system.

Get your Family ID from us if you don’t remember it.

SAC, CDC, YSF, SL AND TEEN REGISTRATION AND SIGN-UP INFORMATION:

- CYP Registration- All documents are accessible via the QR code on the MWR webpage (www.navymwrrotla.com), submit
  the forms for CDC/HYSVF registration to SAC Bidg. 41, or for the CDC at Bidg. 1963
- Use MCC.com for: Reserving a CDC/SAC FULL TIME and SAC CAMPS for your child
- Use CYPOnline.com for:
  - Paying for CDC/SAC FULL TIME and Hourly care
  - Reserving a CDC/SAC CAMPS;
  - Signs up for Teen/YF programs (after registering for CYP)

You must already have a registration form on file with
CYP to use the online system.

Get your Family ID from us if you don’t remember it.
10 Weeks of Summer Daily Attendance Game 2024
On-going
Registered Youth Center members may enter once per day by parking a gift card every day during the 10 weeks of summer vacation. To enter, Youth must sign into the Youth Center building and complete their daily entry form. A drawing will take place every Friday at 4:30 p.m. for youth who attended that week. Five gift cards will be drawn each Friday in varying amounts. Winner(s) may only use one gift card per week even if his or her name is drawn more than once. The gift cards will be drawn among five $25, $50 MWR Bucks, and one $100 MWR Bucks. Participants do not have to be present on Friday at 4:30 p.m. to win, they will be contacted if they are not in the building at that time. Every Monday the contest starts again so the more days a youth attends each week the more chances they have to win. All entries from the previous week will be discarded after the prices for the week are awarded. Prize drawing dates are July 1, 8, 15, and 22 and August 5, 12, and 19.

Summer Field Trips
The Youth Center will be taking field trips to the Bowling alley (Navy Exchange Theater) July 19 and with Outdoor Recreation throughout the summer months. All field trips require advance registration with full payment using CYP Online and a signed permission slip to attend. No refunds after the day prior to the trip.

OPTIMUS STEM CAMP
- Session 2: Monday–Friday, July 29–Aug. 2, 9:30 a.m.–12:30 p.m. Level: Pre-teens. Ages: 10-14 years old. $50. Must register and pay at CYP Online by July 26. Optimus Stem Camp engages campers in the exciting world of robotics, videogame programming and 3D design and printing. Designed as an engaging and easy way to introduce kids to robotics, campers will work with a very current and real-world theme. Campers work as scientists and engineers as they progress through their projects and challenges, putting their creative problem solving skills to the test. As well as robotics, they will learn to design their 3D projects and at the end of the week they will take home their own project printed in a 3D printer.

TECHMAKERS STEM CAMPS
- Monday–Friday, July 22–26, 9:30 a.m.–12:30 p.m.
- Ages 10-15 years old. $60. Must register and pay at CYP Online by July 12. No refunds after July 12. TECHmakers STEM Camps instruct children in robotics, coding and virtual reality. The modules include:
  • ROBOTIC CHALLENGES WITH MAKEBLOCK
  - Programming, building and testing of the robots and Computational Thinking and Educational Robotics for the assembly and Programming of the entire robot.
  • CREATE ARCADE VIDEO GAMES WITH MAKECODE
  - Take your programming knowledge a step further by creating fun arcade and video games in Microsoft MakeCode environment.
  • VIRTUAL / AUGMENTED REALITY WORKSHOP
  - Virtual reality takes you to a computer that simulates a real appearance. This immersion recreates a very real experience through computer technology and with high-resolution fields of vision. With the workshop you will be able to get started with the CloudVR platform in a virtual reality experience and explore new worlds in the front row and with cinematic sound.

TECHMAKERS RADIO AND AUDIOVISUAL CAMP
- Monday–Friday, Aug. 5–9, 9:30 a.m.–12:30 p.m.
- Ages 10-15 years old. $60. Must register and pay at CYP Online by Aug. 2. No refunds after Aug. 2. TECHmakers Radio and Audiovisual Camp instructs children on building a radio and podcasts. Students will be trained to learn to create content of interest to them. They will be trained on presentation techniques as well as editing, connecting and presenting content.

YOUTH DAILY ACTIVITIES FOR JULY

Monday, July 1
- “Apples to Apples” board game.
- Movie field trip, 2:30–4:30 p.m.
- “Just Dance” game
- Bowling field trip, 1:30–4:30 p.m.
- “Universe” board game.

Tuesday, July 2
- “Sorry” board game.
- Movie field trip, 2:30–4:30 p.m.
- “Humor” board game.

Wednesday, July 3
- MCTC: Missoula Performance, 4:30 p.m.
- “Just Dance” game
- Bowling field trip, 1:30–4:30 p.m.
- “Universe” board game.

Thursday, July 4
- Optimus STEM Camp, 9:30 a.m.–12:30 p.m.
- “Universe” board game.

Friday, July 5
- Movie field trip, 2:30–4:30 p.m.
- “Humor” board game.

Saturday, July 6
- MCTC: Missoula Children’s Theatre Camps, 10 a.m.
- Making friendship bracelets.
- Triple Play Challenge.

Monday, July 8
- “Apples to Apples” board game.
- Movie field trip, 2:30–4:30 p.m.
- “Universe” board game.

Tuesday, July 9
- “Sorry” board game.
- Movie field trip, 2:30–4:30 p.m.
- “Humor” board game.

Wednesday, July 10
- MCTC: Missoula Children’s Theatre Camps, 10 a.m.
- “Universe” board game.

Thursday, July 11
- MCTC: “Put Your Best Foot Forward” Workshop, 3–4 p.m.
- Making friendship bracelets.

Friday, July 12
- “Sorry” board game.
- Movie field trip, 2:30–4:30 p.m.
- “Humor” board game.

Monday, July 15
- Techmakers STEM Camp, 9:30 a.m.–12:30 p.m.
- Lego Challenge

Tuesday, July 16
- “Apples to Apples” board game.
- Movie field trip, 2:30–4:30 p.m.
- “Universe” board game.

Wednesday, July 17
- Optimus STEM Camp, 9:30 a.m.–12:30 p.m.
- “Humor” board game.

Thursday, July 18
- Optimus STEM Camp, 9:30 a.m.–12:30 p.m.
- “Universe” board game.

Friday, July 19
- Optimus STEM Camp, 9:30 a.m.–12:30 p.m.
- Triple Play Challenge.

Saturday, July 20
- MCTC: Missoula Children’s Theatre Camps, 10 a.m.
- Making friendship bracelets.

Monday, July 22
- MCTC: “Improv” Missoula Workshop, 3–4 p.m.
- “Humor” board game.

Tuesday, July 23
- MCTC: Missoula Children’s Theatre Camps, 10 a.m.
- “Humor” board game.

Wednesday, July 24
- MCTC: “Just Dance” game
- Optimus STEM Camp, 9:30 a.m.–12:30 p.m.

Thursday, July 25
- MCTC: Missoula Performance, 4:30 p.m.
- Workshop, 3–4 p.m.
- Drawing workshop.

Friday, July 26
- MCTC: Missoula Performance, 4:30 p.m.
- Triple Play Challenge.

Saturday, July 27
- MCTC: “Just Dance” game
- Optimus STEM Camp, 9:30 a.m.–12:30 p.m.
- Air Hockey tournament

Monday, July 29
- Optimus STEM Camp, 9:30 a.m.–12:30 p.m.
- “Humor” board game.

Tuesday, July 30
- Optimus STEM Camp, 9:30 a.m.–12:30 p.m.
- “Humor” board game.

Wednesday, July 31
- Optimus STEM Camp, 9:30 a.m.–12:30 p.m.
- “Humor” board game.

Thursday, August 1
- MCTC: Missoula Performance, 4:30 p.m.
- Air Hockey tournament

Friday, August 2
- MCTC: Missoula Performance, 4:30 p.m.
- “Humor” board game.

Saturday, August 3
- MCTC: Missoula Performance, 4:30 p.m.
- “Humor” board game.

No official U.S. Navy endorsement is implied.

COME JOIN OUR 2024 SUMMER CAMPS!
FROM JUNE 24 TO AUGUST 2
ONE TO SIX WEEKS
MONDAY THRU FRIDAY
9:00 AM TO 2:00 PM

CHILD DEVELOPMENT CENTER | SCHOOL AGE CARE YOUTH CENTER | YOUTH SPORTS

- youth programs,
- 956-82-4625 or DSN 727-4625
- JAMS (ages 10-12) and GRAVITY (ages 13-18)
- CAMPS
- SPECIALTY
- SUMMER
- OPEN Monday-Friday:
- Noon-6:30 p.m.
- SUMMER HOURS
- Child and Youth Programs is teaming up with Tickets and Travel to offer these reduced price family trip.

SUMMER SPECIALTY CAMPS

- CREATION ARCADE VIDEO GAMES WITH MAKECODE
- ROBOTIC CHALLENGES WITH MAKEBLOCK
- CREATE ARCADE VIDEO GAMES WITH MAKECODE
- VIRTUAL / AUGMENTED REALITY WORKSHOP
- TECHMAKERS STEM CAMPS
- TECHMAKERS RADIO AND AUDIOVISUAL CAMP
- MCTC: “Put Your Best Foot Forward” Workshop, 3–4 p.m.
- MCTC: “Just Dance” game
- Optimus STEM Camp, 9:30 a.m.–12:30 p.m.
- Air Hockey tournament
**YOUTH SPORTS**

**REGISTER NOW!**

**Mini-Me Sports Camp**

**July 1-3, 9-10 a.m. $25.**

- Ages 3-5: MWR Fitness Track
- Young fitness enthusiasts can jump, climb and throw for three days of the track and field. Learn strength and endurance and yoga and always push-up.

**Tennis Camp**

**July 8-12 and July 29-Aug. 2, $60.**

- Ages 8-9: 9-10:15 a.m.
- Ages 9-10: 10:30-11:45 a.m.

**Soccer Camp**

**July 15-19, 9 a.m. - Noon, $60.**

- Ages 8-14: Youth Sports Camp

*Learn the game Fundi (soccer) with 155*.

All skill levels will be challenged at these camps. Sign up for both to get dual the skill improvement. The August Camp is a great camp to tune your skills before the new season in September. Kids will be divided by age groups in both camps.

**School liaison office, 956-82-2425 or DSN 727-2425**

SPLRota@us.navy.mil

**Just Arrived to Rota and need to Register Your Child in DoDEA?**

If you have a school-age (6-12) student and need to register for school, please visit


**Universal Pre-Kindergarten at Rota Elementary**

Rota Elementary will be implementing Universal PreKindergarten for the school year 2024-2025. This program is open to students who are 4 years of age by September 1st. To learn more about Universal PreKindergarten and check eligibility criteria, please visit DoDEA’s website at [https://www.osd.mil/DoD/education](https://www.osd.mil/DoD/education).

**TUMBLING FOR CHILDREN**

**Time slots available**

- Single day for 4-12 yrs old: $20.
- Single day for 1-3 yrs old: $15.

Children will learn the basics of tumbling in a warm supportive environment. Class will encourage age appropriate creativity, musicality and physicality. Coaches will have in-hand an emphasis on the foundations of tumbling.

**Summer Dance Lessons**

**Ballet Lesson for Beginners (5-10 years old)**

- Grades 8-13: $30 per month.

**Ballet Lesson for Advanced (11-15 years old)**

- Grades 8-13: $45 per month.

**The Flamenco is a solo dance characterized by hand clapping, percussive footwork, intricate hand, arm, and body movements. Learn this unique art of dance in the hands of an experienced teacher**

**LATIN DANCE LESSONS**

- Tuesdays, 6:30-7:30 p.m.

- Thursdays, 5:30-6:30 p.m.

- Fridays, 5:30-6:30 p.m.

**KIDS AND TEENS LYRICAL JAZZ DANCE**

- Thursdays, 6:30-7:30 p.m.

**FLAMENCO KIDS**

- Wednesdays, 10-11 a.m.

**PRIVATE PIANO LESSONS**

- Adults 18 years and older:
  - $50 per month.

**Aikido Classes**

**Ages 5-7 years old**

**Tuesdays or Thursdays, 4:45-5:45 p.m.**

**Ages 8-13 years old**

**Tuesdays or Thursdays, 4:50-5:50 p.m.**

**Jiu Jitsu Classes**

**Ages 7-9 years old**

**Tuesdays, 6-7 p.m.**

**Ages 10-13 years old**

**Tuesdays, 6-7 p.m.**

**FFSC, MFLCs, Population Health, Dental Clinic, CYP,**

Join the School Liaison, MWR, the USO, Red Cross, DoDEA's Universal PreKindergarten Program and many more to celebrate the start of the school year at our annual Back 2 School Resource Fair inside the NEX on Aug. 5, 6 and 9.

If you want your child to learn tennis, now is the time for you to sign up for both to get double the skill improvement. The new season in September. Kids will be divided by age groups in both camps.

**Audition: Monday, July 22, 10 a.m. - Noon**

An audition will be held for the Missoula Children’s Theatre (MCT) production of “Red Riding Hood” at DoD Multi-Purpose Building from 10 a.m. to Noon. Those auditioning should arrive at 9:30 a.m. and plan to stay for the full two hours. Some of the casting directors will be from U.S. and French military families and there is no cost for the program. Assistant Directors will also be cast in and cast rehearsals throughout the week and to take on essential backstage responsibilities.

The Missoula Children’s Theatre bookings productions are complete with costumes, scenery, props and makeup. MCT Tour-Actor/Assistant Directors will conduct rehearsals throughout the week from 10 a.m. to 3:30 p.m. each day.

The full performance of “Red RIDING HOOD” will take place on Friday evening at the DoD Multi-Purpose Building at 4:30 p.m.

**SUMMER CLINICS**

- School liaison office, 956-82-2425 or DSN 727-2425
- SPLRota@us.navy.mil

**GYMNASTICS CAMP**

**Week of July 8-14**

- Ages 7-12 years old: $50.
- Mon. - Fri. 9:30-11 a.m.
- Mon. - Fri. 10 a.m. - Noon

**PRIVATE PIANO LESSONS**

- Adults 18 years and older:
  - $75 per month

**Aikido is modern, non-aggressive Japanese martial art. The study of Aikido involves not only techniques based upon self-defense, but includes aesthetic character development and ideals that people can incorporate into their daily lives!**

**TODAY**

**5:30-6:30 p.m.**

**Music and Body Art**

- Ages 8-12 years old:
  - $85.
- Mon. - Fri. 9-10:15 a.m.
- Mon. - Fri. 10:15-11:45 a.m.

**Summer Music Lessons**

**PRIVATE PIANO LESSONS**

- Time slots available Mondays and Fridays, 10 a.m. - 2 p.m.
- $79 for a punch card for four 30-minute lessons.

**PRIVATE GUITAR AND UKULELE LESSONS**

- Time slots available
  - Wednesdays, 4-8:30 p.m.
  - Thursdays, 10 a.m. - 2 p.m.

**TODAY**

**7:30-8:30 p.m.**

**Ukelele Lessons**

- Adults ages 18 and older:
  - $75 per month

**TODAY**

**7:30-8:30 p.m.**

**Jiu Jitsu Classes**

- Ages 5-7 years old
- Thursdays, 4:30-5:30 p.m.

- Ages 8-13 years old
- Tuesdays or Thursdays, 4:50-5:50 p.m.

**Aikido is modern, non-aggressive Japanese martial art. The study of Aikido involves not only techniques based upon self-defense, but includes aesthetic character development and ideals that people can incorporate into their daily lives!**

**TODAY**

**5:30-6:30 p.m.**

**Aikido Classes**

- Ages 7-9 years old
- Tuesdays or Thursdays, 4:45-5:45 p.m.

- Ages 8-13 years old
- Tuesdays or Thursdays, 4:50-5:50 p.m.

**Aikido is modern, non-aggressive Japanese martial art. The study of Aikido involves not only techniques based upon self-defense, but includes aesthetic character development and ideals that people can incorporate into their daily lives!**
INTERNATIONAL JOKES DAY
Monday, July 1, 7 p.m.
Test your best old-fashioned joke and whoever makes the Liberty staff laugh the hardest wins a mystery box!

INTERNATIONAL DROP A ROCK DAY
Wednesday, July 3, 7 p.m.
Get ready to reveal some rock at a time the international Drop A Rock Day. Join our rock painting event and unleash your creative rocks shaping positivity. Let's paint, talk, and share happiness around the world! Provided: Rocks and all supplies.

INDEPENDENCE DAY
Thursday, July 4, 5 p.m.
Join us for our Independence Day fest event.

LIBERTY NIGHT AT THE MOVIES
Thursday, July 11, 7 p.m. Flix Movie Theater at El Patio. Free for single/unaccompanied E6 and below. Must register by July 6. Come join the liberty staff at the Flix Movie Theater for a free movie. Enjoy hot buttered popcorn and an ice cold soft drink on us! Sign-up sheet located at Liberty.

FRIDAY NIGHT MAGIC
Friday, July 12, 7 p.m.
Back by popular demand… Friday Night Magic! Dive into the captivating world of Magic. The Gathering and experience thrilling battles against fellow enthusiasts. It's the perfect opportunity to make new friends, share your love for the game, and create unforgettable memories.

SUMMER BEACH DAY
Saturday, July 13, 7-9 p.m.
Escape to paradise with our ultimate beach day getaway! Feel the sand between your toes, soak up the sun, and dive into some vibrant water activities. Join us for a day of creativity and cinematic joy! Provided: bracelets materials, movies and popcorn.

MUSIC JAM NIGHT
Friday, July 26, 7 p.m.
Are you a talented musician looking for an opportunity to jam with fellow music enthusiasts? Whether you’re a guitarist, drummer, vocalist, or play any other instrument, this is your chance to shine! With a welcoming and inclusive atmosphere, you'll feel right at home, no matter your skill level. Join us for an epic night of rhythm, melodies, and pure musical bliss!

MUSIC JAM NIGHT
Sunday, July 28, 1-4 p.m.
Music and some yummy food.

LIBERTY NIGHT WITH HEALTH PROMOTIONS
Friday, July 26, 5-7 p.m.
Boost your well-being in the barracks! Join our Health Promotions event and learn to cook easy, nutritious meals right in your room. Empower yourself with a simple recipe for a healthier lifestyle, because good nutrition is your best ally on a mission to peak performance! Provided: class instruction and some yummy food.

LIBERTY GOLF DAY
Sunday, July 28, 1-4 p.m.
Free for single/unaccompanied E6 and below.

INTERNATIONAL FRIENDSHIP DAY
Tuesday, July 30, 7 p.m.
Join us for a delightful celebration of camaraderie this International Friendship Day. Enjoy a movie marathon filled with tales of laughter, love, and winning bonds, and craft friendship bracelets together. Capture your pals and immortalize your self in a day of creativity and cinematic joy! Provided: Bracelet materials, movies and popcorn.

NEDFUN CAPTURE THE FLAG
Wednesday, July 31, 7 p.m.
Get ready for our exciting, competitive game! Capture the Flag! We are stepping up this beloved childhood game with the addition of special guns provided.

CAR INSURANCE FOR
NAVAL STATION ROTA
PERSONNEL
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from quote to claim - Clements has you covered.

LilBerty
July eVenTS

DISCOUNTED LIBERTY TRIPS
Canyon Descent with ODR
Saturday, July 13, 6:45 a.m. - 9 p.m.
Must register by July 10. Ages 18 years and older. $68 per person for single/unaccompanied E6 & below.

Canyon descending consists of descending rivers by combining the techniques of climbing, caving, and swimming. This activity is experiencing a spectacular renaissance because of the beauty of its routes and the idea of interaction with nature. Must be able to swim. Trip includes roundtrip transportation, insurance, gear and professional guide. Not difficult level.

Arabian Bath and Dinner with T&T
Saturday, July 20, 5:30-11 p.m. Must register by July 17. Ages 18 years and older. $96 per person for single/unaccompanied E6 & below.

Our trip will bring you a unique and very relaxing experience. Don't miss out! Sign-up now and enjoy the soothing scent of incense and essential oils and the soothing sound of flowing water and Arab music. The moment you enter the Hamman Andalusi facility, you will lose yourself into a realm of tranquility and serenity as the soothing sound of tinkling water and Arab music sets the mood. Trip includes roundtrip transportation, bath, tea, massages, aperitif, dinner and drinks.

INTERNSHIP AT MWRROTA
Monday, July 1, 7 a.m.
Seach for our MWRROTA Internship!

956-82-2527 or DSN 727-2527
No official U.S. Navy endorsement is implied
For more information about our classes, please contact Fleet and Family Support Center at Email: FFSC.Rota@eu.navy.mil
Located on the first floor of the Community Support Building #3293
727-3232 (on base) and 956-82-3232 (off base)
Hours: Monday-Friday, 8 a.m. - 4 p.m.
Contact us to schedule a 1:1 consultation to assist Active Duty service members, Retirees, Military Spouses and Fleet and Family Support Center offers a variety of different classes to help you reach your career goals. Some of our classes include:

10 STEPS TO A FEDERAL JOB
Come learn how to navigate the world of federal jobs. The course is designed by Kathy Truesman, known in federal hiring circles as the "FedRum Guru." This class teaches the federal resume format, how to navigate USAJobs.gov, and understanding hiring paths.

PRIVATE SECTOR RESUME WRITING WORKSHOP
Are you thinking of going the Private Sector route? Our specialists at Fleet and Family Support Center are here to help you write the best private sector resume!

JOB INTERVIEW TECHNIQUES
Do you get a call back after submitting your resume? Are you terrified you'll stumble, say something embarrassing, and fail the interview? With our Job Interview Techniques class, you'll be in great form and ready to ace that interview and land that job! In this class, we talk about different techniques and what hiring managers are looking for when they interview applicants. We also discuss behavioral questions and conduct mock interviews. Practice makes perfect, and with this class, you'll go into that interview with newfound confidence!

1:1 CONSULTATIONS
Need a different type of resume or need help searching for local employment? Not sure where to begin? Searching for employment can be stressful! Contact us to schedule a 1:1 consultation to assist you.

For more information about our classes, please contact Fleet and Family Support Center at Email: FFSC.Rota@eu.navy.mil.

SUMMER READING PROGRAM 2024
Read, Renew, Repeat makes for a wonderfully diversified summer reading program that encourages reading as a restorative method of self-improvement and self-preservation.
Register at the MWR Library or online at https://NSRota.beanstack.org

For any other class availability, please call us.
FLEET AND FAMILY SUPPORT CENTER
24/7 NAVSTA Rota Sexual Assault Helpline
464-407-871
227-3232 (on base) and 956-82-3232 (off base)
Located as the first floor of the Community Support Building #1203
333-956, Rota.navy.mil
facebook.com/ffsc.rota

LIBRARY
2023 JULY
EARLY LITERACY PROGRAM
Tuesdays in July. Theme: Outdoor Exercise.
Times: 11:30 a.m. and 2:30 p.m. Ages 0-5.
Bring your little ones to the new Early Literacy class, where stories, music, words and movement are integrated. Come and learn with the five practices of Early Literacy initiative: READ, WRITE, PLAY,IMAGINE, EXPLORE.
Gates are limited as children may be accompanied by a parent or caregiver.

KIDS
TELL ME EVERYTHING
by Elizabeth Strout
Now all lies. The Blood Moon nears. Ziile laces her final victim. The king wearing his heart, Queen Zass seized the royal pass and fatal night; she thought her battles had come to an end. The monarchy had fallen. The maji had risen again. Ziile never expected to find herself locked in a cage and trapped on a foreign ship. Now warriors with iron ruins attack her and her people across the seas, far from their homeland.

ADULT
OUT OF THE VALLEY OF HORSES
by Tomi Adeyimi
The valley of horses has been a safe haven for Honey and her family for seven peaceful years, but this seemingly perfect valley has also become their prison. Trapped by a mysterious magic, and fearing for her father's life, Honey is determined to find a way out of the valley of horses. The valley of horses is the only true place Honey remembers since her family stumbled upon it in their converted ice cream truck while escaping from the rest of the world, and the illnesses that were spreading there. Honey's parents, her brother Ram, and her NanNan become self-sufficient, living off the land and sharing the valley with mystical horses who seem to have a wisdom of their own. But there is a magic in the valley that prevents Honey and her family from ever leaving it.

YOUNG ADULT
OUT OF THE VALLEY OF HORSES
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KIDS
TELL ME EVERYTHING
**INDEPENDENCE DAY 5k RUN**

Wear your Red, White, and Blue and join us in kicking off the holiday weekend right!

**Tuesday, July 2**
7 a.m. FITNESS CENTER
OPEN TO EVERYONE

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**CHALLENGE OF THE MONTH: Indoor Sprint Summer Duathlon**

**July 2024.**

Are you ready for our summer indoor Duathlon Challenge. It would consist on a 5km run, 20 km bike and 2.4 km run, all completed in our cardio equipment. Prizes for 1st, 2nd and 3rd male and female. Please check with our staff for more info.

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**CFL Meeting**

Wednesday, July 17, 11:30 a.m.

CFL Meeting for Command Fitness Leaders and Assistant Command Fitness Leaders. MWR will be starting practical training and updated information for continuing education of the CFL's in Rota.

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**Youth Fitness Certification**

July and August by appointment, 11 a.m.

Ages 10-17 years old.

Youth certification teaches the fundamentals of fitness, proper use of equipment in the facility and DoD policy that pertains to physical fitness in MWR facilities. Youth 10-13 years old must be with parents and youth 14 years and older can use the fitness center on their own.

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**SALT Client Assistance**

956-82-2565 or DSN 727-2565

**OUTDOOR POOL SUMMER SCHEDULE**

**RECREATION SWIM:**
Wednesday-Sunday, Noon-7 p.m.
Open U.S. Holidays.
CLOSED FOR MAINTENANCE: Monday and Tuesday.

**LAP SWIM:** One lane available.

Annual Navy Youth Swim Test Required
Youth ages 11 years old and younger who has demonstrated the necessary skills will have full access to the aquatic facility, including slides, diving boards, swimmer’s zone/deep end and all other recreational amenities, as determined by Naval Station Rota MWR Aquatics program.

**LEARNING-TO-SWIM LESSONS:**

**Parent & Child Swim Class**

July 17-26, Wednesdays-Fridays, 10-10:30 a.m.
Ages 8 months-3 years old.

The parent & child swim class introduces infants and toddlers into the joys of an aquatics environment for the first time under the care of their parents. These lessons are designed to provide safety and comfort in the water and focus on developing basic skills and confidence in the pool. Parents or caregivers must accompany the child into the water and participate in the class.

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**SAFETY FIRST!! RULES IN ORDER TO MEET SAFETY STANDARDS, PLEASE REMEMBER THE FOLLOWING:**

1. You can bring food, but please NO GLASS!!
2. Alcohol is prohibited.
3. Any child under the age of three years old is required to wear a swim diaper, regardless of being potty-trained.

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**Drive-In Theater**

Drive-In will OPEN the second Saturday of each month for a free showing during the year 2024.

**Saturday, July 13, 10:30 p.m.**

Open to everyone. Free admission only. Snack bar available for food and beverage purchases. All movies will be family friendly.
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