What’s Inside?
Special Events
- Winter Wonderland 2022
- Dueling Pianos
- Golf Course
  - Candy Cane Golf Tournament
- Outdoor Rec
  - Ski and Snowboard Trip
- Fitness Center
  - Jingle Bell Pet Walk

Welcome to MWRROTA!
U.S. Naval Station Rota, Spain
www.navymwrrota.com/
www.facebook.com/RotaMWR
we are

MWR Admin/Support Services, 727-1517
Monday–Friday, 7:30 a.m.–4 p.m.

CYC
CDC, 727-1100
Monday–Friday, 6 a.m.–6:30 p.m.
Saturday, Sunday and U.S. Holidays, Closed

SAC, 727-2839
Monday–Friday, 6 a.m.–6:30 p.m.
Saturday, Sunday and U.S. Holidays, Closed

Youth Center Jams, Gravity and Youth Sports
727-4625/4721
Monday, Wednesday and Friday,
2:45–6:30 p.m.
Thursday 1:45–6:30 p.m.
Saturday, Sunday and U.S. Holidays, Closed

Recreation
Aquatics Center, 727-2129
Monday–Friday, 6 a.m.–7 p.m.
Saturday and Sunday, Closed
U.S. Holidays, 7 a.m.–5 p.m.

Housing Pool, 727-4882
Closed for the season.

Fitness Center, 727-2565
Monday–Thursday, 5 a.m.–9 p.m.
Friday, 5 a.m.–8 p.m.
Saturday and Sunday, Closed
U.S. Holidays, 7 a.m.–9 p.m.

Community Classes, 727-2354
Liberty, 727-2527
Daily, 1–10 p.m.

Library, 727-2418
Monday, 9 a.m.–7 p.m.
Tuesday–Friday, 9 a.m.–4:30 p.m.
Saturday, Closed
Sunday and U.S. Holidays, 9 a.m.–2 p.m.

Outdoor Recreation, 727-3101
Monday–Friday and U.S. Holidays, 10 a.m.–6 p.m.
Saturday and Sunday, Closed

Tickets & Travel, 727-3101
Monday–Friday, 9 a.m.–6 p.m.
Saturday and Sunday, Closed

Business Activities
Gourmet Bean
Fleet Landing
Monday–Friday, 7:30 a.m.–2 p.m.
Saturday and Sunday, Closed

Library
Monday–Friday, 7:30 a.m.–2 p.m.
Saturday and Sunday, Closed

El Patio
Bombers Fresh Mex, 727-3171
Monday–Friday, 11 a.m.–9 p.m.
Saturday and Sunday, Closed

The Tower Pub, 727-3172
Monday–Friday, 4–11 p.m. (last call 10:30 p.m.)
Saturday–Sunday 2–9 p.m. (last call 9:30 p.m.)

Flix, 727-3709
El Patio Indoor Theaters
Monday–Thursday, 11 a.m.–10 p.m.
Friday and Saturday, 11 a.m.–11 p.m.
Sunday–Thursday, 11 a.m.–10 p.m.

Pizza Villa, 727-3212
Daily, 11 a.m.–10 p.m.

Pizza Villa is now located at La Plaza

Marketing Office
Phyliss Hanson-Stitzel, Marketing Director
727-1507

Social Contact
Website: www.navymemoria.com
Facebook: www.facebook.com/RotaMWR
Phone Code: 727-1515

Armed Forces Entertainment and MWR Present

Valyosi! is an authorized publication for members of the military services and families stationed overseas. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense, or the U.S. Navy, and do not imply endorsement thereof. Editorial content of Valyosi! is edited, prepared and presented by the Rota MWR Marketing office.

Information subject to change.

The appearance of advertising in this magazine does not constitute endorsement of products and services by the Department of Defense, the Navy, U.S. Naval Station Rota, Spain, or its publisher. Use of this paper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical disability, political affiliation or any other non-merit factor for the purchaser, use or patron. If a violation or neglect of this equal opportunity policy by an advertiser is confirmed, the advertiser shall refuse to print advertising from that source until the violation is corrected. Valyosi! is published monthly with a circulation of 10,000 by MWR Rota, Spain.
Foodie Tour: Olive Oil
Saturday, Dec. 3, 8 a.m.-6 p.m.
$55 per adult 18 years and older.
Must register by Nov. 30.
Did you know that you are in the region of Spain that is an ideal place to learn about olive oil?Tickets and Lunch will take you for a day in the olive oil factory located in one of the towns of Cadiz province. You will be introduced to the history, harvesting and process making of the olive oil, along with the nuances of different varieties and get the very first taste of the fresh new oil. Trip includes roundtrip transportation, guided visit of the factory and lunch.

Cdadz Guided Tour
Saturday, Dec. 10, 9 a.m.-6 p.m.
$65 per adult / $45 per child under 14 years old / No cost for child under 2 years old.
$85 per adult / $65 per child under 14 years old / Saturday, Jan. 7, Lunch
Sat. and Sun., Dec. 10, 10 a.m.-3 p.m.
Must register by Dec. 7.
Visit the oldest continuously inhabited city in the western world. Christopher Columbus started his two major voyages from here and ensured a thrilling future for the port, which was to become the major trading center with the Americas. It's a relatively small city divided into two distinct sections — the charming old quarter with its narrow alleyways, delightful jardines and flower Festivals, and the modern residential area where wide boulevards overlook the Atlantic. There's a wealth of museums, ancient monuments and churches to be found in Cadiz along with a mouthwatering array of tapas bars and restaurants offering some of the country's finest seafood and Andalusian cuisine. Includes roundtrip transportation and lunch.

Arcos Living Nativity
Saturday, Dec. 10, 7-10 a.m.
Join us and experience a living nativity! The entire town shuts down and transforms into a live nativity staged in the main square of the old town. Tons of earth, goats, sheep, donkeys and story-tellers come to life in the scene and locals dress up to act out nativity scenes from times gone by. Biblical stories and events can be seen through the open doorways of many private homes. Trip includes roundtrip transportation only.

Malaga Self-Guided
Saturday, Dec. 24, 7:30 a.m.-8:30 p.m.
$35 per person / No cost for children under 14 years old.
Must register by Dec. 23.
The city of Malaga, the capital city of the province of Malaga, is the second-largest city of Andalusia and lies along the Costa Del Sol. Famous for its year round sunshine, Malaga is also well known for its superb wines. Following places are worth a visit: the cathedral, Castle of Alcazaba, the harbor area, the local market and the location where Picasso was born. Trip includes roundtrip transportation only.

Arcos Historical and Lunch
Saturday, Jan. 7, 9 a.m.-5 p.m.
$55 per adult / $35 per child under 14 years old / No cost for child under 2 years old.
Must register by Jan. 4.
Tickets and Lunch will take you to one of Andalucia's most dramatically positioned white villages. This town balances atop a rocky limestone ridge. Its whitewashed houses and stone castle walls stand stunningly as a white cliff face plunges to the river Guadalete below. The old town is a tangled maze of cobble streets that lead up to a sandstone castle, the Castillo de los Arcos. From this picturesque vantage point, there are breathtaking views over the town and the rolling plain below. The trip includes roundtrip transportation, a guided visit of Arco, and lunch.

Mountain Bike Ride in Pinar de la Algaida
Saturday, Dec. 10, 7 a.m.-8 p.m.
$45 per person.
Must register by Nov. 30.
A 12-kilometer hike (medium difficulty). Trip includes roundtrip transportation and expert guides.

Hiking El Pinsapar of Grazalema
Saturday, Dec. 10, 7 a.m.-8 p.m.
$45 per person. Must register by Dec. 7.
Visit one of the few native Andalusian forests of Abies Pinsapo in one of the most beautiful landscapes of Cadiz, which is located in the Natural Park of Sierra de Grazalema. The hike begins along the route that connects Grazalema and Bermejales by ascending the eastern side of the Sierra del Pinar. The major attraction is the Spanish fir trees. They are at first scattered and then in the shaded area become a dense forest. Enjoy majestic views of Grazalema, Baja, Plano de las Novas and Sierra Nevada. Trip includes roundtrip transportation and expert guides. 12-kilometer hike (medium difficulty).

Paintball
Saturday, Jan. 7, 8 a.m.-4 p.m.
$75 per person. Must register by Jan. 4.
Paintball is one of Europe’s fastest-growing sports and is becoming increasingly more popular in Spain. Paintball is a sport that takes place on a large outdoor field, where teams play paintball on a regular basis, just like any other sport or hobby. Paintball combines teamwork, strategy and skills into a fun, exciting and action-packed day. Trip includes roundtrip transportation, semi-automatic paintball gun, clip with 500 paintballs, protective masks and camouflage gear.

Trips are open to U.S. DoD I.D. cardholders only. Registration is required.

Outdoor Recreation trips are open to adults 18 years and older only.
**STORY TIME**
**Tuesdays**
Bring your little ones to the Library’s weekly story time. All children must be accompanied by a parent or caregiver. Open to all patrons.
Reservations required. Space is limited. Ages 2-4.

- Times: 11:15 a.m. and 2:30 p.m.
- Dec. 6: Letters to Santa
- Dec. 13: Winter
- Dec. 20: Holiday Season
- Dec. 27: New Years

**JINGLE BELL PET WALK**
**S A T U R D A Y , D E C . 1 7**
10 a.m. | FREE
At the Sea View Pines Community Center
Come celebrate the holidays with your pup and participate in the Jingle Bell Pet Walk. Costumes are not required but make great holiday photos.
SIGN UP AT THE FITNESS CENTER.

**LEARN-TO-SWIM PROGRAM**
Dec. 7-9 and Dec. 14-16.
Parent and Child Swim Lessons
Wednesday-Friday, 10:30-10 a.m.
Ages 8 months-3 years old.
The parent/guardian must introduce infants and toddlers into the joys of an aquatic environment for the first time under the guidance of our experienced Swim Instructors. These lessons introduce infants and toddlers to the water and develop on exploring body position, blowing bubbles, and fundamental safety and aquatic skills. Parent/guardian must accompany child into the water and participate in the class.

**Learn to Swim Levels 1-3**
Wednesday-Friday, 5:45-6 p.m.
Ages 4 years and older.
This program focuses on building skills one step at a time and giving them the opportunity to master one element before moving on to the next. Our swim classes make it easy for kids to build confidence in the water. Taught by Water Safety Instructors.

**LEAGUE**
**5 POPULAR LEAGUE**
**200 POPULAR LEAGUE**
**SATURDAY, D E C . 1 0**
9 a.m. Tee times start.
$20 per person plus green fees. (100% of entry fee to prize fund).

**CANDY CANE FOUR PERSON SCRAMBLE GOLF TOURNAMENT**
SATURDAY, D E C . 1 0
9 a.m. Tee times start.
$20 per person plus green fees. (100% of entry fee to prize fund).
Players can replay each shot one time.

**FREE USA**® R A N G E B A L L S F O R A C T I V E D U T Y M I L I T A R Y**
Tuesdays and Thursdays, 3:30-5 p.m.
With PGA tips by appointment only on Thursdays.

**T W I L I G H T S E C O N D A R Y**
Tuesdays a week, 3:30-5 p.m.
25% discounted pdf. Carts are $11. diced pdf rate

**KEY GOLF SPECIAL**
Are you planning to golf on Tuesday? Present your hotel key at the golf shop to be eligible for the following: 25% discount, up to 10% discount, or $10 gift.

**LIBERTY GOLF DAY**
Sunday, D E C . 1 8
9 a.m. Open.
$20 per person plus green fees. (100% of entry fee to prize fund).
CYP CLOSURE

CYP (SAC Camp, CDC, YSF and Youth Center) are closed on Federal Holidays

Spanish Schools Information

Parents interested in registering your child in local Spanish Schools can contact the School Liaison Officer to schedule an appointment.

Homeschool Meet and Greet

Mark your calendar! The next Homeschool Meet & Greet will be on Friday, Jan. 27, 2023 at 12 p.m. in the School Age Care Facility.

Career Day and College Fair

Friday, Dec. 9, 1-4 p.m. in the MHS Gym. Just community representatives to represent their alma mater. Students, Gallos, and other community members will be able to collect information and ask questions about prospective schools. For more information or if you would like to volunteer to represent a school, please contact the SLO.

Tutor.Com for Military Families

Start the new school year off right by registering your child with Tutor.com/military. It is a program for US Military families that allows eligible students to take their education online anytime anywhere. For more information, please contact the School Liaison Officer.

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ARMY NAVY FOOTBALL GAME

DEC. 10
Gate opening, 5:30 p.m.
Game time, 9 p.m.
DRIVE-IN

BBQ | LAWN GAMES | INFLATABLES | TAILGATE DECORATION CONTEST AND BEST SPIRIT WEAR CONTEST
MUSIC | S’MORES MAKING
AND OF COURSE, THE BEST FOOTBALL GAME!!!

- Parking first come, first choice
- Concessions available
- Attendees bring their own food and utensils to grill
- Grills provided by MWR
- Cars may be parked overnight

TIMELINE

5:30 p.m. GATE OPENING
6-9 p.m. BBQ AREA OPEN
9 p.m. GAME TIME

No official U.S. Navy endorsement is implied

Brittany Ayala
REALTOR
+1(425)760-2818
orders@san-diego.com
ONE FAMILY AT A TIME
ENHANCING RESILIENCE
The Military Parenting Community:

Fortunately, you and the MilParent community are in this together. You've got this, but if there are days you wonder if you are up to the challenge, it's OK – all parents do. Parenting is an ever-demanding job that requires you to be ready at all times. For parents in the Military Parenting Community:

- There is a sense of being part of a larger group and being connected to others who are facing similar challenges.
- You have access to a variety of resources that can support you in your parenting journey.
- It provides an opportunity for self-reflection and growth.
- It helps bridge the gap between you and your child.

So, take a minute and offer help to others around you. Be proactive and ask, because ultimately others may even know that it can be hard to ask one.

OFFER HELP IF YOU CAN
You know what it is like to need a hand, and you may even know that it can be hard to ask for one. So, take a minute and offer help to others around you. Be proactive and ask, because ultimately working together creates a sense of community, and supportive communities help build strong families. Opportunities to connect with others – from eating together to lending a hand – builds resilient families and a healthy community. Here are a few ideas for offering help to fellow parents in your community:

- Babysit: You don't need to offer your whole day or watch the kids at once to be helpful. Sometimes even a short break can make a major difference for a busy parent.
- Cook: Whether it be an invite for dinner or chopping off a frozen cornerstone, helping with mealtime is a gesture that enhances community at any time – not just after a busy day.

Spanish Classes

Individual Lessons: $80 for a punch card for four lessons.

Group Lessons: Paid on a monthly basis. $40 if once per week, $70 if twice per week.

Time available:
- Adults (ages 15 years and older) Group Lessons:
  - Wednesdays: 9:30-10:30 a.m., 10:15-11:15 a.m.
  - Thursdays: 4-5:30 p.m. and 5-6 p.m.

Living in a foreign country can be hard enough, not speaking the language can prevent your fullest learning. It is the opportunity to learn this unique art of dance in hands of an experienced teacher who will guide you through this beautiful tradition.

DANCE LESSONS

CHILDREN BALLET LESSONS (AGES 3-10 YEARS OLD)
Time slots available Monday or Wednesdays
- Ages 3-5 years old: 4-5 p.m.
- Ages 6-10 years old: 5-6 p.m.

$40 per month for once per week. Dancers will have the ability to learn basic ballet positions as appropriate stretching exercises and correct posture in a positive and creative environment. They will also have the opportunity to express themselves with the physical or just by dancing to music.
December Events

**LIBERTY NIGHT AT THE MOVIES**
Thursday, Dec. 1, 7 p.m., Movie Theater at 11 Palms
Free for single/unaccompanied E6 and below. Come on for the Liberty staff at the Rio Movie Theater for a free movie (includes theatre popcorn and soda). Bring your favorite blanket or pillow and come enjoy the movie! Free for single/unaccompanied E6 and below. Must register by Dec. 1.

**LIBERTY YOUTH GOLF DAY**
Thursday, Dec. 8, 7-9 p.m. Free for single/unaccompanied E6 and below. Enjoy a free night of bowling and pizza with Liberty. Have you ever thought about trying your hand at the beautiful game of golf? Come to the Pro Shop before Noon on the day of, sign in on the Liberty sheet at the front counter of the golf course, and let us teach you how to start!

**THE 12 WISHES ON NEW YEARS EVE**
Saturday, Dec. 31, 9 p.m.
The year is almost over, let’s end it with the twelve wishes tradition. Make a wish for 2023 with each grape, then let’s continue the tradition by binging our Christmas movie! The year is almost over, let’s end it with the twelve wishes tradition. Make a wish for 2023 with each grape, then let’s continue the tradition by binging our Christmas movie!

**LIBERTY TRIPS**

**Hiking El Pinsapar Of Grazalema**
Saturday, Dec. 10, 7 a.m.-8 p.m. $28 for single/unaccompanied E6 and below. Must register by Dec. 7.
Visit one of the five native Andalusian forests of Alfonso Pisano in one of the most beautiful landscapes of Cadiz, which is located in the National Park of Sierra de Grazalema. The hike begins near the village that connects Grazalema and Bormujos by ascending the eastern side of the Sierra del Grazalema. The hikers will end near the city of Cadiz. Trip includes round-trip transportation and expert guide.

**Malaga Self-Guided**
Saturday, Dec. 24, 7:30 a.m.-8:30 p.m. $28 for single/unaccompanied E6 and below. Must register by Dec. 24.
The city of Malaga is the second-largest city of Andalusia and lies along the Costa Del Sol. Following places are worth a visit, the cathedral, Castle of Alcazaba, the harbor area, the local market and the location where Picasso was born. Trip includes round-trip transportation only.

**ONGOING**

**Active Duty Members in Uniform Lunch Bowling**
Mondays-Sundays, 11 a.m.-1 p.m.
Free games of bowling including shoe rental, for military personnel in uniform with the purchase of a complete meal and drink.

**Family Night**
Mondays, 6-7 p.m.
Families up to 5 people per lane can bowl for one hour including shoe rental. Children ages 5 and below must be accompanied by an adult. No outside food or drinks allowed.

**Command Night**
Wednesdays, 6-10 p.m.
Team build with your Command or Barracks. Groups of five or more active duty members bowl for an hour at half price!

**Liberty’s Bowling Night**
Thursday, Dec. 8
Enjoy a free night of bowling and pizza with Liberty. Free for single/unaccompanied E6 and below. On the second Thursday of each month sign in on the Liberty sign-up sheet at the front counter at Flix.

**Cosmic Bowling**
Fridays and Saturdays, 6-11 p.m.
$23 Groups up to five people can bowl per lane for one hour, including shoe rental.

**KIDS BIRTHDAY PARTIES**

**Saturday and Sundays at noon and 4 p.m.**
Reservations are needed two weeks in advance. For more information, please call 956-82-22112 or DSN 727-22112

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**Saturday and Sundays at noon and 4 p.m.**
Reservations are needed two weeks in advance. For more information, please call 956-82-22112 or DSN 727-22112

Liberty patrons need to sign in on the Liberty sign-up sheet at the front counter at Flix.

**INTERESTED IN OUR WINTER BOWLING LEAGUES?** Let us know!
Contact us at the Bowling Center or submit your teams via email.
MADE FOR THE MILITARY

Insurance and more, exactly how you want it.

Visit USAA.COM/JOIN
or call 900-813-479