What’s Inside?

Liberty
Adopt-A-Sailor

Fitness Center
Family Turkey Trot 5k Walk/Run

Golf
Turkey Shoot Golf Tournament

Drive-In
Army Navy Football Game

Tickets and Travel
Military Family Reduced Price Trip
PRINCIPLES

GUIDING VISION

our organization. We will deliver committed to continual enhancement both mission readiness and Family with world-class services, U.S. Holidays, 10 a.m.-6 p.m. Monday-Friday and Tuesday-Friday, 9 a.m.-6 p.m.

Thursday, 1:45-6:30 p.m.

November 3-7:30 p.m.

Spanish Classes

Individual Lessons: 

Private: $80 per punch card, four lessons included (flexible times)

Group Lessons:

Paid on a monthly basis, $40 if once per week, $70 if twice per week

Times available for all levels.

Adult Group Lessons:

Mondays and Wednesdays, 10:15-11:15 a.m.

Tuesdays and Thursdays, 5-6 p.m.

Paint and Sip at Pinz

Friday, Nov. 3, 7 p.m.

$15 all materials included. Food and beverage available for purchase at Pinz Bowling Center

We love painting! Come and join us for this fun event to create your own masterpiece. Some creative and fun evening with your friends while enjoying a tasty time. All materials included in the price. Pre-registration is required.

MWR Admin/Support Services, 727-1517

Monday-Friday, 7:30 a.m.-4 p.m.

CYC

CDC, 727-1100

Monday-Friday, 6 a.m.-3:30 p.m.

Saturday, Sunday and U.S. Holidays, Closed

SAC, 727-2839

Monday-Friday, 6 a.m.-3:30 p.m.

Saturday, Sunday and U.S. Holidays, Closed

Youth Center: Jams and Gravity, 727-4265

Monday-Wednesday and Friday, 2:45-10 p.m.

Thursday, 1:45-6:30 p.m.

Non school day, Noon-6:30 p.m.

Saturday and Sunday, Closed

Youth Sports, 727-4721

Monday-Friday, 9:30 a.m.-6:30 p.m.

Saturday, Sunday and U.S. Holidays, Closed

RECREATION

Aquatics Center, 727-2129

Monday-Friday, 4 a.m.-7 p.m.

U.S. Holidays, 9 a.m.-7 p.m. Saturday and Sunday, Closed

Housing Pool, 727-4882

Closed for the season.

Fitness Center, 727-2565

Monday-Thursday, 5 a.m.-9 p.m.

Friday and Saturday, 5 a.m.-11 p.m.

Pinz American Cafe

Sunday-Thursday, 11 a.m.-9 p.m.

Friday and Saturday, 11 a.m.-10 p.m.

La Plaza, 727-6323

Champion’s Bar

Sunday-Thursday, 4-11 p.m.

Friday and Saturday, Closed

Pizza Villa, 727-3212

Daily, 11 a.m.-10 p.m.

our service in conjunction with our military affiliates, and to enhance both mission readiness and Family with world-class services.

MISSION

Provide quality services and programs to meet the needs of the community in a manner that promotes a positive working relationship with the U.S. Navy and other host nations.

OUR MISSION

PROVIDING QUALITY SERVICES AND PROGRAMS THAT MEET THE NEEDS OF THE COMMUNITY...
TIMETABLE AND TRAVEL

Ronda Historical Tour
Saturday, Nov. 4, 7:30 a.m.-6:30 p.m. $55 per adult / $45 per child 2-14 years old / $95 per person. Ages 18 years and older. No cost for child under 2 years old. Must register by Nov. 1.
Visit one of the most beautiful places in Spain. Some artifacts found around Ronda date back to prehistoric times, as far as 38,000 BC. The forces of Catholic Spain took control of the town in 1485. Three bridges, Puente Romano (Roman Bridge), Puente Viejo (Old Bridge) and Puente Nuevo (New Bridge), span the canyon. The term “nuevo” is a bit of a mistranslation since this bridge was completed in 1793. Another important site in Ronda is the Plaza de Toros de Ronda, the oldest bullfighting ring in Spain that is still used today. The partially intact bull’s head “la frontera” are found before the city dates back to the 15th and 14th centuries. Ernest Hemingway and Orson Welles resisted in Ronda for many years, and both wrote about its beauty. Trip includes roundtrip transportation, local guide, entrance to monuments and some free time.

Plaza de Toros Visit, Wine Tour, and Lunch
Saturday, Nov. 11, 10:30 a.m.-5 p.m. $99 per person. Ages 18 years and older. Must register by Nov. 8.
Visit the bullring in El Puerto de Santa Maria and learn all about its historical information. Afterwards we will visit the Bodega Gutierrez Cobiña and introduce you to the local wine making. Lunch to follow at the end of the tour. Trip includes roundtrip transportation, bullring visit, bodega visit with wine tasting and lunch.

Granada Self-Guided
Saturday, Nov. 25, 6 a.m.-11 p.m. $40 per adult / No cost for child under 14 years old. Must register by Nov. 22.
Tickets and Travel takes you to explore the home to the fortress La Alhambra. Granada Granada was the Moors final stand on the Iberian Peninsula. After over 700 years of reign, the Christian’s final siege on this city finally pushed Alhambra. Today the city still retains much of its African influence through stone, restaurants and meahouses. The long-time capital of Moorish Andalucia, offers some of the most important remains of this time in Spanish History. The city offers charming narrow streets. With food, flavors, flamenco in the gypsy caves of Sacromonte, shopping and more. This trip includes roundtrip transportation only.

Flamenco Show and Dinner
Saturday, Dec. 2, 5:30-10:30 p.m. $59 per person. Ages 18 years and older. Must register by Nov. 29.
MMR will take you to enjoy an outstanding flamenco show. Flamenco is a passionate dance, sing and gule as well as mysterious pantomime by hand-claps and other methods. There are different types of pieces within flamenco; which are defined by characteristic melodic, rhythmic and harmonic structures. It originated in the gypsy (gitanos) of Andalucia and profoundly influenced by North African rhythms. The “gitanos” had settled in Andalucia early in the 15th century, and by the end of the 18th century several centers of “cante jondo” had emerged in Jerez. The show involves singing, dance and the accompaniment of traditional guitar. The show involves the three most famous flamenco styles of Andalucia: Sevillanas, Tangos, and Fandangos. The show ends with an impressive “a abrir brazos” performance.

OVERNIGHT SKI AND SNOWBOARD TRIP IN GRANADA
Friday-Sunday, Dec. 15-17 Departure: 8 a.m. Return: 8 p.m. $250 per person. Must register by Dec. 8. The Sierra Nevada (Sierra Nevada and Mountain Resort is Europe’s southernmost alp resort that has numerous runs of varying difficulties to satisfy all levels of skiers at an altitude of over 10,000 feet and brilliant sunshine most of the winter. Sierra Nevada briefly means “Snowy Mountain Range.” Lodging: Apartments are Rustic Hotel Accommodation for 5-7 people to share one bathroom. Trip includes roundtrip transportation by van, lodging in shared apartments and equipment. Clothing or any other ski or snowboard accessories (goggles, gloves, scarf, etc.) will be rented on site for an additional charge. The trip includes roundtrip transportation, show and dinner.

MILITARY FAMILY REDUCED PRICE TRIP TO CASTELLAR ZOO
Saturday, Nov. 18, 9 a.m.-5 p.m. $40 per adult / $30 per child 2-14 years old / $65 per adult / $45 per child under 2 years old. Must register by Nov. 15.
CYP and MWR Tickets and Travel invites you to help the community in a discounted family trip to Castellar Zoo located a few miles outside of Granada in the province of Granada. This is a unique zoo experience - all animals here have been rescued from mistreatment or neglect. You will have the opportunity to get up really close and personal touching and stroking with some of the larger cats including a black panther, lion, cheetah, and other exotic animals. A really moving interactive experience! There are also petting shows and you will get the opportunity to handle birds of prey, so you may buy bird seed to feed and seek around for keeping the animals. The trip includes transportation, entrance, guided visit of the zoo, and a lunch consisting of breaded chicken and fresh fries. Please bring your favorite snacks as there is no place to purchase food/drink inside the zoo.

NEW YEAR’S CELEBRATION IN MADRID
The 3-day New Year celebration will take you to Madrid to celebrate the coming of New Year 2024! Don’t miss this opportunity to ring in the New Year in a historic and alive city Madrid is the capital city of Spain and home to the Royal Family. It is a modern metropolitan city and Spain’s largest city. Madrid offers a vast number of interesting attractions such as Royal Palace, Puerta Del Sol. Art museums such as the works of Picasso. Madrid has a very rich nightlife throughout the week with an abundance of tapas bars, restaurants, clubs and nightlife. The trip includes roundtrip transportation, lodging and breakfast, guided visit of the city, and lots of free time to join the locals and celebrate the coming of the New Year in this very lively, open, and inclusive city.

VIA FERRATA IN GRAZALEMA
Saturday, Nov. 25 7:30 a.m.-6:58 p.m. $85 per person. Must register by Nov. 22.
The Via Ferrata is a mountain route equipped with steel cables, ladders, and other fixed accessories like wooden staircases and suspended bridges. The artificial equipment removes fear to come to the equipped climber, and allows those not versed in climbing techniques to hike on edges, climb vertical walls, and reach the peaks of mountains. Hiking along edges, up vertical rock walls and across exposed mountainous the artificial equipment makes the quick access to everyone with a good level of fitness. Trip includes roundtrip transportation, expert guide and gear.

956-82-3101 or DSN 727-3101 Trips are open to U.S. DOD I.D. cardholders only. Registration is required.

OUTDOOR REC

Hiking Garganta del Capitan in Los Alcornocales Natural Park
Saturday, Nov. 4, 7:30 a.m.-7 p.m. $45 per person. Must register by Nov. 1. Outdoor Recreation is offering The Garganta del Capitan hike, which is located in the Sierra de los Alcornocales Natural Park. Along the route we find laurel forests with vines, arbutus, cork and oak oaks in the Gargante area. We can also see tombs from the Bronze Age carved in the rocks. This is the supposed “Capitan” that gives to name to this gorge as well as old flour mills whose remains can still be seen on the banks of the stream. Along the trail there are frequent areas of shade. Maximum altitude is 2,050 M, unevenness of 125 M Easy level activity. 7-kilometer hike. Trip includes roundtrip transportation and expert guide.

Paintball
Saturday, Nov. 11, 8 a.m.-4 p.m. $75 per person. Must register by Nov. 8.
Paintball combines teamwork, strategy and skill into a fun, exciting and action-packed day. Trip includes roundtrip transportation, semi-automatic paintball gun, clip with 500 paintballs, protective masks and camouflage gear.

Rock Climbing
Saturday, Nov. 18, 9 a.m.-5 p.m. $85 per person. Must register by Nov. 15.
Rock climbing is an activity in which participants climb up, down or across natural rock formations or artificial rock walls. The goal is to reach the summit of a formation or the endpoint of a pre-defined route without falling. Rock climbing is a physically and mentally demanding sport, one that often tests a climber’s strength, endurance, agility and balance along with mental control. Climbing rock walls in a secure way can do a great way to enjoy the scenery from a unique and surprising perspective. Now it’s time to get out and test your skills climbing in Sierra de Grazalema, with MWR Navy Outdoor Recreation.

Hiking El Pinsapar in Grazalema
Saturday, Dec. 2, 7 a.m.-8 p.m. $50 per person. Must register by Nov. 29.
Visit one of the few native Andalusian forests of Abies Pinsapo in one of the most beautiful landscapes of Cadiz, and located in the Natural Park of Sierra de Grazalema. The hike begins along the route that connects Grazalema and Benamahoma, and runs up the eastern side of the Sierra del Capitan. The major attraction is the Spanish fir trees. They are at first scattered along ledges, up vertical rock walls and across exposed mountainous, as well as old flour mills whose remains can still be seen on the banks of the stream. Along the trail there are frequent areas of shade. Maximum altitude is 2,050 M, unevenness of 125 M Easy level activity. 7-kilometer hike. Trip includes roundtrip transportation and expert guide. Enjoy majestic views of Grazalema, Ronda, Sierra de las Neves and Sierra Nevada. Trip includes roundtrip transportation and expert guide. 12-kilometer hike (medium difficulty).
library

**EARLY LITERACY PROGRAM**
Bring your little ones to weekly story time at the MWR library! You may also bring a packed lunch if desired. A parent or caregiver must accompany children. Open to all patrons. Reservations required. Space is limited. Ages 0-4.
Times: 11-11:30 a.m. and 2:30-3 p.m.

Nov. 7: Farm Animals
Nov. 14: Music
Nov. 21: Thanksgiving
Nov. 28: Transportation

**BIG TRUCK SUPER WASH**
by Stephen R. Swinburne
Everyone needs a good wash occasionally. Even a giant excavator! After a hard day’s work, a garbage truck, a tractor, an 18-wheeler, and more are covered with dirt, slime, manure, mud, and bugs. Off to the Big Truck Super Wash! With rhythm, rhyme, and onomatopoeia, the text is fun to read aloud.

**THE (SUPER SECRET) OCTAGON VALLEY SOCIETY**
by Melissa de la Cruz
After passing an intense exam, Edwin Edgefield becomes one of the lucky few to attend an exclusive weekend at the mysterious high-tech institute of the uber-famous-ultrabillionaire-genius-recluse Onasander Octagon. Edwin hopes he’ll meet other kids like him—kids who will accept him even though he’s got a photographic memory, genius-level math skills, and some very specific personality quirks. But when he meets the other misfits (um, students), he starts to wonder if they’re all in the right place.

**HOLLY**
by Stephen King
Stephen King’s Holly marks the triumphant return of beloved King character Holly Gibney. Readers have witnessed Holly’s gradual transformation from a shy (but also brave and ethical) recluse in Mr. Mercedes to Bill Hodges’s partner in Finders Keepers to a full-fledged, smart, and occasionally tough private detective in The Outsider. In King’s new novel, Holly is on her own, and up against a pair of unimaginably depraved and brilliantly disguised adversaries.

**BOOKS REVIEW**

**BOOK ISLAND READING CLUB**
Book club provides a wonderful forum for readers to discuss their passion for reading. It’s a fun way to explore reading experiences, establish community and connect with new people over a common love. Reading! Ages 10 years and older.

**Harry Potter Escape Room**
Nov. 2, 3, 16, 17, 30 and Dec. 1, 4:30-5:30 p.m. and 6-7 p.m.
Reservations are open.
Players will have 60 minutes to solve Harry Potter themed puzzles in order to escape. There will be a max of 4 players per time slot.

**PINCZ**
956-82-2112 or DSN 727-2112
rota_bowling@eu.navy.mil

**ONGOING**

**Active Duty Members in Uniform Lunch Bowling**
Mondays-Sundays, 11 a.m.-1 p.m.
Free game of bowling, including shoe rental, for Military personnel in uniform with the purchase of a complete meal and drink.

**Family Night**
Mondays, 4-6 p.m.
Families up to 5 people per lane can bowl for one hour including shoes rental for $11.

**Couples Night**
Tuesdays, 5-10 p.m.
Couples drop in to bowl up to two hours including shoes rental for $15 with a purchase of any pitcher.

**Barracks and Command Night**
Wednesdays, 6-10 p.m.
Team build with your Command or Barracks. Groups of five or more active duty members bowl for an hour at half price when lanes are available!

**Liberty’s Bowling Night**
Thursday, Nov. 9
Enjoy a free night of bowling and pizza with Liberty Free (for single unaccompanied AD E-6 and below) On the second Thursday of each month sign in on the Liberty sign-up sheet at the front counter at Pinz.

**Cosmic Bowling and Karaoke Jam**
Fridays and Saturdays, 7-11 p.m. $23.
Groups up to five people can bowl per lane for one hour, including shoe rental.

**Thanksgiving Special**
Two hours of unlimited bowling for $30.
Shoe rental included.

**CALL MWR SPECIAL EVENTS AT 956-82-2527 OR DSN 727-2527, 1-10 p.m. DAILY FOR MORE INFORMATION**

**LIVE MUSIC | POLAR EXPRESS TRAIN RIDES | SANTA’S WORKSHOP | POLAR PLAYGROUND | FOOD & BEVERAGE BOOTHS | VISIT FROM SANTA | HOLIDAY TREE LIGHTING!**

**SUNDAY, NOV. 26**
NEX OUTDOOR AREA
3-7 p.m.

**WINTER WONDERTOWN 2023**

**SATURDAY**
Dec. 2

**3-7 p.m.**

**NATIVE AMERICAN HERITAGE MONTH DISPLAY**

**Dec. 5**
NEX OUTDOOR AREA
3-7 p.m.

**NCEL OUTWARD BOUND PROGRAM**

**Dec. 8**
NEX OUTDOOR AREA
3-7 p.m.

**NEX OUTDOOR AREA**

**Dec. 9**
NEX OUTDOOR AREA
3-7 p.m.

**NEX OUTDOOR AREA**

**Dec. 16**
NEX OUTDOOR AREA
3-7 p.m.

**NEX OUTDOOR AREA**

**Dec. 17**
NEX OUTDOOR AREA
3-7 p.m.

**NEX OUTDOOR AREA**

**Dec. 31**
NEX OUTDOOR AREA
3-7 p.m.

**NEX OUTDOOR AREA**
SAC, CDC, YSF, SL and TEEN REGISTRATION AND SIGN-UP INFORMATION:

- CYP Registration: All documents are accessible via the QR code or via the MWR webpage (www.mwrrota.com). Submit the forms for SAC/YOUTH/YSF registration to SAC, Bldg 41 or for the CDC at Bldg 163.
- Use HCC.com for: Reserving a SAC/CDC/FULL TIME child care spot for your child.
- Use CYPOnline.com for: - Paying for a CDC/SAC/CAMP HOURLY care spot. - Reserving a CDC/SAC/CAMP HOURLY care spot. - Participants with no time listed are available on a walk-in basis.
- You must already have a registration form on file with CYP to use the online system.
- Get Your Family ID from us if you don’t remember it.
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CYP Closures

- SAC, CDC, YSF, Youth Closed Friday, Nov. 10 in observance of Veteran’s Day
- Friday, Nov. 17 in observance of Thanksgiving Day
- Thursday, Nov. 23 in observance of Thanksgiving Day

School Closures
School is out the following days, so SAC will be open all day
(6 a.m. - 6:30 p.m.) Those in need of hourly care, please make reservations online.
Monday, Nov. 6: Parent Teacher Conferences Early Release at 11:30 a.m.
Tuesday, Nov. 7: Parent Teacher Conferences Wednesday, Nov. 8: Parent Teacher Conferences
Friday, Nov. 24: Fall Recess Day.

Military Photo Booth
Wednesday-Friday, Nov. 1-3. Stop and take pictures of your entire family at our Alfresco booth made especially for our Military Families.

We are Thankful Tree
Tuesday-Friday, Nov. 21-24, all day. Work on completing your children’s lists of what they are thankful for.

Winter Camp
Dec. 18-22 and 26-29. Winter-themed activities.
Registration online at militarykids.kare.com

YOUTH DAILY ACTIVITIES FOR NOVEMBER

Wednesday, Nov. 1:
- Power Hour: 3-4 p.m.
- “Caper” board game.
- “Tortillas” game.

Thursday, Nov. 2:
- Power Hour: 3-4 p.m.
- “Trivial Pursuit” board game.
- “Tortillas” game.

Friday, Nov. 3:
- Power Hour: 3-4 p.m.
- Mario Kart tournament.

Monday, Nov. 6:
- Power Hour: 3-4 p.m.
- The Art’s Club, 4-5 p.m.
- “Batik” game.

Tuesday, Nov. 7:
- No School Day, facility open Noon-6:30 p.m.
- Power Hour, 3-4 p.m.
- Wine Gaff Club, 4-5 p.m.
- Ice Cream Social.

Wednesday, Nov. 8:
- No School Day, facility open Noon-6:30 p.m.
- Power Hour, 3-4 p.m.
- Gardening, 4-5 p.m.
- “Yummy” game.

Thursday, Nov. 9:
- Power Hour, 3-4 p.m.
- “Battleship” game.

Friday, Nov. 10:
- Power Hour, 3-4 p.m.
- Bingo game.
- “Perfection” board game.

Friday, Nov. 10:
- Teachers’ Professional Development Day. All CYP

Local Youth Programs

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We are Thankful Tree
Tuesday-Friday, Nov. 21-24, all day. Work on completing your children’s lists of what they are thankful for.

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Registration online at militarykids.kare.com

IN DECEMBER:
YSF Winter Fitness Fun
Dec. 19, 20 and 21. $30
Ages 6-12: 10 a.m. - Noon
Ages 9-14: 3- p.m.
Youth will utilize the winter break to enhance Sports strength, fitness and running techniques through Fitness Activities.

Mini Me Fitness Education Through Recreation
Dec. 27-28, 10-11 a.m. $20.

Each month the Youth Center Staff will recognize a Teen; “Youth of the Month” and a Pre-Teen; “Amazing Kid of the Month”. Youth Center staff members are on the lookout for youth who demonstrate positive participation, volunteerism, good sportsmanship and character as well as leadership in various Youth Center clubs or day to day activities.

Monthy Recognition

In honor of “Month of the Military Family” CYP is teaming up with The Tickets and Travel Office to offer a reduced price family trip to Zoo Castellar. Sign up at Tickets and Travel to reserve your family’s seats.

Open Monday-Thursday and Friday:
2:45-6:30 p.m.
Thursdays: 2:45-6:30 p.m.
Non school days: Noon-6:30 p.m.

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- “Caper” board game.
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- Gardening, 4-5 p.m.
- Ice Cream Social.

Thursday, Nov. 9:
- Power Hour, 3-4 p.m.
- “Battleship” game.

Friday, Nov. 10:
- Power Hour, 3-4 p.m.
- Bingo game.
- “Perfection” board game.

Friday, Nov. 10:
- Teachers’ Professional Development Day. All CYP
RUN/WALK NOV. 22 4:30 p.m. | FREE

WEDNESDAY

Join us for a fun 5k run to possibly win a turkey of your very own for a T-day meal! Starts and finishes at the Fitness Center. All ages are welcome to come! Let’s burn off some of those Pre-Thanksgiving calories to make some room to feast!

MUST REGISTER AT THE FITNESS CENTER.

THANKSGIVING AEROBIC-A-THON

Thursday, Nov. 23, 9-11 a.m.

All ages are invited to join us for two hours of intense group exercise. Participants will burn calories and have fun with some of your favorite programs: hiit, spin, yoga and more! Let’s burn off some calories before your big Thanksgiving meal!

FAMILY TURKEY TROT RUN/WALK 5K

WEDNESDAY NOV. 22

4:30 p.m. | FREE

Join us for a fun 5k run to possibly win a turkey of your very own for a T-day meal! Starts and finishes at the Fitness Center. All ages are welcome to come! Let’s burn off some of those Pre-Thanksgiving calories to make some room to feast!

MUST REGISTER AT THE FITNESS CENTER.

FAMILY TURKEY TROT

WIN A TURKEY AND BURN CALORIES!!!

CFL Meeting

Wednesday, Nov. 15, 11:30 a.m.

CFL Meeting for Command Fitness Leaders and Assistant Command Fitness Leaders. MWR will be starting practical training and updated information for continuing education of the CFL’s in Rota.

Youth Fitness Certification

Thursday, Nov. 16, 5 p.m.

Must register by Nov. 15, Noon. Fitness Center.

The Youth Fitness Certification teaches the fundamentals of fitness, proper use of equipment in our facility and DoD policy that pertains to physical fitness in MWR facilities. Youth are given a facility orientation, one-on-one weight lifting/cardio training orientation, and a written test. After completing the certification, youth ages 12-17 will be able to use the Fitness Center facility.

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Must register by Nov. 15, Noon. Fitness Center.

The Youth Fitness Certification teaches the fundamentals of fitness, proper use of equipment in our facility and DoD policy that pertains to physical fitness in MWR facilities. Youth are given a facility orientation, one-on-one weight lifting/cardio training orientation, and a written test. After completing the certification, youth ages 12-17 will be able to use the Fitness Center facility.

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November 2023

**MILITARY FAMILY APPRECIATION MONTH**

This is the time when America honors the unique sacrifices and contributions family members make in support of their loved one in uniform. Regardless of branch or rank, our military families share the common bonds of service and sacrifice.

Military Family Appreciation Month was established in 1993, with the U.S. Government recognizing the occasion every year since. Each year, the President signs a proclamation declaring November as Military Family Month.

During National Military Family Appreciation Month, we thank our military families for their tremendous contribution to supporting our service members, the military mission, and the nation. Military life imposes unique demands on them, and during these difficult times, they have exhibited extraordinary sacrifices, resilience, and courage.

Families provide our Service members with invaluable encouragement and love. Military families rise to the challenge of multiple deployments and frequent relocations. Spouses and family members, federal civilian employees, retirees, DoD ID card holders, Retirees, and Local National employees working on base.

As we approach the winter holiday season when families across the world come together, we pay special tribute to our deployed forces and their families, who will be separated during the season. The dedication and strength of military families during a sustained high operational tempo and long separations is an inspiration to all. The nation understands that military families truly are “the force behind the force.”

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Fleet and Family Support Center, Naval Station Rota, salutes the families of this great community.

**FAMILIES, THANK YOU FOR YOUR SERVICE AND SACRIFICE.**

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**2023 THANKSGIVING DAY MEAL AT THE GALLEY**

**Menu**

- Clam Chowder Soup
- Roast Tom Turkey
- Steamship Round of Beef
- Honey Baked Ham with Pineapple and Cherry sauce
- Creamy Mashed Potatoes with Turkey Gravy
- Brown Rice Pilaf
- Marshmallow Sweet Potatoes
- Savory Corn Bread Dressing
- Baked Macaroni and Cheese
- Buttered Corn on the Cob
- Green Beans Casserole
- Cranberry Sauce
- Shrimp Cocktail
- Assorted Salad Bar
- Desserts Bar (Assorted Pies, Pastries and Ice cream)

**HOURS**

- Continental Breakfast - 9-10 a.m.
- Group 1 - 12:30-2:30 p.m.
- Group 2 - 2:30-5 p.m.

**PRICES**

- Group 1 and their family members, federal civilian employees, retirees, authorized guests (local national employees working on base): $13.20
- Group 2: Spouses and other dependents of entitled personnel in pay grades: E1 through E4: $10.30
- Active duty military on RIK not required to pay but will sign NAVSUP Form 1291.

**Note:** To ensure a comfortable and enjoyable dining experience for all our guests, we kindly request that your arrive at the designated time. Our seating capacity is limited, and arriving on time helps us maintain a smooth and relaxed atmosphere.

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**FLEET AND FAMILY SUPPORT CENTER**

Naval Station Rota

Ft. Hood-Hyphen, 8 a.m.-4 p.m.

24/7 NAVSTA Rota Sexual Assault Hotline 646-407-871

facebook.com/ffsc.rota

For any other class availability, please call us.

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**MESA BOWL**

Brown Rice Quinoa Topped with Chicken, Curried Slaw, Pico de Gallo, Black Beans and Corn, and Southwest Ranch

...located at El Patio
**NOVEMBER EVENTS**

**APPLE CRISP DAY**
Saturday, Nov. 11, Noon-5 p.m.
Free apple crisp and spiced cider.

**BASIC BRUNCH**
Sunday, Nov. 19, 11-4 p.m.
We are doing brunch! Liberty will be giving you a lift to Shamrocks to get back over some eggs benny. Roundtrip transportation is provided.

**THANKSGIVING DESSERT BAR**
Sunday, Nov. 26, 1-10 p.m.
Free apple pie and spiced cider.

**YOGA NIGHT**
Monday, Nov. 13, 6:15 p.m.
Join us for an invigorating yoga session that will calm your mind, strengthen your body, and uplift your spirit. This class is open to all levels and abilities. Yoga mat provided.

**PAINTING & MIXED MEDIA 101**
Tuesdays, Nov. 14 and 28, 6 p.m.
Discover your creative side and express yourself through a variety of art techniques. Whether you're a beginner or an experienced artist, our skilled instructor will guide you every step of the way. Art supplies provided.

**GUITAR LESSONS**
Wednesdays, Nov. 15 and 29, 6 p.m.
Whether you're a beginner or looking to refine your skills, this is your chance to learn from the best. Learn to strum, pick, and play your favorite tunes on a real guitar, with guidance tailored to your skill level and musical interests. Guitar provided.

**ADOPT-A-SAILOR**
Thursday, Nov. 23.
Sign-ups open Nov. 1. Deadline is Nov. 17 at the Liberty Center.

**Hallmark Channel Movie Night**
Friday, Nov. 3, 6-10 p.m.
Liberty patrons need to check in with the front desk before 1 p.m.
Liberty Golf Day includes green fees and club rentals. Must register by Wednesday, Nov. 22.

**Grace Avenue**
Sunday, Nov. 5, Noon-5 p.m.
Free for game of Magic! Snacks will be provided! Whether you’re a pro-bowler or a beginner, come and have fun on our Flix Rocky Theater for a free movie. Enjoy hot buttered popcorn and an ice cold soft drink on us!
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